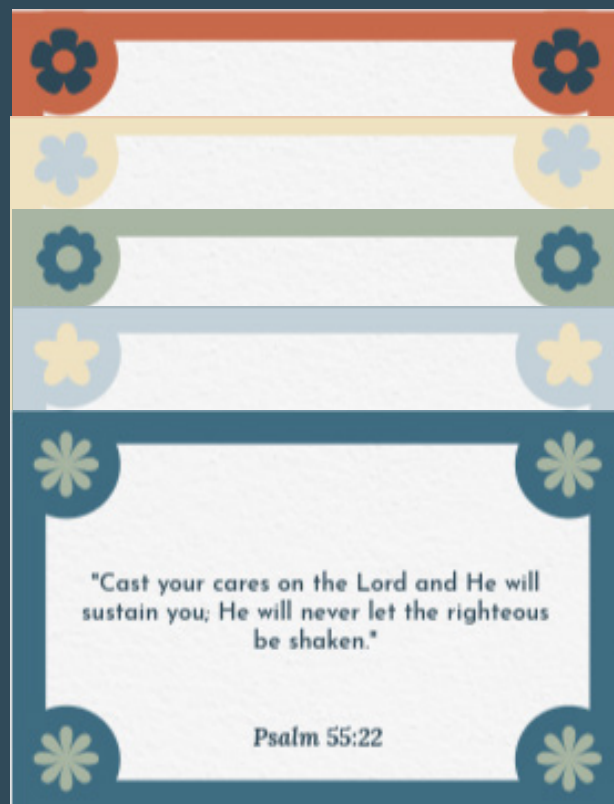


WILD & REDEEMED COACHING



Downloadable Scripture Cards



A Note from Natalie



Dear friend,

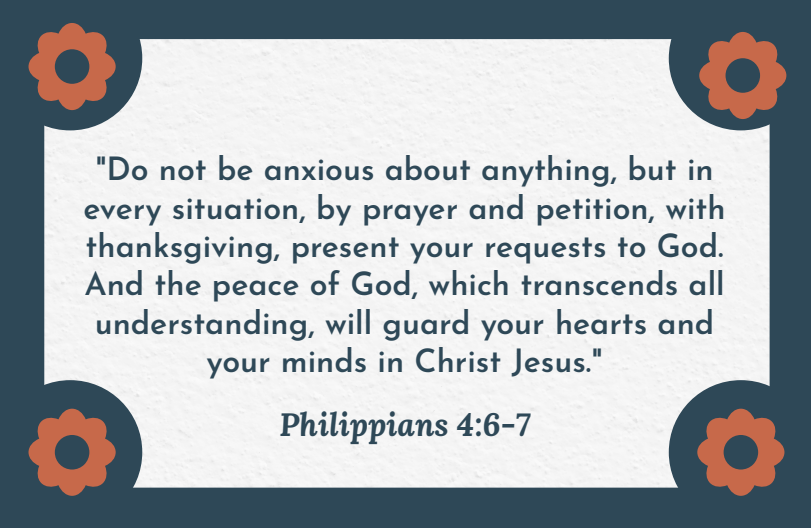
I'm so glad you're here. These Scripture cards were created as gentle reminders of *rest* and *renewal* - truths that invite you to breathe a little deeper, slow down, and remember that your worth isn't found in your productivity but in God's presence.

As you read through these verses, I encourage you not to stop here. Let these cards serve as *doorways*, not destinations. Each verse holds even more beauty and power when read in the full context of Scripture.

So take a moment to pause, open your Bible, and immerse yourself in the Word. May He refresh your spirit, renew your mind, and remind you that He delights in you - not for what you do, but for who you are in Him.

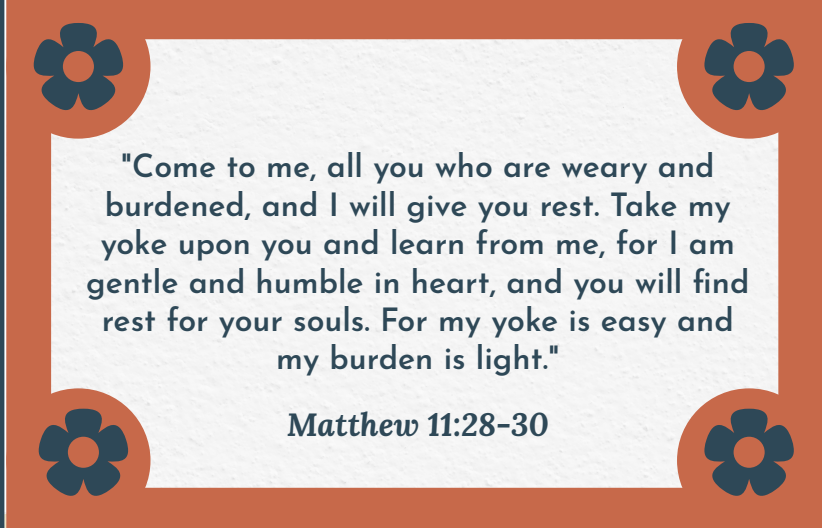
Grace & peace,
Natalie
Your Identity Revival Coach





