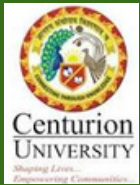




SWASTHA INSTITUTE  
OF ALLIED SCIENCES

Our Certifications By



CENTURION  
UNIVERSITY



ASIAN  
INTERNATIONAL  
UNIVERSITY



Our Accreditations



MORE INFORMATION

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6304326204

[www.swasthalearn.com](http://www.swasthalearn.com)

sabbavaram



PROSPECTUS FOR ACADEMIC YEAR 2025-2026

# ONE YEAR POST GRADUATION DIPLOMA COURSES



SWASTHA INSTITUTE  
OF ALLIED SCIENCES

PG DIPLOMA ADVANCED COSMETOLOGY

PG DIPLOMA CLINICAL COSMETOLOGY

PG DIPLOMA DIET & NUTRITION



## Courses led by doctors & practitioners

Core topics will be taught by qualified & practicing doctors, mentorship & doubt resolution will be led by allied health care professionals

### CHOOSE US FOR:

Specialized Expertise

University Certification

Full Hands on Training

Upgraded Syllabus

Holistic Care

### MORE INFORMATION

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sabbavaram



# SMART COURSES



SWASTHA INSTITUTE  
OF ALLIED SCIENCES

Employability-Focused

Skill-Based

University-Certificate

Holistic Approach

Work-Integrated

Technology-Enabled

COURSE	ELIGIBILITY	COURSE FEE
PG DIPLOMA ADVANCED COSMETOLOGY	ALL GRADUATES	1,11,000/ Full course
PG DIPLOMA CLINICAL COSMETOLOGY	ALL HEALTH CARE PROFESSIONALS	1,53,000 Full course
PG DIPLOMA DIET & NUTRITION	ALL LIFE SCIENCE GRADUATES	1,21,000 Full course

## OFFLINE REGULAR PROGRAMME PROVIDED IN CENTURION UNIVERSITY

- 30% theory and 70% Application oriented
- Technology based learning platform with 1000+ hrs rich content
- Hands on training in medical equipment labs
- 3 months internship provided in the course
- Earn a skill based degree without paying high fee !
- Ideal to start earning early on, high ROI/ value for money





# Placement tie-ups with Top Hospitals

Dedicated career services team to  
help you find your dream company.



SWASTHA INSTITUTE  
OF ALLIED SCIENCES



## Our Programme Highlights

**1 year programme**

with 3 months Internship

**Pg Diploma courses**

### **Career**

Clinical Cosmetologist for  
PGDCC

Advanced Cosmetologist for  
PGDAC

Diet & Nutritionist for PGDDN

# Post Graduation Diploma in Clinical Cosmetology



SWASTHA INSTITUTE  
OF ALLIED SCIENCES

- Post Graduate Diploma in Clinical Cosmetology (PGDCC) is a specialized program designed for professionals, typically medical graduates (MBBS, BDS, BAMS, BHMS, or nursing/pharmacy degree holders), aiming to build expertise in aesthetic medicine and cosmetic treatments. It combines theoretical knowledge with hands-on training to equip students with advanced skills in clinical cosmetology, focusing on non-surgical procedures to enhance skin, hair, and overall appearance.

## Curriculum

- The program covers both scientific and practical aspects of clinical cosmetology, blending medical and aesthetic principles.

## Skin and Hair Science:

- Anatomy and physiology of skin and hair.
- Diagnosis and treatment of skin conditions (e.g., pigmentation, acne, aging).
- Hair restoration techniques (e.g., Platelet-Rich Plasma (PRP), mesotherapy).

## Aesthetic Treatments:

- Non-invasive procedures: Chemical peels, microdermabrasion, laser therapies (hair removal, scar reduction), microneedling, HIFU, and ultrasonic lipolysis.
- Skin rejuvenation, anti-aging treatments, and cosmeceutical product applications.

