



Labour Law in the European Union

What the EU guarantees to all workers

— and how it supports young people

FYLL (Fair Youth Labour Label): 2024-1-IT03-KA210-YOU-000246569



Co-funded by
the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



PROJECTEKA
ASSOCIATION



Didaxé
IMPACTFUL TRAINING



odyssea



What Is the Role of the European Union in Labour Law?



Labour law is mainly defined at the **national level**, but the European Union sets **minimum standards** for all Member States.



This means:

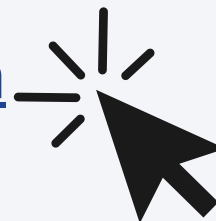
- Each country has its own laws
- But **no country** can go below EU minimum protections

The EU promotes:

- Fair working conditions
- Protection from exploitation
- Equal treatment of all workers, including young people and migrants.



[EU Labour Law Overview – European Commission](#)



Core Labour Rights Guaranteed by the EU

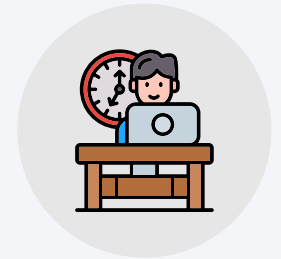
According to EU directives and the European Pillar of Social Rights, you have the right to:



Fair wages



Safe and healthy working conditions



Reasonable working hours and rest



Equal opportunities and treatment



Information about your employment conditions

EU Employment & Social Rights ➤

These principles apply to all workers, regardless of contract type or nationality.



Access to social protection and unemployment support

How EU Rights Affect You in Practice



Thanks to the EU, you can expect:

- A written employment agreement
- Transparent information about your job, pay, hours, and rights
- A maximum 48-hour work week, with minimum daily and weekly rest
- Access to paid leave and protection during illness
- Equal pay for equal work
- Protection from discrimination



Directive on Transparent and Predictable Working Conditions (EU)
If your country offers stronger protections, they still apply.

Special Focus: Young Workers and the EU

The EU supports youth employment through:

- Funding programs such as Erasmus+, EURES, and the Youth Guarantee
- Encouraging fair internships and apprenticeships
- Fighting precarious and undeclared work

The EU views young people not only as future workers, but as citizens with rights today.

Erasmus+
Enriching lives, opening minds.



Final Message: You Are Protected by More Than Just One Law



Your national labour law matters.

But so do EU directives, charters, and networks.

You are protected by:

- Your national laws
- EU minimum labour standards
- European rights and complaint mechanisms

Your Europe – Workers' Rights

SOLVIT – Help With EU Rights Problems

Know your rights. Know where to turn. And remember:

You're not alone in Europe.

