



NATIVE HOPE

MMIW SOCIAL MEDIA TOOLKIT

ACTION & AWARENESS FOR MISSING AND
MURDERED INDIGENOUS WOMEN



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Introduction

Social media is a powerful tool for awareness and advocacy. With more users than ever, and different apps growing their following by the day, social media can be an effective source of information and resources on a variety of social justice issues.

That's why we've decided to create this toolkit for social media posts, so you can engage your circle in crucial and relevant conversations about the issues facing Native Americans today, namely the issues of Missing and Murdered Indigenous People (MMIW) and the horrors of sex trafficking. We hope that this kit provides you with the tools you need to be a better ally in your community.

Why Is It Important To Be An Ally?

Native Americans are resilient and powerful, in spite of the lingering injustices they've had to overcome as a people. Historically marginalized and silenced, Native voices today are ringing loud and clear for change and action. You can and should add your voice to theirs and seek out ways to elevate native voices in your community and nationwide. Allyship is a privilege and a responsibility. The goal of joining with a strong group of people in the cry for change is worthwhile.

About the Toolkit And How To Use It

We've collected some quick facts, stats, and resources for further research for you to educate yourself and share with others. Our goal is to increase awareness for Missing and Murdered Indigenous Women, as well as educate non-natives on how they can impact change towards this issue in their communities. In this kit, you'll find social media posts you can copy and paste to your own feed to raise awareness for key issues facing Native communities, and you'll see opportunities to get involved past clicking "post."

Above all, we encourage you to seek out and amplify Native voices and sources. It's important to do responsible and thorough research in order to properly educate others.

Who Is Native Hope?

[Native Hope](#) is a Native-led nonprofit organization that works to connect Native Americans with resources and believes in the power of storytelling to dismantle barriers, bring healing and inspire hope. We are proud to work with so many incredible and inspirational individuals in our community.



MMIW National Day of Action: February 14th

February 14th is the National Day of Action for Missing and Murdered Indigenous People and Women (MMIP and MMIW). While May 5th is a day of awareness, February 14th puts action behind the awareness. On this day, people join marches and vigils to call for change.

Advocates, as well as the families of those affected, spend time remembering the stolen sisters in Native communities. They stand against racism, implicit biases, class disparity, violence, and raise awareness to the silence of local law enforcement, government agencies and media.

To learn more about MMIW and advocacy, explore these resources:

[Native Hope: Missing and Murdered Indigenous Women](#)

[Women's Memorial March](#)

[Native Hope: Voices Unheard Film](#)

Facebook

Post #1: Pre-February 14th: What is the MMIW Day of Action?
[Download Graphic Here](#)

What is the MMIW Day of Action?

February 14th is the National Day of Action for Missing and Murdered Indigenous People and Women (MMIP and MMIW). On this day, people march and have vigils to raise awareness and attention to the widespread fury and grief facing Native Americans. There are families whose loved ones are missing. For Native Americans, this adds one more layer of trauma to existing wounds that cannot heal. Families are pleading for justice.

Marches and vigils raise awareness and help to break down false assumptions, remove the blaming of women in vulnerable situations, and appropriately assign blame to the murderers and abusers who take these lives.

You can follow through these hashtags: #NoMoreMMIW #NoMoreMMIP #MMIW #MMIP #MMIWDayofAction #NoMoreStolenSisters #NativeHope

Post #2: February 13th: Learn the Facts

What are the facts about Missing and Murdered Indigenous Women and People?

- For Native Americans, the threat of murder is 10x higher than the national average.
- 4 out of 5 Native women will experience violence.
- Murder is the third leading cause of death among Native women.

These are just some of the harrowing truths facing Native Americans every day. But, the communities surrounding Native people are taking a stand, and you can be part of it.

Learn more about Missing and Murdered Indigenous Women and how [you can get involved here](#).

Post #3: February 14th: MMIW Day of Action [Download Graphic Here](#)

Today is more than Valentine's Day. It's the MMIW Day of Action.

Instead of reading valentines from loved ones, Natives and allies around Canada and the United States are reading the names of their loved ones who have gone missing or been murdered.

Today, you can stand in solidarity with them by sharing this post to raise more awareness for MMIW and MMIP. You can also test your knowledge of this issue by taking Native Hope's MMIW quiz.

