

Follower Highlight Questionnaire

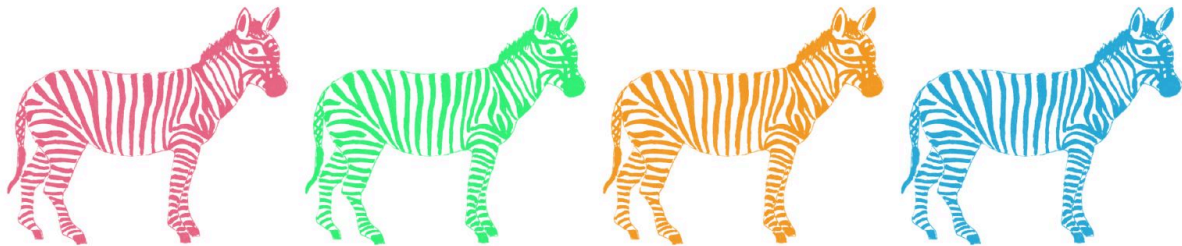
Thank you for following me and being willing to share your story to help other people with hypermobility! This is a 10-question form to collect the things you want to say on my social media post. None of the questions are required, so skip any you'd rather not reply to. For all the others, don't be shy! I love getting to know you, and I know that your experience and viewpoint will be beneficial to my other followers.

By providing answers and files on this form, you are giving permission to Shannon E. Gale and First Comes Love Publishing LLC to use these words and images for marketing, publicity, and raising awareness purposes.

Thank you so much for your time and support!

* Indicates required question

1. Email *



2. Are there any personal details you would like to share? Name, age, location, job, hobbies, passions, family relationships, talents, etc.?

3. Do you have EDS/HSD, or another diagnosis, or are you a care provider for hypermobile people?

4. Briefly, what is your history with this condition?

5. Is there one story you'd like to mention from your past regarding living with this condition (or trying to get diagnosed or treated or believed or to help your clients or patients)?

6. What is the most mind blowing thing you learned from my social media posts or my book, *Hypermobile and Happy*?

7. What is the most helpful thing you got from my posts or books?

8. What is your current favorite supplement, hack, bodywork technique, or exercise?
(You can list more than one if you want!)

9. Is there something you would like to say to inform or encourage other people with this condition?

10. Where do you see yourself 5 years from now, and how has that vision changed recently?

11. What else would you like for people to know about you, EDS, or holistic healing?

12. Please upload a photo of yourself (or something that represents you) that you would like to be used for your post. Only 1 photo is needed, but up to 10 can be uploaded. *

Files submitted:

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