

FOOD FOR THOUGHT



OAKRIDGE PRIDE



We returned to Oakridge Pride for our second year, setting up an informational booth to distribute flyers detailing our mission and activities. It was a fantastic opportunity to connect with the community and spread awareness about our efforts. Everyone was so appreciative of what we have done over the last year. We can't wait for Oakridge Pride 2025.



UPCOMING FOOD DRIVE

Where: Freshco, Wellington and Commissioners Road E location.

When: July 13th, 2024, 10am to 3pm
We received a generous offer to hold a food drive at Freshco. As always, feel free to come by and say hi!



WE'VE RECEIVED AN AWARD!



We are excited to announce that we were recently recognized with a Food System Champion award from the **Middlesex London Food Policy Council!** This award recognizes individuals and groups that are leaders, advocates, or change-makers in our local food system. We appreciate this recognition and thank everyone who has supported us this far.





PURCHASES

Since we've opened our bank account, we've accumulated almost \$1000 to go towards our expenses. Once a week we use this money to purchase fresh produce for our upcoming deliveries. It has been a blessing to be able to provide families with healthy foods to help nourish their children.

EASY RECIPE OF THE MONTH: NO BAKE COOKIE DOUGH BITES

Ingredients:

- 4 cups of quick cook oats
- 5 tablespoons room temperature butter or margarine
- 1/2 cup brown sugar
- 1 teaspoon vanilla extract
- 1/2 teaspoon salt
- 14 ounces sweetened condensed milk
- 1/2 cup semi-sweet chocolate chips



Directions:

- Add oats to food processor/blender
- Blend until the oats are the texture of flour - remove from blender and set aside
- Add butter, sugar, vanilla and salt to blender and puree (it should look like sand)
- Add the sweetened condensed milk to the mixture and blend well
- Add the blended quick oats and blend mixture until combined
- Stir in the chocolate chips by hand
- Refrigerate and then scoop into small balls and roll into ball shape with your hands
- Refrigerate until the balls are firm, then enjoy!
- The balls can be stored in a covered container in the fridge for up to one week.



FOOD BUNDLE TOTAL FOR JUNE

THIS MONTH, WE HAVE PROVIDED TO

36

FOOD INSECURE FAMILIES

