



## ANBIN THOZHAMAI Arakkattalai

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With heartfelt gratitude and profound appreciation, I, Nathan J A, Founder of Antho Charitable Trust, extend my deepest thanks to the Almighty God, the source of all strength and wisdom, whose divine guidance has been the cornerstone of our journey. I also offer my sincere gratitude to the Blessed Mother Mary for her constant intercession and blessings.

To my beloved family, your unwavering support, love, and encouragement have been my pillars of strength. Your belief in my vision has inspired me to pursue this noble cause with passion and dedication.

I am deeply honored and thankful to all the esteemed organizations, including NGOs, companies, the Don Bosco Organization, the Surabi Team, Anbu Illam, and the various schools and colleges that have graciously accepted and collaborated with Antho Charitable Trust. Your trust, partnership, and shared commitment to making a positive impact in the lives of others have been invaluable.

This project book stands as a testament to our collective efforts, unwavering faith, and the spirit of compassion that binds us together. May our continued collaboration bring hope, growth, and transformative change to many lives.

Nathan J

Founder, Antho Charitable Trust



## ANTHO CHARITABLE TRUST EDITORIAL

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A Project Proposal By Antho Charitable Trust

NO.54, Antho Charitable Trust, VOC Street, Ambedkar Nagar, Padikuppam Main Road, Anna Nagar West, Chennai - 40 www.anthocharitabletrust.com PH: +91 9003233447 Welcome to the editorial page of Antho Charitable Trust. As we embark on this journey of compassion, collaboration, and community impact, our mission remains clear—to inspire positive change and uplift lives through meaningful projects.

This page reflects our commitment to transparency, gratitude, and shared growth. Here, we celebrate the stories of hope, highlight our partnerships with NGOs, organizations, schools, and colleges, and acknowledge the tireless efforts of our team and supporters.

Together, with faith as our foundation and unity as our strength, we aim to create a brighter, more compassionate future for all. Thank you for being part of this transformative journey.

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### ANBIN THOZHAMAI ARAKKATTALAI

# ANTHO

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## ANBIN THOZHAMAI

Antho Charitable Trust is a non-profit organization dedicated to making a positive impact on communities through a range of charitable initiatives. Founded with the vision of creating a more equitable and compassionate society, the trust works across various sectors such as education, healthcare, poverty alleviation, and environmental sustainability. The organization aims to address pressing social issues by providing support to marginalized communities, empowering individuals through skill development, and improving access to essential services.

At the core of Antho Charitable Trust's mission is the belief that lasting change is achieved through collaboration and grassroots involvement. By partnering with local organizations, governments, and individuals, the trust seeks to create sustainable solutions that meet the unique needs of each community it serves. Whether through direct aid, awareness programs, or long-term development projects, Antho Charitable Trust is committed to makina а meaningful difference and building a brighter future for those in need.





### **True Service**

Through its transparent operations and dedicated team, the trust continues to work toward a world where every person has the opportunity to thrive and reach their full potential.

## **Patrons and Inspirations**

### Antho Charitable Trust - Patrons and Inspirations



Great Thiruvalluvar

### Great Thiruvalluvar The Sage of Wisdom

**Thiruvalluvar**, the ancient empowerment Tamil philosopher and poet, is underserved communities. revered for his monumental work, Tirukkural, which offers timeless wisdom on ethics, morality, and society. His teachings transcend generations, encouraging individuals to live righteous, virtuous lives while fostering respect for others. Thiruvalluvar's emphasis on justice, love, and compassion serves as the cornerstone of Antho Charitable Trust's work, inspiring us to build a more just, ethical, and inclusive His society. enduring philosophy remains a guiding light in our mission to empower communities and promote ethical education.

### **Great Mother Teresa** The Icon of Compassion and Service

Mother Teresa, known as the "Saint of the Gutters," dedicated her life to serving the poor, sick, and destitute, bringing love and hope to the most marginalized communities. Her selfless service and profound compassion for humanity have inspired millions worldwide. At Antho Charitable Trust, we honor Mother Teresa's legacy by working to uplift the poor and disadvantaged. Her deep commitment to charity and humanitarian service drives our relief efforts, especially in times of crisis, and motivates us to focus on health. education. and for initiatives



Great **Mother Teresa** 



**Great Mrs. Vimala** A Life of Sacrifice and Service Mrs. Vimala, one of the esteemed Patrons of Antho Charitable Trust, is a true embodiment of selflessness, love, and dedication. Throughout her life, she made extraordinary sacrifices to raise six children, nurturing them with values of kindness, integrity, and compassion. Despite her humble beginnings, Vimala's Mrs. relentless efforts not only ensured that her children grew into responsible, well-respected individuals, but also made a significant impact on society. Her life was a testament to the power of simplicity and humility. Éven after achieving great financial success, Mrs. Vimala chose to live modestly, always prioritizing the well-being of others over personal gain. Her unwavering commitment to uplifting her family, and her quiet yet profound influence on the community, continues to inspire all who know her. Through her selfless actions, Mrs. Vimala has left behind a legacy of love, dedication, and societal contribution.

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## **Patrons and Inspirations**

### Antho Charitable Trust - Patrons and Inspirations



### Great Dr. Abdul Kalam The People's President and

Visionary

Dr. APJ Abdul Kalam, former President of India, was a visionary leader, scientist, and and the betterment of society. the planet. Known for his humbleness and commitment to making India a global power in technology and innovation, Dr. Kalam inspired millions of young people to their dreams and pursue contribute to society. His belief in the power of youth, the importance of education, and the pursuit of excellence aligns closely with the goals of Antho Charitable Trust. Through his teachings, we are encouraged the empower next to generation to shape a brighter future through innovation, education, and responsible citizenship.

#### Ratan Great Dr. Tata Philanthropist and Corporate Leader

Dr. Ratan Tata is an iconic industrialist and philanthropist whose leadership has shaped the Tata Group into one of India's most respected business conglomerates. Beyond business, Dr. Tata's emphasis on ethical leadership, corporate social responsibility (CSR), and community development has set a benchmark for corporate India. Through his extensive philanthropic efforts, he has contributed healthcare. to education, rural development, and disaster relief initiatives. Dr. Tata's Needy Children vision of corporate responsibility and his unwavering dedication to the welfare of the community deeply resonate with the core values of Antho Charitable Trust. His inspiring leadership reminds us educator who dedicated his life to always align business success to the development of India with the betterment of society and



Mr. Ratan Tata



### Great Mrs. Rajeema Mother of Poor and

Mrs. Rajeema is compassionate and tireless advocate for the rights of children, particularly those economically from disadvantaged backgrounds. Known as the "Mother of Poor and Needy Children," she has dedicated her life to providing children with the tools they need to succeed, including education, health care, and emotional support. Her commitment to improving the lives of underprivileged children has been instrumental in the growth and success of Antho Charitable Trust's various children's programs. Her of legacy care, empowerment, and love for children continues to inspire our initiatives aimed at nurturing and supporting vulnerable children to overcome their challenges and build better futures.

## OUR LIVING PATRON

### Great Mathias SDB The Living Patron and Inspiration of Antho Charitable Trust

Rev. Fr. Mathias SDB is a revered figure and the living inspiration behind Antho Charitable Trust. As a Salesian priest, his unwavering dedication to the service of others. particularly the poor and marginalized, has had а profound influence on the Trust's mission and its founder. Nathan J A. With his deep compassion, strong faith, and tireless work ethic, Fr. Mathias has been a guiding light for the Trust, offering not only spiritual counsel but also practical guidance in shaping its initiatives. His life of simplicity, humility, and selfless service has instilled in the Trust the values of love, empowerment, and community, making him a beloved mentor and the heart of ACT's ongoing journey to uplift those in need.



Great Thiruvalluvar



Great Dr. Abdul Kalam





Mother Teresa



Great Mrs.Rajee

Mrs.Vimala



Mrs.Rajeema Mr. Ratan Tata



### Great Living Fr. Mathias SDB

### Conclusion

At Antho Charitable Trust, we are inspired and guided by the principles, vision, and values of these great personalities. From Thiruvalluvar's ethical wisdom to Mother Teresa's compassionate service, from Mrs. Vimala's selfless love and dedication to Dr. Kalam's youth empowerment, from Mrs. Rajeema's advocacy for children to Dr. Ratan Tata's philanthropic leadership, each of these figures has left an indelible mark on our work. Their legacies continue to inspire us as we strive to make a positive, lasting impact on the lives of the underprivileged, underserved, and marginalized communities we serve.



# Histroy ANTHO CHARITABLE TRUST

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### ANTHO ACADEMY BECOMING ANTHO CHARITABLE TRUST / ANBIN THOZHAMAI ARAKKATTALAI (2018 - PRESENT)

Antho Academy was founded in 2018 with a vision to provide quality education and skills development to underprivileged children communities. and Recognizing the challenges faced bv marginalized populations in accessing educational opportunities, the academy began as a small initiative aimed at empowering vouth through education, vocational training, and development personal programs. The focus was providing solid on а foundation in subjects such as English, science, and mathematics, as well as offering skills-based training in areas like music, computers, arts, and life skills.





### 2018 - 2019: The Beginning of a Social Impact Journey

• Foundation and Core Values:

Antho Academy was established with the belief that education is a fundamental right for all children, regardless of their social or economic status. The academy's programs were designed to provide both formal informal and learning experiences, blending traditional education with holistic development initiatives.

• Initial Focus Areas:

During its initial phase, the academy worked primarily with children in underserved urban and rural areas, offering afterschool programs, tutoring, and extra-curricular activities.



In addition to academic support, Antho Academy also emphasized character development, personal responsibility, and community engagement.

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## 2020: Expanding the Vision and Impact



Anbin Thozhamai
Arakkattalai:

Along with the rebranding to Antho Charitable Trust, the organization also adopted the Tamil name "Anbin Thozhamai Arakkattalai", which translates to "The Organization of Friendship and Love."



This name symbolizes the core philosophy of the trust: to work in close partnership with the community, driven by compassion, empathy, and collective action.

### 2021 - 2022: Strengthening the Social Mission

- Expanding Programs and Services: In 2021, Antho Charitable Trust launched several new initiatives:
- Educational Support Programs: The trust began sponsoring education for children in slums and underserved areas, providing free tuition, study materials, and scholarship opportunities.
- Women Empowerment Initiatives: The trust focused on empowering women through skills training and small-scale business opportunities, helping them become financially independent and contribute to their communities.



 Health and Hygiene Awareness: In response to the COVID-19 pandemic, the trust started distributing hygiene kits, setting up medical camps, and conducting awareness campaigns on health and sanitation, particularly in rural and flood-affected areas.

#### Community Engagement:

The trust also established partnerships with local communities, schools, and grassroots organizations to ensure that their programs were aligned with the needs of the people. They worked directly with families, offering counseling services and ensuring that education was accessible to the most marginalized children.

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 The Emergence of Antho Charitable Trust:

By 2020, the founders and team at Antho Academy recognized the need to scale their impact and extend their services beyond the academy's walls. With a focus on community development, educational outreach, and social welfare, they officially restructured the organization, and Antho Charitable Trust was born. The decision to transition into a charitable trust allowed for greater flexibility and a broader scope of activities, enabling them to seek funding, collaborate with like-minded organizations, and extend support to a wider range of beneficiaries.

## 2023: Diversification and Continued Growth

### • Disaster Relief and Emergency Response:

In 2023, Antho Charitable Trust became actively involved in flood relief efforts, particularly in cities like Chennai, which are vulnerable to annual flooding. The trust raised funds and mobilized resources for immediate relief, including the distribution of food, clean water, and medical supplies, as well as longterm rehabilitation efforts for affected communities.





 Environmental Initiatives: Recognizing the growing concern for environmental issues, the trust also launched an Environmental Education Program focused on climate change tree awareness, planting, and sustainable practices. The trust organized workshops and tree planting drives in urban slums and rural areas, teaching children and youth about the importance of environmental conservation.

