



HOPE
CATARACT & LASER

Restoring Vision.

Renewing Hope.

SURGERY DAY

PATIENT NAME: _____

DATE OF OPERATION: _____ DAY: _____

ARRIVAL / CHECK-IN TIME: _____ AM / PM

SURGERY CENTER LOCATION:

NEWPORT COAST SURGICAL INSTITUTE (NCSI)

20360 SW Birch Street, Suite 110

Newport Beach, CA 92660

Tel: (949) 991-1080

Your Surgery will be performed by **Dr. Krad** at an Ambulatory Surgery Center (ASC). You will go home after surgery. A friend or family member must be available to drive you home. Expect to be at the surgery center for about 2 hours. Your arrival time to the surgery center should be 90 minutes prior to your surgery start time. Your surgery start time is scheduled at _____ AM / PM. This timing can vary slightly.

Appointments **AFTER** Surgery - **IN THE OFFICE**

- 1 DAY POST OP: _____, Time: _____ AM / PM
- 1 WEEK POST OP: _____, Time: _____ AM / PM

If you have any questions, please call us at **(714) 879-0020** or
email us at **help@hopecataract.com**



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BEFORE YOUR SURGERY DAY

PRE-OPERATIVE CLEARANCE:

Make an appointment with your primary care doctor (PCP) as soon as you know your surgery date. The surgery center requires a clearance form be filled out by your primary care doctor within 30 days prior to your surgery so that the surgery center can give you sedation. **Bring** or **fax** the clearance form to our office: (714) 526-2020

Your PCP will likely perform some basic tests, such as:

1. A History & Physical (H&P)
2. Electrocardiogram (EKG)
3. And lab tests: Basic Metabolic Panel (BMP) and Complete Blood Count (CBC)

SHOWER BEFORE SURGERY:

Take a shower either the night before or the morning of surgery. Your eyes need to be VERY clean. Make sure there is no makeup on your eyelids or eyelashes.

FAST THE MORNING OF SURGERY:

NO food and no drinks after midnight, the night of your surgery. It's important to fast 8 hours before your surgery, or you risk your surgery being canceled, since sedation can't be given. However it's OK to take your normal blood pressure medications prior to surgery.

GET YOUR EYE DROPS:

Make sure you get your eye drops. You will use them before and after your surgery. Follow the eye drop instruction sheet. A copy of the instruction sheet can be found on our website: <https://hopecataract.com>

ARRANGE A RIDE:

Make sure you have a driver on the day of surgery. A friend or family member must be available to drive you home.

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AFTER YOUR SURGERY

EYE SHIELD & DROPS:

A friend or family member must be available to drive you home. After surgery, a clear shield will be placed over your eye. Take the rest of the day to relax. Keep the shield on until you wake up the next morning. You must sleep with the shield, but you can remove the shield in the morning and start your eye drops.

EYE DROPS:

Use your eye drops. Follow the eye drop instruction sheet. Bring your eye drops to your post-op appointments. A copy of the instruction sheet can be found on our website: <https://hopecataract.com>

FOR 1 WEEK AFTER SURGERY:

1. Do NOT rub your eye.
2. No strenuous activity. Do not do anything that could turn your face red. No heavy lifting. Keep your head above your waist level. No sports. Light activity such as walking or hiking is ok. Watching TV and reading is ok.
3. No Eye Makeup
4. Use the eye shield while you sleep.

FOR THE FIRST 2 DAYS AFTER SURGERY:

1. Shower neck-down only. Do not get water or soap in your surgical eye.
2. On the third day you may shower your hair, but close your eye to avoid water or soap getting into your eye

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