[Click here to take the quiz](#)

Post #4: February 15 and Beyond: Keep Your Advocacy Momentum Download Graphic [Here](#)

Just because the MMIW Day of Action has passed doesn't mean you can't get involved to continually support awareness for MMIW. Here's a quick look at ways to keep yourself educated and involved:

- Follow Native-led social media accounts.
- Stay informed about the missing or murdered indigenous relatives in your area to help spread the word.
- Donate to organizations that work directly on MMIP issues and dismantling vulnerabilities Native Americans face.

Thank you for taking the time to further your knowledge on MMIW. You can learn more about advocacy efforts for Native Communities at NativeHope.org.

Instagram

Post #1: Before February 14th: What is the MMIW Day of Action? Download Graphic [Here](#)

What is the MMIW Day of Action?

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Post #2: Share on February 13th: Learn the Facts Download Graphic [Here](#)

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- Murder is the third leading cause of death among Native women.

These are just some of the harrowing truths facing Native Americans every day. But, the communities surrounding Native women are taking a stand, and you can be part of it.

Learn more about Missing and Murdered Indigenous Women and how you can get involved by visiting this link: <https://www.nativehope.org/missing-and-murdered-indigenous-women-mmiiw>

#NoMoreMMIW #NoMoreMMIP #MMIW #MMIP #MMIWDayofAction
#NoMoreStolenSisters #NativeHope

Post #3: Share on February 14th: MMIW National Day of Action Download Graphic [Here](#)

Today is more than Valentine's Day. It's the MMIW Day of Action.

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Today, you can stand in solidarity with them by sharing this post to raise more awareness for MMIW and MMIP. You can also test your knowledge of this issue by taking Native Hope's MMIW quiz.

Copy and paste this link to take the quiz: <https://pages.nativehope.org/missing-and-murdered-indigenous-women-quiz>

#NoMoreMMIW #NoMoreMMIP #MMIW #MMIP #MMIWDayofAction
#NoMoreStolenSisters #NativeHope

Post #4: Share on February 15th and Beyond: How to Stay Involved **Download Graphic [Here](#)**

Don't let your advocacy stop because the MMIW Day of Action has passed. Fill your social media feed with Native voices and resources to stay up-to-date with the latest news. You can also write to your local government and call for change and better policies to assist Native communities in finding and protecting their loved ones.

#MMIW #NativeHope #NoMoreStolenSisters

LinkedIn:

Post #1: Pre-February 14th: What is the MMIW Day of Action? **Download Graphic [Here](#)**

The MMIW National Day of Action is coming up (February 14th)

But what is it?

On this day, people march and have vigils to raise awareness and attention to the widespread fury and grief facing Native Americans. There are families whose loved ones are missing. For Native Americans, this adds one more layer of trauma to existing wounds that cannot heal. Families are pleading for justice.

Marches and vigils raise awareness and help to break down false assumptions, remove the blaming of women in vulnerable situations, and appropriately assign blame to the murderers and abusers who take these lives.

Join me in raising awareness and acting on February 14th. For more information about the MMIW Day of Action and the challenges facing Native communities, follow Native Hope.

#NoMoreMMIW #NoMoreMMIP #MMIW #MMIP #MMIWDayofAction
#NoMoreStolenSisters #NativeHope

Post #2: Share on February 13th: Tomorrow is the MMIW Day of Action

Are you prepared to stand with stolen Native women and their families?

Tomorrow is the National MMIW Day of Action.

Whether you're joining a march, sharing social posts, or bringing up this issue to your local government, start making your plan to get involved now.

Want to make sure you have your facts straight? Take Native Hope's MMIW quiz to ensure you know the accurate statistics surrounding this issue.

<https://pages.nativehope.org/missing-and-murdered-indigenous-women-quiz>

Join me tomorrow in raising awareness and taking action for missing and murdered Native Americans.

#NativeHope #NoMoreStolenSisters #MMIW

Post #3: Share on February 14th: MMIW Day of Action Download Graphic [Here](#)

Today is more than Valentine's Day. It's the National MMIW Day of Action.

Instead of reading valentines from loved ones, Natives and allies around Canada and the United States are reading the names of their loved ones who have gone missing or been murdered.