## Career Progression:

0 yrs Exp.  
Clinical Cosmetologist



10 yrs Exp.  
Senior Clinical Cosmetologist

## Career opportunities:

- Aesthetic Practitioner: Work in dermatology clinics, medi-spas, or cosmetic surgery centers.
- Skincare Consultant: Provide personalized skin and hair care advice.
- Product Development: Contribute to cosmeceutical formulation for beauty brands.
- Academia/Training: Teach or conduct research in clinical cosmetology.
- Entrepreneurship: Open private clinics or spas.
- Global Opportunities: Internationally recognized certifications enhance employability abroad.

# Post Graduation Diploma in Advanced Cosmetology



SWASTHA INSTITUTE  
OF ALLIED SCIENCES

- Post Graduate Diploma in Advanced Cosmetology (PGDAC) is a specialized program for graduates designed to provide in-depth training in advanced aesthetic and cosmetic procedures, focusing on non-surgical treatments for skin, hair, and body enhancement. It is tailored for professionals seeking to specialize in clinical cosmetology, combining medical science with aesthetic artistry.

## Curriculum

Integrates advanced scientific knowledge with practical skills in Advanced cosmetology. Key areas include:

- **Core Sciences:**
  - Anatomy and physiology of skin, hair, and nails.
  - Pathophysiology of common dermatological conditions (e.g., acne, pigmentation, scarring).
  - Pharmacology of cosmeceuticals and aesthetic products.
- **Advanced Aesthetic Procedures:**
  - Non-Surgical Treatments: Chemical peels, microdermabrasion, microneedling, dermaplaning, and mesotherapy.
  - Laser and Energy-Based Therapies: Laser hair removal, skin resurfacing, tattoo removal, and High-Intensity Focused Ultrasound (HIFU).
  - Hair Restoration: hair transplant support, and scalp treatments.
  - Body Contouring: radiofrequency treatments.

## Career Progression:

0 yrs Exp.  
Cosmetologist



10 yrs Exp.  
Senior Cosmetologist

## Career opportunities:

- Clinical Roles:
  - Aesthetic practitioner in dermatology clinics, medi-spas, or cosmetic surgery centers.
  - Skincare or hair restoration specialist.
  - Entrepreneurship, private aesthetic clinic or medi-spa.
  - Develop or consult for cosmeceutical brands.
  - Skincare consultant for beauty brands or media.
  - Educator or trainer in cosmetology institutes.
  - Global Opportunities.



# Post Graduation Diploma in Diet & Nutrition



SWASTHA INSTITUTE  
OF ALLIED SCIENCES

- Post Graduate Diploma in Diet and Nutrition (PGDDN) is a specialized program designed for Bachelor's degree in any discipline, preferably in science-related fields to equip professionals with advanced knowledge and practical skills in nutrition science, diet planning, and wellness management. It caters to individuals seeking careers in clinical nutrition, public health, or the wellness industry, focusing on promoting health through evidence-based dietary practices.

## Curriculum

The PGDDN curriculum blends scientific principles with practical applications in diet and nutrition.

### • Core Nutrition Science:

- Human physiology and biochemistry related to nutrition.
- Macronutrients (carbohydrates, proteins, fats) and micronutrients (vitamins, minerals).
- Nutritional requirements across life stages (infants, adults, elderly, pregnant women).

### • Clinical Nutrition:

- Therapeutic diet planning for conditions like diabetes, obesity, cardiovascular diseases, and gastrointestinal disorders.
- Management of malnutrition, eating disorders, and food allergies.
- Nutritional assessment techniques

### • Public Health Nutrition:

- Community nutrition programs and public health policies.
- Food safety, fortification, and sustainable nutrition practices.
- Epidemiology of diet-related diseases.

### • Practical Training:

- Diet chart preparation and meal planning for diverse populations.
- Hands-on workshops in nutritional counseling and client assessment.
- Internships in hospitals, wellness centers, or community health programs.