• Skill Development and Vocational Training:

The trust continues to support skill-building initiatives for both and women. These vouth designed to programs are enhance employability and entrepreneurial capabilities, with an emphasis on technology, arts, and ecofriendly business ventures.



### Present and Future (2024 and Beyond)

### • Broadening the Reach:

Antho Charitable Trust, now well-established in its mission, is working towards expanding its reach. They are actively seeking collaborations with corporates, NGOs, and government bodies to scale their programs and increase their impact. The organization aims to open new educational centers, skill development workshops, and health camps across multiple states in India.

## INITIATIVES

### New Projects on the Horizon: Moving forward, Antho Charitable Trust plans to:

- Develop Night schools, Music School and Environmental Education programs in lowincome communities.
- Launch Sponsorship Programs to long-term educational provide support for children from marginalized backgrounds, enabling them to complete higher education and find sustainable employment.
- Continue to provide emergency relief during natural disasters and other crises, focusing on rebuilding lives and communities.

### **Key Milestones**

- 2018: Antho Academy founded to offer educational support to underprivileged children.
- 2020: Transition to Antho Charitable Trust (Anbin Thozhamai Arakkattalai) to expand impact.
- 2021-2022: Launch of women's empowerment programs, health awareness campaigns, and educational support initiatives.
- 2023: Involvement in flood relief and disaster management; environmental education programs initiated.
- 2024: Expansion and partnerships with corporates and other NGOs to broaden the scope of charitable initiatives.



### **Conclusion:**

From its humble beginnings as a small academy in 2018 to becoming a fullfledged charitable trust. Antho Charitable Trust / Anbin Thozhamai Arakkattalai has serve а wide array grown to of communities across Chennai and beyond. With а focus on education, health, women's empowerment, environmental sustainability, and disaster relief, the organization is committed to continuing its mission of creating lasting change and providing support to those who need it the most.



## ANTHO CHARITABLE TRUST OBJECTIVES











### ANTHO CHARITABLE TRUST OBJECTIVES

1. To create awareness of cleanliness, hygiene and sanitation in rural areas and urban slums and to construct free latrines.

2. To organize night and evening schools for socially and economically weaker students and to provide financial support for the volunteering teachers.

3. To provide financial and moral support, and machines for the destitute and vulnerable women and widows to create self-employment.

4. To provide medical and financial assistance for blood donation camps and surgeries for medical relief and treatments.

5. To run hostels for the students and grant scholarships for study & research apprenticeship.

6. To Organize training programs on short filmmaking, E-commerce, Share Market and also an import-export business.

7. To execute Water, Sanitation and hygiene projects in rural and urban areas.

8. To provide facilities for food, shelter and medical assistance and education to orphan children, economically weaker sections, destitute women, old persons and the deserving and needy public.

9. To conduct awareness through a visual presentation on various issues like literacy, women empowerment, environment, health, community development, child rights, and other social issues.

10. To provide palliative care services to abandoned and economically weak elder persons.

11. To provide youth career guidance, coaching classes for competitive exams, and financial assistance to poor students.

12. To provide relief to needy people in areas affected by natural calamities and others.

13. To render preventive, curative and rehabilitative health care services to the community.

14. To Establish and run sports and music academies, conduct sports competitions and give prizes in kabaddi, cricket, football, music instruments and other sports through which the youths will be well guided to divert themselves from the habit of smoking, drug addiction and drinking.







15. Taking poor students to such places as educational tours, exhibitions, fairs, trade centres, libraries, and zoos.,. Making them participate in intellectual competitions and providing transport assistance (poor students).

16. Provision of "Sanitary napkins" in school halls, public places, and women's workplaces setting up sanitary napkin dispensers

17. Cleaning and maintenance of public places, rivers, ponds, and lakes.

18. To propagate and create awareness of the need for the conservation and survival of birds, sparrows, other species, and animals.

19. To work for the welfare of the tribal people.

20. To create awareness and promote Waste management in the community.

21. To provide equipment for workers disposing of composting and non-biodegradable waste.

22. Setting up water tanks in water scarcity areas and setting up water pandals during the hot season.

23. To Provide study materials including notebooks, books and stationery to poor students and provision food.

24. To inform the people about the welfare schemes brought by the central and state government.

25. To provide nutrition to girls who attain puberty and pregnant women in the community for their needs.

26. Take care of working women's children for education and maintenance.

27. To help in crisis times (death, disaster, poverty, accident, health issues).

28. To provide a medium for self-help and self-respect to the poor and marginalized people by helping them to realize their potential by providing necessary knowledge and understanding.

29. To establish and run homes for the aged, convalescent homes.

30. To call together or organize conferences, seminars and consultations for the participants in social work.

31. To acquire, maintain, construct, and build an institution, library and community hall, to carry out, promote, and execute any or all of the objects of the trust.

32. To establish and manage educational institutions providing formal and non-informal education, technical and non-technical through Government aid or others.

33. To purchase or take on lease lands for constructing buildings for purpose of running clinics, hospitals, orphanages and schools.



34. To provide computer education to underprivileged rural & urban slum students by way of various computer courses.

35. To provide job-oriented education & training in various fields.

36. To provide free education/vocational education to women, the differently - abled and the poor.

37. To establish and run educational institutions, schools, colleges and other educational coaching institutions in rural and urban areas of the Country.

38. To promote Educational, Cultural and Social Development of the poor and weaker sections of society.

39. To publish pamphlets, statistics, periodicals, books and other publications, circulate them and organize other activities to further any objects.

40. To assist any organization, individual or group of people in furtherance of the object of the Trust.

41. To preserve and protect the environment and propagate the significance of sustainable development for maintaining ecological balance.

42. To promote gender equality by empowering women.

43. To develop and mobilize Community and Natural Resources to give the right direction to people of the marginalized and economically weaker section of society for their sustainable overall development.

44. To conduct a study on various social issues from time to time, gather data, and conduct research.

45. To communicate and coordinate with the Government, Local and public authorities on various issues related to development welfare and public interest on different subjects.

46. To form women groups, youth groups, self-help groups; old aged groups, adolescent groups, children groups/clubs, community leader's groups and a group of volunteers.

47. To acquire movable and immovable properties by purchase, lease, hire, exchange or otherwise and to put down, erect, alter and maintain buildings for carrying out the activities of the trust.

48. To accept donations, grants and other gifts and deal with the same for the trust.

49. To invest the trust Funds or deal with the same as the trustees may deem it, to carry on the objects of the Trust effectively.







50. To run a music academy in terms of teaching music and musical instruments, teaching Spoken English, Dance, arts and painting and other extra – curricular activities.

51. To enter into any arrangement with any Government authorities whether Central, State, Local, Municipal or otherwise in pursuance of the objects of the Trust to obtain from any such government authority all rights, concessions, and privileges that may deem conducive to the Trust's objects.

52. The income and funds of the trust shall be utilized for charitable purposes, its institutions, to carry out the objects of the trust and for the development of assets and properties of the trust. And no portion of it would be distributed in any manner to the members of the Board of Trustees.

53. To form various committees from time to time which may include the trustees and non-trustees to carry out the above-said Objectives, which will function under the guidelines of the Board of Trustees. The Chairman shall be the Chief functionary of all the committees.

54. To create and publish IEC materials and videos for the furtherance of any of the objects.

55. To do any other act or service to promote the above objects.





### MUSIC CLASS MUSIC SCHOOL PROJECT PROPOSAL

ANTHO CHARITABLE TRUST ANTHO ACADEMY

### Music Class and Music School Programme

#### Introduction

Antho Charitable Trust is committed to empowering communities through education, skill development, and cultural enrichment.



Music, as a powerful medium of expression and a form of creative therapy, has the potential to significantly impact the lives of individuals, especially in underprivileged communities. In line with our mission to enhance wellbeing and foster positive social change, we aim to nurture creativity, build discipline, and provide a platform for personal and professional growth through music.



#### Objectives

I. Promote Music Education: To introduce basic and advanced music education to children and young adults, regardless of their socio-economic background.

 Foster Creativity and Discipline: Encourage the development of creative expression, critical thinking, and discipline through structured music training.



3. Build Confidence and Self-Esteem: Help students build confidence, resilience, and selfesteem by showcasing their talents in public performances and competitions.



4. Career Development in the Arts: Provide a pathway for aspiring musicians to pursue music professionally by offering skill-based training, exposure to the music industry, and career guidance.

 Cultural Preservation and Community Engagement: Engage communities in cultural activities, fostering a sense of belonging and connection.



### Music, as a powerful medium of expression \_\_\_\_

#### Components

1. Music Classes for Children and Youth

Curriculum: Basic to advanced music theory, practical lessons in singing and musical instruments (Keyboard, Piano, Guitar, Violin, Tabla, etc.), and music appreciation.



Skill Development: Provide both instrumental and vocal training, and introduce students to different genres of music including classical, folk, contemporary, and world music.

Infrastructure: Set up music rooms with necessary instruments, audio equipment, and educational materials.



## 2. MUSIC SCHOOL DEVELOPMENT

### NAVIGATING THE DIVERSITY OF MODERN MUSIC

**Establishment of Music Schools:** Create fully equipped music schools that offer structured education in music. These schools can be physical or virtual (online classes), ensuring broader accessibility.

**Qualified Teachers:** Engage trained and experienced music teachers to provide high-quality lessons and mentorship.



Talent Showcases and Concerts: Organize annual concerts and talent showcases for students to perform and demonstrate their skills.

**Scholarships and Grants:** Provide financial assistance to talented students who wish to pursue advanced music education or professional training.

## 3. WORKSHOPS AND MASTERCLASSES

**Artist Engagement:** Bring professional musicians, music producers, and industry experts to conduct workshops and masterclasses, providing students with exposure to the real-world music industry.

**Skill Enhancement:** Offer specialized training sessions in music production, sound engineering, and music business.



### Antho Charitable Trust Music Class and Music School Programme Impact Areas

- 1. Educational Development
- 2. Social and Emotional Development
- 3. Community Empowerment
- 4. Economic Empowerment



### **Educational Development:**

- Students will gain a well-rounded education in music, enhancing their cognitive and creative skills.

- The program will serve as an alternative avenue for children who might otherwise not have access to quality education, fostering a love for learning and growth.

## Social and Emotional Development:

- Music classes provide an outlet for emotional expression and healing, helping students deal with stress and trauma.

- Participation in group activities and performances will build teamwork, discipline, and collaboration skills.

### Community Empowerment:

- The creation of local music schools provides opportunities for community members to engage in cultural and artistic activities.

- The projects will help preserve and promote traditional music, while also embracing contemporary styles, creating a vibrant cultural ecosystem.

### Economic Empowerment:

- By fostering talent, the project opens doors to careers in the music industry, including performance, music teaching, production, sound engineering, and more.

- Long-term career opportunities will empower students to break the cycle of poverty and contribute to their local economies.



**ANTHO CHARITABLE TRUST** 

PROPOSAL

## NIGHT SCHOOL AND STUDY CLUB PROJECT



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## Night School and Tuition Program

### Introduction

Antho Charitable Trust is dedicated to transforming the lives of marginalized communities bv providing access to quality education, skill development, and empowerment programs. In many underprivileged areas, children and adults struggle to access formal education due financial to constraints, family responsibilities, and lack of resources.





Our Night School and Tuition Program aims to bridge this gap by offering flexible, evening-based educational opportunities for those who cannot attend regular daytime classes.

This project is designed to offer education to children, youth, and adults from underserved communities, enabling them to continue their education without disrupting their daily work responsibilities.



## PROJECT OBJECTIVES Night School

### 1. Provide Education to Working Children and Adults:

 Offer evening classes for children who work during the day and adults seeking to complete their education or improve their skills.

### 2.Academic Support and Tutoring:

 Offer tuition classes to students struggling with their studies to help them achieve academic success and build confidence.





#### 1. Enhance Literacy and Numeracy Skills:

 Provide foundational education in literacy, numeracy, and life skills to increase employability and personal growth.

