

Omar M. Al Azzeh

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An ambitious, energetic and self-motivated individual, who is well specialized in physical training coaching and management. Holds a BS degree in physical rehabilitation and has acquired an intensive experience by working for highly reputable and international organizations: Spa and health clubs' management, personal training and aerobics classes.

Experienced PE teacher with extensive knowledge of health, fitness, and well-being. Passionate about inspiring and empowering students to develop a balanced and healthy lifestyle that enhance their physical, emotional, and social growth. I am a dedicated educator who foster inclusive participation and effectively adapt to the unique needs of each learner.

Able to work independently and/or with a diversified team. Customer-service oriented with professional social skills, capable of dealing with clients from different backgrounds and can easily adapt to new cultures. Willing to relocate to work overseas.

Professional Experience

- Home fitness trainer 2023 till present
- Magma Lifestyle Gym & DNA Fitness Revolution, Master Freelance Personal Trainer (April 2018- Dec 2023)
- PE teacher at AL – SABE3 MODEL ACADEMY (Sep 2019 – June 2023)
- Gold's Gym Jordan, Deputy General Manager, (Nov 2017- April 2018)
- Fitness First Platinum Jordan, Platinum Personal Trainer, June (2011- Oct 2017)
- One II One Gym Jordan, Freelance Personal Trainer, 2010 - 2016

- Le Meridien Hotel Jordan, Spa Manager, Jan 2011- June 2011
 - Reported to the Deputy General Manager
- Sheraton Hotel Jordan, Assistant Health Club Manager, Oct 2008- Jan 2011
 - Reported to Health Club Manager
- VY Life Fitness Center Jordan, Nov 2006- Nov 2008
 - Personal trainer
 - Aerobics instructor
- Le Royal Hotel (Amman- Jordan); Jun 2004- Oct 2006
 - Gym instructor
 - Personal trainer
- Al Hussein Youth City, Al Madina Health Club Jordan
 - Gym Instructor
- Bristol Hotel Jordan, Fitness instructor trainee; duration 3 months
- Fitness One Gym Jordan Fitness instructor trainee; duration:4 months

Education & General Skills

- BS degree in Physical Rehabilitation (Sports Rehabilitation)-Hashemite University 2004
(Jordan)
- The Jordanian secondary education certificate, Scientific stream (Tawjihi), 1999
 - Languages: Arabic - Mother language (written & spoken) ; English - Excellent
(written & spoken)

Training & Development

- National Academy of Sports Medicine (NASM) Corrective Exercise Specialist 2024
- National Academy of Sports Medicine (NASM) Weight Loss Specialist 2024

- Resistance Training Specialist (RTS) Course & Exam 2019
- *IFPA Certificate -Personal Training Certificate*
- *Mobility Training Course*
- Athletic Coach for Handicapped (class 3)
- Sport medical (Sport injury & Rehabilitation exercises)
- Swedish & performance massage

Personal information

Date of Birth: June 2, 1981
Nationality: Jordanian
Marital Status: married

References - Available upon request