"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Philippians 4:6-7



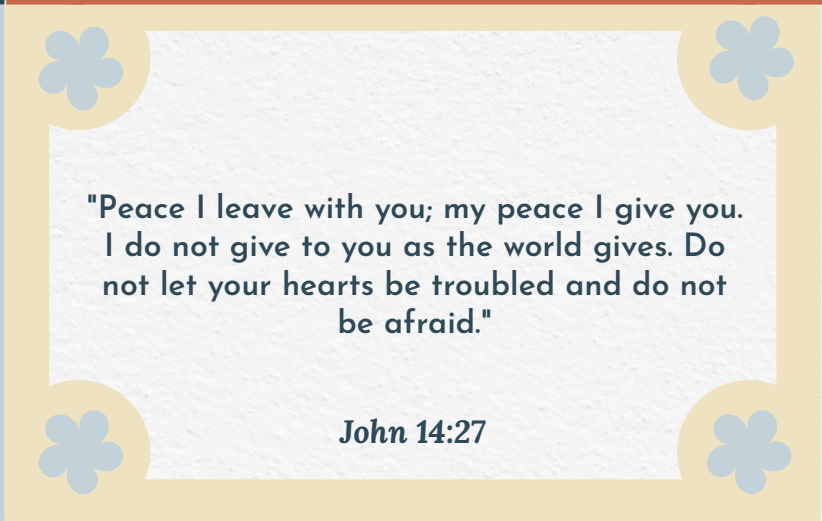
"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Matthew 11:28-30



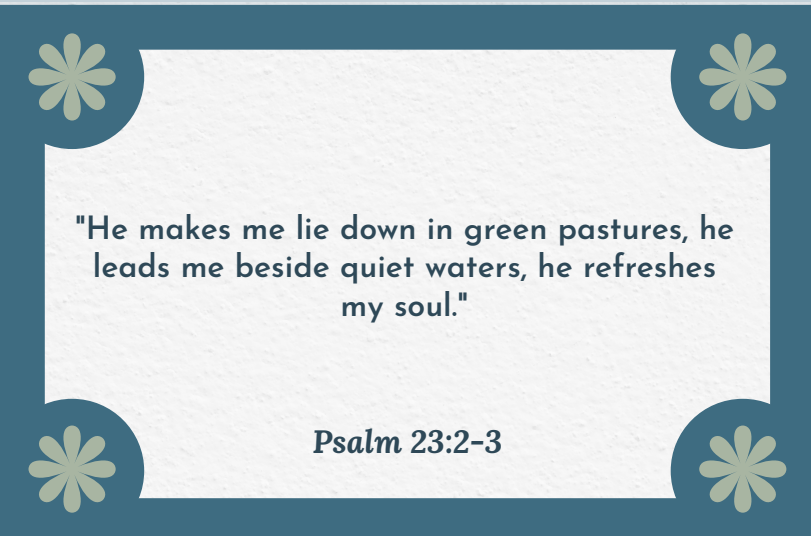
"In peace, I will lie down and sleep, for you alone, Lord, make me dwell in safety."

Psalms 4:8



"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

John 14:27



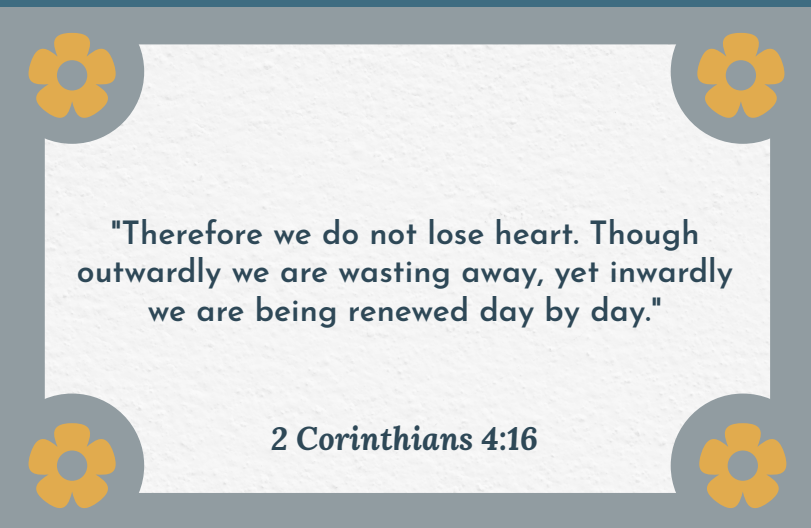
"He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul."