Today, you can stand in solidarity with them by sharing this post to raise more awareness for MMIW and MMIP. You can also test your knowledge of this issue by taking Native Hope's MMIW quiz.

<https://pages.nativehope.org/missing-and-murdered-indigenous-women-quiz>

I stand with Native communities in calling for reform and action from local and national governments and law enforcement so we can all work together towards #NoMoreStolenSisters.

For more information about Missing and Murdered Indigenous Women, follow Native Hope.

#MMIW

Post #4: Share on February 15th and Beyond: Keeping Up Advocacy Download Graphic [Here](#)

I've learned a lot about Missing and Murdered Indigenous Women around this day of action, but I know my work as an ally is not over, and there is much more for me to learn. Here are some resources I'm following as I continue my education about this issue:

[Native Hope](#)
[National Indigenous Women's Resource Center](#)
[MMIW Resources Card](#)

Another great way to stay involved in what's happening in Native communities is to follow Native creators, activists, and advocates. Writing to local governments and law enforcement and attending marches and rallies is also a great way to practice allyship.

#MMIW #NativeHope #NoMoreStolenSisters

Twitter

Twitter Thread #1: Before National MMIW Day of Action

1/5: What is the National MMIW Day of Action? A thread:

February 14th is the National MMIW Day of Action. Every year, individuals attend marches held in honor of Native Americans who have gone missing or been murdered.

2/5: Threats of violence and sexual assault disproportionately affect Native Americans. Murder is the third leading cause of death for women in Native communities. 4 out of 5 Native women will experience violence in their lifetime.

3/5: How can you get involved? You can join a march near you, share social posts about MMIW issues, write to your local lawmakers, and do the work to educate yourself and undo your biases.

4/5: A great place to start with this is to explore Native Hope's resources on MMIW issues. <https://www.nativehope.org/missing-and-murdered-indigenous-women-mmiw>

5/5: I hope you'll join me in learning more about this epidemic facing Native women and that you'll do your part to stand with them on February 14th.

#NoMoreStolenSisters #NativeHope #MMIW

Twitter Thread #2: February 14th

1/5: How to Be an Ally to Native Communities on the MMIW Day of Action and Beyond: A Thread

Today, February 14th, we stand with Native communities in their grief and anger toward the violence and injustices they experience.

2/5: The road to allyship requires a willingness to educate yourself about issues facing Native communities, necessitating intentionality in raising Native voices. Today, take the time to seek out Native-created resources and listen to Native communities as they cry out for reform.

3/5 Another way to be an ally, especially on today's day of action, is to write to your local government and law enforcement and demand changes and more resources dedicated to finding missing and murdered Native American women and children.

4/5: Make your allyship and action evergreen. Fill your feed with Native creators and advocates. Take tangible steps to get involved in marches and rallies in your community, not just today but year-round.

5/5: We're stronger when we raise our voices together. Follow @nativehope to learn more about working towards #NoMoreStolenSisters.



May 5: MMIW Awareness Day

MMIW Awareness Day seeks to raise awareness for Missing and Murdered Indigenous People (MMIP or MMIW). Participants paint a red hand over their mouth to symbolize the silencing and the oppression faced by Native communities, as well as the silence of the media, local law enforcement, government agencies and reporting entities when it comes to missing person cases.

To learn more about MMIW and the Red Hand symbol, explore these resources:

[Native Hope: Missing and Murdered Indigenous Women](#)

[Wikipedia: Women's Memorial March](#)

[Native Hope: Voices Unheard Film](#)

Facebook

Post #1: Pre-May 5: What is MMIW Awareness Day?

[Download Graphic Here](#)

What is MMIW Awareness Day?

May 5th is MMIW Day, a day to raise awareness for the widespread anger and sadness in First Nation communities because of the missing and murdered women and children in their communities. A red hand over the mouth has become the symbol of a growing movement toward awareness, accountability, and advocacy. The red hand represents the silence of the media, law enforcement and government agencies on this issue, as well as the oppression and subjugation of Native women throughout history. Join Native Communities on May 5th by wearing red and raising awareness in the call for #NoMoreStolenSisters.

Post #2: May 4th: Why a Red Hand?

[Download Graphic Here](#)

What Does a Red Hand Symbolize for Native Communities?