### 2. Promote Lifelong Learning:

 Encourage adults to pursue further education or skill development through flexible learning schedules.

#### 3.Create a Supportive Learning Environment:

 Foster a safe and welcoming space for children and adults to learn, free from discrimination or barriers.

## **PROJECT COMPONENTS**

### **NIGHT SCHOOL AND TUITION PROGRAM**

### 1.Night School for Children and Youth

- Curriculum:
  - Basic Education (Math, Science, Language, Social Studies, English)
  - Life Skills Development (Communication, Critical Thinking, Problem Solving)
  - Personality Development and Confidence Building
- Schedule: Evening classes, usually from 4.30 PM to 9.30 PM, to accommodate students' work and family responsibilities.
- Infrastructure:
  - Local community centers, schools, or partner organizations that offer classroom space.
  - Learning materials (books, stationery, digital tools for online learning, if available).

#### 2. Tuition and Academic Support Classes

- Target Audience: Students (from marginalized communities) who are lagging behind in their academic performance and need extra help in subjects such as Math, English, and Science.
- Curriculum:
  - Focus on subjects where students need additional support to catch up with their peers.
  - Personalized one-on-one tutoring and small group sessions to provide tailored learning support.
- Tuition Schedules: Flexible timing for evening and weekend classes to accommodate students' availability.
- Tutors: Experienced teachers or volunteer educators who are trained to work with children and adults from diverse backgrounds.

#### **3.Adult Education & Skill Enhancement Workshops**

- Curriculum:
  - Basic literacy (Reading, Writing, Arithmetic)
  - Vocational Skills (Computer Literacy, Language Skills, Soft Skills, Career Guidance)
  - Personal Development (Financial Literacy, Time Management, Stress Management)
- Schedule: Evening classes designed to work around the students' work or family commitments.
- Materials: Workbooks, digital resources, and practical workshops that enhance employability skills.



### 4.Volunteer and Teacher Engagement

- Teacher Recruitment: Engage local qualified teachers and volunteers who are passionate about education and community development.
- Corporate Volunteering: Encourage employees from partner companies to volunteer as tutors, mentors, or facilitators for the program.
- Training and Development: Provide teachers with training in handling the specific challenges of night school studets, including motivational techniques and inclusive teaching methods.

### 5.Monitoring and Evaluation

- Tracking Student Progress: Regular assessments, progress tracking, and feedback sessions to evaluate students' improvement in academic subjects and overall development.
- Impact Assessment: Measure the long-term benefits, such as increased school enrollment, improvement in literacy rates, and successful completion of education.

### NIGHT SCHOOL AND TUITION PROGRAM IMPACT AREAS

### **1.Education for All:**

Children and adults who would otherwise have missed out on education due to financial or personal challenges will gain access to learning opportunities, ultimately leading to better career prospects.

### 2.Improved Literacy and Academic Performance:

 By providing tuition support, students will be able to improve their academic performance and increase their chances of graduating or entering vocational training programs.

### **3.Empowerment Through Education:**

 Adult learners will be empowered to improve their literacy and numeracy skills, leading to greater economic opportunities and improved living standards.

### 4.Community Upliftment:

 The program will foster a sense of community, self-reliance, and hope among families in underserved areas by offering education as a means of breaking the cycle of poverty.

### 5.Job Readiness and Skills Development:

• Adults who complete skill have development will programs increased access to better iob opportunities, and businesses will benefit from a more skilled and educated workforce.







### PROPOSAL

## ENVIRONMENTAL EDUCATION AND CLIMATE CHANGE PROJECT

## PLANTATION WORKSHOP PROGRAMME

ANTHO CHARITABLE TRUST



### Environmental Education and Climate Change: Plantation Workshop Programme

### Introduction

Antho Charitable Trust is dedicated to promoting sustainable development and environmental conservation through education, awareness, and action. As the world faces increasing challenges related to climate change, environmental degradation, and loss of biodiversity, there is an urgent need to empower communities, especially the younger generation, to take proactive steps towards preserving the environment. To address these issues, Antho Charitable Trust is launching the Environmental Education and Climate Change: Plantation Workshop Project as part of our initiatives. This project is designed to engage communities, raise awareness about climate change, and take tangible steps towards environmental protection by organizing tree planting activities, eco-friendly workshops, and environmental education sessions.





### PLANTATION WORKSHOP PROGRAMME PROJECT OBJECTIVES

- 1. Raise Awareness About Climate Change:
  - Educate children, youth, and communities about the causes and effects of climate change and the importance of environmental protection.
- 2. Promote Sustainable Practices:
  - Encourage communities to adopt eco-friendly practices such as waste reduction, water conservation, and sustainable agriculture.
- 3. Planting Trees for Environmental Restoration:
  - Organize tree planting workshops to combat deforestation, enhance biodiversity, and improve air quality in urban and rural areas.

4. Foster Environmental Responsibility Among Youth:

- Empower young people through education and hands-on experience to become environmental stewards in their communities.
- 5. Collaborate with Companies for Social Impact:
  - Engage companies in promoting sustainable practices, reducing carbon footprints, and creating a positive environmental legacy through CSR activities.









### PROJECT COMPONENTS

#### 1.Environmental Education Workshops

- Target Audience: Students, youth, teachers, and community members (especially in schools, colleges, and urban slums).
- Curriculum:
  - Climate Change Awareness: Causes, effects, and global impact of climate change.
  - Sustainability Practices: Recycling, waste management, water conservation, and sustainable living.
  - Biodiversity Conservation: The importance of preserving plant and animal life and the role of ecosystems.
- Delivery Method: Interactive classroom sessions, online webinars, field trips, and community-based discussions.
- Materials Provided: Educational kits, handouts, visual aids, and guides for sustainable living.

### 2. Tree Planting Workshops

- Target Audience: Students, employees, community members, and local environmental groups.
- Activities:
  - Conducting hands-on workshops on tree planting, care, and maintenance.
  - Teaching participants how to plant, nurture, and sustain trees in their local areas.
  - Distributing saplings for participants to plant at home or in designated community spaces.
- Tree Selection: Focus on native tree species that contribute to biodiversity, reduce soil erosion, and provide long-term environmental benefits.
- Locations: Schools, parks, public spaces, community gardens, and urban slums.

#### 3. Sustainability Awareness Campaigns

- Target Areas: Schools, colleges, office spaces, and urban neighborhoods.
- Activities:
  - Organizing eco-friendly campaigns such as "Go Green Week," "Waste-Free Day," and "Plastic-Free Awareness."
  - Conducting seminars, exhibitions, and social media campaigns to highlight sustainable living practices.
  - Collaborating with local environmental NGOs to amplify messages and reach wider audiences.

#### 4.Monitoring & Impact Assessment

- Tracking Tree Growth:
  - Provide ongoing support and follow-up to ensure planted trees are cared for and flourish.
  - Track the long-term impact on local ecosystems and air quality improvements.
- Post-Activity Surveys:
  - Conduct surveys to assess the effectiveness of environmental education workshops and the level of participation in climate action initiatives.

### IMPACT AREAS

### **1.Environmental Restoration:**

- Reforestation efforts will help restore local ecosystems, reduce the carbon footprint, and create biodiversity-rich green spaces.
- Tree planting will also improve air quality and help in mitigating the effects of climate change.

### 2.Climate Change Awareness:

- Educating students and communities about climate change will result in more informed and responsible citizens.
- Increased awareness will foster ecofriendly practices like waste management, water conservation, and reduction in single-use plastics.

### **3.Youth Engagement and Empowerment:**

- Young people will gain hands-on experience in environmental action and become advocates for sustainability.
- Workshops and activities will develop leadership and teamwork skills, fostering a generation of ecoconscious leaders.









## SPOKEN ENGLISH AND LANGUAGE TRAINING PROJECT PROPOSAL



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### SPOKEN ENGLISH AND LANGUAGE TRAINING PROGRAMME

### Introduction

Antho Charitable Trust is dedicated to improving the lives of underprivileged communities by empowering individuals with skills that enhance their educational, social, and professional prospects. One of the most impactful ways to break the cycle of poverty and foster upward mobility is through language proficiency, particularly in Spoken English—a critical tool for access to better job opportunities, higher education, and social inclusion.

### ESSENTIAL TIPS FOR ELEVATING YOUR LOOK

In alignment with our mission to create a more equitable society, we propose the Spoken English and Language Training for Slums and Underprivileged Communities as part of our initiatives. This project will provide individuals, particularly youth and adults from disadvantaged backgrounds, with essential skills, fostering language better communication. confidence. and future career opportunities.









## PROJECT OBJECTIVES

THE SPOKEN ENGLISH AND LANGUAGE TRAINING FOR SLUMS AND UNDERPRIVILEGED COMMUNITIES AS PART OF OUR INITIATIVES.



1. Enhance Communication Skills: Equip individuals from underprivileged communities with basic and advanced spoken English skills.

2. Increase Employability: Improve job prospects by helping individuals develop the language proficiency needed for professional environments.

**3. Boost Confidence and Social Integration:** Enable better social interactions and confidence-building by providing students with the language tools to express themselves effectively.



**4. Support Educational Advancement:** Assist children and young adults in improving their academic performance by enhancing their command of the English language.

**5. Bridge the Digital Divide:** Offer language training alongside digital literacy, helping students access online educational resources and employment opportunities.




### Focus on beginners to intermediate learners, with some advanced modules for youth and adults. • Curriculum:

- Basic conversational English, grammar, pronunciation, and sentence construction.
- Focus on practical English used in daily life, job interviews, customer service, and professional settings.
- Vocabulary building, fluency enhancement, and reading comprehension.
- Methodology:
  - Interactive learning, group discussions, role-playing, and situational exercises.
  - Audio-visual aids, real-life scenarios, and digital tools to engage students and improve listening and speaking skills.

#### 2.Language Labs and Mobile Classes

- Mobile Language Labs:
  - Set up mobile classrooms or language labs with portable equipment to reach remote or hard-to-reach areas.
  - Enable students to access English through learning resources smartphones, tablets, and community centers.
- Infrastructure:
  - Create simple, functional language classrooms in community centers or local schools.
  - Provide necessary teaching aids such as whiteboards, projectors, and audio devices for effective language learning.



#### SPOKEN ENGLISH PROJECT COMPONENTS

#### 1.Spoken English Classes

- Target Audience:
  - Children, youth, and adults from slums and underprivileged areas.







#### SPOKEN ENGLISH PROJECT COMPONENTS

#### 3. Teacher Training & Curriculum Development

- Qualified Trainers:
  - Engage experienced language trainers, especially those from the local community who understand the cultural and language challenges.
- Ongoing Professional Development:
  - Regular workshops and training sessions for teachers to ensure effective teaching methodologies.
- Customized Curriculum:
  - Adapt the curriculum to the needs of different age groups and learning levels.

#### 4. Job Readiness Programs

- Employability Focus:
  - Train students in English for specific career sectors, such as hospitality, retail, customer service, and digital fields.
  - Include job interview preparation, resume writing, and professional communication as part of the program.
- Internships and Placement Support:
  - Partner with local businesses to offer internships or job placements for students who complete the course successfully.

#### 5..Community Engagement & Awareness

- Awareness Campaigns:
  - Conduct community outreach programs to raise awareness about the importance of spoken English and language learning.
- Support Systems:
  - Provide mentorship and guidance through local leaders, teachers, and volunteers, creating a supportive learning environment.



# IMPACT AREAS

### **1. EDUCATIONAL DEVELOPMENT:**

- 1Students will develop strong English communication skills, improving their ability to excel academically and engage in higher education.
- Exposure to a structured language learning environment will foster a love for learning and academic achievement.

#### **2.SOCIAL EMPOWERMENT:**

- Language skills will enable individuals to integrate more confidently into society, reducing social isolation and promoting equality.
- Empowered individuals will contribute to community development by sharing their knowledge and skills with others.

