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**EO-X PET (Personal Experience Trial)
ÆTHER: PHASE 2
Self-Guided Intentional Use Protocol
Short Onboard, Guidance & Follow-up
(NOT FOR GENERAL PUBLIC or MARKETING PURPOSES)**

Thank you for providing us with this information & agreeing to the pre-market Emerald Oil PET independent field test for establishing baselines for creative, healing and ascension protocols. **If you have a known sensitivity to cannabis, coconut oil, MCT oil, hemp oil do not participate in this trial.*

Mission Statement for the EO-Protocols

Our mission is to honor the sacred power of nature by offering **Emerald Oil (EO)** cannabis oil, a full spectrum cannabis extract/infusion oil, as a tool for raising consciousness, healing the body, and uplifting the spirit. We recognize the transformative potential of cannabis oil, not just as a therapeutic remedy, but as an ally in humanity's journey toward greater spiritual alignment and well-being. Rooted in ancient wisdom and aligned with modern innovation, our approach is to deliver products that inspire profound personal transformation, encouraging users to connect deeply with their highest potential.

Operating under the guidance of the **IRC 508.c1a structure**, we aim to provide a conscious, ethical, and community-driven framework for education & promotion of alternative spiritual healing modalities. Our PET program and initiation circles are designed to empower individuals and communities to experience the benefits of periodic, daily and weekly regimens of this sacred oil. By tracking results and fostering open dialogue, we strive to advance our understanding of cannabis oil's role in elevating both individual and collective frequencies.

Our commitment extends beyond the health & physical effects of the oil; we see it as a bridge to greater awareness, encouraging spiritual awakening, emotional healing, and unity within oneself and the world. Through the EO protocols, we invite people to engage with a natural product that harmonizes the physical, mental, and spiritual dimensions of life, paving the way for an elevated state of consciousness and connection with the divine.

By nurturing a spirit of collaboration and innovation, we seek to be a leading force in creating a paradigm shift where cannabis oil is embraced as a tool for holistic transformation and a deeper alignment with humanity's spiritual evolution.

EO- PET PROJECT OVERVIEW:

EO Phase 1 Objective: Establish product resource base, viability and use cases for potential local and niche markets. Compare comparable products from other nearby markets and states.

EO "ÆTHER" Phase 2 Objective: Establish a baseline full spectrum cannabis extraction product, "æther oil" for supervised client use & targeted protocols. For working directly with clients for prescribed health benefits *with 'stacking' (the timing & uptake of other natural substances with specific known benefits, in order to boost & maximize desired health or emotional effects)*, for microdosing and for workshopping the protocols.

EO “FOUR ELEMENTS” Phase 3 Objective: Establish the four elements (fire, air, earth air) oils (based on dominate strains) and the protocols for usage based on the native’s astrological chart & transits, health dynamics and intentions. Intended for both doctor or advisor supervision and to be self-supervised after initiatory training.

Your Personal Experience Trial Sample:

“Emerald Oil - Æther” — All Organic

Based on the RSO/FSO family of cannabis extracts, this baseline oil classified as “full spectrum”. Base oil sourced locally.

- **Strain: AlienET** is a hybrid **ALL-ORGANIC** cannabis strain made from a genetic cross between Alien Kush and Big E. This strain is 50% sativa and 50% indica. Grown in Oregon. Family-owned and grown in Southern Oregon, indoors, with no pesticides or chemicals. Twice US Cannabis Cup Award Winning strains.
- **THC%:** Alien ET is 19% THC
- **Trial Sample:** 2 capsules (organic gelatin, gluten-free, kosher, NON-GMO, 100% additives, BSE & additive free); ~15mg FSO “full spectrum” RSO base oil, per capsule.
- **Carrier suspension:** 100% organic coconut & MCT oil. (Future batches will use a different extraction method with hemp oil.)
- **Method:** 100% organic ethanol extraction. (Future batches will use ultra-sonic cavitation.)

