

Rhythmic Gymnastics Coach

Job Location: Gymnastics training facility in Boca Raton, FL.

DESCRIPTION:

Premiere Gymnastics Inc., d/b/a Premier Gymnastics is a dedicated provider of expert gymnastics instruction and youth development programs in Boca Raton, Florida. The gym offers a wide range of age-appropriate classes, including preschool gymnastics, school-age skill development, tumbling, summer camps, and competitive team training, designed to build strength, flexibility, discipline, and confidence in a safe, fun, and supportive environment. With experienced coaches focused on positive reinforcement, Premier Gymnastics fosters both physical and personal growth, helping children of all skill levels achieve their goals while enjoying the sport.

As a Rhythmic Gymnastics Coach, you will design and deliver structured training programs for developing and elite athletes, lead technical and physical preparation using all rhythmic gymnastics apparatus, choreograph competitive routines, ensure athlete safety and regulatory compliance, mentor assistant coaches, and prepare athletes for successful participation in regional, national, and international competitions.

YOU'RE GOING TO:

1. Develop and implement training programs for athletes in rhythmic gymnastics from beginner levels through progression to the elite level.
2. Conduct physical preparation sessions, including strength and flexibility training, technical skill development, and cognitive performance improvement.
3. Teach technical skills in proper developmental sequence using all five apparatus (rope, hoop, ball, clubs, ribbon).
4. Lead coaching groups of children (ages 6-14) at the pre-elite or elite level, including preparation for national or international competitions.
5. Design individualized training plans for each athlete based on their technical diagnostic and competition goals.
6. Plan, supervise, and conduct regular practices in preparation for local, regional, and national competitions.
7. Physically demonstrate elements and exercises as well correct apparatus handling techniques to athletes. Show complex positions and position athletes correctly.
8. Ensure compliance with safety standards, competition regulations, and club policies during all training and events.
9. Choreograph and design competitive routines tailored to individual athletes' strengths and competition requirements.
10. Supervise and mentor assistant coaches, providing guidance on training methods and athlete development.
11. Accompany athletes to regional and national competitions and provide coaching support during events.

IT'S IMPORTANT TO US THAT YOU HAVE:

- Bachelor's Degree in Coaching, Physical Education, Sports Science, or a related field (or its foreign equivalent);
- At least 2 years of personal experience in rhythmic gymnastics history as an elite competitive gymnast at the national level or higher;
- Must maintain excellent physical fitness to actively demonstrate skills, apparatus handling techniques, and correct body positions to athletes;
- Domestic travel is required approximately 4 to 6 times per year to accompany athletes to regional and national competitions.

WE OFFER (Please select all that apply or add additional benefits if any):

- Corporate training and development opportunities;

- Competitive salary and benefits package;
- Great Corporate events;
- Career growth and advancement opportunities;
- Health benefits;
- 401(k) Plan;
- HSA.

This is an on-site position only at our gymnastics training facility in Boca Raton, Florida.

Equal Opportunity Employer

At Premiere Gymnastics Inc., d/b/a Premier Gymnastics, we value diversity and are an equal-opportunity employer. We do not discriminate on the basis of race, religion, color, national origin, sexual orientation, age, marital status, veteran status, or disability status.

Reasonable Accommodation

If you require reasonable accommodations to participate in the job application or interview process, perform crucial job functions, or receive other benefits and privileges of employment due to a disability, please contact us to request accommodation.

If you meet the qualifications for this Rhythmic Gymnastics Coach position and are interested in joining our team, please apply through our website or send your resume and cover letter to us. Thank you for considering Premiere Gymnastics Inc., d/b/a Premier Gymnastics as your potential employer, and we look forward to hearing from you.