

MOONOLOGY™ MESSAGES ORACLE  
GUIDEBOOK

YASMIN BOLAND

# Moonology™

MESSAGES  
ORACLE



**GUIDEBOOK**

**YASMIN BOLAND**

  
HAY  
HOUSE



# CONTENTS

Welcome	1
It's all about intuition	3
The spirit of the deck	4
How these cards can help you	8
How to Use This Deck	11
One-card draws	13
What if you don't like the card you get?	17
Reading for other people	19
Should you let others touch these cards?	21
Clearing your cards	22

## INTERPRETATIONS OF THE CARDS

Blood Moon	26
Cold Moon	28

## Moonology Messages Oracle

Dark Moon	30
Dark Side of the Moon	32
Day Moon	34
Domicile Moon	36
Drawing Down the Moon	38
Exalted Moon	40
The Falling Moon	42
Follow the Moon	44
Full Moon	46
Healing Moon	48
Howl at the Moon	50
Moonbeams	52
Moon Called	54
Moon Circles	56
Moon Cycles	58
Moon Dance	60
Moonflower	62
Moon Goddess	64
Moon in Detriment	66
Moonlight	68
Moonlight Serenade	70
Moonlit	72
Moon Madness	74
Moon Magic	76
Moon Mastery	78
Moon Maybe	80

## Contents

Moon Memories	82
Moonrise	84
Moon Rising	86
Moonset	88
Moonshining	90
The Moon's Moment	92
The Moon's Reflection	94
Moonstone	96
Moonstruck	98
The Moon's Wisdom	100
New Moon	102
Night Moon	104
Out-of-Bounds Moon	106
Quicksilver Moon	108
Reach for the Moon	110
Ring Around the Moon	112
Talk to the Moon	114
Void Moon	116
Yang Moon	118
Yin Moon	120
<i>About the Artist</i>	123
<i>About the Author</i>	125



## WELCOME

Are you ready to receive messages from the Moon?

If you're reading this, you probably are!

The Moon is the magical and sacred satellite that spins around the Earth keeping us safely in orbit. Without the Moon, our seasons would go haywire, as would the length of our nights and days. *We need the Moon!*

For millennia, the Sun has been seen by most as masculine, or yang, while the Moon has been seen as soft and feminine, or yin. What does that mean? While the shining Sun is flashy and (literally!) in your face, the gentle, silvery Moon is for those who look up, who seek Her, and who are paying attention to Her.

## Moonology Messages Oracle

The Moon keeps Her secrets, to be revealed only to those who enquire.

The Moon has been worshipped as the Goddess and the Goddess has been worshipped as the incarnation of the Moon. Think about that for the moment: The Moon is in the Goddess and the Goddess is in the Moon.

The Moon is known as the Queen of the night and the Queen of Emotions. Her magical lexicon has entered our language; from being Moonstruck to Moonshine, to the ideas of Moon magic and even Moon madness!

To ancient wise women and men, the Moon moving through Her monthly cycle of New to Full to disappearing represented the cycle of birth, life, death, and rebirth.

Just as the beautiful Moon swells, disappears, and reappears every month, so too the ancients believed that we humans go through similar phases of life and rebirth.

Maybe you already sense this too? Like the Moon, our lives go in cycles. We begin something, a

## Welcome

situation peaks, it wanes, and then it's reborn, one way or another. Even our most important one-to-one relationships go through these cycles, over and over again. And the Moon has taught us all that it's okay for life to go in cycles and through phases.

In astrology, the Moon is all about our emotions – She is the perfect conduit for everything that we feel. Our feelings lead to our thoughts, which lead to our words and actions, which lead to the ways our lives pan out. There's a reason why wise women and men (though predominantly women) have connected to the Moon since before recorded time: because the Moon is there for us and guiding us. As I hope these cards will be, too.

### **It's all about intuition**

In my two previous decks, the *Moonology Oracle Cards* and the *Moonology Manifestation Oracle*, I adhered very strictly to the Moon as we know it in astrological terms. This deck is a departure from that model.

## Moonology Messages Oracle

While the *Moonology Oracle Cards* will give you clear answers to a question based on the Moon phase or sign of the card that you draw, and the *Moonology Manifestation Oracle* deck will help you with your manifesting, I feel this deck cuts straight to your intuition.

This wasn't something I planned. It's just worked out like that. The Moon made me do it!

The irony, however, is that it makes complete and utter sense! As well as being about emotions, the Moon is also about the subconscious and intuition, astrologically speaking. So of course a deck called the *Moonology Messages Oracle* is going to have a strong intuitive vibration.

### **The spirit of the deck**

It's said that everything on this Earth has its own spirit, and that includes oracle card decks. Although I may have my name on the box as the author of these cards, I strongly believe that this deck is in fact a spirit that has come to Earth to express itself as a way of helping anyone and everyone who uses the cards.



## *Welcome*

For this reason, the deck should not be used lightly but rather with some reverence.

- Do take a breath and ask for guidance before you draw a card.
- Do keep them in their box or wrap them in a scarf or little bag.
- Do give them a good rap with your knuckles when you use them, to clear out any energy from the last time you asked for their advice.
- Do take their messages seriously – the cards will always tell the truth.
- Do make a note of the cards and messages you receive.
- Don't keep drawing card after card if you're not pleased with the answer. Instead, think about the words in this guidebook about the card you've drawn, and ask yourself honestly what the energy of the card is trying to teach you.

## Moonology Messages Oracle

- Don't let the cards sit around gathering dust in a low-vibration place.

So, the spirit of this deck is all about intuition. It's about taking an idea and asking yourself, as you read the interpretations, to go within and intuit the message that's coming through to you.

Intuition = inner tuition.

Get it?

This deck is all about taking a Moon symbol, which you'll find on every card, and asking it to speak to you intuitively, so that you can more easily access your own amazing intuitive powers to understand what is going on around you and what you're creating.

Just as I believe that intuition fuels the spirit of this deck, so I believe this deck is here to teach us how to access our intuition more easily.

I also feel very strongly that this deck has been guided by one of my favorite Goddesses, Saraswati. I've felt Saraswati extremely strongly

## *Welcome*

throughout the creative process. It's like she's been by my side as I've created the cards, influencing and helping me as I've worked on them with the brilliantly talented and lovely illustrator Ali Vermilio and the wonderful, much-appreciated team from Hay House.

Now, as I write this introduction to the guidebook on how to interpret the cards, something is suddenly really obvious to me, and I'd like to share it with you; the Goddess Saraswati is mainly known for being the keeper of Divine Feminine wisdom. And how does Divine Feminine wisdom so often manifest? As intuition! Who hasn't heard of female intuition? It's so well known as an idea that it's pretty much mainstream, even in circles who don't believe in anything that might be considered slightly woo-woo.

So, as I complete this deck, my own intuition is reminding me that Saraswati is known as the Goddess of – among other things – intuition. No wonder I felt Her so strongly as I was creating it! It's circles within circles, and it pleases me greatly

as I start to get a fuller understanding of how this deck has been birthed or has birthed itself, through me, for you. It's very validating to me that I've felt Saraswati so strongly, infiltrating the creative process of writing these cards, which I now recognize as so intuitive themselves.

It all makes sense.

Perhaps you'll feel Saraswati too? She appears in several of the cards, although never too obviously...

### **How these cards can help you**

Continuing with the theme of the Goddess Saraswati and Her gifts of Divine feminine wisdom and intuition, I hope these cards will help you to understand whatever it is your Higher Self, or your intuition, is trying to tell you.

Your Higher Self is the part of you that knows we're all connected to all life everywhere. We're multi-dimensional beings. It may be that, so far, you only know the part of you here in 3D – but you are so much more than 'just' that. You're an

## *Welcome*

eternal spiritual being experiencing yourself in human form. And you're so very wise!

Our Higher Selves are always talking to us, although sometimes our egos and our emotions get in the way of us hearing their gentle whispers.

Oracle cards make it easier to hear the whispers of our soul, or our Higher Self. Millions of people around the world are now becoming aware that oracle cards are one of the simplest, fastest, and safest ways to access both intuition and messages coming from our Higher Selves.

The jury is still out on how oracle cards work, however. Do we manifest the card that we need to read, do we manifest the card that reflects our current feelings, or does the card manifest at the behest of our Higher Self, in order that we might understand our situation and where it's going?

The mystery of how they work may never be solved while we're on this side of the veil, and maybe it doesn't really matter if we understand them or not.



