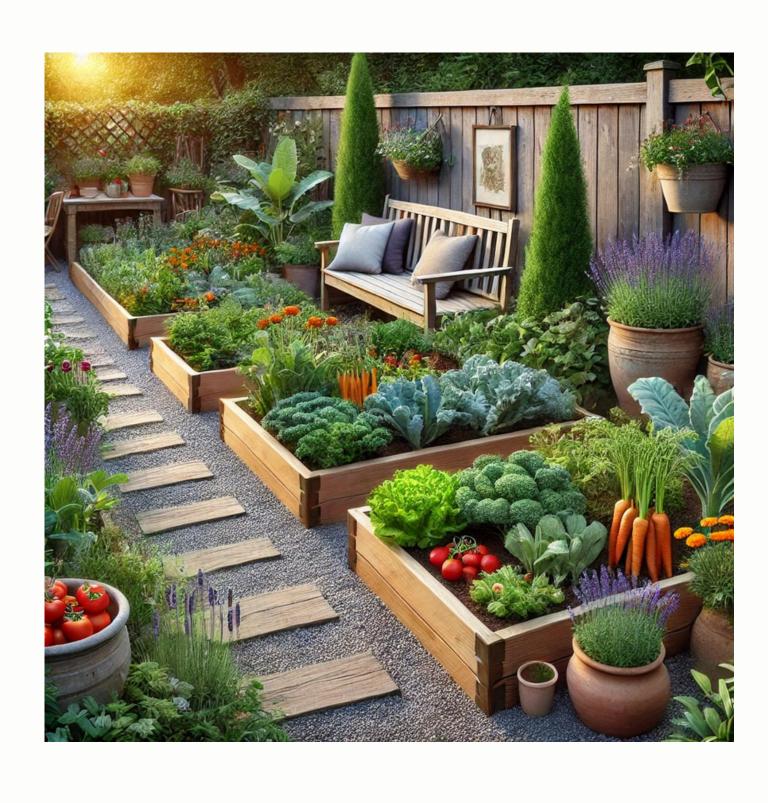
# The Wellness Garden Project



Supports healthy living by providing fresh food, enhancing physical and mental well-being, and fostering community in green, restorative environment.





#### Introduction

The Community Wellness Garden, part of the Kindfullness Garden Program, will encourage residents to live with kindness and mindfulness. It will stand as a living expression of community well-being, sustainability, and connection.

**The Community Pride** 



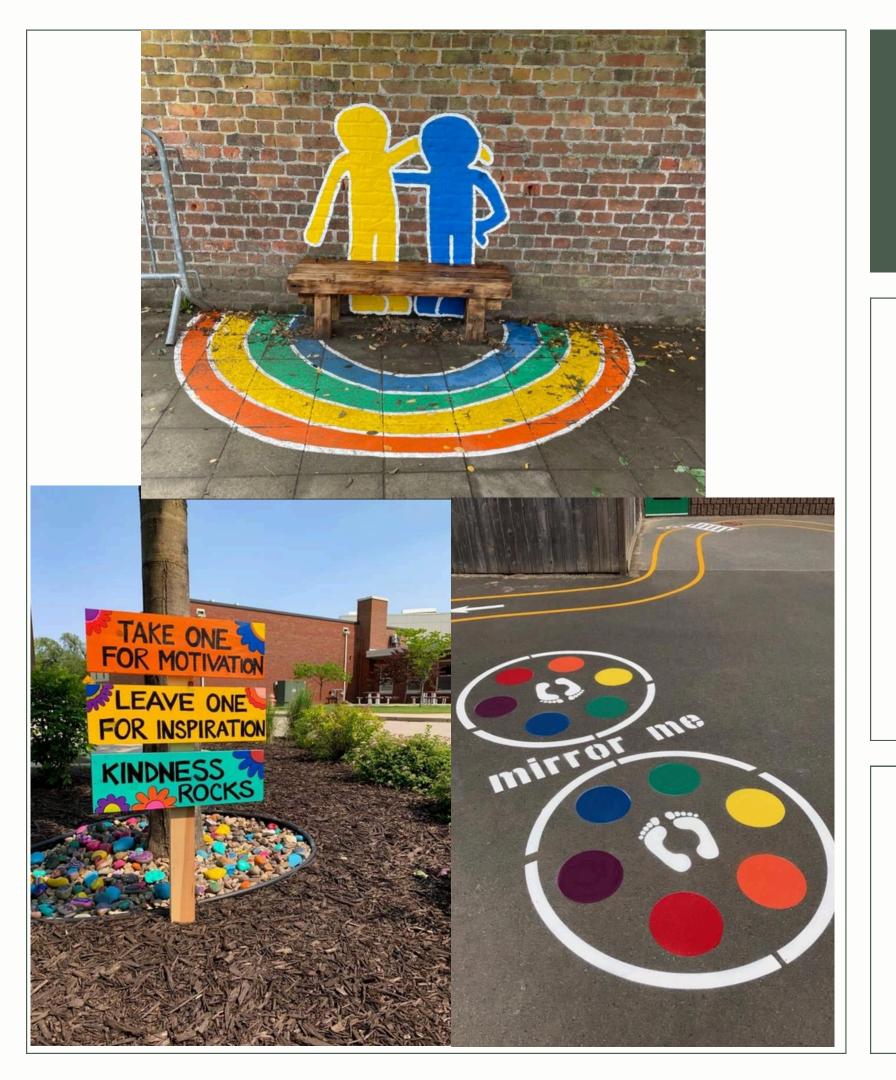
Envisioned as a space to inspire and heal, the <sup>2</sup> sanctuary will transform abandoned allotments into a vibrant hub of nature, creativity, and inclusion.

