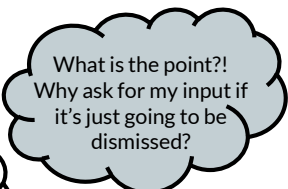
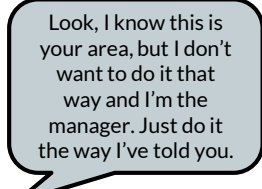




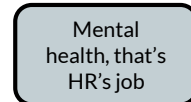
If I open up, will I be seen as weak or be replaced?



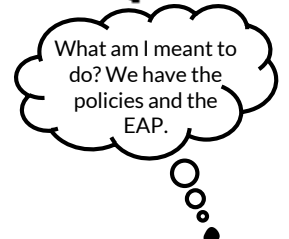
Dismissive managers create silence, stress, and burnout. Culture doesn't survive that.



One annual workshop won't undo daily stress, bad leadership or burnout. Culture needs action, not tick box awareness.



No one wants to be the 'HR problem.' It feels like you're broken or making trouble.



An EAP isn't a culture fix, it's outsourced support, when people need someone close who cares. Outsourcing care can send the message: "Not my problem".

Poor workplace culture =

Toxic workplaces hit hard. Mentally, physically and financially. They drain employee wellbeing, tank productivity and cost businesses through turnover, absenteeism, legal risks and a damaged reputation.

Healthy workplace culture =

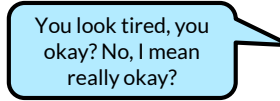
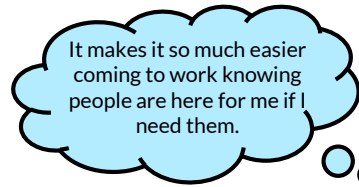
Improves retention, customer satisfaction, and business results. It's not a nice-to-have—it's your strategy in action. When people thrive, so does the business.



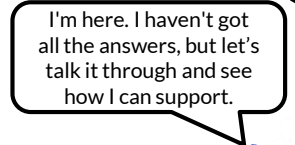
Honesty isn't a risk, it's respected.



Supportive managers create trust, safety and energy. Culture thrives on that.



Culture isn't built in a single day. It's built in what we do and how we treat each other—every day.



Culture happens in conversations, not policies. EAPs have their place—but they're not a stand-in for showing up. Human connection builds trust. That's culture.