## HOW TO USE THIS DECK

**B**efore you begin to use this deck, I'm going to ask you to gently take it in both hands. Place it between your breasts, or where your breasts would be, and hold it there, knowing that this is your heart chakra center. Please say the following incantation, or something very much like it:

*I clear these cards of any past  
programming or negativity.*

*Beautiful cards, I bless you and  
I know you'll bless me.*

*I offer up all the readings I may do to  
the Divine, and ask that only energies  
attuned to my vibration or higher  
come through while I use these cards  
for myself or for anyone else.*

## Moonology Messages Oracle

*May we all be blessed by the Divine  
Feminine wisdom within them.*

The next step is to put your energy onto each and every single card. I can't state strongly enough how important this is. Remember that these cards were made in a factory and may have been handled by people in a less than happy mood en route to you, or left in an area where people were angry or arguing, or even stacked onto bookshelves by people in a negative frame of mind. That's why we always clear the cards.

So, take a deep breath, call in your Higher Self and, with the *back* of the cards facing you, slowly but surely leaf through every single card in the deck.

Once that's done, your energy is on every single card. Now turn them over so that the images are facing you, and again leaf through them, but this time even more slowly. Take a moment to let your eyes glance at each card for a few seconds, taking in as much of the image and the message on the card as you can. Keep going until you've looked through every single card.

The reason for doing this is very simple: As we're all connected to all life everywhere, on some level you already know these cards. By leafing through all the images one by one like this, you're remembering and reconnecting with the messages. This process also tells your brain what is on the cards, so to speak, so that when you go to draw a card, you instinctively know all the options of the cards that you may receive. This way, you'll manifest the card you need for the moment in which you draw it.

### **One-card draws**

A single-card draw is a great way to use oracle cards. In fact I like to use a single-card draw as a part of a morning routine. This idea never really worked for me with tarot; I felt as though just drawing one tarot card didn't really give the full picture and I found myself using the Celtic Cross a lot.

However, there seems to be something about oracle cards that makes one-card daily draws work perfectly. So rather than giving you multiple spreads to try (although they can



also work really well, and you can find some New and Full Moon spreads in my past oracle decks if you want to), here are some ideas for working a daily card draw into your morning or evening routine.

When life is flowing really well, it's easy to miss out on doing your morning or evening routine. But when life is more challenging, that's when you suddenly remember to take a moment in the morning to listen to what your soul wants to tell you.

Here is my process (you can do a shorter version when you're pressed for time, but remember to still treat the process as sacred):

- Put some fragrant, high-quality essential oil in your diffuser or light some incense. If you prefer, simply open the windows to allow in some fresh air.
- Put on some beautiful music. I love Solfeggio Frequencies, and you also will never go wrong with Deva Premal, Edo and Jo, and Craig Pruess.

## *How to Use This Deck*

- Turn your phone to silent or off.
- Roll out your yoga mat if you have one. If you don't, lay down a large bath towel instead.
- Do some gentle yoga stretching on the mat or towel. It doesn't have to be anything complicated or highly accomplished. The idea is just to get your mind connected with your body.
- Next, sit quietly on your mat, cross-legged if you can. If that's too uncomfortable, find a position that suits you. Stay on the floor if you can, but otherwise sit yourself on a chair or sofa.
- Close your eyes and just breathe gently.
- As you breathe quietly, chant with gratitude for the good in your life one of the following, silently or out loud (silently is more powerful):
  - ~ I am safe and all is well (Louise Hay's famous affirmation).

## Moonology Messages Oracle

- ~ Ommm (this is the equivalent of picking up the cosmic telephone).
- ~ So hum (which means 'I am He/She/That' in Sanskrit).
- ~ Ahhhhh (invokes the Divine Mother).
- ~ Or chant your current favorite affirmation.
- Do this for up to 20 minutes – or five minutes is okay as well. Just do what you can.
- Now draw an oracle card from the deck. You can ask for a message for the day ahead or the coming 24 hours, or for a card that will help you understand a challenge you're currently facing. Speak your intention clearly out loud.
- Find the interpretation of the card and read it carefully.
- Make some notes in your journal about the card that appeared and the keywords that have really resonated with you. Include your

- own interpretation of what it means for you today.
- Set the card somewhere you can see it for the rest of the day/evening and continue to contemplate it as the hours unfold. What does your intuition tell you about this message from your Higher Self?

### **What if you don't like the card you get?**

When you're going through a tough time, the cards will often reflect this. They're simply not going to tell you that everything is hunky-dory when it's not. Therefore, it's essential to recognize the cards for what they are: a message from your intuition or your Higher Self or even the Goddess Saraswati gently guiding you on your way.

If you draw a daily or nightly card, it makes it much easier to deal with any messages that come up. You know that they only apply for the coming 24 hours and that tomorrow is another day.

## Moonology Messages Oracle

It's really important to write down your readings – I won't even add 'if you have time,' because I really believe that writing them down has a certain power: It means that you're able to look back over the readings you've had. When you do this, you'll start to see how your journey has unfolded. As they say, everything will be alright in the end, and if it's not alright, it's not the end. Some of the most profound, sacred experiences I've had have come from looking at how oracle cards have guided me through a difficult situation.

Resist any temptation you may have to draw more than one card a day. I know! I know! Sometimes it's really hard. However, I believe that when we draw too many cards in a single day, we skip ahead into the future that we're currently creating. And that can be confusing.

So try and just do one card every day or evening – especially when you're using these cards. Remember that these cards are here to prompt your intuition.

## **Reading for other people**

One of the absolute beauties of oracle cards is there are no *really* scary ones, at least not in any of my decks. There are some cards with a sterner message than others. There are some cards that aren't going to tell you exactly what you want to hear, or are telling you that you need more time, or you need to be patient to make or accept changes. But overall there is nothing to keep you awake at night within these cards.

The reason for this is not only because I'm a naturally positive and upbeat person. The real reason is that, as we go through life, we're always going to meet obstacles, and the cards are here to help us understand how to navigate our way around and through them.

I mention all this now because it's extremely important that you bear this in mind as you read for other people (just as much as you bear these ideas in mind when you read for yourself).

## Moonology Messages Oracle

Here's the thing: Having someone do a reading for you can be a confronting experience. You're basically handing over your power in that moment and asking them to tap into their intuition to access their take on what is right or not right for you.

That's not to say it's not a good idea to ask someone else to read for you. I do it on a fairly regular basis. Sometimes we're too upset to read for ourselves.

But I know that I'm then subject to that person's interpretation, so I'll only ever ask someone I truly trust to do a reading for me.

If you're doing a reading for someone, please remember that you're in a position of power. It's better for your own karma if you take this very seriously!

Many people you read for will take whatever you say *very seriously*, as I believe they should. But the last thing you want to do is freak them out and give them a negative, self-fulfilling prophecy that they then go out and manifest.

Instead, what you want to do is help them see that, whatever they're going through, there is a way through, and the cards are guiding them.

Please take a moment now to put your hand on your heart and say silently or out loud:

*As I read these cards, I promise to  
always look on the side of the light!*

### **Should you let others touch these cards?**

I'm not at all a fan of the idea that no one else should be allowed to touch my cards. I feel that's very divisive behavior. I remember hearing of a yoga teacher who literally shouted at a lovely friend of mine when my friend had the 'temerity' to lightly touch the teacher's oracle cards, which were sitting in a pile on a table in the yoga studio.

For me that is just wrong. By saying no one else can touch your cards, you could easily give the message that only your energy is good and other people's energy is bad – which is simply not the case. (That said, of course I'm somewhat



protective of my cards and would try and keep them out of someone's hands if I felt that person had seriously negative energy.)

If you're doing a reading for someone, I am all about allowing them to shuffle and choose the cards themselves. That person's energy will then go into the cards, and that will be better for the reading. Afterwards you can clear them again; not because that person's energy is nasty, but rather because, when you're using the cards, you really need your energies to be in the cards, so that you're not influenced by anyone else's energy.

### **Clearing your cards**

There are lots of ways to clear your cards but my favorite is super-simple and, I believe, very powerful:

1. If you're right-handed, take the deck in your left hand; if you're left-handed, take the deck in your right hand.

## *How to Use This Deck*

2. Hold it very firmly, with as much of the top of the cards 'poking out' of your hand as possible, without dropping the cards.
3. With your free hand, give the deck three very firm raps with your knuckles. As you do so, set the intention for any negativity in the cards to fall to the floor. You can knock more than three times on the deck if you want to, and you can also turn the deck around in your hands to rap at both ends of it.

I've used this method for years and I truly believe it knocks out any negative energy.

I hope these cards serve you beautifully over the years. Let the Moon, your intuition, and the Goddess be your guide!

The book cover features a large, detailed image of the moon in the upper half. Below the moon is a large, light-colored triangle. The base of the triangle is decorated with two clusters of white flowers and green leaves. The background is a textured, light blue-grey color.