Psalms 23:2-3



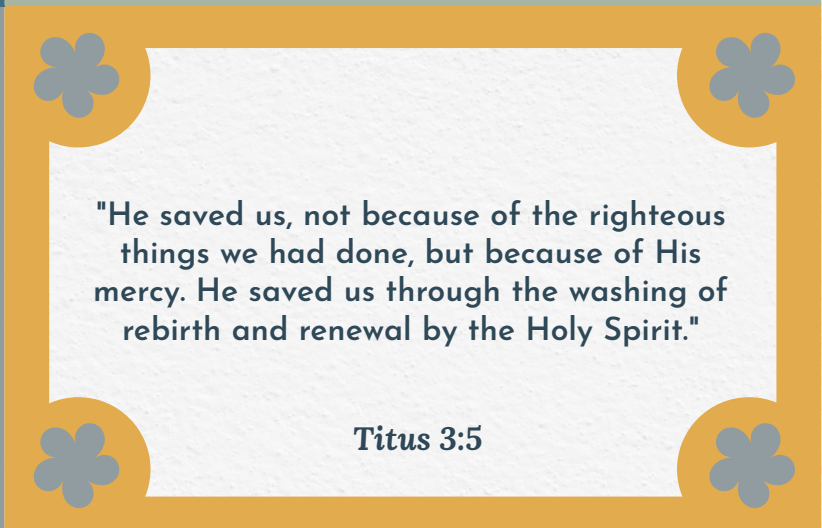
"Truly my soul finds rest in God; my salvation comes from Him."

Psalms 62:1



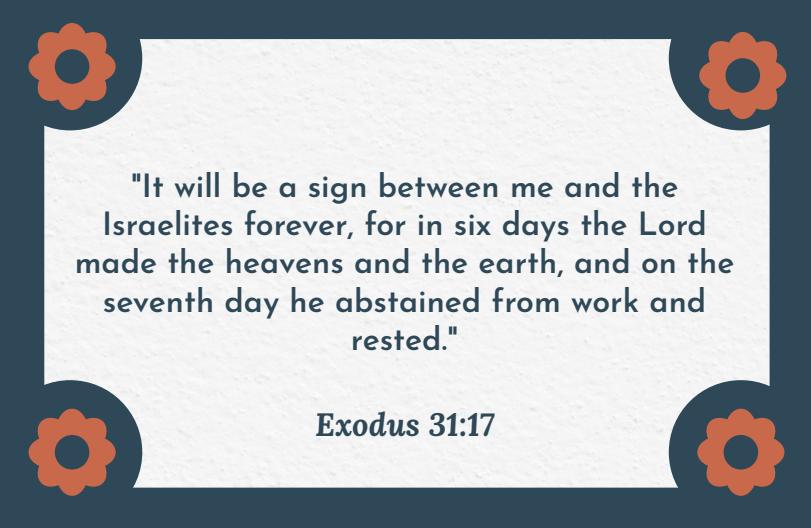
"Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day."

2 Corinthians 4:16



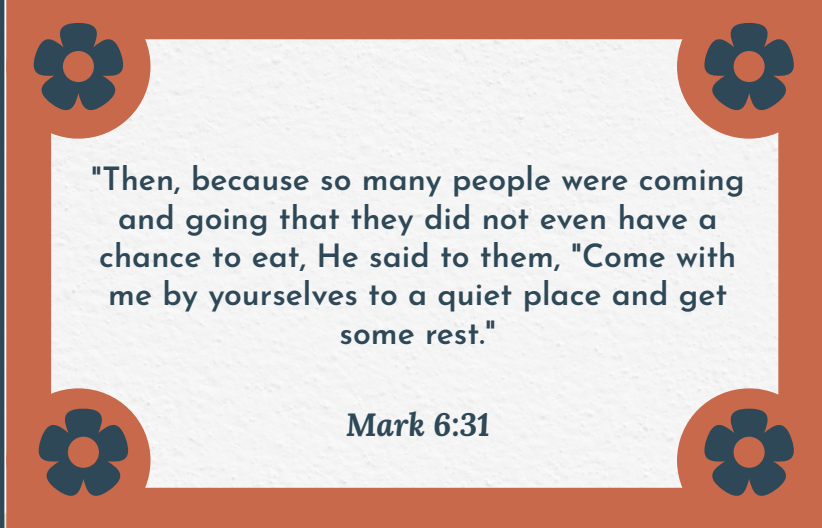
"He saved us, not because of the righteous things we had done, but because of His mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit."

Titus 3:5



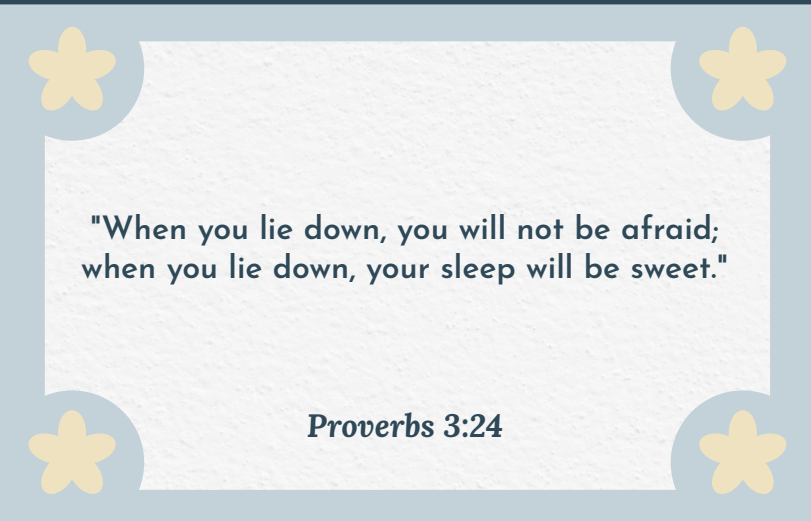
"It will be a sign between me and the Israelites forever, for in six days the Lord made the heavens and the earth, and on the seventh day he abstained from work and rested."

