



The Pull of the Invisible: A Journal for Inner Alignment

Magnetism shapes stars, guides birds, and holds your compass steady—yet we can't see it. It reminds us that unseen forces can move us, protect us, and connect us.

This page invites you to reflect on the invisible currents in your own life. What are you drawn to? What's repelling you? What are you magnetized by?

*You can't see a magnetic field—but you can feel its pull.
The same is true of your own purpose.*

1. What am I feeling pulled toward right now—even if I can't explain why?
2. Where in my life do I feel aligned, like things are “clicking into place”?

3. What invisible forces (energy, emotion, intuition) have been guiding me lately?

4. Is there anything or anyone I'm feeling "repelled" by? What might that reveal?

5. How can I become more like a compass—steady, centered, and attuned to my own inner field?

I discussed the power of magnetism in Episode 19 of *The Interested Reader* podcast.
Check it out on YouTube!

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