## Bio diversity

An ecosystem of flowers, food, and wildlife







#### Connection

The Friendship Corner is a welcoming space that brings people together. The Friendship Bench offers a place to sit, talk, or make a new friend, while bright seating areas and playful spaces encourage connection for all ages. Along the paths, painted Kindness Rocks share uplifting messages, and a special Kindfullness Rock station invites visitors to drop off or pick up a rock for a dose of motivation. This corner helps everyone feel less lonely and more connected to their community.

Friendship Corner



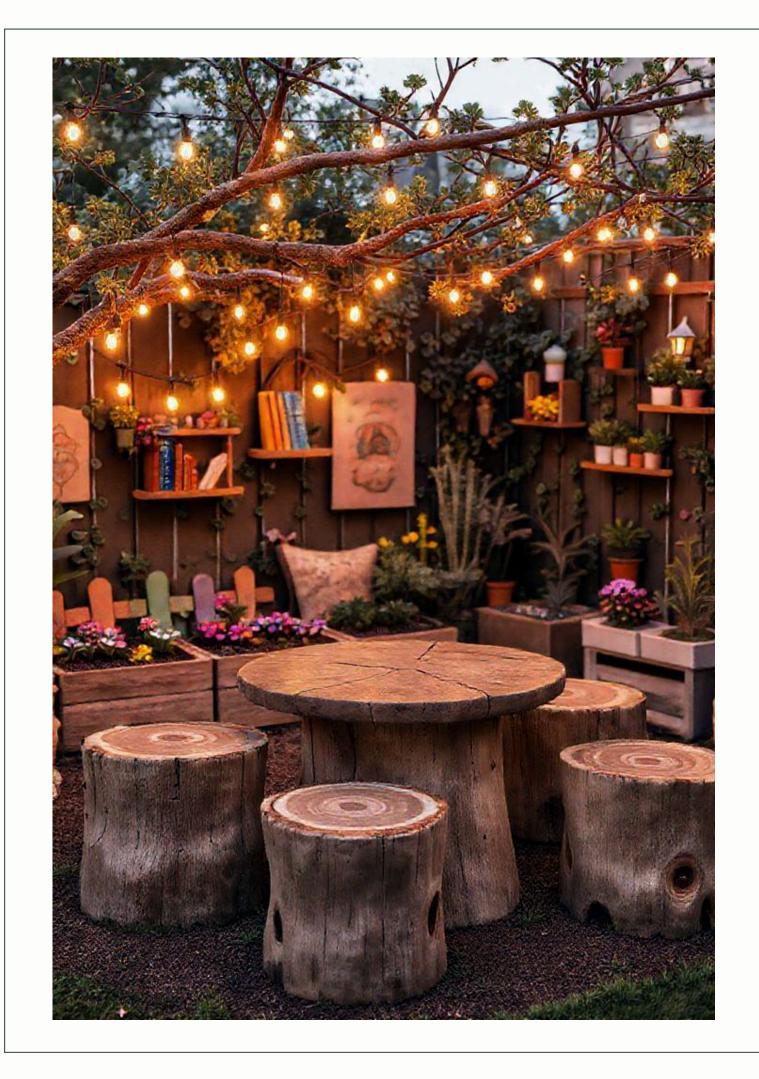
Our intention is for the Community Wellness Gardens to become an award-winning model of urban regeneration In collaboration with, Bawnogwe Youth Centre, Aunua Global and Tinap Green Limited, we invite you to be part of this inspiring project a model of innovation, inclusion, and community spirit that reflects your CSR values.