### • Specialized Areas:

- Sports nutrition and performance diets.
- Weight management and obesity control strategies.
- Functional foods, nutraceuticals, and dietary supplements.

### • Professional Skills:

- Communication and counseling skills for client education.
- Research methodologies in nutrition science.
- Entrepreneurship in nutrition (e.g., setting up a private practice or wellness brand).

## Career Progression:



## Career opportunities:

- Clinical dietitian in hospitals or healthcare facilities.
- Nutrition consultant in wellness clinics or fitness centers.
- Public Health:Community nutritionist with health programs.
- Product development for nutraceutical or food companies.
- Nutrition advisor for corporate wellness programs.
- Entrepreneurship:private nutrition consultancy or wellness center.
- Academia/Research:
- Teach at universities or training institutes.
- Conduct research in nutrition science or public health.
- Global Opportunities:

# SMART COURSES



SWASTHA INSTITUTE  
OF ALLIED SCIENCES

Employability-Focused

Skill-Based

University-Certificate

Holistic Approach

Work-Integrated

Technology-Enabled

COURSE (OFFLINE & ONLINE)	ELIGIBILITY	COURSE FEE
DIPLOMA VOCATIONAL IN COSMETOLOGY & WELLNESS	10 TH CLASS	90,000 / 3 YEARS
ADVANCED DIPLOMA IN COSMETOLOGY & WELLNESS	INTER	80,000 / 2 YEARS
PG DIPLOMA DIETETICS & NUTRITION	ALL LIFE SCIENCE GRADUATES	80,000 / 1 YEAR
DIPLOMA IN PHARMACY	INTER	3,00,000 / 2 YEARS

## CERTIFICATE FROM ASIAN INTERNATIONAL UNIVERSITY

- 30% theory and 70% Application oriented
- Technology based learning platform with 1000+ hrs rich content
- Hands on training in medical equipment labs
- 3 months internship provided in the course
- Earn a skill based degree without paying high fee !
- Ideal to start earning early on, high ROI/ value for money



# Diploma vocational in cosmetology & well ness



SWASTHA INSTITUTE  
OF ALLIED SCIENCES

- Diploma in Vocational Cosmetology and Wellness is a skill-oriented program designed to provide comprehensive training in beauty, aesthetics, and holistic wellness. This vocational diploma focuses on practical skills, preparing students for careers in the beauty and wellness industry

## Curriculum

The curriculum blends practical cosmetology skills with wellness practices, focusing on hands-on training and industry-relevant techniques. Key components include:

### Cosmetology:

- Skincare: Facial treatments, skin analysis, cleansing, exfoliation, and mask application.
- Makeup Artistry: Bridal, editorial, and corrective makeup techniques; product knowledge and application.
- Hair Care: Haircutting, styling, coloring, chemical treatments (e.g., keratin, rebonding), and scalp care.
- Nail Art: Manicure, pedicure, nail extensions, and creative nail design.
- Aesthetic Treatments: Basic non-invasive procedures like chemical peels, microdermabrasion, and threading.

### Wellness:

- Spa Therapies: Massage techniques, body wraps, and relaxation therapies.

### Professional Skills:

- Salon management, client consultation, and customer service.
- Hygiene, safety, and sanitation protocols in beauty and wellness settings.
- Basics of entrepreneurship, branding, and social media marketing for beauty businesses.

### Practical Training:

- Hands-on practice in salons, spas, or training centers under expert supervision.
- Internships or live projects to gain real-world experience.
- Exposure to professional tools and equipment (e.g., laser machines, makeup kits).

## Career Progression:



## Career opportunities:

- Beautician or makeup artist in salons, spas, or freelance settings.
- Hair stylist or nail technician in premium salons or studios.
- Skincare specialist in wellness centers or medi-spas.
- Spa therapist in resorts, hotels, or wellness retreats.
- Entrepreneurship: Start a salon, spa, or freelance beauty business.
- Launch a beauty or wellness product line or social media brand.
- Makeup artist for TV, fashion shows, or bridal events.
- Beauty content creator or influencer.

