**Sergio Scariolo - Zone Offense**

Sergio Scariolo’s approach on how to attack the zone defense, combines structure with the flexibility needed to exploit the dynamic nature of zone defenses.

1. **Understanding Zone Defense**:

* Scariolo explains the common zone defense types, such as 2-3 and 3-2, detailing their strengths and weaknesses.
* He highlights how zones aim to disrupt individual isolation plays and force low-percentage shots.

1. **Core Offensive Strategies:**

* **Ball Movement**: He stresses quick and purposeful ball movement to distort the defense and create open opportunities.
* **Spacing**: Proper player positioning is critical for penetrating gaps in the zone.
* **Reading the Defense**: Players must be able to identify defensive rotations and adapt accordingly.
* Using the High Post: He insists on putting the ball into the high post after 2 passes maximum
* Decisiveness: Scariolo emphasizes the need for sharp decisions especially from open shooters

1. **Using the Pick-and-Roll**:

* The pick-and-roll, a staple in Scariolo’s playbook, is adapted for zone offenses to confuse defenders and create mismatches.
* He explains variations of the pick-and-roll that target weak points in specific zone alignments.

1. **Post Play and High Post Action:**

* Scariolo demonstrates the value of using the high post to collapse the defense, allowing for kick-outs to shooters or cuts to the basket.
* He provides drills to train players to pass effectively from the high post.

1. **Player Roles and Responsibilities:**

* Each player’s role is tailored to exploit zone vulnerabilities, such as assigning strong shooters to corners and versatile forwards to the middle.

1. **Decision-Making and Reactions:**

* Scariolo emphasizes the importance of players making quick decisions and being able to adapt when the defense changes tactics mid-play.