Stacking or Entourage Effect Supplements: [The cannabis ‘entourage effect’](#) theory in inconclusive but suggests “that other inactive biological products, accompanying the primary endogenous cannabinoids, increase its activity.” For further information on stacking & entourage effects: [Paul Stamets: “Psilocybin & Neurogenesis”](#)

Included (optional): One pure, organic Gota Kola powered capsule.

Additional stack options for future tests: Niacin 50-100mg, Lion’s Mane, Adaptogens Magnesium, Turmeric/Curcumin (with Black Pepper for Bioavailability). L-Theanine (Derived from Green Tea), CoQ10, Quercetin, Melatonin. (*See list below)

Terpene-Specific Stacking (Essential Oils): Certain terpenes found in essential oils can greatly enhance the entourage effect:

- **Limonene (citrus oils):** Elevates mood and energy.
- **Beta-Caryophyllene (black pepper):** Strong anti-inflammatory and pain relief.
- **Pinene (pine/rosemary oil):** Increases alertness and focus.
- **Myrcene (mango/lemongrass):** Enhances sedative and muscle-relaxing properties.

Theorized Benefits of Stacking: Key Combinations Based on Desired Effects:

1. **Calm/Anxiety-Relief:** CBD + L-Theanine + Ashwagandha + Omega-3.
2. **Pain/Inflammation:** CBD/CBG + Turmeric + Quercetin + Black Seed Oil.
3. **Sleep Support:** Full-Spectrum Oil + Melatonin + Magnesium Glycinate + Myrcene-rich Terpenes.
4. **Neuroprotection:** CBD/CBG + Lion’s Mane + CoQ10 + Resveratrol.

5. **Mood and Energy:** THC/CBD + Limonene (essential oil) + B-Vitamins + Rhodiola.

This trial aims to establish a basic framework for developing personalized 'prescriptions' for individual clients, tailored according to various personal factors. This foundational approach will be expanded further in Phase 3.

FOR FURTHER EXPECTED HEALTH BENEFITS OVER TIME - SEE ENTROUAGE EFFECTS THE REFERENCES BELOW. (This PET Phase 2 trial objective is not intended to assess long-term health benefits. For long term expected health benefits of cannabis and cannabis oils, further research can be provided but is not in the scope of this trial.)

PET OBJECTIVE - One-Day Evaluation Test:

1. Test Evaluator (You) Parameters:

Past Experience: Your previous familiarity with entheogenic substances is a deciding factor on your **self-guided** participation. Please use your discretion regarding your body and health needs.

****Time Allotment:** You will need **to set aside 4-6 hours** of intentional space in your determined 'set & setting'. **You should NOT DRIVE or USE MACHINERY during this time!**

Dual or Guided Participation: It is recommended to either co-facilitate this experience with another evaluator or that you have a trusted 'sitter' nearby, in case of any emotional or physical discomfort.

2. Instructions for Evaluation

Pre-Test Preparation:

- **Timing:** Determine your timing using the questions below, determine your preferred time
 - Preferably a morning/day experience for first test. With this test protocol, use your personal intuition to *plan your experience* ahead of time.
- **Set & Setting:**
 - Choose a comfortable or productive setting for the test, depending on your intended goal.
 - Establish your inner mindset for the session, **set your intentions**.
- **Dietary suggestions:**
 - No alcohol 24 hours prior.
 - **Recommended:* Take after 'light meal'. 30-60mins after breakfast or after determined meal.
 - No food or snacks for 1-2 hours after uptake (to allow for liver to process).

