

## Christ Centered Value Assessment

### A Checklist for Evaluating Your Priorities

*"But whatever were gains to me I now consider loss for the sake of Christ. What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things." -  
Philippians 3:7-8*

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#### Part 1: Heart Posture Assessment

For each area below, honestly assess where it stands in relation to Christ:

##### Time & Attention

- ☐ When I have free time, what naturally captures my attention first?
- ☐ What thoughts dominate my mind during quiet moments?
- ☐ Am I willing to interrupt my schedule for time with God?
- ☐ Do I resent when spiritual disciplines "take time" from other activities?

**Reflection:** Does knowing Christ feel like an interruption to my life, or is my life an expression of knowing Him?

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##### Relationships

- ☐ Would I be willing to lose any relationship to follow Christ faithfully?
- ☐ Do I compromise my convictions to maintain certain relationships?
- ☐ Am I more concerned with people's approval than God's?
- ☐ Do my closest relationships draw me toward or away from Christ?

**Reflection:** Who has veto power in my life - Christ or others?

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## **Career & Ambitions**

- ☐ Am I willing to be "less successful" if it means greater faithfulness?
- ☐ Would I change careers if God clearly called me elsewhere?
- ☐ Do I view my work as ministry or as what funds my "real life"?
- ☐ Am I more devastated by career setbacks than spiritual complacency?

**Reflection:** What would I be unwilling to give up for Christ's sake?

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## **Money & Possessions**

- ☐ Do I give generously or calculate the minimum?
- ☐ Am I anxious about finances in a way that reveals misplaced trust?
- ☐ Would I be willing to live with significantly less if God called me to?
- ☐ Do I spend more time managing money than seeking God?

**Reflection:** What financial loss would feel like losing "everything"?

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## **Comfort & Security**

- ☐ Do I avoid God's calling because it feels risky or uncomfortable?
- ☐ Am I more committed to my comfort than to God's mission?
- ☐ Do I choose ease over obedience?
- ☐ Would I be willing to suffer loss for the sake of knowing Christ better?

**Reflection:** What comfort am I unwilling to surrender?

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## Part 2: Comparative Value Questions

Answer honestly: Which loss would devastate me more?

- ☐ Losing my reputation vs. losing intimacy with God
- ☐ Losing financial security vs. losing spiritual vitality
- ☐ Losing my health vs. losing my passion for Christ
- ☐ Losing a key relationship vs. losing my sense of God's presence
- ☐ Losing my dream vs. losing opportunities to serve God
- ☐ Losing my independence vs. losing God's peace
- ☐ Losing respect from others vs. losing Christ's "well done"

**What this reveals:** The losses that devastate us most reveal what we value most.

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## Part 3: Practical Indicators

### Daily Reality Check

- ☐ What do I think about most throughout the day?
- ☐ What news (good or bad) affects my mood most significantly?
- ☐ When I'm stressed, what do I turn to first for comfort?
- ☐ What disappointments linger longest in my heart?
- ☐ What successes give me the deepest satisfaction?

### Sacrifice Assessment

- ☐ What have I actually sacrificed for the sake of knowing Christ?
- ☐ What am I currently holding onto that God might be asking me to release?
- ☐ When did I last choose Christ over something else I wanted?

- ☐ What "gains" have I considered "loss" for Christ's sake recently?

### **Joy Analysis**

- ☐ Where do I find my deepest joy?
  - ☐ What excites me most when I think about the future?
  - ☐ What activities or pursuits make me feel most alive?
  - ☐ Is Christ himself my treasure, or just the benefits He provides?
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## **Part 4: The Central Questions**

### **The Ultimate Assessment**

**1. If I could have everything I want in life except a deep, intimate relationship with Jesus, would I take that deal?**

- Be brutally honest with yourself

**2. What would I absolutely refuse to give up, even if Jesus asked me to?**

- This reveals your functional supreme value

**3. Do I love Jesus, or do I love what Jesus does for me?**

- Am I devoted to the Person or just the benefits?

**4. If knowing Christ more deeply required losing something precious to me, what would my honest response be?**

- Reluctant obedience? Immediate willingness? Resistance?
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## **Part 5: Action Steps**

Based on your assessment, consider:

### **Areas Where Christ is Supreme**

- ☐ Thank God for the grace already at work

- ☐ Ask Him to deepen these areas further
- ☐ Consider how you can help others grow here

### **Areas Where Other Values Compete**

- ☐ Confess this honestly to God without excuses
- ☐ Ask Him to change your heart, not just your behavior
- ☐ Identify one practical step to reorder this priority
- ☐ Consider who could encourage accountability here

### **Moving Forward**

- ☐ Schedule a regular time (monthly/quarterly) to revisit this assessment
- ☐ Share your discoveries with a trusted friend or mentor
- ☐ Pray specifically that God would make Christ increasingly precious to you
- ☐ Look for one area where you can demonstrate Christ's surpassing value this week

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### **Closing Reflection**

Paul didn't just acknowledge Christ's value intellectually—he counted everything as loss in comparison. This wasn't a loss he begrudgingly accepted, but one he considered gain because of "the surpassing worth of knowing Christ Jesus."

**The Goal:** Not guilt, but transformation. Not just behavior modification, but a heart increasingly captivated by Christ's beauty, worth, and love.

**Prayer:** *"Lord, reveal to me what I truly treasure. Show me where I'm clinging to 'gains' that pale in comparison to knowing You. Give me Paul's perspective—to count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. Make Yourself my supreme treasure. Amen."*

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*"For to me, to live is Christ and to die is gain." - Philippians 1:21*