

RAGAMUFFIN REVIVAL PERSONALIZED GRACE TRACKS

Find Your Unique Path to Freedom

TRACK DETERMINATION QUIZ

Discover Your Personalized 30-Day Journey

Instructions: Answer each question honestly based on your current experience. Choose the response that most closely reflects your thoughts and feelings. There are no right or wrong answers—this is simply to help you find the track that will serve you best.

QUESTION 1: When you think about your relationship with God, what worries you most?

A) That I'm not doing enough or being spiritual enough B) That God might be as harsh and critical as religious people I've known C) That it might not be real or that I'm believing something that doesn't make logical sense D) That I've given so much to ministry/serving that I have nothing left E) That I don't really know what I believe or how to connect with God

QUESTION 2: Which statement best describes your current spiritual state?

A) I'm constantly evaluating my spiritual performance and usually feel like I'm failing B) I want to trust God but I'm afraid of being hurt or controlled again C) I have a lot of questions and doubts that make me feel guilty D) I'm exhausted from serving others and feel distant from God E) I'm curious about faith but unsure where to start or what's real

QUESTION 3: What do you do when you make a mistake or sin?

A) Immediately try to "make up for it" through extra prayer, service, or good deeds B) Feel terrified that God will punish me or that I've lost His love C) Wonder if this proves that Christianity isn't working for me D) Feel too tired to

care or deal with it right now E) Feel confused about what God thinks about it or what I should do

QUESTION 4: How do you typically approach spiritual disciplines (prayer, Bible reading, etc.)?

- A) With a sense of obligation and anxiety about doing them "right" or enough
- B) With caution, worried they might be used to manipulate or control me
- C) With skepticism about whether they actually accomplish anything
- D) With exhaustion - they feel like more work instead of refreshment
- E) With uncertainty about how to do them or what they're for

QUESTION 5: When others talk about God's love, your honest reaction is:

- A) "I know God loves me, but I need to earn and maintain that love"
- B) "I want to believe it, but I've been told that before and been hurt"
- C) "That sounds nice, but how can we really know that's true?"
- D) "I used to feel that, but now I just feel empty and tired"
- E) "I hope that's true, but I don't know how to experience it"

QUESTION 6: Which fear resonates most with you?

- A) Fear of disappointing God or not measuring up to His standards
- B) Fear of being judged, controlled, or spiritually abused again
- C) Fear of believing something that turns out to be false or manipulative
- D) Fear that I've lost my passion for God and will never get it back
- E) Fear that I'm not really welcome in God's family or the church

QUESTION 7: When you read the Bible or hear sermons, you often think:

- A) "I need to try harder to apply this to my life"
- B) "I hope this isn't going to make me feel guilty or condemned"
- C) "I wonder if this is historically accurate or just wishful thinking"
- D) "I can't handle any more expectations or responsibilities"
- E) "I wish I understood what this means for my life"

QUESTION 8: Your biggest struggle in your spiritual life is:

A) Never feeling like I'm good enough or spiritual enough B) Learning to trust God and religious people again after being hurt C) Reconciling faith with reason and dealing with unanswered questions D) Finding energy and motivation to engage spiritually when I'm exhausted E) Knowing where to start and what a real relationship with God looks like

SCORING YOUR QUIZ

Count your answers:

- **Mostly A's:** THE PERFECTIONIST TRACK
- **Mostly B's:** THE WOUNDED TRACK
- **Mostly C's:** THE SKEPTIC TRACK
- **Mostly D's:** THE BURNOUT TRACK
- **Mostly E's:** THE SEEKER TRACK

Mixed Results? Choose the track that resonates most with your heart, or start with the one where you had the most answers.

SEE TOOLS SECTION FOR THE INDIVIDUAL TRACK THAT APPLIES TO YOU!