
BOOK
BOX
PUBLISHING
THANKFUL(ISH)
JOURNAL
A 10-day gratitude adventure
full of silly prompts, doodles,
and wild what-ifs!

Date: _____

3 THINGS I'M THANKFUL FOR

(Even if they're weird)

Burps that sounds like words, crunchy taco shells, dry socks, bubblegum-flavored toothpaste... it all counts.

_____

_____

_____

Date: _____

I'M SECRETELY THANKFUL FOR

Be honest — even silly or weird things like "broccoli that looks like a tree" or "rain that gets me out of soccer practice.

_____

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IF GRATITUDE WERE A SUPERPOWER, WHAT WOULD YOURS BE CALLED?

(The Thank-a-nator, The Kindness Blaster...)

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WHAT'S THE NICEST THING SOMEONE HAS EVER DONE FOR YOU?

Write it like you're telling your best friend.

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WHO WOULD YOU THANK IF YOU COULD THANK ANYONE IN THE WORLD? (REAL OR IMAGINARY)

unicorns, teachers, tacos – all fair game

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WHAT WOULD HAPPEN IF A TURKEY WROTE A "THANK YOU" NOTE?

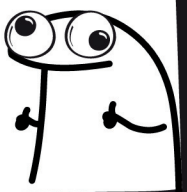
Write from the turkey's point of view — "Dear Farmer Bob, thanks for feeding me... maybe I could diet in November?"



THANK YOU

DRAW SOMETHING THAT MAKES YOU SMILE





Add googly eyes for extra giggles!

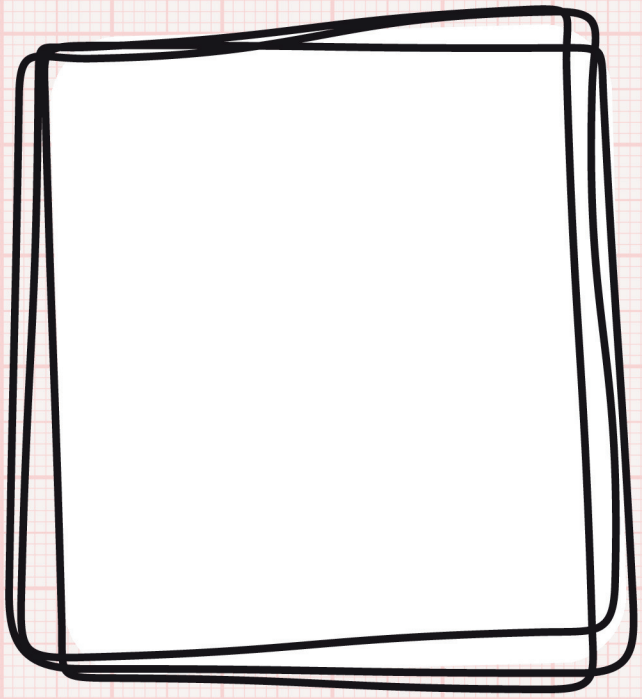
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DRAW OR WRITE ABOUT YOUR "THANFUL(ISH)" FACE

A silly expression for when you're thankful... but also kind of not — like when Mom makes you thank Aunt Karen for socks.



Date: _____

WRITE A THANK YOU NOTE TO SOMETHING THAT DOESN'T HAVE FEELINGS

"Dear Toilet Paper, thanks for always being there for me."

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WHAT'S SOMETHING YOU CAN DO TODAY TO SHOW THANKS? (WITHOUT SAYING IT)

(Action-based gratitude — hug someone, share a snack, do a chore, make a card.)

_____

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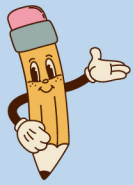
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BONUS BLUE RIBBON "THANKFUL(ISH)" AWARDS

Feel free to cut these out and award them.



BEST SNACK EVER



MOST RELIABLE PENCIL



COOLEST PET



FUNNIEST FAMILY MEMBER



COMFIEST SPOT TO CHILL