- You may eat or snack LIGHTLY after the 90mins. NOTE: Avoid unconscious eating (i.e., ‘the munchies’)
- **Hydration:** Cannabis can sometimes cause dry mouth, if not properly hydrated.
Recommended Hydration:
 - Morning of test: 2 glasses of water upon first rising (if up-taking in the morning, this will be sufficient.)
 - Ensure hydration for test, at least 8 oz of water 30 minutes prior to uptake.
- **Avoid stimulants** (e.g., caffeine) for at least 2 hours before the test unless otherwise instructed. (Preferably for 24 hours beforehand, but not essential. This is only for this test, in order to assess the onset effects.)
- **Post-Prep:** Have a quiet and comfortable environment *for post-use reflection*, if possible. Though after-effects tend to be mild, avoid engaging in stressful, frenetic or challenging environments for 24 hours, *if possible*.

Short Timing & Intention Questionnaire for Self-Guided Session:

1. **Do you wish to explore a:**
 - a. creative productive usage of the session,
 - b. a more contemplative spiritually oriented space
 - c. or a physical or partner connected facilitation?
2. **If ‘c’ on #1, proceed to # 5; if ‘a’ or ‘b’, do you have a:**
 - a. specific creative project or challenge you would like to focus on
 - b. or a meditative, yogic or other solo practice you’d like to experience ‘deeper’
3. **If you chose ‘a’ to #2,** do you consider yourself a “morning person”? If so, it is recommended that you schedule a time before 10AM to begin your session.
4. **If you chose ‘b’ to #2,** it is recommended that you assess your morning schedule for ‘low stress’ day and then plan your session after lunch/afternoon to correspond with the close of your workday, while still in daylight hours.
5. **If you chose ‘c’ to #1, are you planning to:**
 - a. do solo physical activity, work-out, dance, outdoors?
 - b. connect or create physically with a partner?
6. **If ‘a’ to number #5, then it is recommended to plan your session from mid-day into early evening. If you answered ‘b’, it is recommended that you plan your session from early evening into evening.**

Please note, these are recommendations for timing based on the intentions being set. Feel free to adjust them accordingly, as your ‘own personal frequency alchemist.

Known Variables & Side Effects:

- **Gender Variation:** Studies in recent years have suggested that the effects of entheogenic substances *may* differ in males and females. Though not conclusive, our own research with these variations have provided similar results. Some women have reported stronger body affects, ranging from touch hypersensitivity to revealing masked body aches from daily activities and stress. Males more often have reported the exact opposite effects. Though there reported differences have not been thoroughly researched.

- **Sound & Light Sensitivity:** It is commonly reported, by both men and women, a heightened sensitivity to various frequencies of sound and light. This may range from pleasurable to uncomfortable. Varying and altering your immediate environment is recommended when this is experienced. **NOTE: you may also experience heightened-visual awareness of spectral colors around objects.*
 - **Body Temperature:** Generally, the body temperature will tend rise faster with minimal activity. Both cold and heat tolerances, may be experienced differently based on the individual. Sensitivity to air movement and humidity may also be more noticeable.
 - **Heightened Arousal:** In some, both temporary and sustained heightened arousal is known to be caused by the use of cannabis concentrates and some other entheogens.
 - **Time & Spatial Variation:** You may likely have a different awareness of time, such as becoming aware of time dilation or expansion. In the same regard, be aware of your spatial acuity, depth awareness may also become expanded (driving on any entheogenic substance is not suggested). With time, you may become accustomed to these variations in time and spatial awareness.
 - **Onset Discomfort:** As, with most entheogens, it is possible you may experience queasiness upon onset. Though this varies from person-to-person and by previous experience. Unlike some entheogens, such as psilocybin, **some food in the stomach ahead of uptake is acceptable** for proper absorption and may tend to alleviate this.
 - **Mood Shift:** You may experience a number of variations or changes in your mood or persona. Some have reported both a sense of euphoria and also of dread. This seems to vary based on both the 'inner & outer environment'. Set & setting is an important key step in this protocol. *(It is not recommended that you take any substances under extreme duress or merely to cope with a temporary negative circumstance or environment.*
 - **Focus & Drift:** The use of cannabis (and some other low level psychoactive substances) with expansive, creative and goal-oriented guidelines can initiate a “**laser focus**” when applied intentionally. Equally so, when entered into with no intentions or goals established prior to ‘activation’, it is common to “**drift**” from one thought (can be positive or negative) to the next. Many who work with cannabis in various forms have noted this over time. This can very positive *if ‘no goal’ was your goal.*
 - **Psycho-activity:** Concentrated cannabis, when processed through the liver, is considered **psychoactive**, it generally does **not produce psychedelic** affects. (If you have taken a high dose of psychedelic substances in the *recent* past, usually within a certain time-frame, you may experience [*psychedelic flashbacks*](#), a known phenomenon.)
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PET EVALUATION INSTRUCTIONS:

