

<b>7th Grade Boys</b>			
<b>EVENT</b>	<b>NAME</b>	<b>RECORD</b>	<b>YEAR</b>
<b>Mile Run</b>	Brayden Shen	5:27	2023
<b>50 Yard Sprint</b>	Kyle Hetheron	6.18	2018
<b>100 Yard Sprint</b>	Michael Drolette	11.9	2015
	Brayden Shen	11.9	2024
<b>220 Yard Sprint</b>	Alex Lewis	28.5	2016
<b>440 Yard Run</b>	Evan Barney	1:01	2012
<b>880 Yard Run</b>	Bill Ralston	2:34	2012
<b>Push-Ups</b>	Dalton Cooper	70	2018
<b>High Jump</b>	Colton Seastrand	5' - 2"	2019
<b>Shot Put</b>	Colton Seastrand	41' - 7"	2019
<b>Pull-ups</b>			
<b>Abdominal Curl-Ups</b>			

<b>7th Grade Girls</b>			
<b>EVENT</b>	<b>NAME</b>	<b>RECORD</b>	<b>YEAR</b>
<b>Mile Run</b>	Sicily La Macchia	5:46	2025
<b>50 Yard Sprint</b>	Sarah Barker	6.8	2016
<b>100 Yard Sprint</b>	Jordan Tillman	12.21	2017
<b>220 Yard Sprint</b>	Jenna West	14:24	2016
<b>440 Yard Run</b>	Molly Fitzsimmons	1:10	2012
	Jenna West	1:10	2016
<b>880 Yard Run</b>	Skylar Bennett	2:50	2019
<b>Push-Ups</b>	Haley Rose	60	2018
<b>High Jump</b>	Zoe Lahanas	5' - 0"	2019
<b>Shot Put</b>	Reagan Stice	33'-8"	2026
<b>Pull-ups</b>			
<b>Abdominal Curl-Ups</b>			