Exodus 31:17



"Then, because so many people were coming and going that they did not even have a chance to eat, He said to them, "Come with me by yourselves to a quiet place and get some rest."

Mark 6:31



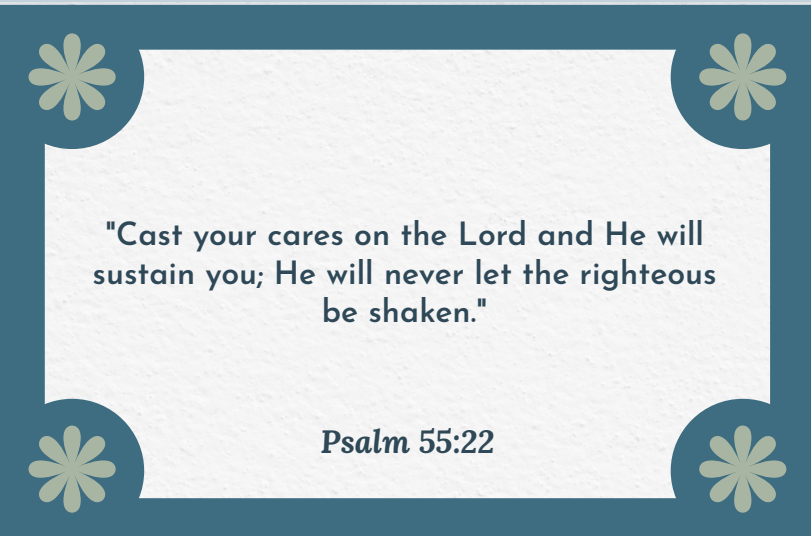
"When you lie down, you will not be afraid; when you lie down, your sleep will be sweet."

Proverbs 3:24




"Cast all your anxiety on Him because He cares for you."

1 Peter 5:7



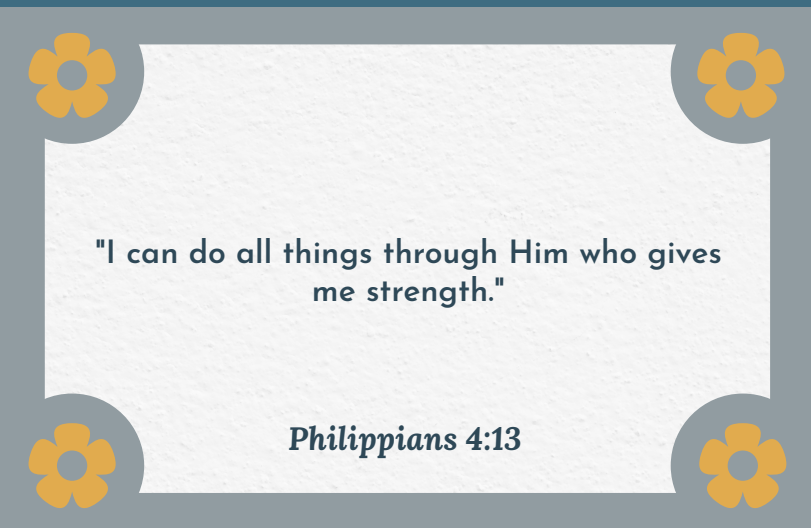
"Cast your cares on the Lord and He will sustain you; He will never let the righteous be shaken."

Psalms 55:22




"Commit to the Lord whatever you do, and He will establish your plans."

Proverbs 16:3



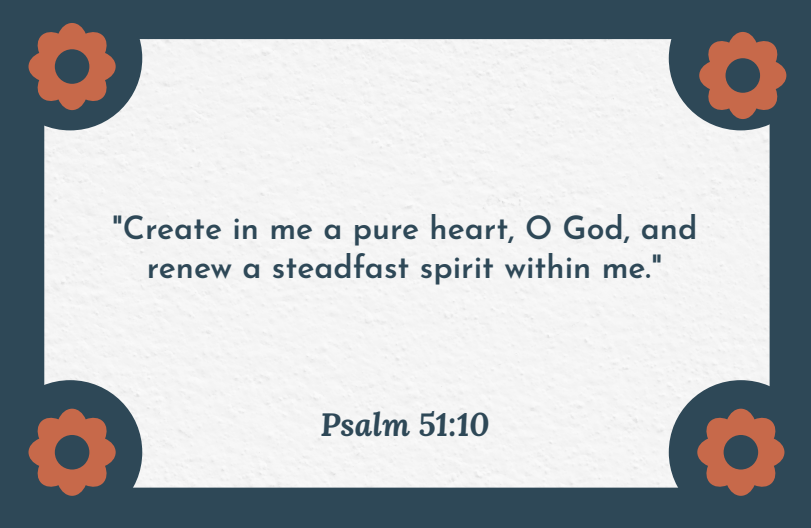
"I can do all things through Him who gives me strength."

