



Your First Step to Moving Abroad

Free Guide

How to Move Abroad in
5 Simple Steps

*From dream to action,
no stress, no overwhelm.*

@TheGoldenMove

**You're not stuck.
You're just one move away.**

You've been dreaming of living abroad of palm trees, new cultures, or just a fresh start. But every time you think about it, your mind spins:

Where do I start? What about money? Visas?
Is it even possible?

The truth is:

- 👉 You don't need to have it all figured out.
- 👉 You just need a simple plan to take the first step.

This free guide breaks it down into 5 simple, doable steps to help you go from dreaming to doing. No pressure. No perfection. Just progress.

**“You don't need to have it all figured out,
you just need to begin”**

Step 1



Choose your destination

This is where your adventure begins.

Forget the Pinterest-perfect beaches for a moment and ask yourself:

Where do I want to build a life, not just take a vacation?



What language or culture excites me?



Do I want sunshine all year or changing seasons?



Can I work, study, or volunteer there?



What are the visa requirements?

QUICK TIP: WRITE DOWN 3 COUNTRIES YOU'RE INTERESTED IN AND RESEARCH THEIR LIFESTYLE & LOCAL CULTURE, COST OF LIVING, ENTRY & VISA RULES AND DIGITAL NOMAD OR WORK VISA OPTIONS.

Step 2



Create a Budget Plan

You don't need to be rich.

You need a plan.

The biggest myth is that moving abroad is expensive.
The truth?

It can be or it can be affordable.
It depends on your choices.

Ask yourself:



How much can I realistically save in the next 3–6 months?



What does rent, food, transport cost there?



Will I work remotely, locally, or take a gap year?



Can I reduce my expenses before moving?

MINI TIP: USE TOOLS LIKE NUMBEO OR EXPATISTAN TO COMPARE CITIES.
YOU'LL BE SURPRISED AT HOW AFFORDABLE SOME PLACES ARE COMPARED TO HOME.



BONUS IDEA: CREATE A SIMPLE GOOGLE SHEET TO TRACK SAVINGS & EXPENSES.

Step 3



Handle the Paperwork

It's not sexy, but it's necessary.

Depending on your destination, you'll need to check:

- Visa requirements (tourist, student, digital nomad, etc.)
- Passport validity (make sure it's valid for at least 6 months)
- Travel insurance (some countries require it!)
- Vaccinations or health documents
- Housing/rental contracts (short or long term)

 **Reminder: Some visa applications take weeks or months, so start early.**



Book the Move

Step 4

This is the moment things get real — and exciting.

Here is what to do:

- ➡ Book your flight
- ➡ Find short-term housing (hostel, Airbnb, expat Facebook groups)
- ➡ Cancel or sublet your current place
- ➡ Sell/donate what you don't need
- ➡ Say goodbye to routines, people, or things that no longer serve you



PACKING TIP: PACK LIGHT. YOU'LL THANK YOURSELF LATER. SERIOUSLY.

Step 5



Arrive & Settle in

The first week will feel strange.
That's okay, it means you're growing.

You're adjusting to a new culture, pace, language,
and version of yourself.

Let it be messy. Let it be real.

Try this:

- Join local Facebook or Meetup groups
- Go to a co-working space or language café
- Say yes to new things (even if they feel awkward)
- Keep a journal of your first 30 days

“EVERYTHING YOU WANT IS ON THE OTHER SIDE OF YOUR COMFORT ZONE”



Bonus: Be Kind to Yourself

You're not supposed to "figure it all out"
in your first month abroad.

There will be doubts. Mistakes. Big emotions.
That's part of the journey.

But you've already done what most people don't dare to do
You started.

"If you can dream it, you can do it" – Walt Disney



Ready for More?

This free guide is just the beginning.
If you're ready to turn your dream into a plan, and your plan into
reality...

- 👉 Check out my moving abroad starter guide
- 👉 Follow me on Pinterest @TheGoldenMove
- 👉 Get inspired. Get organized. Get moving.

✨ Want to start building your dream life too? This is what helped me.
👉 <http://bit.ly/4f7eFVq>

**You're one step closer.
Let's keep going, together.**