

PE/Sports Grant Review: 2024- 2025

Aim: To improve the quality of exciting PE teaching across the school.

Equipment checks completed by approved service provider (REJB Sports) – this is an annual service.

School continues to use Get Set 4 PE– this platform has provided valuable support to class teachers by offering clear, structured lesson plans and a wide range of activity ideas. This has boosted teacher confidence and enabled more consistent and effective delivery of PE lessons. The platform's progressive skills curriculum ensures that pupils build on their abilities year by year, supporting a coherent and high-quality physical education experience across the school.

Quality assurance checks through observation and pupils voice – high quality provision has been maintained. Children report positively about their PE and sporting opportunities they have had.

Continuing professional development has significantly enhanced teachers' skills and confidence in delivering high-quality PE lessons. Through targeted training, staff have gained greater knowledge and practical strategies, leading to more engaging and effective physical education. As a result, the school has expanded its PE provision to include additional activities such as yoga and active outdoor learning, enriching pupils' experiences and promoting a more active lifestyle.

Aim: To increase the participation levels in healthy activity.

The Friday circuit was introduced in the Spring term. Children and staff are invited to walk or run around the perimeter of the school field during the last break on a Friday afternoon. This is optional but there is generally a good uptake. (The circuit is available every day for children who choose to make use of it).

Lunchtime sports coach oversees football and Play Leaders.

A new shed has been purchased and placed at the edge of the playground to store sports equipment, making it easily accessible for children during lunchtimes. The shed is stocked with a variety of new resources designed to support small group games as well as individual activities. The equipment encourages skill development across the core areas of the PE curriculum, helping children stay active while reinforcing what they learn in lessons. This is working very well and is utilised by many children at lunchtime.

Sports Week –The intention of Sports Week is to introduce children to a range of accessible physical activities that they can enjoy at home using minimal or familiar equipment, such as bikes, scooters, tennis balls, or footballs. These activities are designed to be flexible, allowing children to take part either on their own or with family and friends. The overall aim is to foster a positive attitude toward regular physical activity and to encourage healthy, active lifestyles beyond the school setting.

This year we had another fun and activity packed week, involving inspirational talks and the opportunity to participate in a range of fitness activities. The involvement of local clubs provides awareness for children and families of local opportunities.

In addition to a strong programme of inter and intra-school competitions, the school has offered a variety of off-site development sessions to introduce children to a wide range of sports and physical activities. Where possible, these sessions have taken place at local sports clubs, helping to signpost opportunities for pupils who wish to pursue these sports further. Activities have included, but are not limited to, trampolining, gymnastics, tennis, cricket, and football, broadening pupils' experiences and encouraging lifelong participation in sport.

Aim: To increase participation levels in competitive sport

The focus this year has been on attendance at Felixstowe events as these are local and linked with local clubs and therefore provide exit routes for any children that are interested.

We have stepped back from School Games as many events were for small numbers of children and involved travel to Ipswich. The opportunities were very similar to those already available in Felixstowe and therefore there was little gain for the financial investment. We are still able to join School Games events, but pay individually for these. This enabled the school to be selective rather than a large initial financial outlay for events we will not be able to attend. The school did join the Cross County at Holbrook School and one of our year 5 children has progressed to the next level of competition.

The school has a weekly timetabled slot for Intra school competitions. Participating in intra-school competitions has offered all children valuable opportunities to develop teamwork, resilience, and a sense of fair play in a familiar supportive environment. These events have helped to build confidence and motivation, allowing children to apply the skills they've learned in PE lessons in a fun, competitive setting. Intra-school competitions have also fostered a sense of belonging and school spirit, encouraging all children to take part and celebrate each other's achievements.

Event specific training is provided during lunchtimes for any upcoming events – this additional training is provided by the sports coach. Event-specific training has helped children build the skills and confidence needed to perform at their best. By focusing on the rules, techniques, and strategies of a particular sport or event, the children have gained a clearer understanding and have been able to improve their performance. This targeted preparation has also encouraged teamwork, discipline, and a strong work ethic, while helping to reduce anxiety and boost enjoyment during competitions.

There has been a school representative at all cluster sports meetings. The cluster sports meetings are highly valuable in supporting the planning and coordination of a wide range of competitive and non-competitive events across schools. These meetings ensure that activities are thoughtfully designed to be fully inclusive, allowing all children—regardless of ability or experience—to take part.

Transport to events can sometimes present a barrier to participation; however, the school has taken steps to mitigate this by using a portion of funding to cover transport costs for key events. Where possible, pupils have walked to local venues, and the school has also collaborated with nearby schools to share the cost of coach travel. These measures have helped ensure that all children have the opportunity to take part in a wide range of sporting events and activities.

Data for the whole school: 2024 to 2025

Percentage working towards the expected age-related standard in PE	5.32%
Percentage working at the expected age-related standard in PE	81.91%
Percentage working above the expected age-related standard in PE	12.77%
Percentage of children attending an extra-curricular club	51.57%
Percentage of children who attended a competition	100%