For Native Americans, a red hand symbolizes the connection between the physical and spiritual world. Native Americans also believe that the dead can see the color red, so by choosing this color they are invoking the help of their ancestors and spiritual guides.

Learn more about MMIW awareness and how to get involved in this movement here:

<https://www.nativehope.org/missing-and-murdered-indigenous-women-mmiw>

Post #3: May 5th: MMIW Awareness Day **Download Graphic [Here](#)**

Today is MMIW Awareness Day

Stand in solidarity with native communities today and raise awareness for missing and murdered indigenous women. Share this post to spread more awareness for this issue and the fact that Native American women are up to 10 times more likely to be murdered or sexually assaulted.

#NoMoreStolenSisters #MMIW #MMIWDay #RedHand

Post #4: May 6th and Beyond: Keep Your Advocacy Momentum **Download Graphic [Here](#)**

Just because MMIW Day has passed doesn't mean you can't get involved in other movements to support awareness for MMIW! Here's a quick look at ways to keep yourself educated and involved:

- Follow Native-led social media accounts
- Stay informed about MMIW in your area
- Look for marches, rallies, and events to participate in
- Donate to organizations that work directly with impacted populations
- Write to your local government and law enforcement about the issue of MMIW and the injustice in how their cases are handled

Thank you for taking the time to educate yourself on MMIW. You can learn more about advocacy efforts for Native Communities at Nativehope.org.

Instagram

Post #1: Before May 5th: What is MMIW Awareness Day? **Download Graphic [Here](#)**

What is National MMIW Awareness Day? It's a day to wear red and raise awareness for missing and murdered Indigenous women and speak out about the inequalities that Native women face when seeking justice for violence and sexual assault. Learn more about the injustices facing Native women by following @nativehope.

#NoMoreStolenSisters #NativeHope #MMIW #RedHand

Post #2: May 4th: Why a Red Hand? Download Graphic [Here](#)

Why is a red hand used to represent the issues of missing and murdered indigenous women and children?

A red hand over their mouth symbolizes the silencing and the oppression faced by Native communities, as well as the silence of the media, local law enforcement, government agencies and reporting entities when it comes to missing person cases.

The color red represents the connection between the physical and spiritual world, and can be seen by those who have passed on. By using this symbol, Natives are calling on the help of their ancestors and spiritual guides in the fight for awareness and action towards the issues of MMIW.

#NativeHope #MMIW #RedHand #NoMoreStolenSisters

Post #3: May 5th: MMIW Awareness Day Download Graphic [Here](#)

I stand in solidarity with First Nation communities in their grief and anger toward the inequalities and injustices Native women and children face. Native communities are victims of disproportionate statistics of violence and sexual assault; the silence of the media, local law enforcement, government agencies, and reporting agencies is unacceptable. Join me in advocating for those stolen and missing from Native communities. @nativehope #NoMoreStolenSisters #RedHand #MMIW

Post #4: May 6th and Beyond: How to Stay Involved Download Graphic [Here](#)

Don't let your advocacy stop on MMIW Awareness Day. Fill your feed with Native voices and Native-produced resources to stay up-to-date with the latest news and battles. You can also write to your local government and call for change and better policies to assist Native communities in finding and protecting their loved ones.
#MMIW #NativeHope #NoMoreStolenSisters

LinkedIn:

Post #1: Pre-May 5th: What is MMIW Awareness Day? [Download Graphic Here](#)

National Day of Awareness for MMIW is coming up (May 5th).

But what is it?

It's a day that raises awareness for the injustices facing Native women and children. Women and children from Native communities are statistically more likely to face abduction, murder, and sexual violence, and yet the media, law enforcement, and government agencies locally and nationally stay silent on the issue and do not devote as many resources to finding victims.

Join me in raising awareness on May 5th. For more information about MMIW Awareness Day and the problems Native Communities face, follow Native Hope.

#NoMoreStolenSisters #MMIW #RedHand

Post #2: May 4th: Why a Red Hand? [Download Graphic Here](#)

Why do Native Americans use a red hand to raise awareness for Missing and Murdered Indigenous Women and Children?

A red hand over their mouth symbolizes the silencing and the oppression faced by Native communities, as well as the silence of the media, local law enforcement, government agencies and reporting entities when it comes to missing person cases. The color red represents the connection between the physical and spiritual world, and can be seen by those who have passed on.

