

# Overseas Volunteering - Teaching



Teaching proper handwashing techniques through demonstrations and hands-on practice with soap, helping students develop healthy hygiene habits in a fun and interactive way.

Through step-by-step demonstrations, YEP members guided students on the importance of proper handwashing and the correct techniques for maintaining personal hygiene. Students then practised the handwashing steps themselves using soap and water, allowing them to apply what they had learned immediately. By combining learning with hands-on participation, the activity encouraged greater engagement and reinforced the importance of good hygiene habits in preventing illness and promoting overall well-being.

# Overseas Volunteering - Baci



Singaporeans participating in the Baci ceremony, a Lao tradition of blessings and unity.

This photo was taken during the Baci ceremony, a deeply significant Lao tradition that symbolises the calling back of good spirits and the strengthening of bonds within the community. As village members gently tied white cotton strings around our wrists while offering blessings and well-wishes, the ceremony embodied warmth, protection, and unity. The experience was profoundly moving, as it reflected not only hospitality but also a shared sense of humanity and connection. It left us feeling sincerely welcomed into the community, with a lasting appreciation for the cultural meaning and emotional depth behind this simple yet powerful ritual.

# Local Volunteering - Engagement



Engaging elderly residents at NTUC Health Nursing Home (Pasir Ris) through jigsaw puzzle activity.

During our local volunteering session, a YEP member spent time interacting with a senior resident at NTUC Health Nursing Home (Pasir Ris) by guiding and accompanying them in a jigsaw puzzle activity. This activity encouraged cognitive engagement, patience, and meaningful intergenerational bonding, while also creating a warm and interactive environment for the resident.