Philippians 4:13



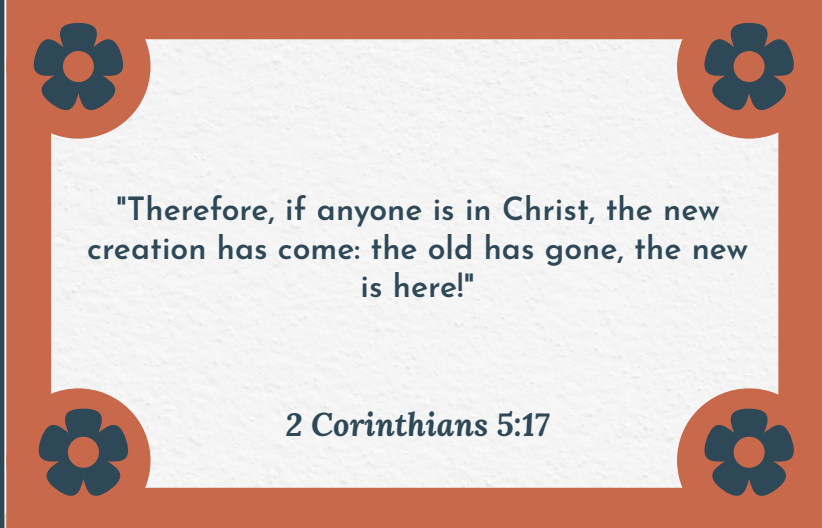
"The Lord will guide you always; He will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail."

Isaiah 58:11



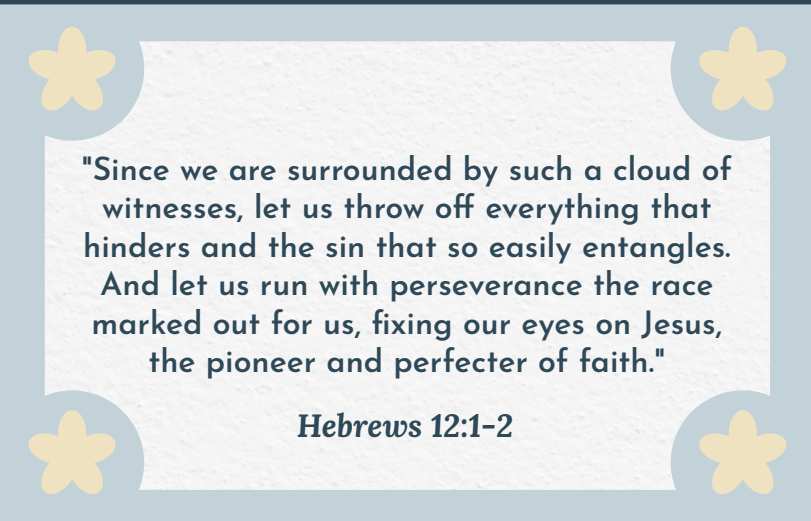
"Create in me a pure heart, O God, and
renew a steadfast spirit within me."

Psalm 51:10



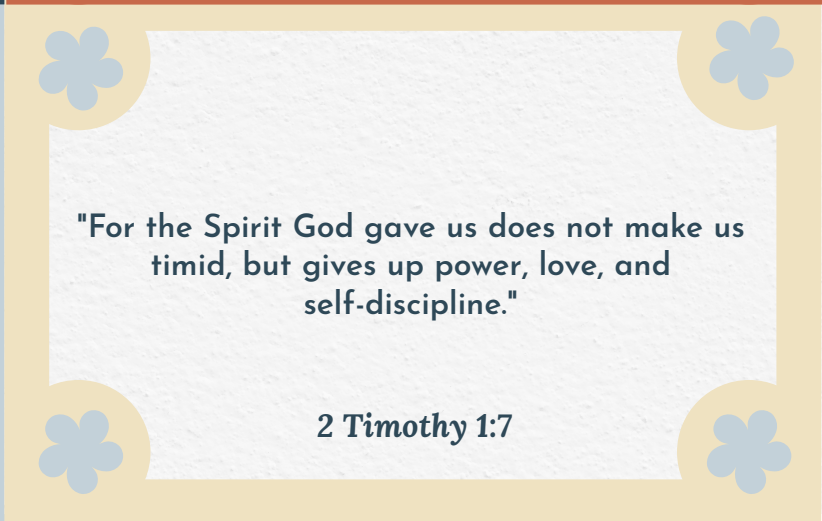
"Therefore, if anyone is in Christ, the new
creation has come: the old has gone, the new
is here!"

