

# Competitor Interaction Day

Welcome to Competitor Interaction Day! This document details the necessary information and expectations for the day. Should you have any questions regarding CID *ahead* of the competition, please contact [social@gnctr2025.ca](mailto:social@gnctr2025.ca) or [info@gnctr2025.ca](mailto:info@gnctr2025.ca). If you have questions regarding CID at any point *during the competition*, feel free to tag Liam “Charmant” (@liamcros) or Sam “Artgineer” (@samanthaleger) on Discord.

## When

Time	Event
7:00 AM	Orientation F - 7:00am
8:00 AM	Breakfast in rooms, picked up by Team Captains - 8:00am
9:00AM-9:45AM	Metro to Parc Jean-Drapeau in waves. Meet in the lobby of the hotel no later than 15 minutes prior to your Animal's wave departure time. - Wave 1 (9:00am): Stingrays, Cats, Mice, Penguins - Wave 2: (9:15am): Bunnies, Crabs, Elephants, Turtles - Wave 3: (9:30am): Bulls, Fish, Deer, Walruses - Wave 4: (9:45am): Butterflies, Flamingos, Lions
10:00 AM	<b>MONTREAL SNOWDOWN:</b>
11:00 AM	Rotation of games, activities, and fun!
12:00 PM	10:00am - 3:00pm
1:00 PM	Lunch will be served between the hours of 11:00AM and 2:00PM. This will be a stop among the other activities you will be participating in.
2:00 PM	
3:00 PM	Group photo! - 3:00pm
3:30 PM	Free time to explore Montreal with tours guided by OC Members.
4:00 PM	
5:00 PM	3:30pm - 6:00pm
6:00 PM	Captain's Meeting - 6:00pm
6:30 PM	Dinner in rooms, picked up by Team Captain - 6:30pm
8:00 PM	Walk or metro to Jet Nightclub (20 min). First wave leaves at 8pm with additional waves leaving every 15 minutes.
9:00 PM	<b>SOCIAL NIGHT 1</b> at Jet Nightclub - “Bark and Bark”
10:00 PM	8:30pm-3:00am
11:00 PM	
12:00 AM	Walk back to hotel (20 min). Waves of escorts starting at 12:00am, leaving every hour.
1:00 AM	
2:00 AM	
3:00 AM	Last wave back to the hotel - 3:00am

## Where

Competitor Interaction Day (CID) will be held at Parc Jean Drapeau, located on Saint Helene’s Island. It’s a 25 minute metro/subway ride from the Hotel, located on the Yellow Line. Competitors will be guided from the hotel to the park on the metro lines by OC members and volunteers.

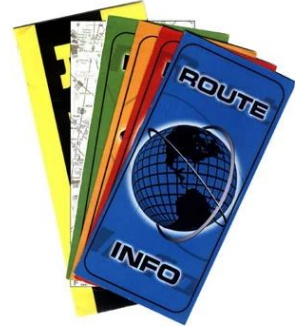
Please be advised that, weather permitting, the majority of the day will be held outdoors. Please dress accordingly (warm jacket, gloves, boots, snow pants, etc.) Basically, what you would wear to race day, wear to CID as well!

Each animal group will be guided by an OC member or a volunteer. However, in the event that you lose track of your guide, the locations of each activity, along with Lunch and Tire d’Erable, are in the CID layer of the Competition Map: GNCTR 2025 Competition Map

# THE AMAZING MONTREAL SNOWDOWN

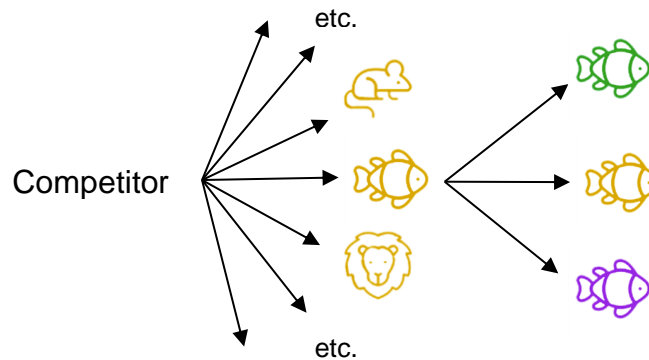
## What

WELCOME TO MONTREAL SNOWDOWN - a day at Parc Jean-Drapeau with Amazing-Race style challenges sure to keep us warm and make us all Best Friends! Competitors will be split into groups of about 10-11 participants each, and will be assigned to a group based on an animal and a colour, which can be found in the corner of the name tag badge (ex. Green Fish). These groups will include a mix of competitors from different university teams to encourage inter-school collaboration!



**Competitors will be expected to identify their assigned animal once they receive their badge and refer to the appropriate schedule included in this package for start times on Competitor Interaction Day.** (We recommend taking a screenshot of your page.)

Each animal represents a different sequence and schedule for activities, and each will be led by an OC or Volunteer. Within the same animal group, competitors will then split up based on their color. For example: all of the fish will follow the same volunteer and time sequence of activities, but the green fish and the yellow fish will be in two separate competing groups. There are 15 animals, each with 3 colours.