**INTERPRETATIONS  
OF THE CARDS**

## Blood Moon

# COURAGE



This card brings you courage! You're halfway through your current battle and you have more left in reserves than you think. Be courageous. Humans often struggle with change, but sometimes change is absolutely called for – this may be one of those times. The more you refuse to budge on a situation now, the more painful the outcome may be. Sometimes the brave thing to do is compromise. Keep going, and do what it takes, even if you're scared. As long as no one is being harmed, push through and do what you need to do. You're at the end of one cycle and the start of a new one. What you don't willingly release now, if you know it has to go, could be ripped from you, so release your grip on a situation. The idea of blood is often a frightening image; however, blood is also a giver of life – without it, we wouldn't last long! Your

situation is as it should be. Breathe – and then keep on going.

### **Additional meanings for this card**

- Do some shadow work.
- A change is coming.
- Don't cling on to the past.
- A portal of opportunity is opening up.
- Leave the past behind now – for your own good.

### **About this symbol**

A Blood Moon happens at the time of a total lunar eclipse. The Moon appears to turn deep, dark red because She's being lit up by light that's passed through the Earth's atmosphere.

## Cold Moon

# FACE YOUR FEARS



Right now you're being asked to face a fear. You may feel alone but you're not; you have a team of celestial beings loving you and guiding you. However, at the moment it may be that you need to stand on your own two feet more and face whatever fear is stopping you from moving forward. You need to do things on your own right now because you're in a period of soul growth. Whatever is challenging you now is something you need in order to evolve, however hard that may be to believe. Be super-kind to yourself and know that you're still connected to the three-dimensional you who knows that everything now is happening for your highest good. Know this: The more we resist a lesson, the harder life has to work to show us what we're meant to see. Whatever you're going through now is a lesson. If you can push through fear now, you'll

## *Cold Moon*

come out the other side a changed person. The whole Universe is on your side.

### **Additional meanings for this card**

- A health matter can improve.
- Rebalance your chakras.
- Find someone you can trust to share your situation with.
- Be kinder to yourself and others.
- Stop being stubborn.

### **About this symbol**

At times we may feel alone, even though in truth we still have a team of celestial beings surrounding us and cheering us on. Life can feel very cold.

## Dark Moon

# THE PAST



You're ready to leave something behind. Fear is stopping you from moving forward, but there is nothing to be scared of. Something in your past needs to be released. It could be a perceived failure, a relationship, a fear created by something that happened to you, recently or a long time ago. It's holding you back. An important distinction to make: The Dark Moon energies of this card are 'dark' as per the expression, 'It's darkest before the dawn.' That's the darkness we're talking about here. So when this card comes up, you're at a precipice of some kind. Either you fall back into the past or you decide to call your energies back into you, so that you no longer have a part of your energetic body stuck in the past. The energy around you now holds the *literally* awesome power of the Dark Goddess, whom we were all taught to fear, but who in truth helps us to break with the



## *Dark Moon*

past. Clear out negativity now to make space for something new and better. That's the message of this card.

### **Additional meanings for this card**

- Your dreams about the past are a clue to your situation.
- You're about to turn the corner at last.
- It's the dark before the dawn.
- There is nothing to fear.
- Embrace your power.

### **About this symbol**

The Dark Moon comes at the end of the lunar cycle. It's not something you learn about in most astrology schools, but it's one of the most powerful moments in the lunar cycle – pay attention when this card comes up!

## Dark Side of the Moon

# MYSTERY



Drawing this card suggests that the way forward is not yet brightly lit, so to speak. There is mystery surrounding your question. You probably already sense that. It could be that someone isn't being entirely up-front with you. Don't be alarmed! It may simply be that whoever this question involves doesn't yet feel ready to show all their cards. Or perhaps the situation you're enquiring about hasn't yet fully evolved to its final state, and at this point it's just impossible to know the answer to your question. The best thing to do is to work with what you do know and surrender the need to know everything. On the one hand, it could be that the answer to your question is shrouded in darkness because there's some foul play happening; on the other, it could be that you just don't need to know more – at least not yet. Stay optimistic now rather than focusing on any fears you have around your situation.

### **Additional meanings for this card**

- You have free will.
- Some things are better left unsaid.
- Trust the Universe and see what happens.
- Face any fears around your question.
- See your glass as half full.

### **About this symbol**

The Dark Side of the Moon is a super-mysterious thing, agreed? We never see it from here on Earth, because of the way the Moon turns. We know it's there and we know it's unknowable. This only makes us more inquisitive about it. Mystery.

## Day Moon

# LOVE



There's something miraculous about seeing the Moon during the day, agreed? And there's something even more miraculous about love. There is also something miraculous afoot, quite possibly to do with love, when you draw this card. It suggests that, although there still may be challenges – and aren't there always challenges in relationships? – you have a relationship that's worth thinking about. Love is dawning; love is rising, like the Day Moon. If you're in a troubled relationship of any kind, personal or professional, take this card as a sign that the toughest obstacles are behind you. The way to find partnership happiness now is to remove your ego from the situation and allow the purity of your feelings to guide you. If you're attracted to someone, this card is a sign to show your feelings. Even in a non-romantic situation, the message of this card is similar: It's crucial to show someone else

involved in your question how you feel. Your feelings are more important than your ego. Better days are dawning. Bluer skies are ahead of you. Live for love and love will live for you.

### **Additional meanings for this card**

- Something unexpected is about to happen – stay tuned!
- A secret is about to be exposed.
- Working with the Moon will help you now.
- Life is what you make it.
- It's time to start seeing life's magic.

### **About this symbol**

As the Moon moves into Her Quarter Moon phases, especially after Full Moon, conditions develop for us to have a 'Day Moon,' i.e. to see the Moon during the day, because She's far enough away from the Sun and rises or sets during daylight.

## Domicile Moon

# ABUNDANCE



Expect abundance – an abundance of good things in all shapes and forms! It seems you've found your place in life. You feel at home in your current situation – or, even if you don't quite feel at home yet, good things are coming. With the Moon as well placed as She is in this card, an abundance of loveliness must surely follow. Remember that abundance follows your frequency. When you draw this card, it suggests you've tapped into the right frequency to match whatever it is that you want to achieve. An abundance of good things might include more cash coming into your life, or perhaps an abundance of love and good feelings between you and the person you love or the people you love. If you're worried about your financial situation, this is a reminder that you have what it takes to generate the cash you want. If you're wondering about moving house, this card is

almost certainly a suggestion to stay where you are for now. If you're asking about a relationship, it appears you and your beloved actually are fairly well suited.

### **Additional meanings for this card**

- Take a trip home.
- You fit right in.
- It's time to express your full potential.
- Home is where the heart is.
- Stay where you are.

### **About this symbol**

Throughout this deck, we see the Moon representing our emotions. Sometimes the condition of the Moon is challenging, and therefore our situation is challenging – and sometimes everything is as it should be, as with this card.

## Drawing Down the Moon

# KNOWLEDGE



There are some things we know because we learnt them the old-fashioned/traditional way, and there are some things we know because we *intuit them*, instinctively and on an energetic level. Drawing this card suggests that you're wiser than you know, but that to answer your question, you will need sacred knowledge that can't be found in a book or online. You are therefore advised to go within and call the Goddess to you. Channel Her thoughts and then journal about your experience. If you have a favorite Goddess you like to work with, call Her in. Alternatively, explore which Goddess appeals to you and call Her in by asking Her to come to you in meditation. Or simply close your eyes and ask, 'Which Goddess wants to come to me?' However you do this process, ask the Goddess to transmit the information you need. Whenever this card appears, it's also a reminder



to stay on track with your Moon practices: Set intentions at the New Moon and release them to the Divine at Full Moon.

### **Additional meanings for this card**

- The Goddess is with you.
- Embody your spirituality.
- You don't yet have all the answers you need.
- Step into your wisdom.
- Let the Moon be your guide.

### **About this symbol**

The practice of Drawing Down the Moon is said to date back to the 2nd century BCE. It involves calling Goddess energy into your body via the Moon and asking Her to speak through you.

## Exalted Moon

# SELF-REGULATION



In the situation you're asking about, your superpower is that you can regulate your emotions. That doesn't mean suppress them! It means you can feel all your feelings and process them and let them move through you. You can just be. This gives you power. Remember: 'As within, so without.' In other words, when you're filled with tumultuous inner emotions, your external life is likely to reflect that. However, pulling this card suggests that no matter what you've been going through, being at peace with your feelings is the key to success. Even if your feelings are intense, breathe through them so they don't cause outward turbulence. That is your magic. Think of yourself as a sorceress or sorcerer and stay centered now. For best results, bring compassion, empathy, and unconditional love to your current situation. You have all that you need to sort this situation out. In fact,

you may even have the upper hand. However, you need to use that advantage wisely. You may need to take the emotional lead. Be a good example for others.

### **Additional meanings for this card**

- Keep your feet on the ground.
- Ask 'what would nourish me?' in this situation.
- Emotional honesty is called for.
- Allow someone else to express their emotions.
- Slow and steady wins the race.

### **About this symbol**

In astrology, the Moon is all about feelings, and is said to be 'exalted', or in great shape, in the sign of Taurus.

