Southern Diabetes Care
Family Endocrinology Center
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Please submit your log via one of the following methods:

Fax #: 949-561-5551 **Patient Portal** **Email: medicalrecords@southerndiabetescare.com**

Glucose Log

Current Medication for Diabetes (if listing insulin, be sure to include how much you are taking):

Patient's name_____

Date:	Breakfast:	Lunch:	Supper:	Bedtime: