



OXFORD PSYCHOMETRICS LTD

PROGRAMME

The Inside Job
Corporate Sponsorship
Edition

IDEAL FOR

HR & L&D Leaders
Finance & Banking
Hospitality & Tourism
Healthcare
Tech & BPO
Professional Services

OUTCOMES

Reduced staff hesitancy
Stronger team presence
Better stakeholder comms
Lower absenteeism
Retention of talent

CREDENTIALS

BPS Chartered Psychologist 30 years
experience
5,000+ people supported
Saville Wave Psychometrics licensed
Accredited Mediator (CMC)

SOCIAL IMPACT

2026 cohort profits donated to
Alliance Development Trust, Sri Lanka

CONTACT

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Oxford, United Kingdom

CORPORATE SPONSORSHIP

SRI LANKA

The Inside Job

Where Real Confidence Begins

Yes, the name is intentional.

A 10-week online programme for your high-potential professionals — funded by your organisation.

It is exactly what it sounds like — a carefully planned operation that works from the inside out, dismantling the self-doubt that holds capable professionals back from the success they have already earned. Most programmes focus on external behaviours. The Inside Job builds the internal foundations — self-trust, emotional regulation and courageous communication — that make those behaviours authentic and lasting. The heist? Reclaiming the confidence that was always yours.

PROGRAMME AT A GLANCE

- ◆ **10 Live Online Sessions**
90 minutes each, weekly — timed for Sri Lanka Standard Time
- ◆ **Small Cohort (max 12)**
Ensures depth, trust and quality coaching for every participant
- ◆ **Evidence-Based Approach**
Drawing on Psychology, Biology, Buddhism and wellbeing research
- ◆ **Wave Psychometrics (optional)**
Wave Focus Styles & Executive Aptitude — world-leading assessment tools
- ◆ **1:1 Feedback Session**
Personalised development plan suitable for appraisals & promotions
- ◆ **Completion Certificate**
Issued by Oxford Psychometrics Ltd, UK

CORPORATE INVESTMENT — 2026 COHORT

| TIER | PER PARTICIPANT | APPROX. GBP |
|--|-----------------|-------------|
| Programme Only | LKR 115,000 | ~GBP 288 |
| Programme + Wave Psychometrics & 1:1 Coaching Session | LKR 155,000 | ~GBP 388 |
| Group Booking (4+ staff) Programme + Psychometrics | LKR 140,000 | ~GBP 350 |
| Dedicated Private Cohort (organisation's staff only, min 8) | LKR 130,000 | ~GBP 325 |

All fees quoted per participant. Invoice issued to organisation in LKR. Payment via bank transfer or Wise.

WHAT YOUR EMPLOYEES WILL DEVELOP

- Greater self-trust and confident decision-making — replacing hesitancy with clarity
- Emotional regulation and composure under pressure in high-stakes situations
- Courageous, respectful communication with senior and challenging stakeholders
- Stronger leadership presence — allowing performance to speak for itself
- Reduced self-criticism and improved long-term resilience and wellbeing

“

I spend less time justifying myself and more time letting results speak. Senior leaders appreciate me more, colleagues question me less.

Ayesha — Mid-career professional, International Tourism Sector, Sri Lanka

90%+

Engagement rate
across programmes

3rd

Successful year
running

40%

Staff absence
reduction in partner
organisations

12

Max participants
per cohort

To discuss a corporate booking or private cohort, contact us today

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