

60th East Coast Shotokan Karate Association Championships

Saturday, May 3, 2025

60th ECSKA



Championships

**Hosted by
Southern Maryland Shotokan Karate**

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Dear Club Instructors,

Southern Maryland Shotokan Karate is pleased to announce we are hosting the 60th ECSKA Karate Championship on Saturday, May 3, 2025, at **Leonardtown High School**, 23995 Point Lookout Rd, Leonardtown, MD 20650.

Doors will open at 7:30 AM, opening ceremony at 9:00 AM sharp, with demo and Senior and youth competition following immediately.

We strongly encourage participants to check in early:

Friday 7:00 PM – 9:00 PM at The Inn at Leonardtown.

Saturday 7:30 AM – 9:00 AM at Leonardtown High School.

This packet contains all registration, hotel, and championship details. This will be a single-day tournament consisting of senior, youth and adult competitions. There will be a training seminar on Sunday morning with Okazaki Shihan. Only members of the ISKF East Coast region may compete.

Friday March 28, 2025 - ALL registration forms must be completed on-line by this date.

Registrations closes on March 29, 2025

Competitors without a current ISKF card will be charged \$50 the day of the event.
Competitors 1st kyu+ without an ISKF passport will be charged \$85 the day of the event.

For questions regarding registration, contact

Paul Willoughby
Chief Instructor
Southern Maryland Shotokan Karate
plwilloughby@gmail.com
301-904-8687

General Information

Tournament info:	
Date	Saturday, May 3, 2025
Time	Doors open at 7:30 AM , Opening ceremony at 9:00 AM
Location	Leonardtown High School – Main Gym 23995 Point Lookout Rd, Leonardtown, MD 20650. Parking on site
Check-in	Friday 7:00 - 9:00 PM @ The Inn at Leonardtown Saturday 7:30 – 9:00 AM @ Leonardtown High School *Check-in on Friday is strongly encouraged
• Judges’ Meeting	Saturday 8:00 AM
• Judge’s uniform	is gi, whistle and belt.
Sunday, May 4th: Seminar with Okazaki Shihan – Leonardtown High School Auxiliary Gym	
Deadlines:	
Friday, March 28	Deadline for program advertisement
Friday, March 28	Deadline for registrations
Registration Submission	
Online Link: Registration (https://somdshotokan.net/60th-ecska-championship)	
Make check payable to: Paul Willoughby	
Contact	
General questions/inquiries to:	Paul Willoughby 301-904-8687 plwilloughby@gmail.com

Hotels

Within 5 minute drive of event:

The Inn at Leonardtown, An Ascend Collection

41655 Park Avenue, Leonardtown MD 20650

Phone: (301) 475-0187 Fax: (301) 475-0104

To get the group rate, you may call the hotel directly or use the registration link:

[The Inn at Leonardtown \(https://www.choicehotels.com/reservations/groups/OA73W4\)](https://www.choicehotels.com/reservations/groups/OA73W4)

Group Name: 60th East Coast Karate Championships –

Registration cutoff for group rate: April 5, 2025

Rate \$165 2 double beds/\$175 King

Within 12 minute drive of event:

Sleep Inn and Suites

[23428 Three Notch Road](#)

California, MD 20619

1 (301) 737-2444 (there is no on-line registration – you must call

MD225@stayatchoice.com

Group Name: East Coast Karate Event –

Registration cutoff for group rate: April 21, 2025

Rate: \$129 2 double beds/\$119 King

*There are several other hotels in the area

Fees and Admission Prices

Competitor Registration Fees	
Youth all ranks 7-17 years of age.	
•	1 event (kata or kumite) \$35
•	2 events (kata and kumite) \$50
•	Team kata \$50 per team (two youth teams allowed)
Adult all ranks 18-44 years of age.	
•	1 event (kata or kumite) \$35
•	2 events (kata and kumite) \$50
•	Team kata \$50
•	Team kumite \$50
Senior all ranks (this includes beginners and intermediates) 45+ years of age.	
•	1 event (kata or kumite) \$35
•	2 events (kata and kumite) \$50
•	Team kata \$50
Spectators	Free

Championship Checklist

Mouthguard (approved by the ISKF Technical Committee)

White non-absorbent fist protectors (approved by the ISKF Technical Committee)



Standard white karate gi (no patches or logos beyond ISKF)



Current 2025 ISKF membership card (may be purchased at check-in \$50)

Current ISKF Passport for 1st kyu brown & black belts (may be purchased at check in \$85)

Schedule of Events

Friday, May 2, 2025	The Inn at Leonardtown
7:00 PM – 9:00 PM	Competitor/Judges Check-In
Saturday, May 3, 2025	Leonardtown High School
7:30 AM	Doors Open
7:30 AM – 9:00 AM	Competitor/Judges Check-in
8:00 AM	Judges' meeting
8:30 AM	Senior and Youth Team and Individual staging
9:00 AM	Opening Ceremony
	<ul style="list-style-type: none"> • Senior individual & team competition • Youth individual & team competition • Adult individual & team competition
Sunday, May 4, 2025	Leonardtown High School
10:00 AM	Doors Open
10:30 – 11:45	Seminar with Okazaki Shihan

Youth Division – General Information

Qualifications

- Youth competitors must be between ages 7 and 17 on the day of the championship.
- Competitors without a current ISKF card will be charged \$50 the day of the event.
- Competitors 1ST kyu+ without an ISKF passport will be charged \$85 the day of the event

Rules

Refer to the [ISKF Tournament Rules and Regulations 7th Edition \(May 2022\)](#)

Kumite

Beginner and intermediate kumite will be ippon kumite.

