



## Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b> 1% Milk WG-Pancakes Fruit	<b>Breakfast</b> 1% Milk WG-Cereal Fruit	<b>Breakfast</b> 1% Milk WG-Toast/Jelly Fruit	<b>Breakfast</b> 1% Milk WG-Cereal Fruit	<b>Breakfast</b> 1% Milk Biscuit Fruit
<b>Lunch</b> 1% Milk WG-Bread Chicken Nuggets-HM Corn Fruit	<b>Lunch</b> 1% Milk Saltine Crackers Chicken Salad-HM Cherry Tomatoes Fruit	<b>Lunch</b> 1% Milk Chicken Drumstick Roll Green Beans Fruit	<b>Lunch</b> 1% Milk Turkey Sliders WG-Slider Roll Fries Fruit	<b>Lunch</b> 1% Milk Ham/Cheese WG-Bread Carrots Fruit
<b>Snack</b> Fruit Goldfish	<b>Snack</b> Pretzels Cubed Cheese	<b>Snack</b> Goldfish Yogurt	<b>Snack</b> Veggie String Cheese	<b>Snack</b> Banana Milk

## Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b> 1% Milk Lemon Berry Corn Muffins-HM Fruit	<b>Breakfast</b> 1% Milk WG-Cereal Fruit	<b>Breakfast</b> 1% Milk WG Toast/Jelly Fruit	<b>Breakfast</b> 1% Milk WG-Cereal Fruit	<b>Breakfast</b> 1% Milk Biscuit Fruit
<b>Lunch</b> 1% Milk Spaghetti w/Sauce-HM Wg Roll Green Beans Fruit	<b>Lunch</b> 1% Milk Parmesan Chicken TenderHM Corn Fruit	<b>Lunch</b> 1% Milk WG-Chicken Fajita-HM Lima Beans Fruit	<b>Lunch</b> 1% Milk Spaghetti/Meat-HM Peas and Carrots Fruit	<b>Lunch</b> 1% Milk Turkey WG- Crackers Cucumbers Fruit
<b>Snack</b> Graham Crackers Apple Slices	<b>Snack</b> Dried Fruit WG-Cereal Snack Mix HM	<b>Snack</b> Tortilla Chips/Salsa	<b>Snack</b> Graham Crackers Carrots	<b>Snack</b> 1% Milk Toasted Pita & Fruit Dip-HM

**Week 3**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b> 1% Milk WG-Pancakes Fruit	<b>Breakfast</b> 1% Milk WG-Cereal Fruit	<b>Breakfast</b> 1% Milk WG-French Toast Fruit	<b>Breakfast</b> 1% Milk WG-Cereal Fruit	<b>Breakfast</b> 1% Milk Berry Blend Vanilla Yogurt
<b>Lunch</b> 1% Milk Hamburger Steak w/Gravy Mashed Potatoes Brown Rice Fruit	<b>Lunch</b> 1% Milk Ground Turkey/Spanish Rice-HM Baked Beans Fruit	<b>Lunch</b> 1% Milk Tuna (HM) Wg Pita Peas & Carrots Fruit	<b>Lunch</b> 1% Milk Cheese Pizza Cucumbers Fruit	<b>Lunch</b> 1% Milk Ham Sandwich Wg Bread Fresh Veggies Fruit
<b>Snack</b> Oatmeal Muffin Squares Banana	<b>Snack</b> 1% Milk Rice Cake	<b>Snack</b> Stick Cheese Fruit	<b>Snack</b> 1% Milk Apple & Cheese Kabob	<b>Snack</b> <b>Juice</b> Veggies/Hummus-HM

**Week 4**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b> 1% Milk Blueberry Muffin-HM Fruit	<b>Breakfast</b> 1% Milk WG-Cereal Fruit	<b>Breakfast</b> 1% Milk WG-Toast/Jelly Fruit	<b>Breakfast</b> 1% Milk WG-Cereal Fruit	<b>Breakfast</b> 1% Milk Yogurt Fruit
<b>Lunch</b> 1% Milk Taco Salad-HM Green Beans Fruit	<b>Lunch</b> 1% Milk Chicken Alfredo-HM Corn Fruit	<b>Lunch</b> 1% Milk Sloppy Joes on Bun Sweet Peas Fruit	<b>Lunch</b> 1% Milk Tuscan Grilled Cheese Mixed veggies Fruit	<b>Lunch</b> 1% Milk WG-Pita Pinwheels Green Salad Fruit
<b>Snack</b> Wheat thins 1% Milk	<b>Snack</b> 1% Milk Cinnamon Toast	<b>Snack</b> WG-Cheese Toast Applesauce	<b>Snack</b> Dried Fruit/Cereal-HM	<b>Snack</b> Applesauce Graham Crackers

**Week 5**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Breakfast</b> 1% Milk Biscuit Fruit	<b>Breakfast</b> 1% Milk WG-Cereal Fruit	<b>Breakfast</b> 1% Milk WG-Toast/Jelly Fruit	<b>Breakfast</b> 1% Milk WG-Cereal Fruit	<b>Breakfast</b> 1% Milk Yogurt Fruit
<b>Lunch</b> 1% Milk WG- Bread Baked Chicken Green Beans Fruit	<b>Lunch</b> 1% Milk Spanish Chicken Wrap-HM Sweet Peas Fruit	<b>Lunch</b> 1% Milk Hamburger Patty on WG Bun Fries Green Beans Fruit	<b>Lunch</b> 1% Milk Mac and Cheese-HM Carrots Fruit	<b>Lunch</b> 1% Milk Turkey WG- Bun Corn Fruit
<b>Snack</b> Pretzels String Cheese	<b>Snack</b> Very Berry Parfait (fruit/yogurt)	<b>Snack</b> Carrots Fruit	<b>Snack</b> Corny Salsa/Chips	<b>Snack</b> Cheese Squares Fruit