### 3. ECONOMIC EMPOWERMENT:

 The acquisition of spoken English will increase employability and income potential by opening up new job opportunities in sectors that require communication skills.  The program will help break down barriers to entry in the formal job market, especially in customer service, administration, and technical fields.

### 4. COMMUNITY COHESION:

- The project will create a sense of community among learners as they support and motivate one another.
- By improving communication skills, the program will foster better community relationships, reducing tensions and increasing collaboration.



ANTHO CHARITABLE TRUST



## FOOD FOR POOR AND NEEDY ON THE STREETS PROJECTS

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PROPOSAL



# FOOD *for the Poor* AND NEEDY

on the Streets

Food for the Poor and Needy on the Streets initiative.



#### Introduction

Antho Charitable Trust has always been dedicated to serving marginalized communities, with a focus on alleviating hunger and providing essential resources for a better quality of life. One of the most pressing needs for the impoverished population in urban areas is access to nutritious food. Every day, thousands of people, including the homeless, migrant workers, and street dwellers, struggle to find adequate food, and this lack of nourishment exacerbates the challenges they face in their daily lives.

In line with our mission to bring positive social change, Antho Charitable Trust is launching the Food for the Poor and Needy on the Streets initiative. This project aims to provide daily meals, nutritional support, and emergency food relief to individuals who do not have access to regular meals, particularly in urban slums, street corners, and public spaces.



# PROJECT OBJECTIVES

Food for the Poor and Needy on the Streets

1. Provide Daily Nutritional Support: Ensure that the most vulnerable populations receive regular, nutritious meals, including the homeless, elderly, and migrant workers.

#### 2.Alleviate Hunger & Food Insecurity:

Provide immediate relief for individuals experiencing hunger, food scarcity, and malnutrition, while working towards longterm solutions.

#### 3. Promote Health and Well-being:

Offer balanced meals with essential nutrients to help improve overall health and reduce malnutrition-related diseases.

**4. Create Awareness of Hunger Issues:** Raise awareness about food insecurity in urban areas and promote a culture of compassion and giving.

### 5. Foster Community Engagement & Volunteerism:

Involve employees and community members in the initiative through volunteering and food drives.









#### PROJECT COMPONENTS

#### 1.Food Distribution Program

- Target Audience:
  - The homeless, elderly, migrant laborers, daily wage workers, and others living on the streets or in temporary shelters.

#### • Meal Preparation:

 Nutritious meals (rice, vegetables, lentils, chapati, etc.) that are both filling and balanced to meet the basic dietary needs of individuals.

#### • Food Delivery Points:

 Distribution at strategic points such as bus stations, railway stations, street corners, local markets, and night shelters.

#### 2. Mobile Food Vans

#### • Food Vans:

- Deploy mobile food vans equipped with kitchen facilities to distribute meals in hardto-reach areas where people are in need.
- Timely Delivery:
  - Vans will distribute meals at regular intervals, ensuring that people receive food throughout the day, especially during early mornings and late evenings.

#### 3. Emergency Food Relief Kits

#### • Nutritional Packs:

- Prepare and distribute food kits containing dry food items like rice, dal, flour, canned goods, and biscuits for emergency relief.
- Target Groups:
  - For areas affected by natural disasters, accidents, or sudden loss of livelihood, emergency food kits will be provided to support immediate needs.

#### 4. Partnership with Local Vendors

- Local Collaborations:
  - Partner with local restaurants, food suppliers, and grocery stores to source food at discounted rates or donations.
- Food Collection Drives:
  - Organize food collection campaigns with local businesses, corporates, and community groups to gather excess food that can be distributed to the needy.

### IMPACT AREAS

#### 1. Immediate Hunger Relief:

• Direct intervention for individuals experiencing food insecurity, providing them with immediate relief.

#### 2. Health and Nutrition:

• By providing balanced meals, the initiative aims to improve the health of the most vulnerable populations and reduce the risk of malnutrition-related illnesses.

#### 3. Community Well-being:

• A sense of community support and compassion is fostered as local residents, businesses, and companies come together to address hunger in their neighborhoods.

#### 4. Volunteerism & Employee Engagement:

• Employees from partner companies can participate in food packaging, distribution, and community outreach efforts, fostering team building and enhancing CSR engagement.









# CHILD RIGHTS AND DEVELOPMENT PROJECT

### ANTHO CHARITABLE TRUST

## EMPOWERING FUTURES: child rights and development initiative

#### 1. Introduction:

Antho Charitable Trust (ACT) is a non-profit organization dedicated to advocating and promoting children's rights, education, and welfare. Our vision is to create a society where every child, regardless of their socio-economic background, has access to the resources and opportunities they need to grow and thrive. This initiative is to support our child rights engagement, which focuses on safeguarding children's fundamental rights, fostering education, and improving their overall well-being.

Pints.

#### 2. Rationale:

India is home to one of the largest child populations globally, with millions of children facing extreme hardships. Despite the legal framework for child protection, challenges such as child labor, malnutrition, lack of access to education, and abuse remain widespread, especially in rural and marginalized communities. Through this project, ACT aims to address these gaps and ensure the protection and promotion of child rights as stipulated by the United Nations Convention on the Rights of the Child (CRC) and the Indian Child Protection laws.



### PROJECT OBJECTIVES

The main objectives of the Empowering Futures: Child Rights and Development Initiative are as follows:

1. Enhance Access to Education: Ensure that every child, especially from marginalized communities, has access to quality education and learning resources.

**2. Combat Child Labor and Exploitation:** Raise awareness and implement programs aimed at eliminating child labor, trafficking, and exploitation.

**3. Promote Health and Well-being:** Improve the physical and mental health of children through nutrition programs, vaccinations, and psychological support.

**4. Raise Awareness on Child Rights:** Educate communities on the legal rights of children and promote a child-friendly environment.

**5. Provide Vocational Training and Skills Development:** Equip adolescents with the skills they need for better livelihoods and selfsufficiency.



CHILD RIGHTS

# Project Strategies

PRIMARY BENEFICIARIES: CHILDREN AGED 6-18 YEARS FROM UNDERPRIVILEGED BACKGROUNDS. SECONDARY BENEFICIARIES: FAMILIES, LOCAL COMMUNITIES, AND EDUCATORS.

#### 1. Awareness Campaigns and Advocacy:

- Conduct workshops, seminars, and community outreach programs on child rights and protection laws.
- Use media (social, print, and digital) to amplify messages on child protection.

#### 2. Educational Support Programs:

 Establish learning centers and provide free educational materials and tutors for children who are out of school.





"Exploring Different Ways to Wear and Style Scarves for Every Occasion."

 Create scholarship opportunities for deserving children.

#### 3. Health and Well-being Initiatives:

- Organize regular health camps, vaccination drives, and nutrition programs.
- Provide psychosocial support services to children affected by trauma, abuse, or poverty.

### 4. Livelihood and Vocational Training:

- Set up skill development workshops to teach marketable skills like tailoring, carpentry, digital literacy, and more.
- Create partnerships with local businesses for internships and apprenticeships.



#### 5. Monitoring and Evaluation:

- Regularly track progress through surveys and reports to ensure project objectives are being met.
- Collect feedback from children, parents, and community leaders to assess impact.

#### Child Rights Programme

# EXPECTED OUTCOMES

#### EMPOWERING FUTURES: CHILD RIGHTS AND DEVELOPMENT INITIATIVE

- 1. Increase in school enrollment and attendance rates for children from disadvantaged communities.
- 2. Improved physical and mental health among children, with a reduction in preventable illnesses and malnutrition.



3. Reduction in child labor and exploitation through community-based interventions.

4. Enhanced awareness and advocacy for children's rights and protection laws within communities.

5. Empowerment of adolescents through vocational skills development and improved livelihood opportunities.



PROPOSAL

### EDUCATION HELP FOR POOR AND UNDERPRIVILEGED SLUM STUDENTS & SPONSORSHIP PROJECT



ANTHO CHARITABLE TRUST

#### SPONSORSHIP PROGRAM

### **EDUCATION HELP FOR POOR**



#### Education Help for Poor and Underprivileged Slum Students & Sponsorship Program

#### Introduction

Antho Charitable Trust is committed to addressing the educational disparities faced by children from poor and underprivileged backgrounds, especially those living in Underprivileged Slums. Access to quality education is a fundamental right, but it remains out of reach for millions of children due to socio-economic challenges. To bridge this gap, Antho Charitable Trust is launching the Education Help for Poor and Underprivileged Slum Students & Sponsorship Program.

This program aims to provide educational support, scholarships, and mentorship to children from marginalized communities, empowering them to achieve their full potential and break the cycle of poverty.

# Project Objectives

Education Help for Poor and Underprivileged Slum Students & Sponsorship Program.



**Provide** Access to Quality Education: Ensure that students from Underprivileged Slum areas and impoverished backgrounds receive the resources and opportunities thev need to succeed academically.







### 2. Financial Assistance & Sponsorship:

Offer financial support to students who cannot afford school fees, textbooks, uniforms, or transportation costs, enabling them to stay in school and complete their education.

#### 3. Mentorship and Guidance:

Provide academic mentorship and career guidance to help students set and achieve their educational goals.



#### 4. Community Engagement

Engage local communities in education initiatives to raise awareness about the importance of education, particularly for girls and disadvantaged children.

#### 5. Skill Development:

Equip students with both academic knowledge and practical skills that will prepare them for future employment and entrepreneurship opportunities.







#### PROJECT COMPONENTS

#### 1.Educational Support for Underprivileged Slum Students

- Target Audience: Children from Underprivileged Slum areas, ages 6 – 18, who face barriers to accessing education due to financial constraints.
- Support Provided:
  - School fees, uniforms, books, and other academic materials.
  - Tuition fees and transportation costs.
  - Assistance with enrolment in schools.
  - After-school tutoring and educational support programs.
- Locations: Primarily focusing on underserved urban areas,
   Underprivileged Slums, and rural regions.

#### 2.Sponsorship Program for Underprivileged Students

- Target Audience: High school and college students from marginalized communities who show potential but lack the resources to continue their education.
- Sponsorship Offerings:
  - Full or partial sponsorships for school/college fees, including accommodation and meals if required.
  - Scholarships for higher education or vocational training.
  - On-going academic mentorship and career development support.
- Selection Criteria: Based on academic performance, financial need, and overall potential for future success.

#### **3.Career Counseling and Guidance**

- Target Audience: Students who are nearing the completion of their education and are preparing for the workforce or higher education.
- Activities:
  - Career counselling sessions to explore career options based on individual interests and strengths.
  - Workshops on interview preparation, resume writing, and job search strategies.
  - Industry-specific mentorship to help students understand realworld job demands.

#### 4.Skill Development Workshops

- Target Audience: Students who may need additional skills beyond traditional academics, especially those from vocational backgrounds.
- Focus Areas:
  - Digital literacy, entrepreneurship, and soft skills training.
  - Vocational skills training in fields like tailoring, carpentry, IT, and hospitality.
  - Job-readiness programs to equip students with employable skills.

#### 5.Community Outreach and Awareness Programs

- Target Audience: Families and communities of students in Underprivileged Slums.
- Activities:
  - Awareness campaigns to promote the importance of education, especially for girls and firstgeneration learners.
  - Programs to encourage community participation in the education process, such as parental workshops.







### E X P E C T E D I M P A C T

#### **1.Access to Education:**

- Increased enrollment rates in schools among children in Underprivileged Slums and poor communities.
- Higher retention rates as students receive the financial support they need to continue their education.

#### 2.Improved Educational Outcomes:

- Enhanced academic performance due to the provision of necessary materials, resources, and tutoring.
- Students will be better prepared for secondary and higher education, improving their long-term prospects.

#### **3.Empowered Communities:**

- Communities will develop a stronger sense of ownership and responsibility towards the education of their children.
- More children, especially girls, will be able to complete their education and pursue higher studies or vocational training.

#### 4.Future Career Opportunities:

- Students will be equipped with the skills, knowledge, and confidence to pursue successful careers, whether in employment or entrepreneurship.
- Greater economic independence for families and reduced poverty levels in communities.











