

7th Grade Boys					7th Grade Girls			
EVENT	NAME	RECORD	YEAR		EVENT	NAME	RECORD	YEAR
Mile Run	Brayden Shen	5:27	2023		Mile Run	Sicily La Macchia	5:46	2025
50 Yard Sprint	Kyle Hetherton	6.18	2018		50 Yard Sprint	Sarah Barker	6.8	2016
100 Yard Sprint	Michael Drolette	11.9	2015		100 Yard Sprint	Jordan Tillman	12.21	2017
	Brayden Shen	11.9	2024					
220 Yard Sprint	Alex Lewis	28.5	2016		220 Yard Sprint	Jenna West	14:24	2016
440 Yard Run	Evan Barney	1:01	2012		440 Yard Run	Molly Fitzsimmons	1:10	2012
880 Yard Run	Bill Ralston	2:34	2012			Jenna West	1:10	2016
Push-Ups	Dalton Cooper	70	2018		880 Yard Run	Skylar Bennett	2:50	2019
High Jump	Colton Seastrand	5' - 2"	2019		Push-Ups	Haley Rose	60	2018
Shot Put	Colton Seastrand	41' - 7"	2019		High Jump	Zoe Lahanas	5' - 0"	2019
Pull-ups					Shot Put	Lillian Bechtel	31' - 8"	2019
Abdominal Curl-Ups					Pull-ups			
					Abdominal Curl-Ups			