

THINGS I WISH I KNEW BEFORE MOVING ABROAD AT 20

FREE GUIDE

@THEGOLDENMOVE



Introduction

I was 20 when I packed my bags, ended my rental contract, sold my car, and moved abroad without a job, without a plan, and without a clue of what would come next.

What started as a spontaneous city trip became a life-changing decision.

But it wasn't all sunshine and freedom.
There were doubts. Surprises.
Things no one prepared me for.

And that's why I created this guide, to share the things I wish someone had told me before I made my move.

Whether you're still dreaming or already planning, I hope this helps you feel less alone and a little more ready.



7 Things I Wish I Knew Before Moving Abroad

1. You don't need a full plan to begin

People wait for clarity before they act, but often, it's the action that brings clarity. Your gut feeling matters more than a perfect timeline

2. It might feel like a holiday at first and then suddenly very real

The first weeks feel surreal. It's exciting. But slowly, reality sets in.

That doesn't mean something is wrong,

it means you're settling in.

3. Fear doesn't disappear just because you bought the ticket

In Episode 3, I shared my biggest fears before moving abroad, the doubts, the what-ifs, and the sleepless nights leading up to my departure. They were heavy, but also a normal part of the process.



7 Things I Wish I Knew Before Moving Abroad

4. People will project their own fears into your choices.

Some will call you brave. Others will call you crazy.

Neither one defines you. What matters is how you feel about your decision.

5. You don't have to "find yourself" immediately.

You won't wake up a new person. Growth happens slowly, through moments of doubt, joy, loneliness, and surprise.

Be patient with yourself.



7 Things I Wish I Knew Before Moving Abroad

6. Freedom comes with responsibility

Yes, it's freeing, but you also have to handle a lot: paperwork, rent, health insurance, maybe a language barrier.

Make a small list of what you'll need in your first month.

7. You can do this without knowing exactly how

If you're waiting for someone to tell you it's okay to leap, this is it.

You don't need permission.
You just need the courage to start.

Final words

If these words feel familiar, if you've felt the restlessness, the fear, the pull toward something else, then maybe your Golden Move is waiting for you too.

You don't have to wait any longer to take the next step.

My full Moving Abroad Starter Guide is now available for just €8,99.

It's packed with practical tools, checklists, budget reflection sheets, and daily journaling pages to help you go from idea to action with clarity, calm, and confidence.

Get your guide now and begin your journey abroad.

The Golden Move Guide will help you go from idea to action, with clarity, calm, and confidence.