# FLOOD RELIEF PROJECT PROPOSAL

**ANTHO** CHARITABLE TRUST

















# **Chennai** Flood Relief Programme

#### Introduction

Antho Charitable Trust is deeply committed to supporting communities in times of crisis, ensuring that vulnerable populations receive the relief they need during natural disasters. Chennai, like many coastal cities in India, faces the frequent threat of devastating floods due to heavy rainfall, poor drainage systems, and climate change-induced weather patterns.





In the aftermath of such natural disasters, communities are left grappling with loss, displacement, and limited access to basic services.

This programme outlines Antho Charitable Trust's Flood Relief Project in Chennai, aimed at providing emergency relief and longterm recovery assistance to floodaffected communities.



## PROJECT OBJECTIVES

#### 1. Immediate Disaster Relief:

- Provide essential supplies such as food, clean water, medical aid, clothing, and sanitation kits to flood-affected families in Chennai.
- Set up emergency shelters and safe spaces for displaced individuals and families.

### 2. Long-Term Rehabilitation and Recovery:

- Assist in the rebuilding of homes, schools, and infrastructure damaged or destroyed by the floods.
- Provide financial and emotional support to individuals and families for recovery and rebuilding their lives.
- 3. Health and Hygiene Support:
  - Distribute hygiene kits to prevent waterborne diseases.

Set up mobile medical clinics to offer immediate healthcare services to those affected by the flood.





#### 4. Psychosocial Support:

• Offer counseling and emotional support to help individuals cope with trauma and loss due to the disaster.

#### 5. Environmental Cleanup and Reconstruction:

- Organize cleanup drives to remove debris and restore safe living conditions.
- Rebuild essential community infrastructure (e.g., roads, schools, public spaces).











#### P R O J E C T C O M P O N E N T S

#### **1 Emergency Relief Operations**

- Target Audience: Flood-affected families and individuals in Chennai.
- Activities:
  - Distribution of dry food packets, bottled water, blankets, and clothing.
  - Provision of medical aid and emergency healthcare, including firstaid kits and mobile medical units.
  - Setup of emergency shelters and temporary camps.
  - Providing access to basic sanitation facilities.

#### 2. Rebuilding Homes and Infrastructure

- Target Audience: Displaced families, schools, and communities.
- Activities:
  - Reconstruct homes for families whose properties were damaged or destroyed.
  - Support the rebuilding of local schools, community centers, and essential infrastructure.
  - Collaborate with local authorities and agencies to restore damaged roads and other public utilities.

#### 3. Health and Sanitation Support

- Target Audience: Communities at risk of waterborne diseases and health issues.
- Activities:
  - Distribute hygiene kits (soap, disinfectants, sanitary napkins, etc.) to ensure proper hygiene and prevent disease outbreaks.

Setup mobile health units to provide medical check-ups, vaccinations, and treatment for flood-related ailments.



#### 4. Psychosocial and Emotional Support

- Target Audience: Adults, children, and families impacted by trauma.
- Activities:
  - Set up counseling centers for those affected by trauma.
  - Provide emotional and psychological support for children and adults. especially those who have lost family members or property.

#### 5. **Community** Cleanup and **Environmental Restoration**

- Audience: • Target Entire flood-affected communities.
- Activities:
  - Organize community cleanup drives to clear debris and waste.
  - Replant trees and restore public green spaces affected by floods.







Chenndi

### IMPACT AREAS

#### 1.Immediate Relief for Affected Families:

- By providing food, water, and medical supplies, we will alleviate the immediate suffering of those displaced by the flood.
- Ensuring basic needs are met will help communities regain a sense of safety and stability.
- 2. Long-Term Recovery and Rehabilitation:
  - Supporting the rebuilding of homes and infrastructure will provide lasting stability for floodaffected families.
  - The recovery process will contribute to the community's resilience to future floods.

#### 3. Improved Health and Hygiene:

- Preventing the spread of diseases through the distribution of hygiene kits and medical care is critical to public health after a disaster.
- Reducing the risk of waterborne diseases will ensure that fewer people fall sick due to unsanitary conditions.











# WOMEN EMPOWERMENT PROJECT PROPOSAL



#### ANTHO

CHARITABLE TRUST

small scale business oppertunities FOR WOMEN

# WOMEN EMPOWERMENT

WOMEN EMPOWERMENT AND SMALL-SCALE BUSINESS OPPORTUNITIES FOR WOMEN PROGRAMME





#### Introduction

Antho Charitable Trust is dedicated to fostering social change by empowering marginalized communities. especially women. through education. skill development. and entrepreneurship. In a world gender where equality remains а pressing issue. empowering women is not iust a matter of human rights, but also essential for sustainable economic growth and social development.



Through our Women Empowerment and Small-Scale Business Opportunities for Women Programme, we aim to provide underprivileged women with the skills, resources, and support they need to become financially independent, entrepreneurial, and active contributors to their communities. This initiative focuses on giving women access to training, resources, and a platform to start small businesses, thus promoting financial independence, social inclusion, and equality.

# OBJECTIVES

#### 1.Empower Women Through Skills Training:

 Offer practical skill-based training in various trades, crafts, and industries to enhance employability and entrepreneurial potential.

#### 2.Support Women Entrepreneurs:

 Provide resources, mentorship, and guidance to women who wish to start their own small businesses or scale existing ones.

#### 3.Promote Financial Independence:

Help women generate
 sustainable income through
 entrepreneurship and create
 opportunities for economic
 stability and social mobility.





#### 4.Foster Leadership and Confidence:

 Equip women with leadership skills, decision-making power, and confidence to take control of their economic and personal lives.

#### 5.Community Building and Advocacy:

 Raise awareness about women's rights, gender equality, and the importance of women's participation in the economy and society.



# PROJECT

#### **1.Skills Development Workshops**

- Target Audience: Women from marginalized backgrounds, particularly those in rural areas or urban slums, aged 18-45.
- Training Areas:
  - Vocational Skills: Tailoring, embroidery, culinary arts, handicrafts, cosmetology, beauty services, and more.
  - Digital Literacy: Basic computer skills, social media management, e-commerce, and online marketing.
  - Financial Literacy: Budgeting, managing finances, and understanding savings and investments.
  - Soft Skills: Communication, negotiation, leadership, and confidence-building.
- Methodology: Classroom-based learning, practical workshops, and hands-on training.

# **COMPONENTS**

#### 2.Small-Scale Business Incubation

- Target Audience: Aspiring women entrepreneurs, existing small business owners, and local womenled businesses.
- Support Areas:
  - Business Mentorship: Connecting women with industry experts, successful entrepreneurs, and business
    - coaches to guide them through the process of starting and managing a business.
  - Resource Access: Providing women with access to seed capital, micro-loans, and materials required to start a small business.
  - Networking Opportunities: Creating platforms where women entrepreneurs can connect with suppliers, customers, and fellow business owners.
  - Business Development
    Services: Offering business planning assistance, marketing strategies, and e-commerce solutions to scale their businesses.



#### 3.Workshops on Leadership & Gender Equality

- **Target Audience:** Women aspiring to take leadership roles in their communities, as well as those in managerial positions.
- Focus Areas:
  - Leadership Training: Empowering women with leadership skills, public speaking, and decision-making tools.
  - Gender Sensitivity Training: Educating communities and businesses about gender equality, workplace inclusivity, and equal rights.
  - Work-Life Balance: Addressing the challenges women face in balancing work and home responsibilities and providing practical solutions.

#### 4.Community Outreach & Awareness Campaigns

- **Target Audience:** Local communities, families, and businesses.
- Activities:

WOMEN EMPOWERMEN

- Awareness campaigns on the importance of empowering women economically and socially.
- Programs promoting gender equality and women's participation in decisionmaking and entrepreneurship.
- Collaborating with local leaders and influencers to break stereotypes and create a supportive environment for women-led businesses.



### **IMPACT AREAS**

#### 1.Economic Empowerment:

- Women gain financial independence and contribute to their households' and communities' economic wellbeing through entrepreneurship.
- The creation of small businesses generates local employment, fostering a sustainable economy.

#### 2.Social Empowerment:

- Women develop leadership qualities and decision-making skills, fostering greater selfconfidence and social recognition.
- Increased social mobility as women engage in the economy, reducing dependency and poverty cycles.





#### **3.Skill Development:**

- Training women in diverse skills, from digital literacy to vocational skills, broadens their career opportunities and enhances their employability.
- Women acquire the necessary knowledge to run successful businesses, including finance management, digital marketing, and customer service.

#### 4.Community Transformation:

- Empowered women play a pivotal role in transforming their communities by advocating for equal opportunities and breaking down gender biases.
- Communities become more inclusive, with women taking part in local decision-making processes and economic activities.



## PROPOSAL DAILY LABOURERS AND AUTO DRIVERS SUPPORTING PROJECT

EMPOWERING LIVELIHOOD INITIATIVE

ANTHO CHARITABLE TRUST



## AUTO DRIVERS AND DAILY LABOURERS

PROGRAMME SUPPORTING AUTO DRIVERS AND DAILY LABOURERS: EMPOWERING LIVELIHOODS INITIATIVE

#### 1. Introduction:

Antho Charitable Trust (ACT) is a nondedicated profit oraanization to uplifting marginalized communities, focusing on providing support for the socio-economic development of underprivileged workers, particularly auto drivers and daily laborers. These groups often face financial instability, lack of access to healthcare, and educational limited opportunities, making it challenging for them to break the cycle of poverty.

The Empowering Livelihoods Initiative aims to address these issues through sustainable support systems, skill development, financial assistance, and community empowerment, with the goal of improving the quality of life for auto drivers and daily laborers.

## Project Objectives

- 1. Provide Financial Support and Security: Offer micro-loans or financial assistance to help auto drivers and daily laborers with emergency expenses or to start small businesses.
- 2. Enhance Skill Development and Training: Provide vocational training and skillbuilding workshops to improve their employment prospects and earning potential.
- 3. Improve Health and Well-being: Offer healthcare services, insurance, and wellness programs tailored to their needs.





### **Empowering Livelihoods**

4. Advocate for Workers' Rights: Raise awareness about labor rights, social security schemes, and legal protections for auto drivers and daily laborers.

5. Facilitate Social Support Networks: Develop a community network where workers can access social services, education, and peer support.



## 3. Rationale:

0

In India, a significant portion of the workforce is employed as auto drivers and daily laborers, contributing immensely to the local economy. However, these workers often live paycheck to paycheck, lack formal contracts, and do not have social safety nets. Many face health issues due to long working hours, poor working conditions, and limited access to healthcare. By empowering these workers through financial aid, skills training, healthcare, and legal support, we can help lift them out of poverty and improve their quality of life.
## Auto Drivers and Daily Labourers: Empowering Livelihoods



## 4. TARGET GROUP

#### Primary Beneficiaries:

- Auto Drivers (both men and women)
- Daily Laborers (including construction workers, street vendors, and domestic workers)
- Secondary Beneficiaries:
  - Families of auto drivers and daily laborers.
  - Local communities who will benefit from the economic impact of this initiative.



## 5. PROJECT STRATEGIES

#### 1. Financial Support Programs:

- Provide low-interest micro-loans or onetime financial aid to support workers in times of crisis or to start small businesses.
- Offer financial literacy training to improve money management and savings habits.

#### 2. Skill Development and Vocational Training:

- Organize free vocational training programs in skills like basic mechanics, customer service, computer literacy, tailoring, and digital marketing.
- Offer courses on financial literacy, health education, and workers' rights.
- Facilitate partnerships with local businesses for job placements and internships.

#### 3. Healthcare and Insurance:

- Provide basic healthcare services like free checkups, medical camps, and vaccination drives.
- Partner with insurance companies to offer low-cost health insurance and accident coverage.
- Create wellness programs focusing on physical health, stress management, and mental health.





