



LIFE TRANSITION PARTNERS

Partnering for Living Solutions

Move & Transition Planning Checklist

Stay on track during your move with this simple step-by-step planning guide.

Planning

- ☐ Determine moving date and timeline
- ☐ Select a moving company or rental truck
- ☐ Book professional packing services if needed
- ☐ Arrange for utility transfer or cancellation

Packing

- ☐ Gather packing supplies and boxes
- ☐ Label boxes by room and contents
- ☐ Pack fragile items securely
- ☐ Create an essentials box for the first night

Cleaning & Prep

- ☐ Hire cleaners for move-out or move-in
- ☐ Complete small repairs before moving
- ☐ Dispose of or recycle unwanted items
- ☐ Check property condition before handover