## The Falling Moon

# RELEASE BLOCKS



Something about your situation is blocked. There could be some repressed emotions swirling around your current situation that need to be released. Anger, in particular, could be blocking you now. This is a problem, because emotions are like the water as you ride along the river of life. Block your emotions and it's as though the river has dried up, so you can no longer cruise or drift or even lurch forward. We'd all like a straight answer to our questions, but sometimes that answer is inside you and you need to release all the rubbish that is blocking that answer from surfacing. This card reminds you to practice self-care and to process your emotions. It's a myth that being strong and silent is healthy; it's healthier to allow yourself to express your emotions – and that may be exactly what you need to do now as a response to your current situation. If you believe that

insecurity on your part is currently holding you back from success, this card is a reminder that only *you* can work on yourself.

### **Additional meanings for this card**

- Be honest about your feelings.
- Take anger-management lessons.
- Breathwork will help you now.
- Ask someone older than you for advice.
- You've lost your way and need to recalibrate.

### **About this symbol**

The image of the Moon falling is a scary one in some ways because without the Moon, the Earth spins out of orbit. Similarly, without processing our feelings, we can also spin off our path.

## Follow the Moon

# WATCH FOR SIGNS



What is the Universe telling you? It's important to learn how to read the signs coming your way. What signs are you being sent? Learning to read the signs is a big step along the spiritual path. They can come in the form of dreams, music, numbers, or patterns. Your life themes are signs of what is going on in your consciousness. There are signs around you, and you need to see them! Alternatively, in the coming 24 hours ask the Universe for a concrete sign of some kind about your questions. For example, ask to see a rainbow or a pink unicorn (or whatever feels right to you) – and then keep your eyes peeled. There is your answer. This card can come up as a sign to change your behavior or your focus. Pay attention. The signs are everywhere. What are you seeing? This card can also be a gentle reminder to get back into healthy routines that

will help your life to tick over more smoothly.  
Meditation will help you.

### **Additional meanings for this card**

- The way someone does one thing is how they do everything – it's a theory!
- Open your eyes.
- Listen to your intuition.
- A spiritual self-care routine will help.
- Open up to Divine guidance.

### **About this symbol**

Ask the Universe for a rainbow as your sign, and see if you get a double one; the Universe is talking, are you listening?

## Full Moon

# FORGIVENESS



You need to be more forgiving of someone. Or maybe it's you that needs forgiveness? Either way, what you need to know when you draw this card is that whatever you want can come your way, but you have to move through forgiveness first. Resentment causes energetic blockages. Maybe you need to forgive a partner or parent, and once you do, you'll magically release something that is currently blocking your way forward. The Full Moon is perfect for emotional releases, as all your emotions rise to the surface – all the better for you to face up to them. Forgiving someone doesn't mean what happened is okay, but it does mean you're ready to move on. Explore these ideas in relation to whatever you're asking about or take them as general guidance. The situation you're asking about will be healed for all once you've let go of rancor and bitterness. There are no guarantees



as to the outcome, but forgiveness will be a step in the right direction – and either way, you'll feel better.

### **Additional meanings for this card**

- Don't get too crazy.
- Release resistance.
- It's time to move on.
- This is the peak of your situation.
- Breathe through dramas.

### **About this symbol**

Life hardly gets any crazier than it does at a super-charged Full Moon. Get out under the moonbeams and soak it up. But remember to breathe through any emotional explosions.

## Healing Moon

# SEEK HEALING



There is one very important question that you need to ask yourself when you draw this card: What would your current situation look like if it were healed? Close your eyes for a moment and visualize it. It's important to get a clear picture of it in your mind's eye. Drawing this card suggests you're in a situation that needs healing – and that healing has actually started. However, you have to believe in the process to complete it. What might be very painful now may become much easier quite soon. The most important thing is to work through your emotions rather than denying them – that is how healing will be brought about. Talk through issues. Work on your chakras will also help, cleaning out any emotional or energetic debris in your aura. To do this, simply put on some uplifting music, sit, close your eyes, and imagine yourself under a column of blue and gold healing light. Set the

intention that your energies and the situation you're asking about will be healed. Healing is at hand.

### **Additional meanings for this card**

- Anything can be healed.
- Hold the vision of this situation being healed.
- Make 'I am healed, my life is healed, and so it is!' your motto.
- Better days are coming soon.
- Heal your feelings, heal your life.

### **About this symbol**

There is something very healing about the Moon. Perhaps it's Her consistency or perhaps, as the saying goes, it's because She shows us that it's okay to go in cycles.

## Howl at the Moon

# PROCESS YOUR FEELINGS



The practice of Moonology involves, *at the very least*, processing your feelings – at Full Moon and again at Dark Moon. How are you doing with that? Drawing this card suggests you have some feelings you need to release, for your own good as well as for the good of anyone else involved in the situation. Now is the time to let your feelings show, too. Bottling them up so that no one knows how you really feel isn't healthy, obviously. If you're doing that, stop! Consider working on your throat chakra with chanting, breathwork, or singing. Literally go out and howl at the Moon. You're not at the end of this story yet, so this card can't tell you what the end will be – it's up to you to create it. But part of that journey toward your answer involves you releasing your throat chakra and expressing yourself. If the situation

or your life feels blocked now, processing your feelings could be the key to unblocking. Feel them and deal with them. Negativity blocks your powers.

### **Additional meanings for this card**

- Don't insist on having *everything* your way.
- Music will be healing to you.
- Talk to a counsellor if you need to.
- Do shadow work.
- Face your fears.

### **About this symbol**

I feel Goddess Kali strongly when I ruminate on this card. She doesn't care about niceties. She'll howl at the Moon if she needs to.

## Moonbeams

# FOCUS



Having big dreams is a wonderful thing but drawing this card suggests you need to get more serious and focused when it comes to making your dreams come true. To paraphrase Thomas Edison: Success is one percent inspiration and 99 percent perspiration. You're very much on the right track but you need to hone your vision. Where should you begin? If you've been comparing yourself to other people, this card is a strong reminder that comparison is the thief of joy. You can only go at your own pace. If someone or something is causing you to be distracted from your sole purpose, this is the time to turn down the noise. You're being asked to make a bigger effort in terms of moving toward your goal. That may include having greater self-discipline and restraint. Also remember that success is very rarely linear. Even if you feel as though you're going

round in circles, you're still inching toward your goals. But you do need to stay very focused right now.

### **Additional meanings for this card**

- Don't judge yourself or others too harshly.
- Success takes time.
- Focus on the positive.
- Take time out if you need it.
- Meditate.

### **About this symbol**

Moonbeams are a combination of yin and yang – the yin is the soft moonlight which comes from the yang, the Sun's harsher light.

## Moon Called **MEANT TO BE**



Some things are just meant to be, and it seems as though that might apply to whatever you're asking here. That doesn't mean you can just sit around doing very little or nothing and expect everything to fall into your lap. We're all constantly creating our lives, so you need to do whatever is necessary to steer this situation in the direction in which you want it to go. But move forward in the knowledge that you're on the right track, or this card wouldn't have come up. This situation has 'meant to be' written all over it. Trust that and go with it. What's happening is good and right for you and your soul's development at this point, so keep moving forward toward whatever you want. Tuning in to the lunar cycle can only help, so go for it during the waxing cycle (New Moon to Full) and release your grip and attachment during the waning cycle (Full Moon to New).



### **Additional meanings for this card**

- This is part of your soul's journey.
- Follow your feelings.
- Create the reality you're dreaming of.
- Know that the celestial realms are on your side.
- The answer is 'yes!'

### **About this symbol**

As much as the idea of destiny is a lovely one, it's becoming clear that we create our own reality. How freeing and empowering is that?

## Moon Circles

# SUPPORT



When this card comes up, it's time to call in your people. Find the people who matter the most to you – to whom you also matter – and spend some time with them. There is wisdom to be found in gathering together with others and right now, you could use that wisdom. You just need one or two close friends or relatives – the first ones that spring to mind are probably right. Let them know how you're feeling. Seek their advice and support. Sometimes we put on such a brave face that the rest of the world has no clue that we're going through something. Remember the old saying: A problem shared is a problem halved. It's OK to be vulnerable with the people who care for you. Depending on when you draw this card, getting together with friends for a New Moon or Full Moon circle could be just what the cosmos ordered.

### **Additional meanings for this card**

- You need to get someone on your side.
- Seek out like-minded people.
- Life goes in cycles; be patient.
- Ask a female friend for help.
- Take responsibility for your actions.

### **About this symbol**

A Moon circle often refers to a group of women who come together every New or Full Moon to celebrate the lunation. These circles are filled with love and loyalty. A Moon circle could be exactly what you need right now.