Stategies

## 4. Legal Rights Awareness and Advocacy:

- Conduct workshops on labor laws, insurance schemes, and workers' rights.
- Help workers register for government social security programs, pension schemes, and other welfare benefits.
- Offer legal assistance for any disputes or issues related to work, contracts, and personal rights.

#### 5. Community Engagement and Peer Support Networks:

- Create local support groups to connect workers with social services, training, and resources.
- Organize networking events and peer-led workshops where workers can share experiences and solutions.

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# OUTCOMES

- 1. **Financial Security:** Workers will have access to financial aid and loans, improving their financial security and resilience.
- 2. **Increased Earning Potential:** Through skill development and vocational training, workers will have access to better-paying jobs or be able to start their own businesses.
- 3. **Improved Health and Well-being:** Access to healthcare services and wellness programs will lead to better physical and mental health for workers.





4. Increased Awareness of Rights and Protections: Workers will be more informed about their legal rights, labor protections, and government schemes.

**5. Stronger Community Networks:** A sense of solidarity and mutual support will be established among workers, creating stronger community ties.





PROPOSAL

## ELDERLY CARE AND OLD AGE HOME PROJECT

ANTHO CHARITABLE TRUST

## **Elderly Care Old Age Home**



In an era where the elderly often face loneliness, neglect, and a lack of proper care, Antho Charitable Trust | Anbin Thozhamai Arakkatalai has stepped forward to address these pressing concerns with compassion and dedication. With a firm belief that every elderly person deserves respect, love, and a dignified life, the organization have launched a transformative Aged People Support Program and Old Age Home Project.





These initiatives aim to provide holistic care for senior citizens, ensuring that they live their later years with comfort, security, and emotional support.



## ANNAI VIMALA OLD AGE HOME COMPASSIONATE CARE FOR SENIOR CITIZENS

Antho Charitable Trust | Anbin Thozhamai Arakkatalai understand the immense challenges faced by elderly individuals—ranging from physical ailments and emotional distress to financial instability and social isolation. Through their innovative Aged People Support Program, the organization is reshaping the narrative around aging, ensuring that elderly individuals are given the attention and care they rightfully deserve.

## AN INNOVATIVE APPROACH: ANNAI VIMALA OLD AGE HOME PROJECT

At the core of this ambitious initiative lies the Annai Vimala Old Age Home Project, a state-of-the-art facility designed to provide a safe, welcoming, and supportive environment for senior citizens. This project is more than just a shelter; it's a home that fosters а sense of community, belonging, and well-being for elderly residents.

The Annai Vimala Old Age Home will offer a variety of services that cater to the diverse needs of senior citizens, ensuring that they receive the best care and attention.



The home will be equipped with modern amenities, trained staff, and a range of activities that encourage social interaction and mental engagement.





## KEY FEATURES OF ANNAI VIMALA OLD AGE HOME PROJECT INCLUDE

1. Comprehensive Healthcare Services:

The health of elderly individuals is a priority, which is why the Annai Vimala Old Age Home will be equipped with a fully functional healthcare center that provides regular checkups, treatment for chronic illnesses, and access to healthcare professionals. Medical services will include general health monitoring, physiotherapy, geriatric care, and emergency medical services.





2. **Comfortable Living Spaces:** Designed with the needs of senior citizens in mind, the Annai Vimala Old Age Home will provide spacious rooms, equipped with comfortable furniture and necessary facilities. The living spaces will be accessible and seniorfriendly, with provisions for those with mobility challenges. The goal is to create a home-like atmosphere where residents feel at ease and valued. 3. Social and Recreational Activities: A key component of the Aged People Support Program is the focus on emotional wellbeing. Social isolation is a major issue faced by the elderly, which is why the Annai Vimala Old Age Home will offer a wide range of recreational activities designed to residents. From the movie engage screenings and arts and crafts to gardening and music therapy, the aim is to encourage communication. creativity. and fun. helping to keep spirits high and minds active.

Nutrition and Well-being: 4. Good nutrition is a cornerstone of elderly care. The Annai Vimala Old Age Home will provide residents with balanced, nutritious meals prepared under the guidance of professionals. Special health dietary requirements, if any, will be carefully adhered to. The program will also focus on promoting physical activity and mental wellness through yoga, meditation, and fitness routines designed for older adults.









**5. Emotional and Psychological Support:** Many elderly people suffer from mental health issues, such as anxiety, depression, or dementia. The Aged People Support Program ensures that these concerns are addressed through therapy, counseling sessions, and peer support groups. The emotional well-being of residents is just as important as their physical health, and a team of trained counselors and mental health professionals will be available to offer support when needed.

**6. Personalized Care and Attention**: Each resident will receive personalized care based on their individual needs. Whether it's assistance with daily activities, medication management, or specific health conditions, the staff will provide tailored support, ensuring that each elderly individual receives the best possible care.





## EXPANDING THE REACH: A COMMUNITY-ORIENTED APPROACH

The Aged People Support Program and the Annai Vimala Old Age Home Project are not limited to those residing within the facility. These initiatives also extend their reach to the broader community, helping elderly individuals who are still living independently or with their families. The organizations offer outreach services, including home visits, helpline services, and counseling for caregivers. In doing so, they ensure that all elderly people in the region, whether they live in the Annai Vimala Old Age Home or at home, have access to the support and resources they need.

## A SUSTAINABLE AND GROWING INITIATIVE



With an eye toward long-term sustainability, Antho Charitable Trust | Anbin Thozhamai Arakkattali is committed to creating a self-sustaining model for their elderly care initiatives. The project will explore various avenues for funding, including government grants, donations, corporate partnerships, and fundraising campaigns. Additionally, the organizations will work toward securing partnerships with local healthcare providers, educational institutions, and other NGOs to expand the range of services offered.

Future expansion plans include the establishment of additional Annai Vimala Old Age Homes in underserved areas, outreach programs that target rural regions, and initiatives focused on the emotional and mental health of the elderly. These plans aim to ensure that the benefits of the Aged People Support Program are accessible to as many elderly individuals as possible.



## HOW THE COMMUNITY CAN GET INVOLVED

A VISIONARY PROGRAM

To make this vision a reality, Antho Charitable Trust | Anbin Thozhamai Arakkattalai call upon the support of the community. Volunteers, donors, and partners can play a vital role in ensuring that these programs continue to thrive. Whether it's by donating funds, offering time as a volunteer, or spreading awareness of the cause, there are numerous ways for individuals and organizations to contribute to this important work.

The organizations also welcome collaborations with other NGOs, government bodies, and healthcare professionals who share their vision of a world where elderly individuals are treated with the utmost respect, dignity, and care.



## A Future Where the Elderly Are Valued and Supported



## CONCLUSION

The Aged People Support Program and Annai Vimala Old Age Home Project of Antho Charitable Trust | Anbin Thozhamai Arakkattalai represent a commitment to improving the lives of elderly individuals and creating a society where aging is respected and celebrated. By offering a comprehensive suite of services—ranging from healthcare and nutrition to emotional and social support—the organizations are creating a safe, loving, and vibrant space for seniors.

As these initiatives continue to grow, they promise to not only enhance the quality of life for the elderly but also to foster a community that values intergenerational connections and the well-being of all its members. The efforts of Antho Charitable Trust and Anbin Thozhamai Arakkattalai is a beacon of hope for the elderly, proving that compassion, care, and community can transform the later years of life into an experience of fulfillment and dignity.

# HISTORY OF FOUNDERS

RESHMA M NATHAN J A ANTHO CHARITABLE TRUST

www.anthocharitabletrust.com

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## Mrs. Reshma Nathan : A Visionary Leader Empowering Communities through Antho Charitable Trust and Antho Academy

Mrs. Reshma Nathan, an exceptional entrepreneur and philanthropist, has become a beacon of hope for many in her community. As the Co-Founder, Director, and Treasurer of Antho Charitable Trust and Antho Academy, her leadership and hands-on approach have propelled the organization to new heights in making a positive impact on society. Known for her relentless dedication, hard work, and humility, Mrs. Nathan is a true embodiment of selfless service, with a strong commitment to improving the lives of those in need.





Born and brought up in Chennai, Tamil Nadu, Mrs. Reshma Nathan's journey is one of compassion and commitment. Growing up in the heart of this bustling city, she was exposed to the challenges faced by underprivileged communities and became determined to make а meaningful difference in their lives. Motivated by the values of hard work and empathy, she pursued her education in commerce and earned a Master's degree in Commerce (M.Com.), which equipped her with the tools to effectively manage her



## A Journey of Service

Her entrepreneurial spirit led her to co-found the Antho Charitable Trust, a non-profit organization dedicated to uplifting marginalized communities through education, healthcare, aged care, women empowerment, and other social welfare initiatives.

ventures.

# A Visionary Entrepreneur

## WITH A HEART FOR SERVICE

As the Co-Founder of Antho Charitable Trust and the Director and Treasurer of the organization, Mrs. Nathan wears many hats. She is actively involved in the Trust's day-today operations and oversees a wide range of projects. Her entrepreneurial mindset. combined with a deep sense of social responsibility, allows her to create sustainable solutions for the issues facing the underserved sections of society.



Her leadership in Antho Academy stands as a prime example of her commitment to education. Under her guidance, the Academy has become a nurturing space for children from underprivileged backgrounds, offering them the opportunity to gain knowledge and build a better future. Mrs. Nathan is hands-on in shaping the curriculum and ensuring that the Academy provides a holistic education that goes beyond textbooks, focusing on developing the overall personality of the students.



Charitable Trust Antho the also operates Nightschool initiative, a unique program designed to support working adults who wish to further their education. Recognizing adults that many are unable to attend regular schools due to work or family obligations, Mrs. Nathan created the Nightschool as a flexible and accessible way for individuals to improve their skills and education. The program has been instrumental in empowering people to pursue their dreams, regardless of their age or life circumstances.

In addition to her work education, Mrs. in Nathan's compassion extends to elderly citizens through the Trust's Aged Care program. She is deeply involved in ensuring that elderly individuals receive the care, respect, and dignity they deserve, particularly those who have no family support or are financially disadvantaged. Through the Aged Care initiative, Mrs. Nathan has worked tirelessly to create а nurturing environment where senior citizens can live with comfort and peace.





Empowering Women: A Key Pillar of Mrs. Nathan's Vision EMPOWERING WOMEN One of the central areas of focus for Mrs. Reshma Nathan is

Women Empowerment. She understands that the empowerment of women is essential for the progress of society as a whole. Through Antho Charitable Trust, Mrs. Nathan has championed various programs aimed at uplifting women, whether it's through education, skill development, or providing financial support.

Mrs. Nathan is committed to creating opportunities for women to break free from the constraints of poverty and social injustice. Her work focuses on not just providing women with the skills they need to become financially independent but also instilling confidence in them to take charge of their futures. Whether it's through vocational training programs or providing access to resources, Mrs. Nathan ensures that women are given the tools to succeed and thrive in their communities.

A Grounded Leader

What makes Mrs. Reshma Nathan stand out as a leader is her unwavering dedication to her cause, coupled with her down-toearth personality. Despite managing an extensive range of initiatives, she remains deeply involved in every aspect of the Trust's work. She is often seen interacting with children at Antho Academy, working directly with women in empowerment programs, and ensuring that elderly individuals receive the attention and care they need. Mrs. Nathan's commitment to service is not just in her leadership role; she is on the ground, making sure that every initiative runs smoothly and successfully.

Her hands-on involvement in the day-to-day operations of the Trust reflects her passion and drive to bring about real change. She is not just a manager but a true servant leader who leads by example and motivates others to follow suit. Her humility, despite her many accomplishments, has earned her respect from all those who work with her.





#### Building a Lasting Legacy of Change

Mrs. Reshma Nathan's work through Antho Charitable Trust and Antho Academy is laying the foundation for a better and more equitable future. Through her leadership, she has created a platform that touches the lives of individuals across all ages and backgrounds, empowering them with education, healthcare, and opportunities for self-improvement. Her vision of an inclusive society where everyone, regardless of their circumstances, has access to the resources they need to thrive, continues to guide the organization's efforts.