By using this symbol, Natives are calling on the help of their ancestors and spiritual guides in the fight for awareness and action towards the issues of MMIW.

Wear red and join Native Hope in raising awareness for the crucial issue of missing and murdered Indigenous people tomorrow, May 5th.

#NativeHope #MMIW #RedHand #NoMoreStolenSisters

Post #3: May 5th: MMIW Awareness Day Download Graphic [Here](#)

Join me in standing with Native communities in their grief and anger over their stolen sisters and children. This MMIW Awareness Day, we remember all those who were never found and those who live with trauma and without the peace that justice can bring. I stand with Native communities in calling for reform and action from local and national governments and law enforcement so we can all work together towards #NoMoreStolenSisters.

For more information about Missing and Murdered Indigenous Women, follow Native Hope.

#MMIW #RedHand

Post #4: May 6th and Beyond: Keeping Up Advocacy Download Graphic [Here](#)

I've learned a lot about Missing and Murdered Indigenous Women around this day of awareness, but I know my work as an ally is not over, and there is much more for me to learn. Here are some resources I'm following as I continue my education about this issue:

[Native Hope](#)

[National Indigenous Women's Resource Center](#)

[MMIW Resources Card](#)

Another great way to stay involved in what's happening in Native communities is to follow Native creators, activists, and advocates. Writing to local governments and law enforcement and attending marches and rallies is also a great way to practice allyship.

#MMIW #NativeHope #NoMoreStolenSisters

 **Twitter****Twitter Thread #1: Before MMIW Awareness Day**

1/5 What is MMIW Awareness Day? A thread:

May 5 May 5 is the National Day of Awareness for MMIW and every year, individuals wear red and attend marches, rallies, 5ks, and more to shed light on the unsettling issues that are disproportionately affecting Indigenous women.

2/5: Why a red hand? A red hand over their mouth symbolizes the silencing and the oppression faced by Native communities. Plus, Native Americans believe that the deceased can see red, so they use this color to invoke the help of their ancestors and spiritual guides in their fight for justice.

3/5: Why do we need MMIW Awareness Day? Native women are up to 10x more likely to be murdered or sexually assaulted. In many cases, law enforcement and government agencies fund and implement limited resources into locating and assisting victims.

4/5: This injustice deserves national attention and reform, but the media remains silent on this enduring issue. This day raises awareness for the disparities in care and attention towards Native communities and issues.

5/5: Join me on May 5th to wear red and raise awareness for #NoMoreStolenSisters #NativeHope #MMIW

Twitter Thread #2: May 5th

1/5 A thread: How to Be an Ally to Native Communities on MMIW Awareness Day and Beyond

Today, May 5th, we stand with Native Communities in their grief and anger towards the violence and injustices they experience.

2/5: The road to allyship requires a willingness to educate yourself about issues facing Native communities and intentionality in raising Native voices. Today, seek out Native-created resources and listen to Native communities as they cry out for reform.

3/5: Another way to be an ally is to write to your local government and law enforcement and demand changes and more resources dedicated to finding missing and murdered Native American women and children.

4/5: Make your allyship evergreen by filling your feed with Native creators and advocates and taking tangible steps to get involved in marches and rallies in your community.

5/5: We're stronger when we raise our voices together. Follow @nativehope to learn more about working towards #NoMoreStolenSisters.



MMIW Statistics

The statistics of missing and murdered indigenous women, children, and men are staggering. In these posts, we've collected some of those statistics and opportunities for further research and advocacy. Here are some more resources you can learn from as you consider these issues:

[Native Women's Wilderness](#)

[Bureau of Indian Affairs](#)

[Coalition to Stop Violence Against Women](#)

Facebook

Post #1: Introduction to MMIW and Statistics
[Download Graphic Here](#)

Did you know that Native American women are 10x more likely to be murdered or sexually assaulted? This startling statistic is met with indifference and silence by law enforcement, government agencies and the media, so the number of missing and murdered Indigenous women grows every year.

In fact, murder is the third leading cause of death for Native women. Victims have ranged from as young as less than one year old to as old as 83.

It's not just Native women who are affected by violence and trauma. In fact, 82% of Indigenous men are victims of violence at some point in their lives and Native children are more likely to experience trauma and abuse than their non-native peers.

