

MIDDLE PRIMARY

Beginner English

E-Booklet Part 1



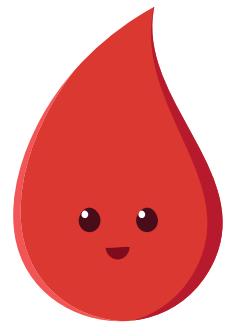


Reading Comprehension Exercise 1

Middle Primary Beginner English

All About Blood

Blood is very important for our body. It is made of two main parts: plasma and blood cells. Plasma makes up about 45% of blood. It is a pale yellow liquid that has water, proteins, salts, waste, food, and hormones in it. The other 55% of blood is made up of blood cells and platelets.



There are two kinds of blood cells: red blood cells and white blood cells. Red blood cells are round and flat. They do not have a nucleus, which is like the “brain” of a cell. They are soft and stretchy, so they can pass through tiny spaces. Red blood cells carry oxygen because they have haemoglobin, which is made of iron and gives blood its red colour.

White blood cells are bigger than red blood cells but there are not as many of them. They have a nucleus and can change their shape to fit through small spaces. One type of white blood cell, made in bone marrow, eats germs like bacteria. The other type, made in lymph glands, makes antibodies that fight sickness.

Platelets are small pieces of cells. They help the blood to clot when we get a cut so that the bleeding stops.



Reading Comprehension Exercise 1

Middle Primary Beginner English

Questions:

1 What are the two main parts of blood?

2 What colour is plasma?

3 What do red blood cells carry around the body?

4 What gives red blood cells their red colour?

5 How are white blood cells different from red blood cells?

6 Red blood cells are bigger than white blood cells. (True / False)

7 White blood cells can change their shape. (True / False)

8 Platelets help stop bleeding when we get a cut. (True / False)



Reading Comprehension Exercise 1 - Solutions

Middle Primary Beginner English

Questions:

1 What are the two main parts of blood?

Plasma and blood cells (plus platelets).

2 What colour is plasma?

Pale yellow.

3 What do red blood cells carry around the body?

Oxygen.

4 What gives red blood cells their red colour?

Haemoglobin..

5 How are white blood cells different from red blood cells?

They are bigger, fewer in number, have a nucleus, and help fight germs...

6 Red blood cells are bigger than white blood cells. (True / False) ✓

7 White blood cells can change their shape. (True / False) ✓

8 Platelets help stop bleeding when we get a cut. (True / False) ✓



Vocabulary Exercise 1

Middle Primary Beginner English

Choose the correct answer. Put the number in the box.

Sarah was ___ to win the tennis tournament because she wanted the gold medal.

- (1) hesitant
- (2) reluctant
- (3) dedicated
- (4) determined



The ___ of actors reappeared on stage at the end of the performance and bowed to the audience.

- (1) cast
- (2) gang
- (3) army
- (4) board

My brother could lift the heavy box because he is ___.

- (1) as brave as a lion
- (2) as strong as an ox
- (3) as light as a feather
- (4) as cool as a cucumber

A lot of supporters ___ at the Optus stadium to support their favourite footy team.

- (1) turned in
- (2) turned up
- (3) turned over
- (4) turned away

The teacher was unable to read the pupil's untidy handwriting as it was ___.

- (1) illegal
- (2) illegible
- (3) invisible
- (4) incomplete



Vocabulary Exercise 1 - Solutions

Middle Primary Beginner English

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Sarah was ___ to win the tennis tournament because she wanted the gold medal.

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1

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2



Idioms - Exercise 1

Middle Primary Beginner English

An idiom is a phrase or expression that has a figurative meaning different from its literal meaning. Idioms are phrases that we use to express ideas in a creative way.

Match the idioms to their meanings.

Piece of cake

Something that is very easy to do.

A bad apple

Rushing to complete something before it is too late.

By word of mouth

To stay up late working or studying.

Burn midnight oil

Not to change an opinion when others try to make him agree to theirs.

Every moment counts

A bad influence

Under the weather

To feel ill or unwell.

Not budge an inch

Pass information verbally.

In two minds

Not a single minute can be wasted

Race against time

Indecisive



Idioms Exercise 1 - Solutions

Middle Primary Beginner English

An idiom is a phrase or expression that has a figurative meaning different from its literal meaning. Idioms are phrases that we use to express ideas in a creative way.

Match the idioms to their meanings.

Piece of cake	Something that is very easy to do.
A bad apple	Rushing to complete something before it is too late.
By word of mouth	To stay up late working or studying.
Burn midnight oil	Not to change an opinion when others try to make him agree to theirs.
Every moment counts	A bad influence
Under the weather	To fill ill or unwell.
Not budge an inch	Pass information verbally.
In two minds	Not a single minute can be wasted
Race against time	Indecisive