Her ability to blend entrepreneurship with responsibility social has created а sustainable model of charity. where individuals are empowered to make lasting changes in their lives. By focusing on key areas like education, aged care, and women empowerment, Mrs. Nathan has created a legacy that will continue to benefit generations to come.

#### Conclusion

Mrs. Reshma Nathan is a true visionary who has proven that success in business can go hand in hand with making a difference in society. Through Antho Charitable Trust and Antho Academy, she has empowered countless individuals, from children in need of education to women seeking opportunities for independence. and elderly citizens requiring care and respect. Her leadership, grounded in humility and compassion, serves as a shining example of how one person can bring about meaningful change in the lives of many.

As she continues to lead with passion and dedication, Mrs. Reshma Nathan's legacy will undoubtedly inspire many others to follow her example and contribute to building a more inclusive, compassionate, and equitable world.



Mers. Rehsma Mathan

### FOUNDER OF ANTHO CHARITABLE TRUST (ANBIN THOZHAMAI ARAKKATTALAI)

History of Nathan 2 A

Fr.C.M.V

ARAJAR ARANGAM

Nathan J A, the visionary founder of Antho Charitable Trust (Anbin Thozhamai Arakkattalai), is a man whose life is defined by a relentless pursuit of knowledge, service, and compassion. His journey from humble beginnings to becoming a beacon of hope for the underprivileged is a testament to his dedication, resilience, and deep-rooted values.

Nathan's educational path was not an easy one. From a young age, he had to balance his studies with work, demonstrating incredible determination and perseverance. He pursued a variety of academic fields, completing his B.Com in Commerce, B.Ph. in Philosophy, M.B.A. in Media and Communication, and M.S.W. in Social Work. His diverse educational background has been instrumental in shaping his multi-faceted approach to service, blending business acumen with a deep understanding of philosophy and social work.

Nathan's thirst for education and discipline was ignited by Mrs. Rajeema, a teaching mother who played a pivotal role in his life. Her guidance not only instilled in him a love for learning but also helped him develop the inner strength to pursue his dreams despite the challenges. Her mentorship laid the foundation for Nathan's lifelong commitment to personal growth and helping others.

As a student of the Don Bosco Society, Nathan was influenced by their unique methods of education and service. The values compassion, of service. and social responsibility he learned there shaped his vision of helping those in need. The Don Society's focus Bosco on holistic development and community service became the cornerstone of Nathan's life and work.







One of the most significant influences in Nathan's journey has been Fr. Mathias SDB, the first mentor who inspired him to live a life of service. Fr. Mathias was not just a guide but a role model who showed Nathan how to serve with humility and dedication. His example of living a life dedicated to others was the driving force behind Nathan's commitment to helping the poor and marginalized.

Nathan's wife, Ms. Reshma, has been an unwavering source of support throughout his journey. As the co-founder of Antho Charitable Trust, she has been a vital partner in his mission to uplift society. Reshma's encouragement and dedication to the cause have helped Nathan turn his vision into a reality, and together, they have worked to make a lasting impact on the lives of those in need.

Nathan J A is also a talented musician and composer, and the author of the song "Yen Sonthamana Yesuve," which is available on YouTube. His passion for music, combined with his writing skills, has allowed him to reach and inspire many, further solidifying his connection with people from all walks of life.

His journey in the field of social service began in 2008, shortly after completing his schooling. Over the years, Nathan has worked tirelessly to support the poor and marginalized, using his education, skills, and compassion to serve those who are often overlooked by society. He has been involved in various initiatives to provide education, healthcare, and essential services to the underserved communities. Nathan's success and dedication would not have been possible without the support of his lovable parents, who lived simple yet dedicated lives. Their example of hard work and humility has always been a source of strength for Nathan, teaching him the values of modesty, kindness, and service.

Today, Nathan J A is known as a compassionate leader, musician, writer, and friend to the needy. His commitment to uplifting society and helping the poor in need continues through Antho Charitable Trust, which he founded with the aim of providing support to those who need it most. Through his life's work, Nathan has become a living example of the power of education, service, and compassion to transform lives.

He remains eternally grateful to Don Bosco Society for their educational methods, Mrs. Rajeema for nurturing his thirst for knowledge, Ms. Reshma for her unwavering support, and his parents for their simple yet profound teachings of kindness and humility. Together, they have shaped Nathan J A into the person he is today, a person who is dedicated to making the world a better place for all.



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# ANTHO'S ACTIVITIES AND GALLERY







Antho Charitable Trust

www.anthocharitabletrust.com















Antho Charitable Trust was founded with a vision to uplift underprivileged communities through education, health, and sustainable development. The trust started with a small group dedicated of individuals passionate about making а difference.



## **ST.MARIES MADHAVARAM**









































Anímatíon at PRVNS













Antho Charitable Trust organized a day seminar for the PRVNS Self Help Group in Perambur. The seminar focused on strategies for the successful management of NGOs. Participants gained insights into effective leadership, resource management, and community engagement. The event aimed to empower SHGs for sustained growth and impact.



## DON Perambur BOSCO









Make it Memorable

# Only one Childhood

# ORATORY BROADWAY



Education is our Passport to the Future.









## VYASARBADI SM NAGAR CHILDREN OF HEAVEN











Simple Beginning







## KARAIKAL

<u>Know the</u> <u>Struggles of</u> <u>Parents</u>



ST. RAPHAEL Girls Hr, Sec., School.



ACCEPTING THE DIFFERENCES



NLP THERAPY



**OPPORTUNITY** LANGUAGE STRENGTH



PARENTS MEET









SOCIETY Greatness

SERVING

love

Serve

норе
























#### 'Equality is a Strength' Youth Animation at Sasthrinagar, Vyasarbadi.











#### Hidden Talents are Innate Treasure

#### ONE DAY ORIENTATION AT ST. JOSEPH SCHOOL, THIRUVALLUR.



#### **MOULDED BRICKS**

Antho Charitable Trust organized a seminar on "Moulded Bricks," held at Don Bosco, Perambur, to highlight the significance of qualified individuals in shaping a better society. The seminar emphasized how skilled craftsmanship, like the creation of moulded bricks, plays a vital role in sustainable development and societal progress. By focusing on the importance of education and practical expertise, the event aimed to inspire participants to contribute positively to their communities. Through this initiative, the trust continues to foster growth, skill-building, and a commitment to a brighter future.



#### **HAPPY PARENTING**

Antho Charitable Trust organized a seminar on "Happy Parenting" for the teachers and parents of St. Joseph School, Thiruvallur. The session focused on effective parenting techniques, emotional well-being, and creating positive learning environments for children. The aim was to empower parents and educators with the tools to foster healthy relationships, encourage positive growth, and ensure the overall well-being of students. This initiative reflects the trust's commitment to supporting both families and educators in nurturing future generations.











The Elegance of Madhavaram Centre































#### Aftercare Home

Antho Charitable Trust organized a seminar for the students at the Aftercare Home in Chengalpet, focusing on the theme, "The World Can Give You a Better Chance of Living the Greatness of Life." The seminar aimed to inspire and motivate the students by encouraging them to embrace opportunities, believe in their potential, and strive for personal growth. Through this initiative, the trust emphasized the importance of resilience, hope, and the power of a positive mindset in creating a successful future.

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Circle of Excellence conducted for 10 & 12 Students at Basin Bridge, Chennai.















Antho Charitable Trust organized a 30-day Spoken English class for the students of Perambur Don Bosco, aiming to enhance their communication skills and boost their confidence. The course focused on practical language use, helping students improve their speaking, listening, and pronunciation abilities. Through this initiative, the trust provided valuable resources for personal and academic growth, empowering the students to express themselves more effectively in English and opening up new opportunities for their future.





Arulnagar, Centre











Music, Dance, Study

Our Second Centre







# Zumba Yoga









# for Life

# Health is everything





















































One Month Educational Mission at Santhiyamangalam Trible Village, Erode.





































#### One Month Summer Camp at Rehabilitation Centre, Manali, Chennai.































#### Leaders Meet

Antho Charitable Trust participated in a Leaders Meet to assess its strengths, weaknesses, opportunities, and threats (SWOT) in order to better organize and serve society. The meeting provided valuable insights into how the trust can improve its initiatives, enhance community impact, and address challenges more effectively. By evaluating its current strategies, the trust aims to optimize its efforts and continue making a meaningful difference in the lives of those it serves.



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#### One Week Workshop at Aftercare Home



## **— EMPOWERING YOUTH** — AT PERAMBUR, REDHILLS AND THIRUKAZHUKUNDRAM



Antho Charitable Trust participated in a Leaders Meet to assess its strengths, weaknesses, opportunities, and threats (SWOT) in order to better organize and serve society. The meeting provided valuable insights into how the trust can improve its initiatives, enhance community impact, and address challenges more effectively. By evaluating its current strategies, the trust aims to optimize its efforts and continue making a meaningful <u>difference</u> in the lives of those it serves.

2022/07/25











Antho Charitable Trust animated the students of Don Bosco at Pannur for the Green Hands program under SURABI Projects. The session focused on environmental awareness, encouraging the students to actively participate in sustainable practices like tree planting and waste management. Through this initiative, the trust aimed to inspire the students to become environmental stewards, promoting a greener and healthier future for their community.









## MEDIA EDUCATION \_\_\_\_\_















Antho Charitable Trust animated the school teachers at Katpadi Don Bosco for the Green Hands program under SURABI Projects. The session aimed to raise awareness about environmental sustainability and equip educators with the knowledge and tools to promote eco-friendly practices in their classrooms and communities. By empowering teachers, the trust hopes to inspire future generations to adopt sustainable living and contribute to a greener world.









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Antho Charitable Trust animated the Don Bosco students at Thirupattur, Vellore District, for the Green Hands program under SURABI Projects. The session focused on educating students about the importance of environmental conservation and sustainable practices. By engaging the students in hands-on activities and discussions, the trust encouraged them to take an active role in protecting the environment and promoting a greener, more sustainable future for their





Antho Charitable Trust animated the Don Bosco students at Jolarpet, Vellore District, for the Green Hands program under SURABI Projects. The session focused on raising environmental awareness and encouraging students to adopt sustainable practices like tree planting and waste management. Through engaging activities, the trust aimed to inspire the students to become proactive in protecting the environment and contribute to a greener, healthier future for their community.

#### Friends of Nature











### Christmas Celebrations

Antho Charitable Trust celebrated Christmas by sharing joy and kindness with the needy, students, neighbours, friends, staff, and families. The event included the distribution of gifts and essentials, spreading warmth and festive cheer to those in need. It was a heartwarming occasion that brought the community together, emphasizing the true spirit of Christmas generosity, love, and togetherness. Through this initiative, the trust reinforced its commitment to supporting and uplifting those who may need a little extra care during the holiday season.









# **PONGAL CELEBRATION**

Antho Charitable Trust celebrated Pongal with great joy by sharing gifts and essentials with the needy, students, neighbors, friends, staff, and families. The celebration was a heartfelt occasion that brought the community together to embrace the spirit of the harvest festival. Through the distribution of gifts and food, the trust spread warmth, love, and festive cheer, ensuring that everyone, especially those in need, experienced the happiness of the season. The event reflected the trust's commitment to fostering unity and kindness within the community.





























Birthdays











#### Glass Painting

Antho Charitable Trust and Academy organized a vibrant Glass Painting workshop for children, offering them a creative platform to explore their artistic skills. The workshop encouraged children to express their imagination through colorful glass art, enhancing their creativity and attention to detail. It was a fun-filled and educational experience, allowing the participants to learn new techniques while fostering their artistic talents. Through such initiatives, the trust continues to nurture the creativity and potential of young minds, providing them with opportunities for growth and selfexpression.