## Moon Cycles

# PATIENCE



This card urges you to trust in Divine timing. In ancient times, women and men were more attuned to the fact that life goes in cycles, just like the Moon. (We know this because the first recorded lunar calendars date back at least as far as the Stone Age!) It served these women and men to know which Moon phase they were in just as it serves you now to know which *life phase* you're in. As you go through whatever you're going through right now, as you experience whatever has prompted you to ask this question, as you impatiently await the next developments, remember that life goes in cycles. And just as you can't hurry up the Moon, you can't speed up the process you need to go through now. You need to feel all your feelings and learn all your soul lessons as you go through whatever you're encountering. Patience is called for, but you'll more than likely

get to where you want to go. It's not easy to wait, but sometimes instant gratification leads only to short-term gains.

### **Additional meaning for this card**

- Be persistent.
- This too shall pass.
- Just like the Moon, we all go through phases.
- Slow down.
- There is a natural cycle that needs to unfold.

### **About this symbol**

The Moon is always whole, even if we can't see the whole of Her. This relates to the likelihood that the answers you seek are coming, even if you can't hear them yet.

## Moon Dance

# CELEBRATION



This card brings good news; you will soon have good reason to celebrate. Expect good things and positive developments. Think about all the good in your life at this very moment. What do you have to be grateful for? Be grateful for it now. Do a little dance of gratitude. Stay focused on solutions, not problems. Open your heart and be as happy as you can with the way things are now. Being upbeat about the good things in your life is hugely important when it comes to creating the life you want. It's as though better things come to people who are already buzzing. The essential message of this card is: You'll get what you want once you love what you have. Feeling grateful is the key. If you're going through a situation so tough that it's hard to be grateful, dig deeper for something you're happy about. Good times are ahead – you have to believe it – and this card is a

sign urging you to be more optimistic. You have every reason for optimism.

### **Additional meanings for this card**

- There's good news coming.
- Be sociable.
- Praise your life.
- Take up dancing.
- Say 'yes' to a party.

### **About this symbol**

Sometimes you need to celebrate before you really have something to celebrate. Make life a celebration, and not just on special occasions.

## Moonflower

# TAKE A RISK



Do you have the courage to spin the wheel of life and see what comes up? Playing it safe will not serve your current situation. No one is saying you should take a massive risk and gamble everything away, but nor should you refuse to make your move. It could be time for you to adopt a more positive mental attitude and see your glass as half full. A regular gratitude practice will help (for example, every Friday night). Try doing your practice with friends or family for a few weeks. Adventure is calling you somehow, and this card has come up because your Higher Self wants you to look further into it. As Marianne Williamson famously wrote, 'Your playing small does not serve the world.' It's time for you to take a risk and show the world who you really are and how you really feel. If your self-esteem is hampering you, this card is



## *Moonflower*

a sign to work on it, for real. The wheel is still spinning when you get this card. Take a chance.

### **Additional meanings for this card**

- Take the trip.
- Be optimistic.
- Love yourself more.
- Life is short; make the most of it.
- Believe in yourself.

### **About this symbol**

The seeds of a moonflower are hallucinogenic. These flowers bloom in the evening and have an enticing fragrance. This card is leading toward adventures.

## Moon Goddess

# HIGHER POWER



The situation you're asking about may feel impossible – but you are magical and have celestial support. The Goddess is on your side! Whatever you're facing, she's bringing you healing, grace, and blessings. You're facing a soul challenge right now – you need to move through it to know how strong you are. Mere mortals often give up when they face tough challenges. But if you're reading this, you're not a mere mortal! You know that you're connected to a higher power, including all the Goddesses who are there for you. Tap into that power – the Goddess is wise and wants to guide you. Connect by getting out in nature under the Moon, or through chanting, or meditation – whatever way feels right to you. Which Goddess should you reach out to? That's entirely up to you. If you don't already have a favorite Goddess, search online and see who you feel

most drawn to. Whatever you're going through now, you don't need to handle it on your own. The Goddess awaits you.

### **Additional meanings for this card**

- Connect to the Divine.
- Spend a month with the Moon.
- Ask for help.
- Don't go it alone now.
- Call in the Goddess.

### **About this symbol**

It's so easy for us to act from our ego and think we can solve all our issues. However, there are higher powers just waiting for us to ask for help. They can even help you via these very oracle cards, so pay attention!

## Moon in Detriment

# CUT YOUR LOSSES



It would be absolutely lovely if life were nothing but rainbows and unicorns. But after a certain age (say, around seven years old), we start to realize that there is always going to be light and shade. Drawing this card suggests that right now you might be going through a little bit more shade than light. You're not at your best, and it could be that the situation you're enquiring about is taking its toll on you and your vitality. You have two choices at this point: Either you keep going in the same direction you've been heading in up to this point, or you do what it takes to cut your losses. In other words, is it possible for you to change tack now, or are you absolutely committed to the actions you've been taking lately? You're not running on full power in this situation at the moment, so if you want to change that, you need to think about what it's going to take to strengthen

your position. In your current situation, it's not easy to be spontaneous, and that can make everything feel rather tedious.

### **Additional meanings for this card**

- What's happening isn't your fault.
- Are you being too self-conscious?
- Do you need to look on the bright side a little more?
- Life goes in cycles, and you need to accept that this is a moment to do the necessary emotional work.

### **About this symbol**

The Moon is said to be in detriment in the sign of Capricorn. Capricorn is all about being strict and severe and the Moon is all about emotions. Together, they create tension.

## Moonlight

# ENCHANTED



There is something magical and enchanted about moonlight; whatever it touches turns a beautiful, creamy silver. Something is doing this in your life now – or is about to. Life is all about cycles, as is astrology and Moonology. Right now, you're about to move into a more enchanted time or cycle in your life – if you believe. Whatever you're wishing for can come true because you're starting to believe again, perhaps after a rough time. This card reminds you to focus on the good while you process the difficult. If you can't yet feel the magic in your life, take support from a daily practice of just breathing out, with the intention of breathing out stress through cleansing breaths. It might be dark now but there is moonlight at the end of the tunnel, so keep the faith and see the world through kind eyes. If you affirm that something is 'too good

## *Moonlight*

to be true,' you might make it so. Instead, believe that life *can* be magical for you – and it can be.

### **Additional meanings for this card**

- Smile more.
- Trust the process.
- Get in touch with your inner child.
- Believe it and achieve it.
- Expect good things.

### **About this symbol**

We're taught to fear the dark, but the moonlight of a Full Moon shows us that there is less to fear and more to be grateful for. No darkness, no moonlight.

## Moonlight Serenade

# CHANGE YOUR TUNE



You may need to change your tune. Have you been harping on and on about the same old thing? Is it time for you to change things up? Maybe you've been a little too frantic and it's time to slow things down. Stop and hear the music of the spheres – the planets. Could it be that you need to change your mind, have a change of heart, update your opinion? Is it time to choose love over fear? It's so easy to get stuck in particular ways of communicating. Maybe the person you need to get through to now will respond in a way that's more to your liking if you sing a different song. In other words, try a new tactic. Have you been obsessing? If so, stop! And remember, as Dr. Wayne Dyer taught: When you change the way you look at things, the things you look at change. Make sure you're not being stubborn. Holding your ground sounds good but there's



nothing wrong with admitting when a new tactic is called for, and one may well be called for now.

### **Additional meanings for this card**

- Look at your question from a new perspective.
- Don't be afraid to admit if you were wrong.
- Allow someone else to take the lead.
- Focus on the good things in life.
- Relax a little – take it down a notch.

### **About this symbol**

To be in flow with someone, personally or professionally, we need to listen to them and get ourselves in harmony, rather than trying to have it all our own way.

## Moonlit

# EMBRACE UNCERTAINTY



A moonlit night might be beautiful, but it makes it hard to really see what's going on if you need to. Under very gentle Moonlight, we simply can't see exactly what's going on around us. If we go out into the night and the Moon is in the early stages of the waxing cycle or the late stages of the waning cycle, there isn't much illumination offered. If this card comes up for you, it suggests that you don't yet know the full story around whatever question you're asking. It could simply be that someone else involved in your situation still isn't clear on what they do or don't want, so they can't tell you. Deception may be at play, which can bring up a lot of anxiety and even fear. All is not lost, though! Remember, the Moon goes in phases and, even if there isn't much light around your situation right now, in the fullness of time everything will be clarified and illuminated,

and you'll learn what you need to know. That will ultimately be healing for you and everyone else.

### **Additional meanings for this card**

- The path forward isn't clear yet.
- Explore your dreams and intuition.
- Trust your feelings.
- Uncertainty is part of your current process.
- Wait before making your move.

### **About this symbol**

Remember, beautiful moonlight is the reflection of the yang Sun on the yin Moon. It's a combination of the masculine and feminine energies.

