

# HOOKS

*that grab attention*

1. 3 mistakes to stop making on \_\_\_\_
2. Things I wish I'd known about before \_\_\_\_
3. Somebody has to say it...
4. 5 things to stop doing if you want \_\_\_\_
5. The only 2 types of \_\_\_\_ I use...
6. Don't believe THIS lie...
7. MYTH:
8. 5 Top Mistakes That Are Holding You Back
9. Here's what they aren't telling you...
10. 3 things to stop doing NOW
11. Say Goodbye to [Problem] Once and for All
12. The WORST way to...
13. Do THIS if you...
14. Okay, I know what you're thinking...
15. Don't believe THIS lie...
16. Ways to save time/money on \_\_\_\_
17. You'll never guess...
18. The 5 best ways to \_\_\_\_
19. You do not have to \_\_\_\_ if you want to \_\_\_\_
20. You're Not Alone – Here's How to Fix It
21. Here's how I \_\_\_\_\_ help go from \_\_\_\_\_ to \_\_\_\_\_
22. They told me I couldn't. Here's how I proved them wrong.
23. You HAVE to stop doing this if you want \_\_\_\_
24. I'm can't believe that some people still don't know this...
25. I made this one mindset shift and everything changed...



# CTA'S

## that grab attention

ps  
PAM SEINO

1. If you want to hear more about\_\_\_\_\_ let me know...
2. Share this with a friend who \_\_\_\_
3. Describe your day in 3 emojis
4. Comment [WORD] for the link to \_\_\_\_
5. Did I miss something? Comment below!
6. Seats are limited, save your spot now!
7. Follow for more tips to (desired result) \_\_\_\_\_
8. Follow along if you're ready to\_\_\_\_\_
9. Don't miss this-get yours before (time)\_\_\_\_\_
10. Go get yours if you're tired of\_\_\_\_\_ (problem)
11. Want in? Drop a comment & I'll send you the link
12. You can get yours now, you know where to go...
13. Stop \_\_\_\_\_ (problem) and get your\_\_\_\_\_ for  
\_\_\_\_\_ (discount) off now
14. If you're ready to \_\_\_\_\_(result) you can  
save\_\_\_\_\_ (discount) on yours today
15. Save this list for the next time you're \_\_\_\_\_
16. Follow to (desired result)\_\_\_\_\_
17. A or B? Vote in the comments!
18. Only 10 left! Snag yours now!
19. Grab your FREE copy today!
20. Send me a message if you want the special link
21. Take the first step toward [desired outcome] now.
22. Your future self will thank you – start today!
23. What if you could [achieve goal] starting today?
24. Start your free trial – no risk!
25. Unlock the secret to [benefit] now!

