

# Confident You CEO Retreat - Frequently Asked Questions (FAQ)

## Q: When and where is the retreat taking place?

A: The Confident You CEO Retreat will be held November 21-23, 2025, at a charming inn and conference center in beautiful New England.

## Q: What is included in the retreat package?

A: Each package includes:

- 2-night stay in your selected room type (triple, double, or single occupancy)
- 6 nourishing meals from dinner on arrival through lunch on departure
- All retreat sessions and workshops
- Swag bag + printed workbook
- Quiet time, connection, and CEO-level strategy
- Bonus VIP gift for Elite CEO attendees

# Q: What are the pricing options?

A: We offer three tiers:

- Triple Occupancy: \$797 one time or 4 payments of \$225
- Double Occupancy: \$997 one time or 4 payments of \$275
- Private Room (VIP): \$1,297 or 4 payments of \$350
  A \$250 deposit secures your spot and is applied to your total balance.

#### Q: Can I pay in installments?

A: Yes! We offer flexible payment plans. You can pay in full or choose a 4-payment plan based on your selected tier. Payment plans are slightly higher in price to cover processing and administrative costs.

#### Q: What is the retreat schedule?

**A:** The retreat is designed for flow, connection, and clarity:

- Friday Evening: Welcome reception and networking with fellow CEOs
- Saturday: Full-day retreat starting with a wellness practice (optional) and from 9 AM to 4 PM strategic sessions and interactive workshops
- Saturday Evening: Celebration dinner and casual evening connection, networking and fireside chat
- Sunday Morning: Mindful Wellness Practice, final session, closing circle, and farewell lunch

# Q: What topics will be covered?

A: We'll dive deep into areas that position you for success:



- Positioning Your Business for Growth
- Fireside Chat with Featured Guests
- Designing a Path Forward: Strategy, Systems & Confidence

## Q: How do I get there?

A: The retreat venue is located within driving distance of most major cities in the Northeast. The Guest House Retreat & Conference Center is located midway between New York City and Boston, ten miles north of the Long Island Sound coastline. The most common travel hubs are Bradley International Airport in Windsor Locks and Old Saybrook Train Station.. We recommend renting a car or carpooling with another attendee. Once registered, you'll be added to a private group where you can coordinate travel with others if desired.

## Q: What if I want to arrive early or stay longer?

A: You're welcome to add extra nights! Each additional night is \$150 and includes 3 meals. Let us know in advance so we can coordinate your accommodations.

## Q: I have dietary restrictions. Can they be accommodated?

A: Absolutely. We will collect dietary preferences and restrictions after registration and ensure the venue can accommodate your needs.

#### Q: What if I need to cancel?

A: The \$250 deposit is non-refundable, but transferable. Full cancellation policies will be outlined in the agreement upon registration. We recommend travel insurance for added peace of mind.

#### Q: What kind of women attend this retreat?

A: Our attendees are women entrepreneurs, leaders, and creators who are ready to reflect, refocus, and lead their businesses with clarity and confidence. Whether you're just gaining momentum or scaling with purpose, this retreat is designed to meet you where you are.

# Q: Do I need to bring anything?

A: Just your favorite notebook, comfy clothes, and an open mind. We'll send a full packing checklist closer to the date.

#### Q: How many people will be attending?

A: We are keeping the retreat intentionally intimate with around 10-15 attendees so that everyone receives personalized support and meaningful connection.

#### Q: Who can I contact if I have questions?

A: You can email Julie directly at Julie@goconfidentlycoaching.com or reply to your registration confirmation. We're here to support you every step of the way!



<u>2025 Confident CEO Retreat</u> a powerful in-person experience designed to position you for maximum impact, visibility, and income in 2026.

# Date is November 21-23, 2025 in the quaint HARTFORD metro area.

This isn't just a feel-good getaway (though it will feel good). It's a strategy-first, action-packed, hands-on business acceleration experience that will help you finally:

- Launch your next big offer or business
- Map out your content and visibility for the year
- Grow your podcast (or finally start the one you've been talking about!)
- Build your authority and attract aligned clients
- Step into your role as a thought leader

We're not just dreaming — we're doing.

You'll be guided by me and an incredible panel of experts, including:

- A sought-after speaking coach to refine your message
- A PR guru to get you featured and booked
- A book coach to help you share your story with the world

You'll leave this retreat with more than inspiration — you'll leave with a clear business strategy, a visibility plan, personalized feedback, and the confidence to step fully into your CEO role.

Oh, and here's the kicker...

Retreats like this easily cost \$5K–\$10K — and they're worth every penny. But this is the inaugural Confident CEO Retreat, and you're getting the insider invitation.

→Your deposit to claim a spot is just \$250.

That's it. No complicated application. No pressure. Just a yes to yourself and to your big 2026 vision.

I have space for only 10 women, and I'm being very intentional about who I invite in.

This retreat is for you if you're done playing small. If you know you're meant to lead. If 2026 is your year to become unmissable.



Hit reply and say "I'm in" — or click below to make your deposit and lock in your spot.

Secure My Spot - \$250 Deposit

Can't wait to step into this powerful season with you.

With confidence and bold belief in your next chapter,

# The Venue

The retreat will be hosted at a charming New England inn that feels straight out of a Gilmore Girls episode. Think cozy nooks, crisp autumn air, comfortable porches overlooking a beautiful campus, the perfect blend of comfort and inspiration to fuel your next big move.

It's the kind of place where creativity flows, connections deepen, and big visions come to life.

Guest House is a beautifully renovated country inn that combines functionality with comfort. All accommodations and meeting rooms are in the same building. A calm and respectful atmosphere is maintained for all groups to support their work.

# **Mission Statement**

We support opportunities for transformational work and provide a nurturing environment for those seeking to develop human potential and enrich the world.

#### **Vision Statement**

Guest House is a sustainable, nurturing, supportive and highly regarded retreat environment. We host organizations focused on transformation in the realms of social awareness/action, mindfulness, leadership, environmental responsibility, spirituality, psychology, health and wellness, education, the arts and related fields."

## **Green Retreat Facility**

Sustainable, environmentally friendly practices are essential to our mission and are at the core of our business. It's an ongoing effort and our personal goal is to become greener and cleaner every day. Read below about some of our green certifications, initiatives and projects.

