2 Corinthians 5:17



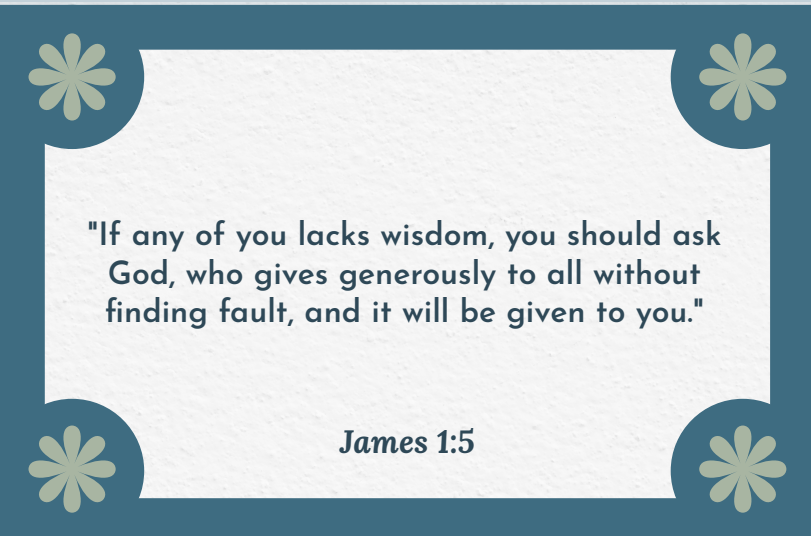
"Since we are surrounded by such a cloud of
witnesses, let us throw off everything that
hinders and the sin that so easily entangles.
And let us run with perseverance the race
marked out for us, fixing our eyes on Jesus,
the pioneer and perfecter of faith."

Hebrews 12:1-2



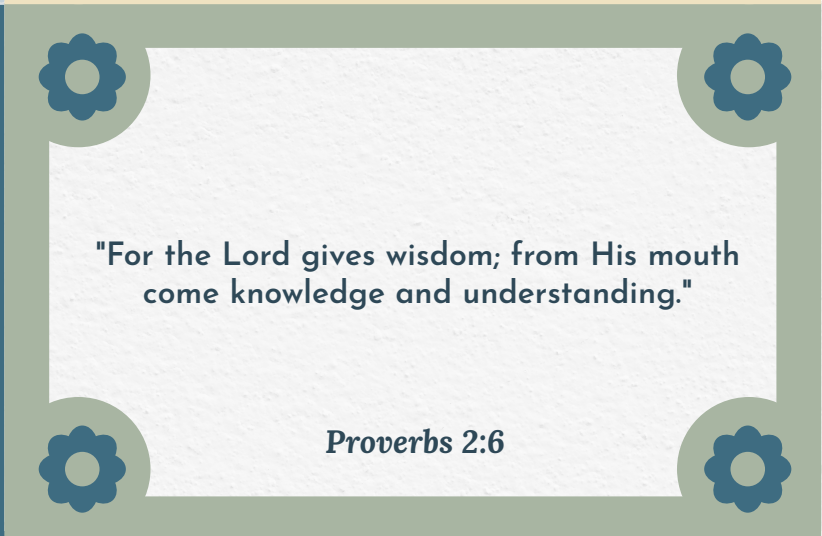
"For the Spirit God gave us does not make us
timid, but gives up power, love, and
self-discipline."

2 Timothy 1:7



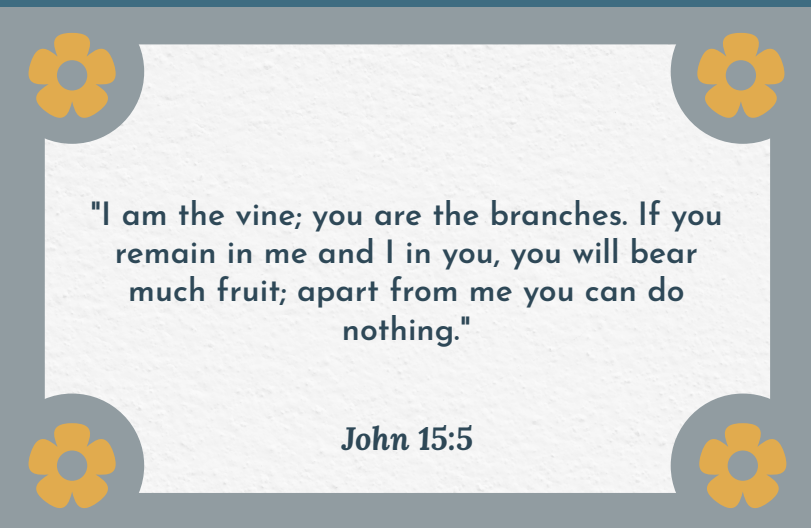
"If any of you lacks wisdom, you should ask
God, who gives generously to all without
finding fault, and it will be given to you."

James 1:5



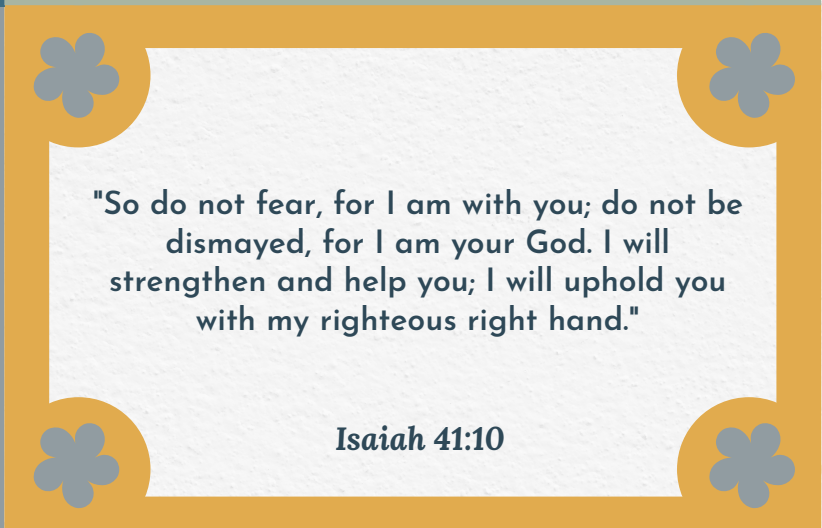
"For the Lord gives wisdom; from His mouth
come knowledge and understanding."

