

COACHING PACKAGES & OPTIONS

YOUTH COACHING

PRICE

- **Single Session**
 - 1 x 45-minute session
- **Growth Series**
 - 4 x 45-minute sessions
- **Journey Series**
 - 8 x 45-minute sessions

\$90

\$320

\$600

ADULT COACHING

PRICE

- **Single Session**
 - 1 x 60-minute session
- **Growth Series**
 - 4 x 60-minute sessions
- **Journey Series**
 - 8 x 60-minute sessions

\$100

\$360

\$680

Updated 8/20/25

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