# Urban Regeneration

Reviving spaces for people and nature to thrive







## Mental Health and Emotional Wellbeing

A calm space for thinking and resting. Log seats sit under soft fairy lights. The area has gentle plants you can smell, like lavender and mint. A small water feature makes peaceful sounds. This space helps people relax and feel better when life is stressful.

**Reflection Corner** 



Our vertical gardens turn waste into beauty. Old pallets and plastic bottles become living walls full of plants. These walls save space and give homes to bees and butterflies. Bird houses made from scrap wood and bee hotels from natural materials create safe places for wildlife. QR codes teach visitors about each plant and how small gardens help the environment.

## Ecosystems

They play a vital role in ecosystems, supporting wildlife and biodiversity







#### Education

Learning happens everywhere in this garden. The Little Free Library, built from recycled wood, lets people borrow books about gardening, nature, and wellness etc. QR codes placed around the garden connect to online guides about plants, seasons, and sustainable living. We run summer camps, school visits, and workshops that teach people by doing, not just reading.

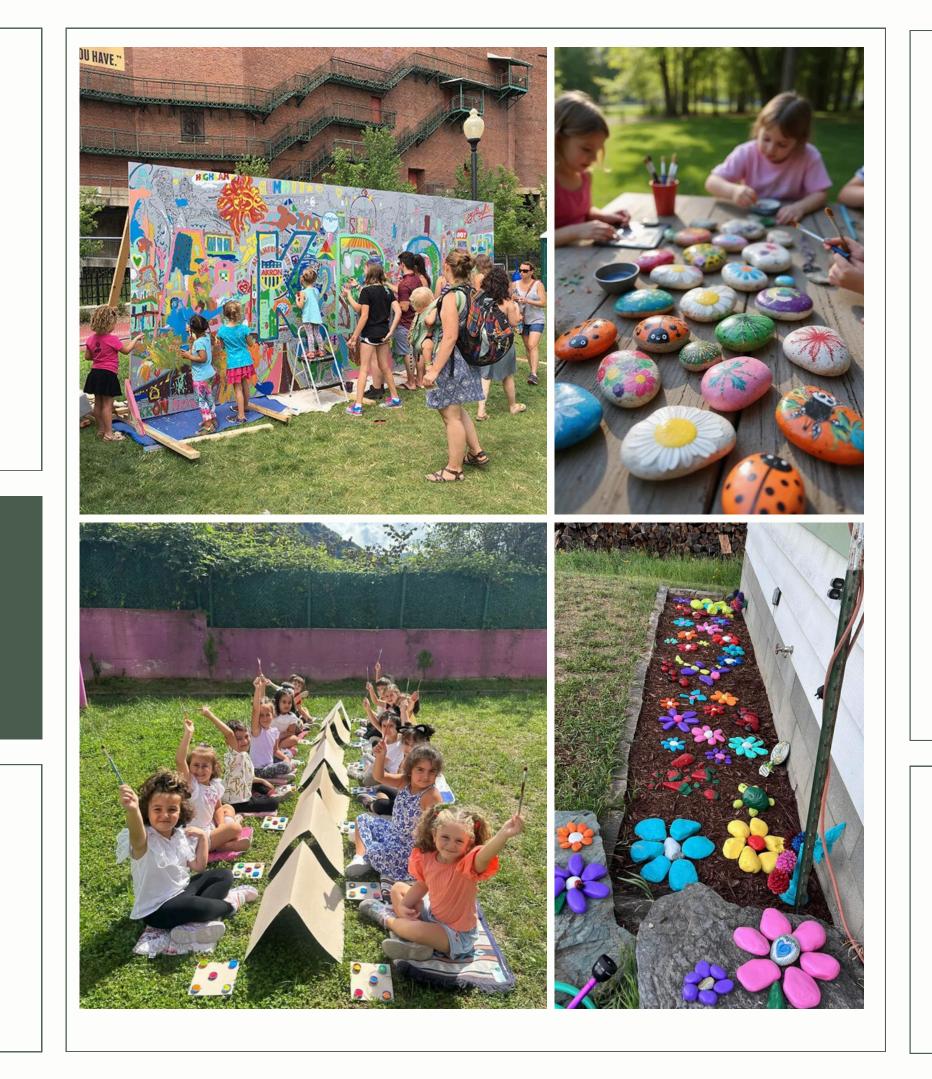
**Little Free Library** 



The Kindness Wall cultivates intergenerational kindness through community art. Children, parents, and grandparents work side by side, painting kind words, positive messages, and colorful designs on recycled materials. Sponsors can add their names to show support. Painted rocks with kind messages, created by families together, sit along the paths.