Proverbs 2:6




"I am the vine; you are the branches. If you
remain in me and I in you, you will bear
much fruit; apart from me you can do
nothing."

John 15:5



"So do not fear, for I am with you; do not be
dismayed, for I am your God. I will
strengthen and help you; I will uphold you
with my righteous right hand."

Isaiah 41:10



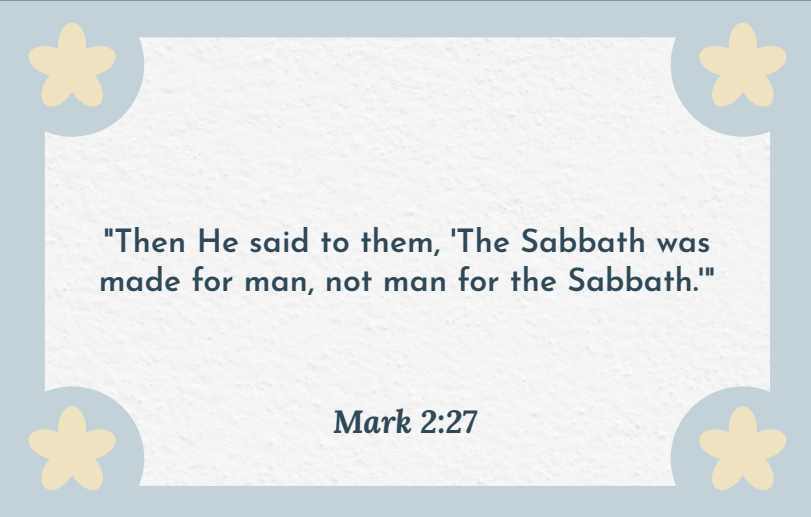
"And my God will meet all your needs according to the riches of His glory in Christ Jesus."

Philippians 4:19



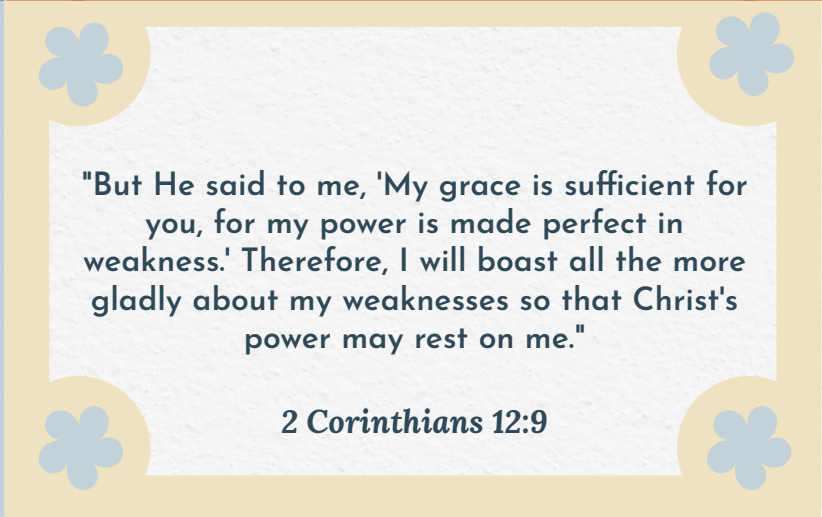
"He gives strength to the weary and increases the power of the weak."

Isaiah 40:29



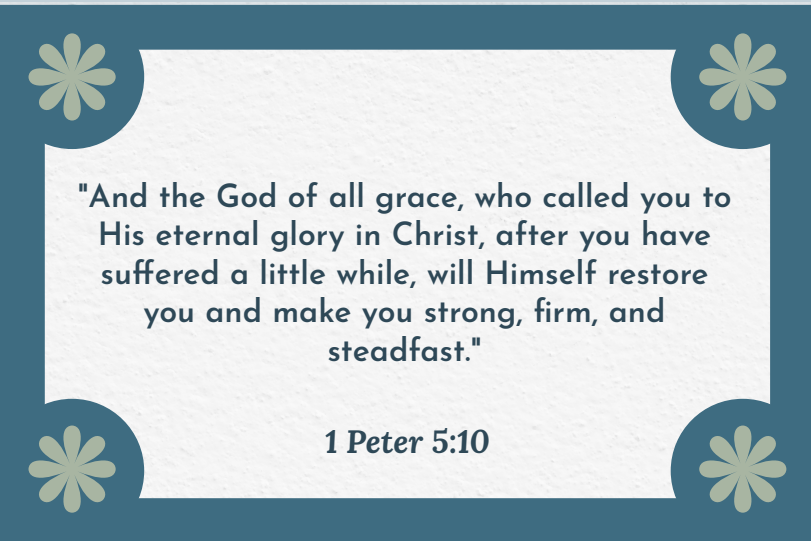
"Then He said to them, 'The Sabbath was made for man, not man for the Sabbath.'"

