## **Sacred Geometry: 1**

Okay, kiddo, let's dive into the wacky world of Sacred Geometry! Imagine geometry as a magical toolkit filled with shapes like triangles, circles, and squares, but these shapes are like secret codes that help us understand the universe.

Now, what's "sacred" about it? Well, think of it as the universe's way of saying, "Hey, I'm not just a bunch of random stuff. There's a pattern to all this chaos!" It's like when you find a perfect pizza slice in a pizza pie – it's not just any slice; it's special!

In the big, cosmic world of Metaphysics, Sacred Geometry helps us explore things that are beyond what we can see, like feelings, dreams, and even magic! It's like trying to find the invisible strings that connect everything together, kind of like when you're playing tug-of-war with your friends, but instead, you're tugging on the fabric of reality!

Now, in Quantum Physics (which sounds super fancy, right?), scientists are like detectives trying to figure out how tiny particles – like little superheroes – behave. Sacred Geometry shows them that even the tiniest bits of our universe follow these awesome shapes and patterns. It's like saying that even the smallest atoms love to dance in a way that makes sense!

And in New Age terms, people believe that these shapes can help us connect with our inner selves and the universe around us. It's like putting on a pair of magic glasses that let you see the harmony and beauty of everything, from the tiniest ant to the biggest star!

So, in a nutshell, Sacred Geometry is like a secret code, a magical connection to everything, and a way to understand the universe's dance party! And just like a funny cartoon, it reminds us that there's more to life than meets the eye!

Imagine you have a magic colouring book, and every time you draw shapes like circles, triangles, and squares, they start to glow and dance! That's kind of what Sacred Geometry is all about—it's the idea that some shapes and patterns are super special because they show up all around us in nature, like in flowers, snowflakes, and even in your favourite fruit, like a pineapple!

Now, when we talk about "metaphysical," it's like saying these shapes can help us understand the universe better, they have secret powers! Think of it as shapes speaking a special language that helps us connect with everything, even if we can't see it! These shapes make up the fabric of The Universe!

In Quantum Physics, which is like the science of tiny, tiny things that are way too small for our eyes to see, these shapes and patterns help scientists figure out how everything is connected. Imagine tiny little particles doing a dance in a cosmic disco party—those shapes help keep the beat!

And in New Age terms, people believe that these special shapes can help us feel calm and connected, like when you

hug your favourite stuffed animal. It's like they're giving us a high-five from The Universe!

So, Sacred Geometry is a fun mix of shapes, science, and a sprinkle of magic, reminding us that we're all part of a big, beautiful picture! Isn't that cool?

These shapes are not just cool to look at—they can actually help us feel better and think deeper about the world around us. Are you ready? Let's go!



1. <u>Circle:</u> The circle is like a big, round hug! It represents wholeness and unity. When you think about circles, it can help you feel calm and connected to everything around you.



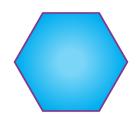
2. <u>Triangle:</u> Triangles are super strong! They represent balance and stability. When you look at a triangle, it can remind you to find balance in your life, like balancing schoolwork and playtime.



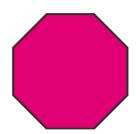
3. <u>Square:</u> The square has four equal sides and stands for safety and security. Just like a sturdy house, squares can help you feel safe and grounded when things get a little wobbly.



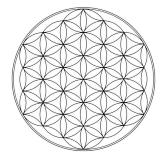
4. **Pentagon:** This shape has five sides and is all about adventure and exploration! When you think of a pentagon, it can inspire you to be brave and try new things, just like a superhero!



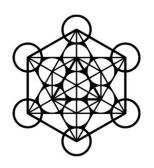
5. <u>Hexagon:</u> With six sides, the hexagon is a shape that symbolizes teamwork. It reminds us that working together can create something beautiful, just like bees building a hive!



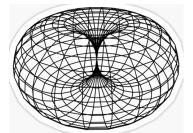
6. Octagon: The octagon, with eight sides, represents change and transformation. This shape can encourage you to embrace change in your life, like growing up and learning new things. Like you are right now with this class!



7. Flower of Life: This magical shape looks like a super cool flower with lots of circles. It represents all living things! When you think about it, you can feel a connection to nature and understand how we're all part of one big family. It represents the beginning of creation among many things.



8. Metatron's Cube: This shape has lots of lines and shapes within it, and it represents The Universe. It can help you think about how everything is connected, from the tiniest bugs to the biggest stars! It said it can help you manifest the things you want in this life.



9. **Torus:** The torus looks like a donut! It represents energy flowing in and out. When you think about this shape, it can remind you to keep your energy flowing, just like a fun game of catch! You are surrounded by your very own torus right

now! So is Mother Earth herself! Everything alive holds a torus around them. It's how they are manifested into this

physical plane of existence. We can talk more about how that works in a future lesson.



10. **Sri Yantra:** This shape is made up of lots of triangles and represents the balance of energy. It can help you focus and find peace within yourself, like when you take a deep breath and relax.

So there you have it! These Sacred Geometry Shapes are not just shapes—they're like magical tools that can help us feel good, think deeply, and connect with the world around us! Isn't that awesome?

Did you like this lesson? Check out its accompanying video and make sure to sign up for our emails so you can be notified of new lessons!

**Keep Learning! You are Divinely Magic!**