4985 Park Rim Drive San Diego, CA 92117 858-272-9812

PATIENT INFORMED CONSENT

Please supply the information requested below for record-keeping and billing purposes.

It is kept confidential except as indicated on the second page.

PATIENT INFORMATION

Date:		
First Name:	_Initial:Last:	
Street Address:		
	e: Zip: Phone: _()	
eMail:		
Age: Date of Birth:	Sex: M F Soc. Sec.#:	
Marital Status: S M W D		
Employer:	Position:	
Business Phone: ()		
If the patient is a child, what school	ol do they attend?Gra	ade
Level:		
Resp	ponsible Person Information	
Responsible Person:	Soc.Sec.#	
Address:	Phone: _()	
City:	State:Zip:	
Employer:	Position:	
Business Address:		
Business Phone: ()		

Please turn to page 2 to add insurance and other information $\rightarrow \rightarrow \rightarrow$

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INSURANCE INFORMATION

(If you have insurance cards available to be photocopied, you do not need to fill in all of the details In this section.)

PRIMARY INSURANCE COMPANY: Address: City: Insured's Name: Insured's Date of Birth:	Phone: ()		
City:	State:	Zip:	
Insured's Name:	Relationship:	•	
insured a Date of Diffil.	Insured's Soc.Sec.#Member Number:		
SECONDARY INSURANCE COMPAN	Y:		
Address:	Phone:_()	Zip:	
City:	State:	Zip:	
Insured's Name:	neialionsilip		
Insured's Date of Birth:	Insured's Soc.Sec	.#	
Group Number:			
Employer:			
RELEASE OF INFORMATION FOR INS By signing here, you authorize me to purposes. This information includes problems for which you are seeking information). I make every effort to pro ask if you have questions about this. then submit claims to the insurance con information.	o release information to your in diagnosis codes and other bas help (each insurance company tect your privacy and to minimize As an alternative, some people	isurance company for billing sic information about the y asks for different kinds of the details I release. Please choose to pay me directly, and	
Release signature:	Date:		

Please turn to page 3 for confidentiality and fee information $\rightarrow \rightarrow \rightarrow$

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CONFIDENTIALITY AND FEES

Usually psychotherapy is an entirely confidential procedure, where no Information about you (including the fact that you are coming to see me at all) can be revealed to anyone else without your written permission. However, there are several special circumstances that may change this, and you should know about them:

Use of insurance: In order for me to bill your insurance company (including Medicare or Champus), you must authorize me to release basic Information as noted on the previous page. This information includes diagnosis codes, other basic information about the problems for which you are seeking help, and Information about the progress of your psychotherapy (each insurance company asks for different kinds of information). I make every effort to protect your privacy and to minimize the details I release. Please ask if you have questions about this. As an alternative, some people choose to pay me directly, and to submit claims to the insurance company themselves —or not to use Insurance at all — to ensure complete control over their personal Information.

Children and adolescents: When young people are in psychotherapy, special confidentiality arrangements exist. I try to discuss these with each family. The aim of the arrangements is to make sure that the child has a sense of privacy in what they discuss with me, while at the same time the parent knows they are entitled to information from me about how their child is doing, my professional recommendations, etc.

Abuse laws of California: Although these circumstances are rare, in cases of child or elder abuse, or realistic, serious danger to yourself or someone else, the laws of California may require me to notify appropriate authorities. Please ask if you have questions about any of this.

Fees and Billing: Once an appointment is scheduled, you will be expected to pay for it unless you provide 24 hours advanced notice of cancellation. You will be charged for all appointments for which you fail to appear at my full fee disclosed below. If you usually pay a co-pay, or your insurance carrier pays for your entire treatment, please note that your insurance company cannot be billed for any missed or cancelled sessions. Therefore, you will be responsible for the hourly rate of your therapy. Therapy sessions are 45 minutes with an additional 5 minutes to schedule additional sessions, pay, co-pays, etc.

My first session, which is a diagnostic interview is charged at \$175.00. My hourly fee for 50 minute sessions thereafter is \$150.00. My hourly fee for couples and family sessions is \$175.00. You will be expected to pay for each session at the time it is held with cash or check, unless we agree otherwise. In circumstances of unusual financial hardship, I may be willing to negotiate a fee adjustment or payment installment plan. Should additional services be provided or should fees be changed, fair notice will be given to you.

The forms of payment I accept are ACH bank transfers, cash, and check. I also reserve the right to utilize a collection agency for outstanding balances not paid in full be the time therapy is terminated.

It is my policy to request payment at the time services are provided, unless other arrangements are made in advance. Although I will assist in billing your insurance carrier and accept assignments of benefits on our behalf, your fees are a contract between you and me. You will be responsible for those fees, including those not paid by your insurance carrier. If circumstances have lead to a time of difficulty for you, I urge you to contact my office so we can make appropriate financial and session arrangements.

Please turn to page 4 for patients rights information $\rightarrow \rightarrow \rightarrow$

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PATIENT RIGHTS AND THERAPSTS LIMITED LIABILITY

You have the right to withhold or withdraw consent at any time without affecting your right to future care or treatment nor risking the loss or withdrawal of any program benefits to which you would otherwise be entitled.

The information disclosed to me during the course of my sessions is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, including, but not limited to reporting child, elder, and dependent adult abuse, expressed threats of violence towards an ascertainable victim, and where you make my mental or emotional state an issue in a legal proceeding.

You have a right to access your personal information and copies of case records in accordance with California law.

If you are in crisis or in an emergency, you should call 911 or seek help from a hospital or crisis oriented health care facility in your immediate area. By signing this document you understand that emergency situations include: if you have thought about hurting or killing either yourself or another person, if you have hallucinations (see or hear things others don't or beliefs others may consider unrealistic), if you are in a life threatening or emergency situation of any kind, having uncontrollable emotional reactions, or if you are dysfunctional due to abusing alcohol or drugs. By signing this document, you acknowledge you have been told that if you feel suicidal, you are to call 911 or the National Suicide Hotline Toll Free Number 1-800-784-2433 or another suicide hotline.

You should know that psychotherapy, as a process that deals with people's innermost thoughts and feelings, may sometimes stir up emotions and create distress, even though the ultimate aim is to help with problems and alleviate unnecessary emotional pain. Because of the nature of the work, there is also no guarantee that specific improvements will be obtained, or that changes will occur within a specified amount of time.

Lisa Graff-Marsh is a licensed Clinical Social Worker in the state of California. By engaging with Lisa Graff-Marsh, you understand that the services provided are licensed in the state of California only. You agree to the terms and conditions of the State of California and the services provided within this state. Some sessions may consist of counseling, psycho-education, coaching, or other wellness activities including nature-based interventions. You understand that you are receiving services at your own risk and hereby release Lisa Graff-Marsh from any legal ramifications should you injure yourself in any way including but not limited to physical, emotional, mental, or psychological distress or injury.

Please turn to page 5 to sign the treatment consent form $\rightarrow \rightarrow \rightarrow$

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By signing below, acknowledge that satisfaction.		(printed name) have received answers to any question	
Signed :	Signature of Client (#1)	Date:	
Signed :	Signature of Client (#2)	Date:	
Signed :	Signature of Therapist	Date:	