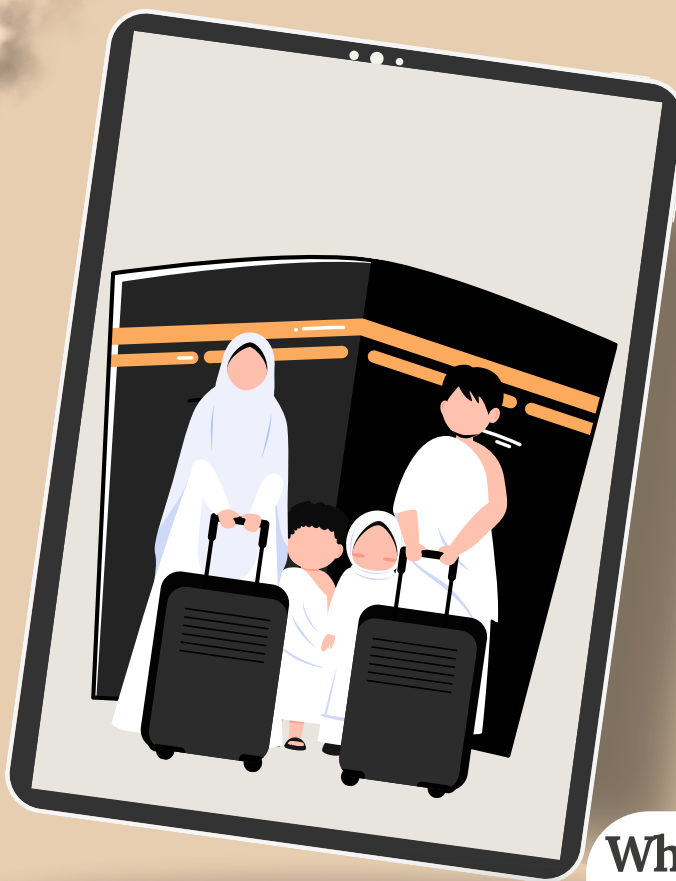


FREE GUIDE

HAJJ&UMRAH PACKING CHECKLIST



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What to take
for a
peaceful and
prepared
journey

BY KALIZ

www.hajjumrah.shop

HAJJ&UMRAH PACKING CHECKLIST

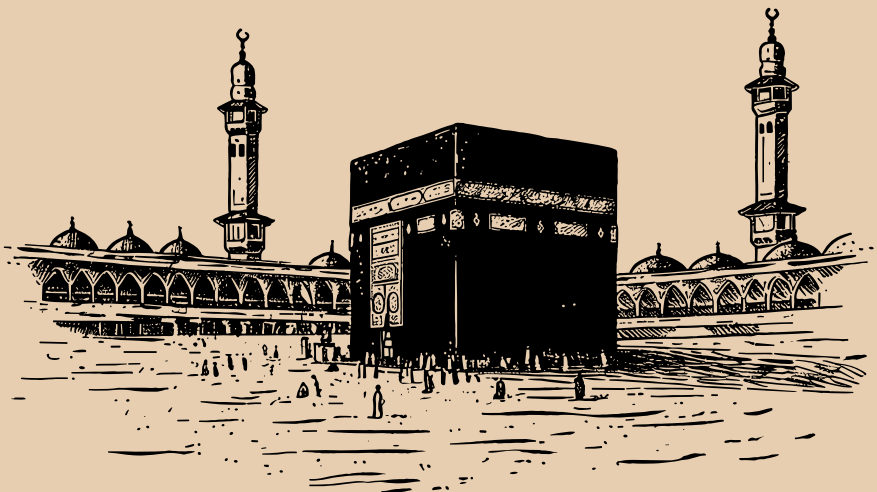
- Passport and visa – Double-check expiration dates and keep copies with you.
- Travel documents – Flight tickets, hotel bookings, emergency contacts.
- ID card or wristband – Something that identifies you in case of emergencies.
- Money and debit/credit cards – Keep some cash in Saudi Riyals.
- Phone and charger – Plus a portable power bank and universal adapter.
- Qur'an or Qur'an app – For reflection and spiritual connection.
- Dua book – Especially helpful during Arafah and other key moments.
- Notebook and pen – For personal reflections, duas, and important reminders.
- Reusable water bottle – Staying hydrated is crucial in the heat.
- Sunglasses and sunscreen – Protect yourself from sunburn and exhaustion.
- Unscented toiletries – Soap, shampoo, lotion, deodorant, and toothpaste (Ihram rules require no scent).
- Hand sanitizer and wet wipes – For hygiene on the go.
- Snacks – Think dates, dried fruit, energy bars, or nuts for long waits.
- Face masks – Especially useful in crowded areas.
- Prayer mat – Lightweight and foldable is best.
- Small bag or backpack – To carry your daily essentials during the rites.

Clothing Tips:

Pack light, but wisely. Choose breathable, loose-fitting clothes. It's not a fashion show – focus on comfort and modesty.

For Men:

- 2 sets of Ihram garments – White, seamless, and made of cotton.
- Ihram belt or pouch – To hold money, ID, or phone safely.
- Sandals or flip-flops – Comfortable and easy to walk in.
- Comfortable undershirts and lightweight clothing – For when not in Ihram.



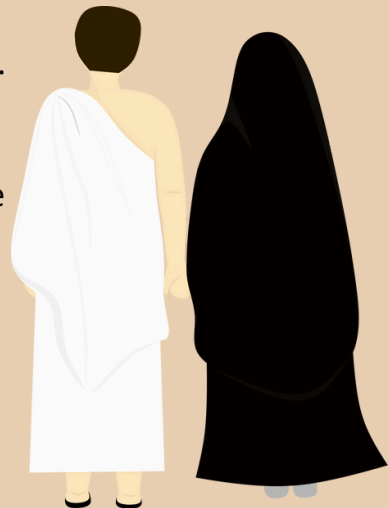


For Women:

- Loose, modest outfits – Long abayas or dresses in breathable fabric.
- Extra hijabs and undercaps – Pack a few in case of dust or sweat.
- Comfortable walking shoes – Closed-toe shoes that support long walks.
- Personal hygiene items – Sanitary pads, wipes, tissues, nail clippers, etc.

Optional (but helpful):

- Neck pillow and eye mask – Useful during travel or in Muzdalifah.
- Small towel or cooling cloth – For wiping sweat and staying refreshed.
- Ziplock bags – To keep items dry or separated.
- Mini fan – Battery-powered fans are a blessing in extreme heat.
- Extra tote bag – For laundry or gifts from Makkah and Madinah.



Final Advice:

Try not to overpack. The simpler you keep things, the more spiritually focused you'll be. Remember, Hajj is not a vacation – it's a deep act of worship and surrender. Pack your patience, your trust in Allah, and an open heart.

Want to feel fully prepared?

Download my full 27-page Step-by-Step Hajj or Umrah Guide, it includes rituals, duas, tips, and spiritual reflections for every stage of your Hajj journey.

Dua voor Hajj (Arabisch + Vertaling):

اللَّهُمَّ اجْعَلْ حَجِّي حَجًّا مَبْرُورًا، وَسَعْيًا مَشْكُورًا، وَذَنْبًا مَغْفُورًا، وَعَمَلًا صَالِحًا مَقْبُولًا

Allahumma aj'al hajjī hajjan mabrūran, wa sa'yan mashkūran, wa dhanban maghfūran, wa 'amalan ṣāliḥan maqbūlan.

"O Allah, make my Hajj an accepted one, my effort appreciated, my sins forgiven, and my righteous deeds accepted."

