



## **Clinical Trauma Therapist Job Description**

### **Organization Overview and Mission:**

Dahlia's Hope is seeking inspired, talented people who want to work to support our mission to provide multi-faceted, trauma-informed aftercare services to survivors of sex trafficking by licensed and experienced therapists. Our commitment is to meet each survivor where they are in their stage of recovery and help them build and maintain a successful and independent life with hope for the future.

### **Position Summary:**

We are looking for dynamic, positive, and enthusiastic clinical therapists to join our team. Therapists are responsible for leading group therapy sessions for our survivors as well as individual therapy. Dahlia's Hope's therapy modalities are Accelerated Resolution Therapy (ART), EMDR, TF-CBT, DBT, IFS and other trauma-informed modalities. The ideal candidate will be trained in ART and/or EMDR or willing to engage in formal ART training. The therapist will participate in weekly group clinical supervision/staff meetings with the Clinical Director and the rest of the clinical team, attend recreation therapy activities, and have opportunities to participate in volunteer projects with Dahlia's Hope. You will be a part of a multidisciplinary team that includes case managers, recreation therapists, equine specialists, peer support specialists among others. Daily expectations are to be on time to sessions and groups, complete clinical and group progress notes daily, attend all meetings as assigned, uphold high standards of confidentiality, be a team player, and display a professional manner in all things. Dahlia's Hope offers competitive pay, weekly clinical consultation, continuing education/training opportunities, and individual supervision/support as needed. This position is part time with a potential for full time.

### **Professional Experience & Qualifications:**

- (1) A Master's degree in social work, psychology, clinical counseling, marriage and family therapy, or a related field with related full licensure (CMHC/ACMHC/LCSW/CSW/LMFT/AMFT).
- (2) An ideal candidate would have 2+ years of experience in the behavioral or mental health field working with populations experiencing complex PTSD (including sexual trauma), suicidal ideation/self-harm, dissociative disorders, anxiety, depression, and personality disorders, among others.

### **Preferred:**

- Completed training course(s) in Dialectical Behavioral Therapy and/or have been trained in DBT through BehaviorTech.org or other DBT certification-level trainings

- Completed training and hours for Eye Movement Desensitization and Reprocessing (EMDR)
- Completed training and hours for Accelerated Resolution Therapy or willing to train upon hiring (ART)
- Experience using BestNotes

**In Addition:**

- Must have a desire to work with survivors of sex trafficking, complex trauma, and dissociative disorders
- References, upon request for the past three years
- Computer literacy in Microsoft Office (Word, Excel, etc.)
- Must be well organized, able to multitask, and have excellent written and verbal skills
- Experience working in a mental health trauma care setting with diverse populations is preferred
- Well organized and self-starting, as well as comfortable with remote work

**Licensing Qualifications:**

- Must be a clinical therapist currently licensed in good standing in the state of Utah
- Will consider applicants holding the following licenses  
LCSW/CMHC/LMFT/PhD/CSW/ACMHC/AMFT

**Expectations of Dahlia's Hope therapists:**

- Ability to conduct Individual ART/EMDR and DBT, or willingness to be trained
- Ability to lead or co-facilitate weekly psycho-educational and process groups
- Ability to conduct and document intake/assessments
- Participation in weekly clinical team consult/staffing meetings
- Treatment planning and coordination of survivor care
- Ability to complete documentation in a timely fashion
- High level of ethics and concern for survivor care
- Commitment to mindfulness-based self-care practices and trauma informed care
- Demonstrate a willingness to meet grant metrics and track data with the support of Clinical Director and Dahlia's Hope Grants Team

**Mindsets and Characteristics of our clinical staff:**

- We are trauma-informed and passionate about helping survivors heal and move forward towards independence
- We are committed and adhere to high clinical standards, professionalism, and respect for each other and our survivors
- We are team-oriented therapists that view the accomplishments of the team as highly as individual accomplishments
- Our team members are therapists who maintain a mindfulness practice of their own toward self-care
- We are clinically focused, motivated by opportunities to grow, and place importance on continual therapeutic education of our therapists

- We are committed to bringing the most effective therapies and treatments to our survivors
- We use evidenced based therapies that have gone through tons of trials and research to prove they work – and we see the efficacy of these modalities in the success of our survivors
- We are ambitious, enthusiastic and committed to teaching the skills of acceptance and change to our survivors

**Compensation and Benefits**

The compensation package will consist of a competitive base salary that will be determined, in part, by the successful candidate's level of professional experience. Dahlia's Hope provides half-day holiday pay and paid time off for employees working less than 30 hours.

Locations: Hybrid - Pleasant Grove, Utah; Virtual; minimal travel within Utah and Salt Lake County for group therapy sessions

Schedule: Flexible within the standard business hours of Mon-Fri 8am-8pm (May be subject to on-call weekends)

Start date: Immediate

Status: Part time

Reports to: Director of Clinical Therapy