## Moon Madness

# AVOID DRAMA



It's too easy for you to get wrapped up in dramas right now – even to feel a little like it's all too much. What you're dealing with is *noise*. Don't fall for it, and don't believe everything people tell you. It's time for you to take a step back from everything that is swirling round you. Being overly involved is an easy trap. The more you wade in and get entangled now, the more unnecessarily intense the whole situation is going to become. Consider the possibility that you're not quite thinking straight at the moment; maybe you need to quell your emotions so they don't lead you astray. Taking a back seat will help. Gentle breathing exercises will help get you back into alignment, all the better to deal with the question you're asking the cards about. Exhale and let events unfold in their own time. It could be that everyone in the situation you're asking about is feeling too

much pressure. Detach from drama, which can end up hampering everything. B-r-e-a-t-h-e out – your energy field will thank you!

### **Additional meanings for this card**

- There is too much drama in the air to think straight.
- Someone is being overly provocative (you?).
- Don't stress – it won't change anything.
- Backing down or off is sometimes your best play.
- You need to trust that the situation will be fine.

### **About this symbol**

Lunacy was once said to come from sleeping in the rays of the Moon – a belief that persisted through the Middle Ages. Even Shakespeare wrote in *Othello* that the Moon 'makes men mad.'

## Moon Magic

# TRANSFORMATION



As we move through life, we can aim high or low. For example, when it comes to your current situation, you can hope for small changes or you can aim for massive transformation that takes everyone involved to the next level. There is magic afoot now, even if you can't yet feel it. You have the power to transform your life. Believe that whatever you're going through right now is what you have to experience to get where you want to go. A romantic situation can get better than ever when you draw this card – but do allow the Universe to show you who the romance will be with! It could be with your current partner or someone else. But transformation is possible. If you're asking about abundance, know that transformation is possible in this regard too. Either way, you have to believe in your powers and your ability to shape your life. Once you do that, align with the

Moon cycles. Set intentions at New Moon and do release work at Full Moon, and watch your life transform.

### **Additional meanings for this card**

- You can do this – dig deeper.
- You're learning about your powers.
- Believe.
- You've got the power!
- This is a soul test.

### **About this symbol**

The Moon has a magical quality about Her. The fact that you're reading this suggests you're ready to tap into that. Go out into the moonlight and make some beautiful magic (better yet, do it with like-minded souls).

## Moon Mastery

# THE LAW OF ATTRACTION



Whatever you want, you can make it happen! Trust yourself and your power to create. Work your magic. You have mystical powers that you've used in the past and that you can call upon again now. This card calls on you to work with the law of attraction (the more you believe in yourself and your power to create, the more you will see you are actually already doing that), so do it consciously! The intentions that you set for yourself have untold powers! We humans don't realize how powerful we are until we start to play with our magical energies. Embody your intentions now, and work toward them in whatever practical way you can as you move in the direction of your goals. Start by becoming really clear about your desires. Once you have that clarity, write down your wishes at the next New Moon. Just doing that will galvanize your



intentions and steer your next steps. Visualizing your dreams will also help you to achieve whatever you're aiming for right now. Feel your wishes as real and 'already come true' – feel it in your body. You can create your desired outcome.

### **Additional meaning for this card**

- You've made magic before, and you can make it again.
- Expecting the best will often attract it.
- Self-doubt stops manifestations.
- Distance yourself from naysayers.
- Speak your intentions into being.

### **About this symbol**

Women have used the Moon to make magic for millennia – now it seems maybe it's your turn! Remember, you can simply tap into your own magic.

## Moon Maybe

# INTUITION



Nine times out of 10, this deck will give you a straight answer, but sometimes you'll get this card. Perhaps a little frustratingly, it firmly informs you that *there is no real need for you to ask your question*, because you already know the answer, at least deep down. So take a moment now to close your eyes and breathe. Turn inward. Feel your energetic body around you. What does your intuition tell you about your situation? Any feelings that come up now should feel neutral (true intuition isn't emotionally charged). When you draw this card, you're being asked to think less about logic and more about what you're feeling in your heart and gut. Your feelings will never misguide you. Some people consider intuition to be some kind of 'cosmic thing.' The fact is, however, that it's not really cosmic – it's normal. Nearly all truly successful people know when their intuition is

trying to tell them something – and know to ignore their intuition at their peril. So dig deep (before you try another card instead!): What is your intuition telling you here?

### **Additional meanings for this card**

- Meditate and see what comes through.
- Your feelings about this situation are spot on.
- What is your intuition telling you?
- Fear derails intuition.
- Connect with the Goddess Selena under the Moon.

### **About this symbol**

Moon Goddess Selena is the spirit behind this card – Selena is said to be the personification of the Moon. In astrology, the Moon is all about intuition (among other things).

## Moon Memories

# THE PAST



Whatever you're going through now is being strongly influenced by past memories. Maybe it has to do with childhood programming – for example, if you were told you weren't good enough (you are!) or that there wasn't enough money to go around (there is!). Such things from our past influence our present and therefore our future. Drawing this card suggests you need to be really honest about which situation from your past is negatively influencing your present, and then you need to clear it. Acknowledging that something challenging from your past is keeping you back from moving forward now is the first step. See the past for what it is: something that happened, that has shaped you, and that can be a springboard from which you can move forward. Do some self-development to get to the answer to your question. What in your past is negatively impacting you now?

Clear that and everything else will fall into place. When dark memories come, replace them with happier ones to shift your focus and raise your vibration/frequency very quickly.

### **Additional meanings for this card**

- Move through fear.
- Therapy could be useful now.
- Picture your happy place when stressed.
- Ditch negative beliefs about yourself.
- You can't go back.

### **About this symbol**

The Moon seems to know our past, present, and future. Representing our emotions in astrology, She cherishes and safeguards our dearest memories.

## Moonrise

# CLEANSING



Drawing this card suggests that you've been through a very difficult situation from which you're finally now emerging. Even though you're nearing the end of this challenging period of your life (or perhaps are already there), you still have energetic cords or attachments that you need to clear from your life. Think of them as energetic debris that needs to be washed away by time and intention. Just as we can see the Moon rise nearly every night in the skies, so you too are nearly always able to process upsets with some effort. You need to carry out this cleansing of your body, mind, and spirit or you risk remaining stuck in the past. Sit under the Moon's beams and ask Her to cleanse you. Ask Archangel Michael to cut your cords to the past. Take regular salt baths. Most importantly, *set the intention that you're cleansing yourself of the past* so that you may face a happier present.

and a brighter future. Once you're cleansed, you can start over in a way you may not have even believed was possible.

### **Additional meanings for this card**

- Something in this situation needs to be cleared.
- Use sage to clear your home energetically.
- You are emerging cleansed.
- Integrity and truth will win the day.
- Be kind but also very honest.

### **About this symbol**

Moonrise is when the Moon rises above the horizon. We can't see the Moon every single night for various reasons, such as overcast skies or the position of the Moon in relation to the Sun. But She's always there, rising reliably.

## Moon Rising

# TRUTH



There's no hiding when this card comes up! The truth is going to come out – or maybe it already has? – but you still need to face up to it. As Buddha was reported to have said, 'Three things cannot be long hidden: the Sun, the Moon, and the truth.' When this card comes up, the only thing to do is to be scrupulously honest with yourself. Face facts. Maybe you need to show your feelings a little more? Maybe there is a situation you need to be more honest about? Are you showing how you feel or are you hiding – what is the truth of your situation? Are you being honest with yourself and everyone else? If you are, then this card is a positive omen, telling you everything is going to work out just fine because the truth will out. There is also a sense with this card that the truth will be exposed sooner rather than later, so it shouldn't be too long before the issue you're



## *Moon Rising*

wrestling with will be resolved – but make sure you're absolutely transparent and truthful.

### **Additional meanings for this card**

- You're about to get your answer.
- Tough love is needed.
- Honesty is the best policy.
- Someone's untruth will soon be exposed.
- Avoid tellers of tall tales.

### **About this symbol**

The Moon rising sounds romantic, but this symbol has a slight edge to it, as though a secret won't be secret for much longer.

## Moonset

# RELEASING



It's time to let go. Whatever you're asking about, offer it up to the Divine. Release it. Although you're constantly creating your own reality, there is something about your current situation that suggests what's done is done. You've played your part. Release. When you release an issue to the Universe, or the Divine, you allow space for whatever is for your own highest good to take its course. As much as you might think you know exactly what you want, drawing this card suggests you need to allow the Universe to show you your next best step. Make the word 'acceptance' your keyword for the moment. Dance with what is. Trust that the Universe has an amazing plan for you – because it does. Sometimes we need to accept that situations have evolved even if we're not quite ready for them to do so. When this card comes up there is a sense that the emotional

seasons are changing, so move on. Sometimes you just have to let go and let God/dess.

### **Additional meanings for this card**

- Clinging on now won't help you.
- Trust your Higher Self is taking care.
- The Goddess is by your side.
- Tomorrow is another day.
- Declutter.

