

KINGSFLEET PRIMARY SCHOOL

'Be the best you can be!'



Relationship and Sex Education Policy

<i>Date Approved</i>	15.07.26
<i>Chair of Governors</i>	L.Foy
<i>Head Teacher</i>	K.Beattie
<i>Date of Next Review</i>	15.07.27

Curriculum Intent Statement

At Kingsfleet Primary School our well planned and sequenced curriculum, combined with high quality first teaching and resourcing, ensures that children are supported to be well rounded young people with a thirst for learning. We are required by law to teach Relationships Education and Health Education to all primary aged pupils. We deliver these statutory subjects within our broader PSHE programme. Where we teach about human reproduction (sex education), we do so in line with the principles and approach of the 2025 Relationships, Sex and Health Education (RSHE) statutory guidance, in which sex education itself remains non-statutory (but recommended) in primary schools.

Relationships and Sex Education Statement

Intent:

Our Relationships Education and Sex Education (RSE) programme helps pupils to develop the knowledge, understanding, skills and attitudes they need to live confident, healthy, independent lives now and in the future. Through the provision outlined in this policy, the school's overall aims of RSE are to: •

- learn the importance of values and individual conscience and moral considerations
- develop critical thinking as part of decision-making
- learn to manage emotions and relationships confidently and sensitively
- develop self-respect and empathy for others
- learn how to make choices based on an understanding of difference and with an absence of prejudice
- manage conflict
- learn how to recognise and avoid exploitation and abuse
- learn and understand physical development at appropriate stages
- understand human sexuality, reproduction, sexual health, emotions and relationships

Implementation:

At Kingsfleet we follow the Twinkl Life PSHE Scheme of Work and RSE is embedded within this scheme. Where non-statutory RSE is covered in Year 6 (highlighted in red), parents will be informed about the right to withdraw their child/ren as detailed below:

Year 6 RSE

- Children learn about the changes that occur during puberty including periods
- What values are important to them in relationships
- To appreciate the importance of friendship in intimate relationships
- Children learn about human reproduction in the context of the human life cycle
- Children learn how a baby is made and grows (conception and pregnancy)
- To answer each other's questions about sex and relationships with confidence •
Where to find support and advice when they need it

Resources for non-statutory RSE will include CWP Resources, Operation Ouch and Twinkl Life PSHE Resources

At the beginning of the RSE unit pupils will be taught the correct terms for body parts which are to be used during their planned RSE lessons. Slang or everyday terms, used in certain social circles, may be discussed but staff and children will be using the scientific names for body parts in RSE.

Right to Withdraw

Parents/carers cannot withdraw their child from the statutory Relationship Education content included in the National Curriculum for Science (e.g. human development and reproduction). However, they do have the right to request that their child is withdrawn from some or all of the Sex Education delivered as part of the non-statutory RSE. These objectives can be seen in red above. Requests for withdrawal from the non-statutory RSE should be put in writing and addressed to the Headteacher. This will be documented to ensure a record is kept.

Safeguarding

PSHE education has a crucial role in our safeguarding provision, equipping children with the knowledge and skills to keep themselves safe and to seek help when needed. Our RSE and wider PSHE curriculum also supports our safeguarding responsibilities as set out in Keeping Children Safe in Education and the Prevent Duty, helping children to recognise concerns, stay safe online and offline, and seek help when needed. Children learn about appropriate boundaries, privacy and consent in age-appropriate ways from early primary. This learning is crucial for safeguarding - enabling children to recognise when something doesn't feel right, to understand that they have rights over their own bodies and personal information, and to seek help when needed. These concepts become increasingly important as children develop and encounter different situations, both now and in future relationships. These concepts are built upon throughout the RSE lessons.

Through PSHE, children learn to:

- Recognise when relationships or situations are unsafe
- Understand that abuse is never their fault
- Know a range of trusted adults they can talk to
- Develop vocabulary to express concerns clearly
- Build confidence to keep asking for help until they are heard
- Understand their rights over their own bodies and personal information
- Recognise emotional, physical and sexual abuse
- Identify risks online and in the physical world
- Develop resilience and strategies for managing difficult situations

Managing Disclosures and Concerns

PSHE lessons, particularly those addressing sensitive topics, may lead to disclosures from children. All staff are trained to:

- Respond calmly and supportively to disclosures
- Never promise confidentiality (explaining that some concerns must be shared to keep children safe)
- Listen carefully without asking leading questions
- Record concerns accurately and immediately
- Report all concerns to the Designated Safeguarding Lead (or deputy DSL) without delay

Signposting to Support

We actively encourage children to talk with trusted adults about their worries and concerns, recognising that parents and carers are often the first and most important source of support. At the same time, we understand that for a small number of children, there may be times when they want or need to seek support from other trusted adults, and we ensure children know how to do this when needed.

Monitoring

The policy will be monitored by the PHSE/RSE Lead and the Governing Body

Policy Date	15 July 2026
Review Date	15 July 2027

