

# Energy Tips

your thermostat

Tip 01

## Turn off heat when you leave

Remember to turn off the heat when you leave your unit for more than an hour. This makes a BIG difference in energy use.

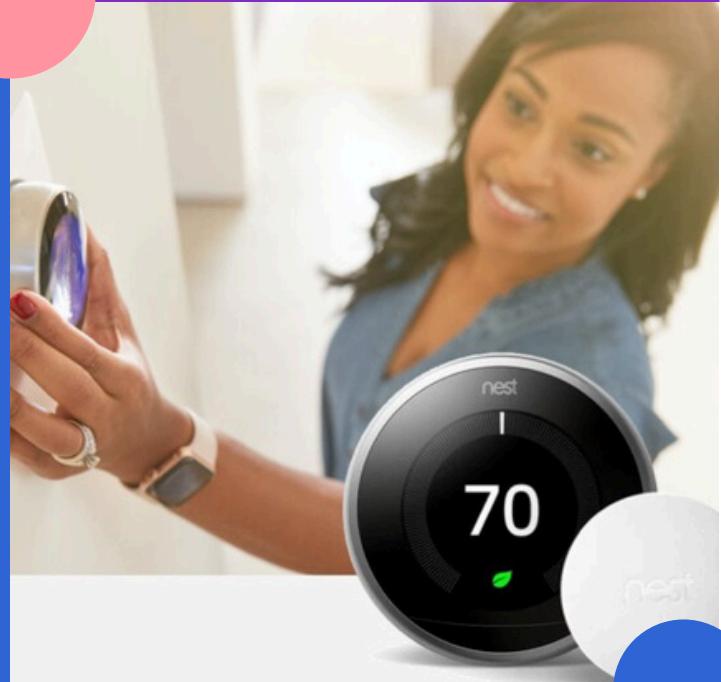
DID YOU KNOW that surrounding units will help keep your apartment warm when you're out? Also, units heat up quickly on your return. Try it out!



# Chase Plaza Condominium

Welcome to our quarterly tips newsletter. We're here to offer advice to lower your energy and water use.

Good for our planet  
Good for your pocketbook



Tip 02

## Turn your thermostat down

During the winter months, aim to have the thermostat set at 67-70 degrees. If you lower the temperature by a few degrees each week, you'll adapt to the lower temperature.

**And put on a sweater!**  
T-shirts are for summer.



### Tip 03

#### Products to Make Your Home Energy Efficient

##### Smart Thermostat (\$)

You can schedule your thermostat around the clock on your phone. It saves!

##### Weatherstripping (\$\$)

Easy to apply weatherstripping on your windows eliminates drafts.

##### Pleated Blinds (\$\$\$)

Keep the heat inside with these low-cost and attractive window treatment options.

### Tip 04

#### Take Shorter Showers

In winter it is tempting to take a long, hot shower. Resist! Try taking 1-2 minutes off your shower time. Every minute less makes a difference.



Energy and water use account for 30% of your association fee and a significant part of your rent. Costs for these resources are rising.

We need everyone to do their part. Thank You!

*Chevy Chase Board of Directors*