Each activity will be approximately 20 minutes long, including set-up. There will usually be 20 minutes between each activity, with some exceptions, to account for time to get to the next station, bathroom breaks, etc. **Schedules by animal are at the end of this document.**

## After scheduled activities: the choice is yours!

Following the completion of the scheduled activities at Parc Jean Drapeau, we will take a **group photo at 3:00PM**, and then competitors will have the following to choose from for the remainder of the afternoon before dinner:

1. **Guided tours in Montreal:** OC members will be providing free tours to areas of Montreal we think are worth the visit. **Tours leave from the Jean-Drapeau metro station (where you will arrive in the morning) at around 3:30PM, shortly after the group photo.** The following tours are scheduled:
  - a. **Old Montreal** - Come visit the historical centre of this wonderful city. Stunning architecture, fascinating history, and a slice of Europe in Canada.
  - b. **Plateau Murals** - One thing this city isn't short of is street art. Come check out some of the coolest street art murals in the hip neighbourhood of Le Plateau.
  - c. **Mont Royal** – Go up to see a fantastic view of the entire city from the top of the hill, an impressive viewpoint in the middle of downtown, and where the city gets its name. Ice skating and tubing next to Beaver Lake will be possible, too! Equipment rental on site is available (\$).
  - d. **MYSTERY TOUR** - Do you like a bit of adventure? Maybe you've been to Montréal before and have already seen the locations in the above tours? In any case, our good pal and fellow OC Kurt Blais ("Daddy") will be taking competitors to some of the under visited parts of this city!

Tours will be 1-2 hours long, after which guides will be returning to the hotel. Tour locations will be accessed using the metro or buses.

2. **Free time:** Like to explore on your own? No problem! Montréal has lots to explore. Check out the Things to Do layer on the GNCTR 2025 map or ask an OC member for suggestions on places you might want to visit on your own. **Please be back at the hotel by 6:00PM at the latest** to prepare for dinner and the rest of the evening!
3. **Rest at the hotel:** If you just want to rest and take it easy until dinnertime, be our guest! OC members and/or volunteers will be leaving from the Jean-Drapeau metro station (where you will arrive in the morning) to escort you back to the hotel at around 3:30pm after the group photo.

## Daily Schedules for Each Animal Group

**Reminder:** Meet in the lobby 15 minutes before your Animal's scheduled Wave departure time.

### Animal Group Schedules

	Stingrays	Bulls	Bunnies	Butterflies	Cats
9:00 AM	Wave 1				Wave 1
9:15 AM			Wave 2		
9:30 AM		Wave 3			
9:45 AM				Wave 4	
10:00 AM	Crack the code		Tire d'érable		Spirit Party
10:20 AM		Crack the code		Tire d'érable	
10:40 AM	Pit Stop		Crack the code		Tire d'érable
11:00 AM		Pit Stop		Crack the code	
11:20 AM	Scavenger Hunt		Pit Stop		Crack the code
11:40 AM		Scavenger Hunt		Pit Stop	
12:00 PM	Lunch		Scavenger Hunt		Pit Stop
12:20 PM		Lunch		Scavenger Hunt	
12:40 PM			Lunch		Scavenger Hunt
1:00 PM	Make My Dreams			Lunch	
1:20 PM		Make My Dreams			Lunch
1:40 PM	Spirit Party		Make My Dreams		
2:00 PM		Spirit Party		Make My Dreams	
2:20 PM	Tire d'érable		Spirit Party		Make My Dreams
2:40 PM		Tire d'érable		Spirit Party	
3:00 PM	GROUP PICTURE				

## Animal Groups (Continued)

Time	Fish	Crabs	Deer	Elephants	Flamingos
9:00 AM					
9:15 AM		Wave 2		Wave 2	
9:30 AM	Wave 3		Wave 3		
9:45 AM					Wave 4
10:00 AM		Make My Dreams		Tire d'érable	
10:20 AM	Spirit Party		Make My Dreams		Tire d'érable
10:40 AM		Spirit Party		Make My Dreams	
11:00 AM	Tire d'érable	Lunch	Spirit Party		Make My Dreams
11:20 AM			Lunch	Spirit Party	
11:40 AM	Crack the code			Lunch	Spirit Party
12:00 PM		Crack the code			Lunch
12:20 PM	Pit Stop		Crack the code		
12:40 PM		Pit Stop		Crack the code	
1:00 PM	Scavenger Hunt		Pit Stop		Crack the code
1:20 PM		Scavenger Hunt		Pit Stop	
1:40 PM	Lunch		Scavenger Hunt		Pit Stop
2:00 PM		Tire d'érable		Scavenger Hunt	
2:20 PM			Tire d'érable		Scavenger Hunt
2:40 PM	Make My Dreams				
3:00 PM	GROUP PICTURE				

## Animal Groups (Continued)

	Lions	Mice	Turtles	Penguins	Walruses
9:00 AM		Wave 1		Wave 1	
9:15 AM			Wave 2		
9:30 AM					Wave 3
9:45 AM	Wave 4				
10:00 AM		Scavenger Hunt		Pit Stop	
10:20 AM			Scavenger Hunt		Pit Stop
10:40 AM	Tire d'érable			Scavenger Hunt	
11:00 AM		Tire d'érable	Lunch		Scavenger Hunt
11:20 AM	Make My Dreams			Lunch	
11:40 AM		Make My Dreams			Lunch
12:00 PM	Spirit Party		Make My Dreams		
12:20 PM	Lunch	Spirit Party		Make My Dreams	
12:40 PM		Lunch	Spirit Party		Make My Dreams
1:00 PM				Spirit Party	
1:20 PM	Crack the code		Tire d'érable		Spirit Party
1:40 PM		Crack the code		Tire d'érable	
2:00 PM	Pit Stop		Crack the code		Tire d'érable
2:20 PM		Pit Stop		Crack the code	
2:40 PM	Scavenger Hunt		Pit Stop		Crack the code
3:00 PM	GROUP PICTURE				