#### Cultivation

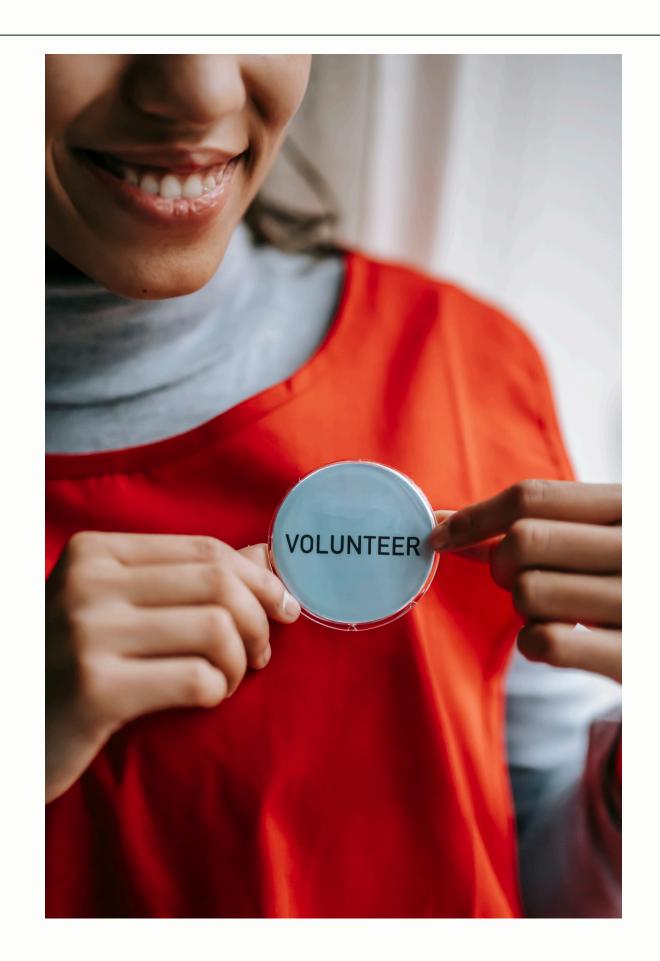
**Kindness Wall** 





# Community Programs

- Summer Camps (Ages 7–14): Fun gardening and craft activities that teach sustainability.
- Help Yourself Gardens: Everyone can pick fresh produce and plant seeds to keep it growing.
- Sustainability Workshops: Learn simple ways to compost, save water, and grow your own food.
- Therapeutic Gardening: Gentle gardening that supports relaxation and mental well-being.
- School Visits: Students explore biodiversity and climate action through outdoor learning.
- Community Clean-Ups: Neighbors come together to care for the garden and local area.
- Intergenerational Events: All ages share skills, stories, and build community connections.
- Repair Café: A friendly space where people learn to fix household items, reduce waste, and share practical skills.





















# Why Partner

Corporate Social Responsibility

- Enhances brand visibility through signage, media, and social outreach, reinforcing CSR leadership
- Strengthens employee engagement with handson volunteer opportunities in the garden
- Delivers measurable community impact in the area surrounding your datacenter
- Positions your organization for award recognition in sustainability and social innovation
- Advances ESG goals by supporting biodiversity, carbon reduction, and green space creation
- Promotes digital inclusion through QR learning tools and youth tech workshops
- Demonstrates authentic community partnership through media and public engagement
- Establishes a scalable, replicable model for sustainable community investment across locations





## Why Partner

**Connected Community** 

- Transforms unused land into a shared green space that provides free herbs, vegetables, and fruits for all
- We will run workshops on gardening, sustainability, and technology to build local skills.
- Creates peaceful areas that reduce stress and support mental well-being
- Engages people of all ages through inclusive community activities
- Ensures accessibility for everyone, including those with mobility needs
- Builds community pride as neighbors come together to create and care for the garden



# Thank You