To continue educating yourself about the issues that Native communities face, visit [Native Hope's MMIW resource](#).

#NoMoreStolenSisters #NativeHope #MMIW

Post #2: More Statistics and Advocacy
[Download Graphic Here](#)

As of 2016, the National Crime Information Center had 5,712 cases of missing Native women. But the U.S. Department of Justice Missing Persons database only contains 116 reported cases — that's just 2% of all cases that are being reported.

Most of the murders against Native women are committed by non-Native people on Native land.

The widespread silence about MMIW comes from the issues that the Indian Relocation Act and other federal policies have caused. Because of these laws, many Native Americans do not live on their tribal lands or on reservations. As a result, when someone goes missing the community and tribal law enforcement can't band together in search efforts. The cities that many Natives live in don't provide the tribal resources that reservations or tribal land would.

To help raise awareness for MMIW, wear red or attend marches, rallies, 5ks, and more to shed light on the unsettling issues that are disproportionately affecting Indigenous women.

#NoMoreStolenSisters #MMIW

Instagram

Post #1: General Statistics
[Download Graphic Here](#)

Native women are 10x more likely to be murdered or sexually assaulted

82% of Indigenous men will experience violence in their lifetime

Even though 5,712 cases of missing Native women were reported by the National Crime Information Center, only 116 of those cases made it to the U.S Department of Justice Missing Persons database — that's just 2%.

These injustices must end. Follow @nativehope for more information on combating this issue. #NoMoreStolenSisters #MMIW

Post #2: Advocacy and Statistics
[Download Graphics Here](#)

As of 2020, 4 out of 5 Native women had experienced violence in their lifetime. Homicide is the third leading cause of death among 10-24-year-olds in Native communities, and the fifth leading cause of death for those 25-34.

It's not just Native women who are affected by violence and trauma. In fact, 82% of Indigenous men are victims of violence at some point in their lives and Native children are more likely to experience trauma and abuse than their non-native peers.

Join me in using your platform to elevate Native voices and stories and to raise awareness for Missing and Murdered Indigenous People. Follow @nativehope for more information.

LinkedIn

Post #1: General Statistics **[Download Graphic Here](#)**

Important statistics you may not know...

4 out of 5 Native Women will experience violence in their lifetime.

Murder is the 3rd leading cause of death among Native Americans aged 10-24.

82% of Native men will experience violence in their life.

A staggering number of Native missing person cases are never reported to the proper channels and are not investigated with the same concern and vigor as cases from other people groups.

Native Hope is seeking to raise awareness and enact change in how law enforcement, government agencies, and the media treat the issues of missing and murdered indigenous women and children.

Follow to learn more, and visit their [MMIW resource page](#) to educate yourself on this epidemic.

Post #2: Statistics and Next Steps **[Download Graphics Here](#)**

These facts shed light on the scope of the MMIW crisis...

40% of victims of sex trafficking are identified as Indigenous women.

95% of MMIW cases are never covered by national or international media.

96% of rapes are committed by non-Native men, though the rapists are rarely prosecuted on tribal lands.

The issues of violence and sexual assault have plagued Native communities since the beginning of colonization.

But all hope is not lost. Organizations like @nativehope have been working to promote awareness and advocacy around this pressing issue. Their work has brought healing and hope to Native individuals and has raised National attention to the injustices facing Indigenous people.

For more insight into their work, you can [visit their website](#) and watch their short film, Voices Unheard.

Twitter

Twitter Thread #1: Statistics

1/5 What sorts of issues do Native communities face today? A thread:

Indigenous communities have experienced oppression and violence for years. While some of the more obvious injustices against them, such as assimilation, are not as present today, there are still pressing issues.

2/5: One of the most startling injustices to be aware of is the statistics of violence, murder, and sexual assault among Native communities.

3/5: Native women are 10x more likely to be murdered than other women in America.

82% of Native men will experience violence in their lives.

Murder is the third leading cause of death for Native Women.

4/5: In 2016, there were 5,712 known incidents of missing and murdered Native American and Alaskan Native women. However, only 116 of these cases were logged in the Department of Justice Database — that's just 2%.

But hope is not out of reach.

5/5: Organizations like @nativehope are working to raise awareness toward this issue and others that Indigenous communities wrestle with. Follow them to learn more about their work in Native communities and how you can get involved.