### **About this symbol**

Just as moonrise is all about when the Moon appears above the horizon, moonset is about when the Moon disappears below the horizon, concluding Her appearance in our skies for another day.

## Moonshining

# STAY IN INTEGRITY



Moonshining means talking nonsense, or empty or foolish talk. There is a sense with this card that what someone is saying is all style and no substance. Is that person you, or someone else? Drawing this card suggests there's a risk that someone has been filling your head with ideas that have no place in there. Maybe someone's been making promises to you that they can't or won't keep. Or maybe someone has said something hurtful to you and you've taken it far too seriously; perhaps they were just being provocative. There is a sense, when this card comes up, that you should disregard the empty or cruel words that someone has spoken to you and instead gather up your own power and love yourself more. Also, do not be the person who is doing the moonshining! In other words, make sure you're acting with integrity in all your current dealings. Otherwise, as sure as the

## *Moonshining*

Moon rises, karma could come and even things out. (That's not meant to sound alarming, it's just a statement of fact.)

### **Additional meanings for this card**

- Don't make empty promises.
- Someone is baiting you.
- Think about who you trust.
- Don't let someone's words hurt you.
- Don't take life too seriously.

### **About this symbol**

Although you may have previously associated the word moonshine with the idea of illegal alcohol brewed back in the days of Prohibition, when this word comes up it's time to think about the word's original meaning: Is someone talking nonsense?

## The Moon's Moment

# SYNCHRONICITY



Something is flowing in the right direction for you when this card comes up. Everything is either already falling into place, or will do so very soon. Even if you fervently believe that you create your own reality (as I do), there are times when events have an almost destined feel – and this is one of those times. You could perhaps attribute it to life unfolding and revealing the lessons our souls need to learn in this lifetime. There is synchronicity at work. You're exactly where you're meant to be, learning the lessons you need to learn. Everything is lining up as it needs to, so trust the process as much as you can and stay optimistic for your desired outcome. Whatever the situation you're asking about, know that it's not a random development in your life, but a step along your path and meant to teach you. The sooner you pay attention to

the lessons, the sooner you'll be able to navigate your way to where you want to go.

### **Additional meanings for this card**

- Divine timing is unfolding.
- Events now have a purpose.
- You're in the right place at the right time.
- Everything happens for a reason...
- ...or there is a reason why everything happens.

### **About this symbol**

The Moon knows exactly where She should be at any one time. So do you.

## The Moon's Reflection

# ACCEPT RESPONSIBILITY



As you move along the spiritual path, it becomes more and more important to accept responsibility for your own actions. The situation you find yourself in now is a reflection of either your current beliefs or your past behaviors. This card isn't meant to make you feel discouraged or guilty. Rather it's meant to encourage you to ask, 'Why did I create this situation? What about this situation is helping me?' Once you find the courage to answer these questions, you'll start to see that you have more power than you ever knew. We're all creating our lives 24/7. And while you may not like the idea that 'everything happens for a reason,' it really is possible to find a reason for nearly everything that happens. Try to see your current dilemma with that perspective. It'll show you why it's happening for you. If someone is bothering you



now, realize that they're a mirror for you. Realize that your inner life is reflected in your outer life and you're on the way to self-mastery.

### **Additional meanings for this card**

- Life is mysterious.
- It's time to reflect.
- Take responsibility for your situation.
- See yourself in someone else.
- Solutions are nearby.

### **About this symbol**

This card is quite confronting, because it's asking you to realize that what's going on inside you is reflected in what's going on outside you.

## Moonstone

# SLOW IT DOWN



The heart wants what the heart wants, and it wants it when it wants it. But the timing isn't always right. Maybe you want something before the other person is ready for it, or vice versa? Suffice to say that you may need to slow things down. This isn't just about patience; it's about actively slowing down. Stop pushing too hard. Be strong and shine your light. Focus on what you want and not on what you *don't* want. You're stronger than you know. The situation you're asking about is fertile – be graceful as you wait, without trying to force anything or anyone. Trying to rush a person or situation isn't likely to work out for you right now, so do what you can to take a step back. You might like to hold a moonstone while you meditate now, to help you stay patient and allow events to unfold. This is a sublimely feminine stone that has strong associations with the Moon. Explore

your Goddess energy. Stay strong and centered in your own power instead of dissipating your energy focusing on what you can't control.

### **Additional meanings for this card**

- Pregnancy or birth.
- Love is coming into your life.
- Talk to a female mentor.
- Calm down.
- Breathe out and relax.

### **About this symbol**

Moonstone is a truly luminous crystal. It's strong and it knows that all things come to those who wait.

## Moonstruck

# TAKE A BREATH



The word 'moonstruck' sounds dreamy and gorgeous, but in fact it means someone who's gone a little crazy! Drawing this card means that you may be becoming obsessive or just going too far with regards to whatever situation it is you're asking about. It's like someone who says they're madly in love. Madly? Is that really a good idea? This card comes with a message to get your feet back on the ground. If you've been a little bit hysterical or histrionic, it's time to pare that back as well. Take a couple of deep breaths. Try to get your situation into perspective. There's nothing to be gained by allowing yourself to be completely and utterly overwhelmed by your emotions. Think of the cycles of the Moon. The Moon takes a full fortnight to move from New to Full. She grows a little in size every day as She swells to Her beautiful Full self. So, when you

## *Moonstruck*

draw this card, you too need to allow things to progress at a more appropriate pace.

### **Additional meanings for this card**

- Slow down.
- Being manic won't help.
- Breathe.
- Drop the drama.
- Give a situation time to unfold.

### **About this symbol**

Moonstruck often refers to falling so crazily in love that you just can't think straight. It sounds lovely in practice and looks great in the movies, but is a little bit harder to handle in real life!

## The Moon's Wisdom

# TAKE THE LEAD



Sometimes you just need to stand up for yourself, and this is one of those times. The sad truth is that, in your current situation, if you continue to act like an ingenue or someone who feels 'less than,' there are certain people who will exploit their power or authority over you. They do this because they have their own insecurities and they're trying to make themselves feel more powerful. So what to do? You need to take the lead here, to show the world that you're in control of yourself and whatever is happening around you. Step up and take authority. Be the boss. What do you need to do to turn this situation around in your favor? Do that! If you feel that there's nothing you can do, then you're not trying hard enough! If you can't take practical steps, work on the situation energetically instead. Do this via meditating and seeing what your Higher Self tells you, creating

a vision board, or creatively visualizing the outcome you seek. Believe in *you*.

### **Additional meanings for this card**

- You've got this.
- You're wiser than you know.
- Stop putting yourself down.
- Connect with wise Goddess Saraswati.
- Make a wise choice.

### **About this symbol**

Connecting with the Moon can bring wisdom – that's why women in particular, and some magical men, have worked with the Moon for millennia.

## New Moon

# BEGINNINGS



You might feel as though you've been wrestling with your current issues for far too long, but drawing this card suggests otherwise. In fact, the message of this card is that you're somehow at the start of a new cycle with regard to life in general or any specific dilemma you're enquiring about. Either your story is just beginning, or the situation you're asking about is old, but you're starting a new chapter. This is a very positive card, and overall it suggests that you're headed in the right direction – but there are no guarantees that it's the direction you originally had in mind! Now is the time for courage and strength. You can make your dreams come true if you believe in them and if they're what your Higher Self knows is best for you on your journey. Now is the time to make the effort toward whatever you want to achieve, knowing that you have the



Moon's support. Think about what you want to attract into your life and take steps toward that.

### **Additional meanings for this card**

- A 'yes' is coming your way.
- Chase your dreams.
- Start over.
- You're on fire, in a good way!
- Ask your Higher Self for guidance.

### **About this symbol**

The New Moon is the start of the lunar cycle and brings with it fresh energy. Embody courage and strength and you'll be unstoppable.

## Night Moon

# SHADOW WORK



You're being asked to face your dark side. In terms of your current situation, be honest: What part of you are you ashamed of? What is triggering you right now? These are some of the questions the Universe and the Moon would like you to ask yourself now. We all have a shadow side, and yours needs looking at when this card comes up. Your shadow is the part of you that you fear or are ashamed of and find hard to love. Until you learn to embrace your shadow, it can get in your way, and whatever blockage you're facing now almost certainly comes from the fact that there is something you don't want to admit to yourself or to someone else. Maybe you need to confess that you're not as happy as you've been making out, or maybe someone else needs to let you know that. Maybe you've had dark thoughts that have impeded your progress. It's all good. Learning to love all parts

of you is key here. The outcome you're chasing now lies on the other side of your fears.

### **Additional meanings for this card**

- Accept yourself, shadow and all.
- See your situation through loving eyes.
- Release a grudge you have against someone.
- Try shadow-journaling for more insight into your question.
- Forgive yourself and love yourself.