Mark 2:27



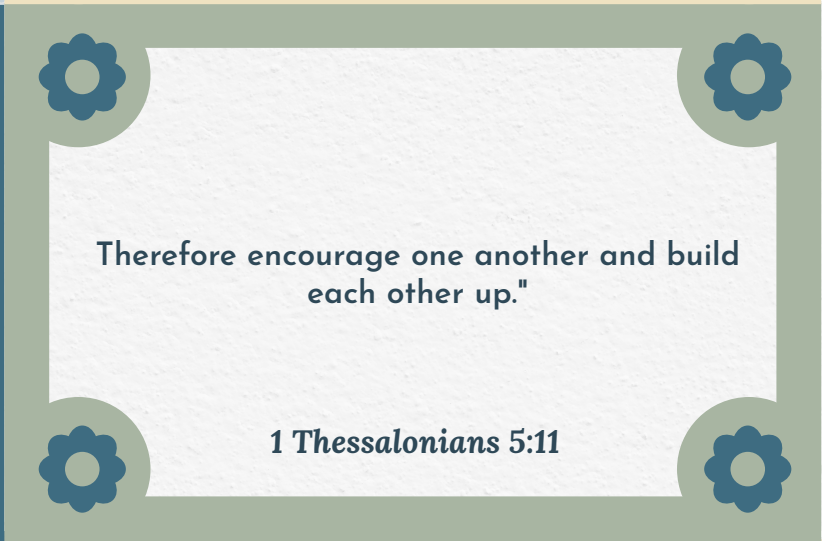
"But He said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore, I will boast all the more gladly about my weaknesses so that Christ's power may rest on me."

2 Corinthians 12:9



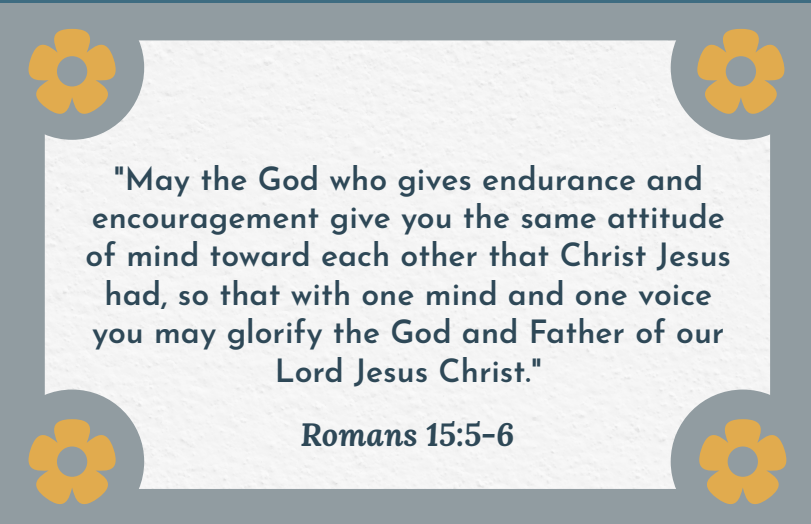
"And the God of all grace, who called you to His eternal glory in Christ, after you have suffered a little while, will Himself restore you and make you strong, firm, and steadfast."

1 Peter 5:10



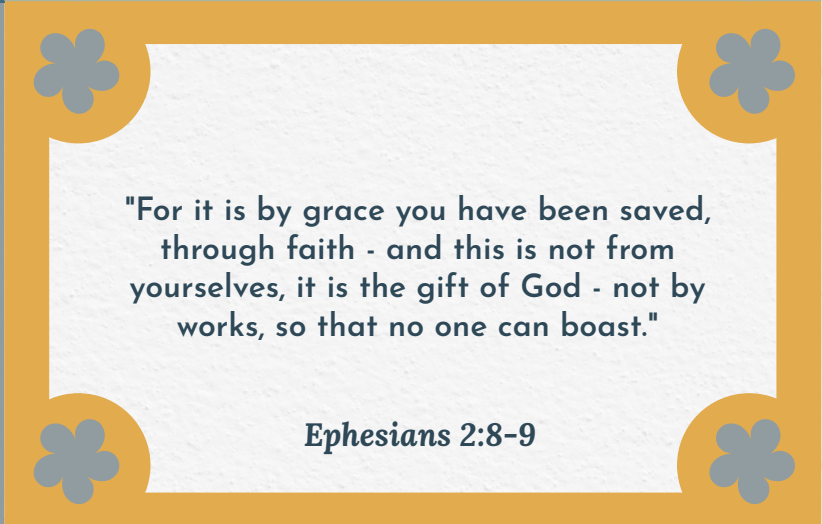
Therefore encourage one another and build each other up."

1 Thessalonians 5:11



"May the God who gives endurance and encouragement give you the same attitude of mind toward each other that Christ Jesus had, so that with one mind and one voice you may glorify the God and Father of our Lord Jesus Christ."

Romans 15:5-6



"For it is by grace you have been saved, through faith - and this is not from yourselves, it is the gift of God - not by works, so that no one can boast."

Ephesians 2:8-9