ITEMS Requested:

- Please have a clock/timer with you for times & check-ins.
- Either have a .doc open on a device or paper to record your evaluations.

Initial Check-In (Before Use)

- Record your current mood, energy level, and physical state.
- Note any current stressors or expectations for the day.

Uptake & Assessment

- **Optional: (* the stack option)**, note the time (and set the alarm for 15 mins), take the clear powered pills (Gota Kola), either in the cap or opened as dry powder with little water in the mouth. If taken dry, be careful not to breath it back into your throat. After 30-60 seconds swallow.
- **SECOND**, after **15 mins**, take one of the green pills, either dry or with little water. (~15mg EO ½ dose). Set timer for 45mins.
- **45 MIN SELF-ASSESSMENT**, please note any onset changes or lack thereof. Monitor any changes for the next 15 mins.
- **1 HOUR ASSESSMENT**: If you feel comfortable or little effect and would like to proceed, you may take the second green pill (~15mg EO ½ dose) and then evaluate your experience hourly.

Hourly Check-Ins (Suggested Intervals)

- **+1 hour**: Describe any initial noticeable effects. (please note any changes you choose to make in timing or uptake)
- **+2 hours**: Record focus levels, mood, and any physical sensations (e.g., relaxation or discomfort).
- **+3-4 hours**: Summarize your mental clarity and physical condition at this time.
- **+5 hours**: Please note when you experience any noticeable 'downshift' and return to normal perception.

End-of-Session Final Evaluations

- Complete a summary of how the day felt overall compared to a baseline day.
- Respond to follow-up questions provided below.

Follow-Up Questions for Evaluator (Please scan the QR Code for the Google Document Version of this Questionnaire.)

A. Immediate Response

1. Did you feel any noticeable effects within the first hour?
2. Did the effects align with any expectations you may have had or been given? Why or why not?

B. Focus and Energy

1. On a scale from 1 to 10, how would you rate your focus and mental energy levels after using the product?
2. Did you experience any mental fog, fatigue, or bursts of clarity throughout the session?

C. Emotional and Physical State

1. Did the session impact your emotional balance? If so, how?
2. Were there any changes in your physical sensations (e.g., tension, relaxation, aches)?

D. Observations and Feedback

1. Was this 'single-use dose' impactful enough to fit into your daily routine?
2. Was this dose overwhelming at any point?
3. Were you able to maintain your intentions and focus efficiently enough to be useful throughout the session?
4. Do you have any suggestions for furthering the testing process or product usage

FOLLOW-UP DIRECTIONS:

Please go to this [Google Document](#):

[EOX PROJECT QUESTIONS & FOLLOW-UP](#)

ADDITIONAL INFORMATION

EO AETHER STACKING & NEXT INTENTIONS for CLIENT USE:

Details of Entourage Benefits of stacked supplements being tested and considered:

In the context of cannabis oils (especially full-spectrum oils like **Emerald Oil – Æther**), stacking supplements to create an "entourage effect" involves combining cannabinoids, terpenes, and various nutraceuticals to amplify the effects. ***Here are commonly used supplements for enhancing and tailoring the entourage effect:***

1. Omega-3 Fatty Acids (Fish Oil, Flaxseed Oil, Algae Oil)

- **Why:** Omega-3s help balance the endocannabinoid system (ECS) by supporting receptor sensitivity and neurotransmitter health.