- Beginner 10th – 7th kyu: Jodan/chudan oi-zuki both sides
- Intermediate 6th – 4th kyu Jodan/chudan oi zuki, mae-geri, yoko-geri kekomi, favorite side

Brown belt kumite will be jiyu ippon kumite for eliminations and finals.

Black belt kumite will be jiyu (shobu ippon) kumite for eliminations and finals.

Kata

During elimination rounds, beginner and intermediate ranks can only be asked to perform kata tested for the belt. For example, an orange belt can only be asked to perform Heian Shodan or Nidan during elimination rounds. An orange belt may elect to do Heian Sandan during point round.

As per page 36 in ISKF Tournament Rules and Regulations 7th Edition (May 2022):

Brown belts are restricted to:

Heian 1 – 5
Tekki 1
Bassai Dai, Kanku Dai, Jion, Empi

Black belts are restricted to the following katas:

Heian 1 – 5
Tekki 1 - 3
Bassai Dai, Kanku Dai, Jion, Empi, Hangetsu, Gankaku, Jitte

Team Kata

Each ISKF club can send two mixed youth teams.

- Teams are three members and one optional alternate from the same club.
- Team members and alternates may only be on one team.

There will be no team kumite for youth

Adult and Senior Divisions – General Information

Qualifications

- Adult competitors shall be age 18-44 on the day of the tournament
- Competitors 45 or older on the day of the tournament must compete in the Senior divisions.
 - Adult 45- 54: gender-separated kata and kumite (shobu-ippon kumite)
 - Super Senior 55 -64: gender-separated kata and kumite (choice of jiyu-ippon or shobu-ippon kumite)
 - Super, Super Senior 65+: kata only
- Any competitor, 9th kyu and above, may compete in the adult or senior divisions

Rules

Refer to the ISKF Tournament Rules and Regulations 7th Edition (May 2022)

Kumite

Beginner and intermediate kumite will be ippon kumite.

- Beginner 9th -7th kyu: Jodan/chudan oi zuki both sides
- Intermediate 6th - 4th kyu: Jodan/chudan oi zuki, mae geri, yoko geri kekomi, favorite side

Brown belt kumite will be jiyu ippon kumite for eliminations, finals, and team.

Kata

During elimination rounds, beginner and intermediate ranks can only be asked to perform kata tested for the belt. For example, an orange belt can only be asked to perform Heian Shodan or Nidan during elimination rounds. An orange belt may elect to do Heian Sandan during point round.

Team Kata

Each ISKF club can send:

- one mixed-gender beg-int (9th – 4th kyu) team.
- one men's adult advanced team

- one women's adult advanced team
- one mixed gender senior 45+ advanced team

Teams are three members and one optional alternate from same club.

Team members and alternates may only be on one team.

Team Kumite

Each ISKF Club can send:

- one men's adult advanced team
- one women's adult advanced team

Teams are two or three members and one optional alternate.

Team members and alternates may only be on one team from same club.

There will be no team kumite for seniors

Kumite Safety Notes

- ISKF-approved mouthguard and white, non-absorbing fist protectors required for all kumite.
- Competitors of all ranks and ages require proper protection.
- Eyeglasses, including safety glasses, are not permitted during kumite events.
- Absolutely no jewelry will be permitted to be worn by competitors or officials.
- Other medical, religious, cultural or safety garments require referee and medic approval before competing.

Program Advertising Form

Deadline for digital art and advertising space payment: **March 28, 2025.**

Size and Price

- Back Cover/ Inside Cover (7 ½" X 10") \$275
- Full page (7 ½" X 10") \$250
- Half page (7 ½" X 5") \$175
- Quarter page (3 ¾" X 5") \$100
- Eighth page (bus. card) (3 ¾" X 2 ½") \$75

Instructions

- E-mail advertisement **ONLY** to **plwilloughby@gmail.com**
- Submissions must be digital format.
- PDFs must be saved/exported as "High Quality" or "Print Quality."
- Artwork should be supplied with fonts embedded and at a high resolution 300dpi)
- Any copy not already typeset must be typed, not hand-written.
- Business cards may be used for art.
- Ads in black/white only.

Company Name:	
Company Address:	
Company Representative:	
Phone:	
Signature:	_____
Date:	
Total Amount Enclosed:	\$

Make Checks Payable to: **Paul Willoughby**
Venmo: @plwilloughby

T-Shirt Design



Color: Black