### **About this symbol**

In psychology, the 'shadow' self is a concept introduced initially by the renowned Swiss psychiatrist Carl Jung. It describes aspects of our personality that we reject and repress.

## Out-of-Bounds Moon

# BOUNDARIES



It's time to take a full and honest inventory of your behavior in the recent past. Have you been going too far? Have you been acting out? Have you been allowing your emotions to get the better of you? If you know that you've been misbehaving emotionally, it's time to rein things in. Draw up some boundaries. As much as you might want to get your own way in the current situation, you also need to take other people into consideration. If someone has been overstepping the boundaries with you, it's time for you to let them know, gently but firmly. There is magic in the air when this card appears, but you mustn't let emotions overwhelm you. You could be about to receive what feels like a miracle, but you need to behave in a way that is supportive of everybody involved. Spending time alone in meditation now will really help you understand what your best move is next.

When emotions spiral, you can often chase away the very thing you want to attract.

### **Additional meanings for this card**

- You're a unique and magical being.
- Emotions are running too high.
- Avoid overreacting.
- Draw a line under the past.
- Use your intuition more.

### **About this symbol**

In astrology, a planet is said to be Out of Bounds when the declination of the Moon is greater than 23 degrees and 27 minutes north or south. People born with an Out-of-Bounds Moon are often more luminous and brilliant than anyone else in their sphere.

## Quicksilver Moon

# CHANGES



Nothing stays the same forever. If you want change, rejoice! If you're clinging on to a situation that may well have run its course, however, then this card is a gentle suggestion to release your grip. Nothing about your situation is currently firmly fixed. That can be a good thing, so stay open. Keep your eyes peeled for signs as well; in particular, notice the next song you hear – is there a message in it for you about your question? If you're not happy about your situation, the good news is that change is afoot, so don't give up. What seems stuck now could be far more flexible quite soon. If you're hoping to change the course you're on now, this is a sign that you can – so take action! If the idea of change worries you, try to have a little faith in the Universe. Set the intention that whatever happens next is happening for your highest

good. The fact that nothing lasts forever is a part of this card's message. Events are moving.

### **Additional meanings for this card**

- Change may be inevitable now.
- Expect good things.
- You'll get your answer very soon.
- Ask a wise woman for advice.
- Don't cling to the past.

### **About this symbol**

Remember, if nothing else, that things change. And as they say, the Moon teaches us that it's okay to go through phases.

## Reach for the Moon

# GO FOR IT!



If you were hoping that the cards would confirm that you can get what you want, you're in luck. This card comes with the message: 'Go for it!' In other words, it's all there for you to win. If you've been doubting yourself or questioning your ability to achieve a goal or to make something work, this card reminds you that you're magical and amazing and you should rise to the challenge. Go forward with the positive expectation that everything can work out exactly as you'd like it to. The road ahead might stretch you a little, and you may have to call on resources that you didn't know you had. So try not to become upset or even resentful if things don't just unfold exactly in the way you want. There's a reason why it's all developing the way it is, and part of that reason could well be because it's helping you grow as a person,



possibly on a spiritual level. But one thing is certain: Do definitely go for it!

### **Additional meanings for this card**

- Don't give up.
- Aim even higher.
- Success is within your grasp.
- Challenges can be character-building.
- Belief makes the seemingly impossible possible.

### **About this symbol**

People will tell you that 'the sky's the limit!' but Moon-lovers know it's easy to aim even higher – go for it!

## Ring Around the Moon

# PROTECTION



This is one of the most auspicious cards in the deck because it's sending you a very powerful message: You're protected. In other words, whatever happens next, the Divine Mother – often symbolized by the Moon – is looking after you. It may be that someone is actively working against you now, or perhaps at the moment you simply have quite tough astrological influences that you need to counteract. This card is a reminder that the Divine Mother takes care of Her children and will take care of you now. It's as though there's an invisible force field or shield around you now, making sure you're safe as you move through a challenge or a difficult time. Whatever is happening now is most certainly happening for your highest good, so trust in that knowledge and go with the process as much as you can. Your current dilemma may even have something to do with your life purpose – what

you came here to achieve in this incarnation. Maybe your question doesn't feel that big; however, it could be bigger than you realize!

### **Additional meanings for this card**

- You are safe.
- Make your mantra 'I am safe and all is well.'
- You are being Divinely guided.
- You will be the winner.
- The Divine is on your side.

### **About this symbol**

A ring around the Moon forms when moonlight is reflected and refracted through millions of hexagonal ice crystals. If you look up and see a ring around the Moon, know that the Divine is watching you and taking care of you.

## Talk to the Moon

# COMMUNICATE



Your outlook is positive, but you need to communicate – with your Higher Self, with the Moon, or with *someone*. Start with the idea of communicating with your Higher Self; this is the part of you connected to all life everywhere. Learning to connect with this part of you is easy to do. Simply sit quietly and ask your Higher Self what you need to know about your situation. Request answers. Close your eyes, breathe gently, and see what messages come to you. Have a pen and piece of paper handy so you can make notes and then return to your breathing. You can also do this exercise under the Moon: Go out into the night and sit quietly, asking for answers about your situation. That's the esoteric part of this card. However, it can also suggest that, as well as divining answers in this magical way, you might also need to talk to someone in real life –

either to the person involved in your situation, or to someone else who can help you.

### **Additional meanings for this card**

- Keep the channels of communication open.
- Be open to new ideas.
- Meditate more.
- Work on your intuition.
- Pay attention to the signs you're getting.

### **About this symbol**

The Moon is the perfect conduit for powerful, emotion-based communications – She's all about feelings. Tap into the feelings you're getting now and answers will come.

## Void Moon

# DO NOTHING



As a very powerful being, you know that you're creating your reality with your thoughts and actions every day. Even so, drawing this card suggests that you need to do *nothing* for now. This is a time to tread water, so to speak. Allow at least 24 hours to pass before you take any further action. This isn't the time to set intentions, make wishes, or try to influence anyone. Now is the time to just be. Meditate. Do yoga. Take a walk in nature. There is a good chance that whatever you're worried about isn't going to manifest. It is said that whatever begins under the Void of Course Moon bears no fruit, so drawing this card suggests any anxiety you have is unwarranted and will only cause you more issues. However, if you're really hoping for something to happen, there is also a good chance it's not going to – at least not yet. You need to be patient. This isn't

a negative card per se, but it does suggest no change is coming as yet.

### **Additional meanings for this card**

- Worrying achieves nothing.
- There is nothing to worry about.
- The time for action has passed.
- Allow events to unfold in their own time.
- Nothing will come of this situation.

### **About this symbol**

Depending on whether you use the traditional or modern definition of the Void of Course Moon, it takes place either every couple of days or just a couple of times a year. Either way, it's a time to do nothing, as much as you possibly can.

## Yang Moon

# STRENGTH



This card calls for you to draw upon your inner resources. It's time for you to step into your power. If someone or something has been making you feel 'less than,' consider the possibility that this is actually a soul challenge to you from the Universe, designed to urge you to believe in yourself more. It's your time to shine. You have everything you need to achieve your goals, but you need to show the Universe your resilience and strength. Now is the time for you to move out from the shadows and into the light. There is nothing to be gained from cowering in the shadows at this time. False humility won't get you anywhere. Don't sell yourself short and don't even try to convince yourself that you don't have what it takes. You really do. The first step now is to think about all those times in your past when you got through big challenges. Doing that made you



the person you are today, and you have all the resources you need to keep going.

### **Additional meanings for this card**

- Don't be a wallflower.
- Go first.
- Transformation is possible now.
- Be bold.
- Make the first move.

### **About this symbol**

The yang in the yin/yang symbol can be seen to represent the masculine energies in all of us, versus the yin, which represents the feminine energies.

## Yin Moon

# ACCEPT HELP



Have you been trying to do everything by yourself? This isn't the answer to your current dilemma. You need to take a softer, possibly more collaborative approach. Maybe you've been too tough on yourself? Or on someone else? This card comes up when the energies are *harsh*. Being independent is a great thing, but sometimes we just refuse other people's help for all the wrong reasons. Make sure you're not guilty of this right now. There is a sense that you need to accept someone else's help in order to get your job done or to get where you want to go. Maybe you just need to ask someone for their advice? Find someone who you know will have a gentle response. In the yin and yang paradigm, yin is very soft, like the Moon. This isn't the time to push forward unrelentingly but rather to see how you can soften into a solution. If you've been trying to drive something on or

convince someone of something, take this card as a sign to proceed more gently.

### **Additional meanings for this card**

- Someone wants to help you.
- You catch more flies with honey than with vinegar.
- Don't be stubborn.
- Your ego may be in your way.
- Bring out your softer side.

### **About this symbol**

The famous yin/yang symbol describes how seemingly opposite forces may actually work together. It represents the interconnectedness of all life everywhere.