- **Effect:** Enhanced absorption and binding of cannabinoids, promoting anti-inflammatory benefits.

2. Adaptogens (Ashwagandha, Rhodiola, Holy Basil)

- **Why:** Adaptogens regulate cortisol levels and reduce stress, complementing the calming and balancing effects of cannabis oils.
- **Effect:** Increased resilience to physical and mental stress, which synergizes with cannabinoids like CBD and CBG.

3. Magnesium (Glycinate, Threonate, Citrate)

- **Why:** Magnesium supports relaxation, muscle recovery, and the regulation of nervous system responses.
- **Effect:** Reduces anxiety, muscle tension, and inflammation while amplifying the relaxation effects of cannabis.

4. Vitamin D

- **Why:** Vitamin D is known to regulate immune responses and improve mood.
- **Effect:** Can support the anti-inflammatory and neuroprotective effects of CBD or CBG.

5. Turmeric/Curcumin (with Black Pepper for Bioavailability)

- **Why:** Curcumin is a powerful anti-inflammatory and antioxidant.
- **Effect:** Enhances the anti-inflammatory properties of cannabinoids, especially when targeting chronic pain or autoimmune issues.

6. L-Theanine (Derived from Green Tea)

- **Why:** L-Theanine promotes calmness and focus without sedation.
- **Effect:** Balances out the stimulating effects of THC or energizing terpenes like limonene or pinene.

7. CoQ10 (Coenzyme Q10)

- **Why:** Supports mitochondrial function and reduces oxidative stress.
- **Effect:** Amplifies the neuroprotective and cellular repair effects of full-spectrum cannabis oils.

8. Lion's Mane Mushroom (Heridium erinaceus)

- **Why:** Lion's Mane supports brain function, memory, and neurogenesis.
- **Effect:** Boosts the neuroregenerative potential of cannabinoids, particularly CBD and CBG.

9. Black Seed Oil (Nigella sativa)

- **Why:** Contains thymoquinone, which has anti-inflammatory, antimicrobial, and immune-boosting properties.
- **Effect:** Amplifies the immune modulation effects of cannabis and may increase receptor efficacy.

10. MCT Oil (Medium-Chain Triglycerides)

- **Why:** MCT oil aids in the absorption of fat-soluble cannabinoids.
- **Effect:** Increases bioavailability and uptake speed of THC, CBD, or other cannabinoids

11. NAC (N-Acetylcysteine)

- **Why:** Boosts glutathione production, the body's master antioxidant.
- **Effect:** Supports detoxification pathways and enhances the antioxidant effects of cannabis oils.

12. Quercetin

- **Why:** A flavonoid with powerful anti-inflammatory and antihistamine properties.
- **Effect:** Works synergistically with cannabinoids to reduce inflammatory responses and histamine sensitivity.

13. Melatonin

- **Why:** Aids sleep regulation and circadian rhythm.
- **Effect:** Works well with indica-dominant cannabis oils or sleep-focused formulations to deepen rest.

14. Resveratrol

- **Why:** A polyphenol with antioxidant and anti-aging properties.
- **Effect:** Enhances neuroprotection and cardiovascular support in combination with cannabinoids.

15. PEA (Palmitoylethanolamide)

- **Why:** A fatty acid compound that supports the endocannabinoid system.
- **Effect:** Increases the ECS's anti-inflammatory and pain-relieving effects.

With the help of AI research, we have developed a series of stacked protocols for dyads, triads, tetrads, etc. These protocols are the next phase of our tests and individually tailored prescriptions.

THANK YOU FOR YOUR PARTICIPATION

We hope you will consider joining us in the coming months as we advance these healing and creative protocols & products for using this sacred plant in for a healthy body and mind.