NTHO










### WOMEN'S DAY

Antho Charitable Trust celebrated Women's Day with a heartfelt event honoring the strength, achievements, and contributions of women in the community. The celebration included inspiring speeches, cultural performances, and recognition of women who have made a positive impact in various fields. The trust used this occasion to empower and encourage women, emphasizing equality, respect, and the importance of supporting women's rights and opportunities. Through this celebration, the trust reaffirmed its commitment to promoting gender equality and uplifting women in all aspects of life.











John Sebastian SDB and Arul SDB visited Antho Charitable Trust, bringing their expertise in meditative methods and psychological therapies. Known for their deep understanding of mental well-being, they shared valuable insights and techniques to help individuals manage stress, enhance emotional resilience, and promote overall mental health. Their visit was an enriching experience for the community, offering practical tools to cultivate inner peace and mental clarity. The trust was honored to have them share their wisdom and support the well-being of those it serves.















Antho Charitable Trust organized a vibrant Talent Show and Fancy Dress Competition, celebrating creativity and self-expression. The event featured a variety of performances, from singing and dancing to acting, with participants showcasing their diverse talents. Ms. Divine Ryza, the Viscom Professor of Loyola College, graced the occasion as the Chief Guest, inspiring the participants with her presence and encouraging them to pursue their passions. The event was a delightful showcase of talent, bringing the community together to celebrate the joy of creativity and imagination.





























#### Summer Camp

Antho Charitable Trust organized an engaging Summer Camp at Don Bosco, Egmore, providing children with a fun and educational experience during the holiday season. The camp featured a variety of activities, including arts and crafts, sports, games, and workshops aimed at enhancing creativity, teamwork, and skill development. It offered children the opportunity to learn new things, make friends, and stay active during the summer break. The camp was designed to foster personal growth, fun, and a sense of community among the participants.







Antho Charitable Trust organized an Inner Healing session at Don Bosco, Egmore, aimed at promoting emotional and mental well-being. The session focused on helping individuals heal from past emotional wounds, stress, and trauma through meditation, self-reflection, and psychological techniques. The goal was to foster a sense of peace, selfawareness, and resilience, empowering participants to overcome challenges and lead healthier, more balanced lives. This initiative highlighted the trust's commitment to supporting the holistic development of individuals in the community.



















Juner Healing





#### ANTHO'S SUMMER CAMP



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#### Self Makeover

Antho Charitable Trust organized a Self-Makeover class for students at Antho, Anna Nagar, focusing on personal development and self-confidence. The class covered various aspects of self-care, including grooming, communication skills, body language, and building a positive mindset. It aimed to empower students to embrace their uniqueness, enhance their self-esteem, and present themselves with confidence in different social and professional settings. Through this initiative, the trust encouraged personal growth and helped students unlock their full potential.





## Child Rights

Antho Charitable Trust conducted a Child Rights class for its students, with Mrs. Jemila as the resource person. The session aimed to educate students about their rights, responsibilities, and the importance of protection and empowerment in their communities. Mrs. Jemila shared valuable insights on child welfare, legal protections, and how students can advocate for their own rights and the rights of others. The class was an eye-opening experience, empowering the students to better understand their rights and encouraging them to take action for positive change.













Antho Charitable Trust organized a Music Class for its children, with Professor Sunil from Sacred Heart College as the guest instructor. Professor Sunil taught the students new techniques and skills, enhancing their musical abilities and broadening their understanding of music. The class provided a platform for the children to explore their musical talents, learn about different instruments, and refine their skills. With his guidance, the students gained valuable insights and inspiration, fostering their love for music and helping them develop their artistic potential.









#### **YOUTH MEET** SACRED HEART COLLEGE, TIRUPATTUR.













































Innovation





















Show Q















Ruban SDB, a media professional and missionary from Africa, visited the works of Antho Charitable Trust to learn more about the trust's communitydriven initiatives. During his visit, he shared his experiences and insights from his missionary work in Africa, while also exploring the various programs and services the trust provides to support underprivileged communities. His visit was an inspiring exchange of knowledge and ideas, reinforcing the importance of global collaboration in making a positive impact on society.

# Visit and Blessings

### Language and Ethics at Siharam, Don Bosco









Glass Painting



# SUBJECT OF NATURE













During the Summer Camp, Antho Charitable Trust organized the Green Hands Program of SURABI DON BOSCO at Beatitudes, Vyasarbadi. The program focused on raising environmental awareness among the participants, encouraging them to adopt sustainable practices like tree planting, waste management, and eco-friendly habits. The children engaged in hands-on activities that not only educated them about the importance of protecting the environment but also inspired them to become active stewards of nature. This initiative reflected the trust's commitment to fostering environmental consciousness in the younger generation.





























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# Celebrating Success









# Shining Stars

# **Our Students becoming**



Antho Charitable Trust animated the staff and teachers of St. Vincent School, Chennai, with a session on how to be successful in dealing with students. The workshop focused on enhancing teaching methods, building effective communication skills, and fostering a positive and supportive classroom environment. By emphasizing the importance of understanding student behavior, empathy, and motivation, the session equipped educators with valuable tools to connect with their students and help them succeed academically and emotionally. The initiative aimed to empower teachers to inspire and guide their students toward a brighter future.















Fr. Mathias SDB, Dr. Barry, Mrs. Juli, and their family were honored to release the official documents of Antho Charitable Trust, marking an important milestone in its journey. During the event, they also unveiled the trust's new T-shirt and website, symbolizing the organization's growth and its expanding reach. This occasion not only celebrated the official recognition of the trust's work but also highlighted its commitment to transparency and accessibility. The release of these key resources will help further the trust's mission and connect with the community more effectively.








































#### Outing to Children's Park, Adayar.







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# Staff Meet

Antho Charitable Trust organized a staff meeting in ECR, Kovalam, bringing together Project Managers, field staff, and volunteers for a day of orientation and discussion. About 15 participants gathered to align their efforts, share insights, and strengthen their collaboration in advancing the trust's mission. The meeting focused on improving coordination, understanding the progress of ongoing projects, and discussing future plans. This gathering provided an excellent opportunity for team-building, knowledge-sharing, and ensuring that everyone is aligned in working towards the common goal of serving the community.





Cobounder's Birthday Celebration



























## **Gifting Sports Articles**





### CELEBRATING

#### DIFFERENCES

Antho Charitable Trust organized a Group Dynamics and Singing class to promote teamwork, communication, and creativity among participants. The Group Dynamics session focused on enhancing interpersonal skills, fostering collaboration, and building effective communication within teams. In the Singing class, participants had the opportunity to learn new vocal techniques, improve their singing skills, and express themselves through music. Both sessions aimed to boost confidence, strengthen bonds within the group, and nurture the creative talents of each individual, contributing to their personal and social development.











Antho Charitable Trust animated the students of the Salesian Institute of Graphic Arts (SIGA) for a day, focusing on reflecting the responsibility of youth and life. The session emphasized the importance of leadership, self-discipline, and the role young individuals play in shaping a positive future. Through discussions and interactive activities, students were encouraged to understand their potential, take responsibility for their actions, and contribute meaningfully to society. The day aimed to inspire the students to embrace their roles as responsible, empowered individuals in both their personal and professional lives.















Antho Charitable Trust organized an exciting outing for students to the vibrant VR Mall, offering them a unique blend of fun, learning, and camaraderie. The day began with an immersive experience at the mall, where students explored various attractions, engaged in interactive activities, and enjoyed the dynamic ambiance of this modern shopping destination.

























Our 10th Standard students at Don Bosco Egmore were truly blessed as they received exam articles in a special ceremony, graced by the blessings of Fr. Mathias SDB, the esteemed Principal of the school. This thoughtful initiative was proudly sponsored by Antho Charitable Trust, with the aim of supporting and encouraging students as they prepare for their important exams.































































## Visit to Museum















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## Christmas Sharing

Antho Charitable Trust proudly hosted a heartwarming Christmas Celebration, bringing together students, parents, staff, volunteers, neighbours, and those in need for a day filled with joy, love, and festive spirit.





# Merry Christmas

The celebration was graced by the presence of our esteemed Chief Guest, Fr. Mathias SDB, the Principal of Don Bosco Egmore, and Mrs. Josephine Joseph, the Tamil Teacher of St. John's Injambakkam. Their inspiring presence added special warmth to the event, reflecting the true essence of Christmas—kindness, generosity, and togetherness.

















The event was filled with vibrant performances, soulful music, fun activities, and delicious treats. The spirit of giving was at the heart of the celebration, as we shared the joy of Christmas with the needy, ensuring that no one felt left out during this season of love.











A heartfelt thank you to everyone who joined us in making this Christmas Celebration memorable. May the spirit of Christmas continue to inspire us all throughout the year!













































# Sharing Gifts



























# Food for Poor and Needy























































### Food for Needy on the Streets
















Divine Providence







Service to People on the Streets













### Streets are Home

In a heartfelt effort to spread kindness and support those in need, Antho Charitable Trust, in collaboration with Don Bosco Egmore, organized a community outreach program to provide food, rice bags, and groceries to people living on the streets. The distribution took place with great care and compassion, as we reached out to those who needed it the most. The beneficiaries were warmly welcomed to Don Bosco Egmore, where they received not just essential supplies but also a sense of dignity, hope, and belonging.

















































This initiative reflects our shared commitment to serving the community and making a positive difference in the lives of the less fortunate. A heartfelt thank you to everyone who contributed to this noble cause, helping us bring smiles and support to those who needed it most.











# Service to Gypsy

Antho Charitable Trust is deeply committed to serving marginalized communities, and one of our meaningful initiatives has been reaching out to the Gypsy community with compassion, support, and empowerment.





## Awareness Programs

Our efforts include providing essential food supplies, clothing, and basic necessities to ensure their well-being. We also focus on educational support, health check-ups, and awareness programs to help uplift their living conditions and promote a brighter future.

Through these initiatives, we aim to create opportunities for the Gypsy community to thrive, fostering dignity, respect, and inclusion. Our goal is not just to provide immediate relief but to inspire long-term positive change through continuous support and community engagement.

















## ESSENTIALS











### Food for Poor on the Streets

Antho Charitable Trust is dedicated to making a difference in the lives of those who need it the most. One of our heartfelt initiatives is the food distribution program for the poor living on the streets. Through this program, we provide hot, nutritious meals to individuals and families facing hunger and hardship. Every meal is served with warmth, care, and the intention of spreading not just food but also hope and dignity.







Our team, along with dedicated volunteers, reaches out to various communities, ensuring that no one feels forgotten. Beyond just filling empty stomachs, we aim to bring smiles, comfort, and a sense of belonging to those who often go unnoticed.

This simple act of kindness reflects our core belief: "No one should have to face hunger alone." Thank you to everyone who supports and contributes to this noble cause. Together, we can make a difference.

# love for the Poor











































































































# ANBIN THOZHAMAI Arakkattalai

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www.anthocharitabletrust.com

Join Us \* Volunteers \*Wellwishers \*Benefactors \*CSR Partners

Ph: 9003233447

#### ANBIN THOZHAMAI ARAKKATTALAI

# Antho Charitable Trust

We actively welcome CSR (Corporate Social Responsibility) projects.

#### **Account Details**

Account Name: ANTHO CHARITABLE TRUST ACCOUNT NO: 50200102736875 BRANCH: MOGAPPAIR EAST IFSC : HDFC0000493

UPI ID: anthocharitabletrust-1@okhdfcbank

#### Why Choose Us

- Impact-Driven Projects with Proven Results
- Transparent and Accountable Operations
- Tailored CSR Solutions Aligned with Your Values

#### **Tax Exemption Details**

Antho Charitable Trust is registered under Section 12A and 80G of the Income Tax Act, 1961. This status enables us to receive tax-deductible contributions from our generous donors.

- Section 12A: Grants us the recognition as a charitable organization, ensuring that our income is exempt from tax, provided it is used for charitable purposes.
- Section 80C: Allows donors to claim a tax deduction of up to 50% (with or without restriction) on their donations to Antho Charitable Trust, making your support even more impactful.

Your contributions not only fuel our mission but also provide you with meaningful tax benefits. Thank you for partnering with us in creating a difference.

#### Contact

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