

# WholeLife Community



## Certified Peer Recovery Support Specialist Training

*With focus on Recovery from Alcohol, Opiates, Other Drugs and Co-Existing Disorders*

Designed for candidates with *learned experience* who are interested in facilitating Recovery Groups, and working in/with Treatment Centers, Residential Treatment, Addiction Therapists, Outpatient Clinics, Addiction Physicians, and Peer Recovery Communities and Organizations.

**September 16th-28th (M-Sat)--1:00-5:30 PM**

### Discussion Topics And Activities Include

*What is Recovery?*

*Multiple Pathways of Recovery*

*Harm Reduction*

*The Art of Recovery Coaching*

*Motivational Interviewing*

*Moderation Management*

*Medically Assisted Treatment (MAT)*

*The Roles of Peer Support Specialists*

*Facilitating Recovery Groups*

*Developing Peer Competencies*

*Faces and Voices of Recovery--ARCO*

*Peers and Dual Relationships*

*Recovery Capital*

*Wellness and resilience in Recovery*

*Multiple domains of Recovery*

*Passion Development in Recovery*

*Addressing Co-Existing Disorders*

*The importance of Self-Care*

*Mindfulness in Recovery*

*Meditation and other Holistic Practices*

*Music and Arts Inspired Recovery*

*Peer Assessment Tools*

*Self Disclosure and Boundaries*

*Career Potentials of Peer Support*

*Stages of Change--a tool for Recovery*

*Sharing our Journey*

*Peer as Advocate and Coach*

*SMART Groups*

*WRAP and Individual Service Plans*

*Ethics, Confidentiality, and Duties to Warn*

*Becoming Cultural Competent*

*Age appropriate Recovery Support*

*History of Recovery*

*Developing Empathy*

*Working with Special Populations*

*And much, much more.....*



To celebrate National Recovery Month, we are offering a special Tuition of only \$750.00 for the certification. Client's are required to complete a 120 hr internship. Final Exam is open book/ open notes on September 28th. For more details and to apply for the training, please go to: [www.wholelifeaz.com/peeracademy](http://www.wholelifeaz.com/peeracademy) • Email: [wholelifeaz@gmail.com](mailto:wholelifeaz@gmail.com) • 602-477-9562