# Diploma vocational in cosmetology & well ness



SWASTHA INSTITUTE  
OF ALLIED SCIENCES

- Advanced Diploma in Cosmetology and Wellness is a specialized vocational program designed to provide in-depth training in advanced beauty techniques, aesthetic treatments, and holistic wellness practices. It builds on foundational cosmetology skills, offering a higher level of expertise for professionals seeking to excel in the rapidly growing beauty and wellness industry

## Curriculum

- **Hair Technology:** ScalPlus, hair restoration therapies like Platelet-Rich Plasma (PRP) basics (non-invasive), and trichology fundamentals.
- **Nail Art and Technology:** Advanced nail art techniques, gel/acrylic extensions, 3D nail designs, and nail health management.
- **Aesthetic Treatments:** Non-invasive procedures like laser hair removal, LED therapy, ultrasonic facial treatments, and basic microneedling, massage techniques.

### Professional and Business Skills:

- Client consultation, advanced communication, and managing client expectations.

- Salon/spa business management, including inventory, branding, and digital marketing (e.g., social media strategies).
- Hygiene, safety, and ethical standards in cosmetology and wellness practices.

### Practical Training:

- Extensive hands-on practice in professional salons, spas, or training centers.
- Live client demonstrations and internships in wellness centers or medi-spas.
- Portfolio creation and professional certification preparation.

## Career Progression:



## Career opportunities:

- Beautician or makeup artist in salons, spas, or freelance settings.
- Hair stylist or nail technician in premium salons or studios.
- Skincare specialist in wellness centers or medi-spas.
- Spa therapist in resorts, hotels, or wellness retreats.
- Entrepreneurship: Start a salon, spa, or freelance beauty business.
- Launch a beauty or wellness product line or social media brand.
- Makeup artist for TV, fashion shows, or bridal events.
- Beauty content creator or influencer.

# Diploma in Pharmacy



SWASTHA INSTITUTE  
OF ALLIED SCIENCES

- Diploma in Pharmacy (DPharm) is a vocational program designed to train students in the science and practice of pharmacy, preparing them for entry-level roles in pharmaceutical services, drug dispensing, and healthcare settings. It focuses on the practical and theoretical aspects of pharmacology, drug formulation, and patient care.

## Year 1

- **Pharmaceutics:** Drug formulation, dispensing, and manufacturing processes.
- **Pharmaceutical Chemistry:** Study of drug composition, organic and inorganic chemistry.
- **Pharmacognosy:** Natural drugs, plant-based medicines, and their applications.
- **Biochemistry and Clinical Pathology:** Biochemical processes, diagnostic techniques, and pathology basics.
- **Human Anatomy and Physiology:** Body systems, functions, and their relation to drug action.
- **Health Education and Community Pharmacy:** Public health, hygiene, and community pharmacy practices.

## Year 2

- **Pharmacology and Toxicology:** Drug actions, therapeutic uses, side effects, and toxicity.
- **Pharmaceutical Jurisprudence:** Drug laws, regulations, and ethics (e.g., Drugs and Cosmetics Act).
- **Drug Store and Business Management:** Pharmacy operations, inventory, and marketing.
- **Hospital and Clinical Pharmacy:** Drug distribution in hospitals, patient counseling, and clinical applications.
- **Practical Training:** Compounding and dispensing medicines, drug analysis, and patient interaction.

## Career Progression:

0 yrs Exp.  
pharmacist



10 yrs Exp.  
Senior pharmacist

## Career opportunities:

- Community Pharmacy
- Hospital Pharmacy.
- Pharmaceutical Industry
- Government Jobs
- Entrepreneurship
- Further Studies

# Take The First Step Towards a Rewarding Career!



SWASTHA INSTITUTE  
OF ALLIED SCIENCES

## Placement Assurance



CERTIFICATE BY



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FOR DETAILS  
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