Twitter Thread #2: The State of MMIW and How to Take Action

1/5 The State of MMIW and How You Can Help: A thread:

Missing and Murdered Indigenous Women and Children are often ignored by government agencies, law enforcement, and the media. The statistics of how many Native individuals experience violence and murder and find no justice are staggering.

2/5: As of 2016, about 56% of American Indian and Alaskan Native women surveyed had experienced sexual violence. The murder rate is ten times higher for Native women.

3/5: More than 1.4 million American Indian and Alaska Native men have experienced violence in their lifetime.

Even with all of the evidence of harm and the trauma these people groups face, most of the cases are never solved or properly reported.

4/5: However, there is hope emerging in these communities. Advocacy groups and Native organizations are coming together to form marches, events, and projects to raise awareness for issues related to MMIW.

5/5: So how can you help? Follow Native voices and elevate them on your social media profiles and in your personal circles. Educate yourself on Native struggles. Write to local law enforcement and media groups and demand more resources and awareness. Our voices are stronger together. #MMIW



Advocates for Justice: Melissa Skeet

One of the things Native Hope seeks to do is elevate Native voices and draw awareness to inspiring projects that they're involved in. Melissa Skeet is one example of a Native voice raising awareness for domestic abuse and issues facing Native women. Read more about Melissa here:

[Navajo Times](#)

[Native Hope Fellows](#)

Facebook

Post #1: Who is Melissa Skeet?

[Download Graphic Here](#)

Indigenous women face a staggeringly high rate of abuse, violence, and murder.

Melissa Skeet was herself a victim of violence. Now, she's using her voice and her talents to raise awareness for her Native Sisters who experience indifference and apathy from law enforcement, government agencies, and the media when it comes to their trauma.

Through her trail skating, Melissa brings awareness and education about Missing and Indigenous Persons, health, and healing. Her work has helped to inform the whole nation about the harrowing realities of injustices against Native peoples.

Learn more about [Melissa here](#) and follow [Melissa at @skeet_fighter on Instagram!](#)

Post #2: More About Melissa Skeet

[Download Graphic Here](#)

Melissa Skeet, aka Skeet Fighter, is a Diné - Navajo Ultra Roller Skater who skates to bring awareness and education to issues facing Native communities. She specifically focuses on the issues of violence and murder among Native peoples and the lack of education about these issues across the country.

You can learn more about Melissa's goals and projects [here](#), and you can [follow her on Instagram at @skeet_fighter!](#)

Instagram

Post #1: Who is Melissa Skeet? **[Download Graphic Here](#)**

[Melissa Skeet \(@skeet_fighter\)](#) is a survivor of a domestic violence attack in 2017.

She discovered roller derby as a savior for her during this time, and the community she found within her sport gave her a newfound passion for life. From roller derby, Skeet tried trail skating, which became another passion in her life.

Now, Melissa uses trail skating to bring awareness and education about Missing and Murdered Indigenous Persons, health, and healing all over the nation.

Learn more about Melissa [here](#) and follow her [@Skeet_fighter](#) where she shares about her advocacy work and skating adventures!

Post #2: How to Support Melissa **[Download Graphic Here](#)**

[@skeet_fighter](#) is raising awareness for Missing and Murdered Indigenous Persons through her trail skating and through interviews. To learn more about what she's up to and where she is on her skating journey, check out the linktree in her bio.

[Watch her interview](#) with @nativehope about her work and get motivated to take action!



About Native Hope

Native Hope exists to address the injustice done to Native Americans. We dismantle barriers through storytelling and impactful programs to bring healing and inspire hope in Native communities and beyond.

We believe storytelling dismantles barriers, brings healing, and inspires hope.

We serve the Indian country's most urgent needs.

We honor the sovereignty of Native nations.

We advocate for the preservation of culture and Native rights.

We address the issues facing Native America.

We are Native Hope. Join us in our mission and learn more about MMIW at NativeHope.org.

 | <https://www.facebook.com/ProjectNativeHope>

 | <https://www.instagram.com/projectnativehope/>

 | <https://www.youtube.com/NativeHope>

 | <https://www.linkedin.com/company/native-hope/>

 | <https://twitter.com/projnativehope>

