

August was a very busy month for us! Starting on August 9th, we had a successful food drive at Tremblett's Your Independent Grocer. The food we received was the start of our Back to School stock up. Thank you again to Brandon for allowing us to hold the drive at your store.



We receive regular Cobb's bread donations that we have been including for the last year!

A shout-out to Mary Jo's Sweet Treats for providing us with cake cups to add to the bundles we provide!



We were invited to attend the Fill the Truck event in Wortley. This event was hosted by the Period Equity Project. Their mission was to fill a U-Haul truck with donations of menstrual products that will help the unhoused and others with support in their time of need. It was a beautiful day to speak with community members and share our story.



We held a food drive at Masse's No Frills which will help us provide many more food bundles to families. Thank you to everyone who makes this work possible!



With the help of Lindsay Mathysen, we delivered backpacks filled with school supplies to some of our families who needed the extra help.



Simple Chocolate Covered Banana Pops

Families helped in August:

22

twenty-two



Metro at Cheapside and Adelaide donated two cases of reusable bags. Many thanks to Donna for making it happen!

The Lunchbox London now has our nonprofit's bylaws posted to our about section on www.thelunchboxlondon.com Our annual report will be due Jan 13, 2025

Ingredients

- Bananas
- Chocolate chips
- Coconut oil
- Shredded coconut, chopped almonds or any other small toppings you want!



Directions

- Line a baking sheet with parchment paper
- Peel bananas and cut each in half
- Insert a popsicle stick or bamboo skewer into each piece of banana (to make it like a popsicle)
- Lay bananas on the baking sheet and put in freezer for about 2 hours, until they're frozen
- Melt the chocolate and coconut oil together (you can use a double broiler or microwave)
- Dip each frozen banana half into the chocolate, coating as much as you would like
- Sprinkle with almonds, coconut or any other topping you'd like. Do it quick because the chocolate hardens fast!
- Enjoy immediately!