



StepsEasy Research Rx



Whatsapp number
+91 6300727310



www.thestepseasy.com



PIONEER's NOTE



Dr Riya Raju MBBS, MD

PGY-1 FAMILY MEDICINE at SOUTHERN ILLINOIS UNIVERISTY

- Published 8 articles during medical school.
- Awarded an STS scholarship from Dr. NTR University of Health Sciences.
- Presented >10 abstracts at national conferences.
- Trained at the Multidisciplinary Research Unit.

Dr Tanishq Kesani MBBS, MD

PGY-1 FAMILY MEDICINE at ONVIDA HEALTH, ARIZONA



- Lots of experience in case reports and systematic review papers.
- Presented >10 abstracts at national and international conferences.



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Our Mentor Team

Dr. Argi Anuradha, M.Sc., M.Phil., Ph.D. is a dedicated researcher with expertise in human genetics, holding a PhD (focused on gene polymorphisms and cancer susceptibility) in the field from Andhra University.



- **Current Role:** Scientist C, Multidisciplinary Research Unit, Andhra Medical College
- **Publications:** 30 publications in national and international indexed journals; 239+ citations; 1 book chapter, 4 books authored.



Dr. Peela Jagannadha Rao, M.B.BS, MD, PhD, is a distinguished academician with significant global contributions to the fields of medical genetics, biochemistry, and clinical chemistry.

- **Current Role:** Provost & HOD of Biochemistry (Molecular Biology & Medical Genetics), BIMS School of Medicine and Health Professions, Jamaica
- **Publications:** Numerous research papers- more than 50 publications with an impact of over 500 citations, h-index of 11 & i10-index of 13

Dr Tarun Kumar Suvvari, M.B.B.S, is a young physician-researcher with training from various national research facilities during his undergraduate studies, and continues to contribute to the scientific literature.



- **Current Role:** Founder & Chairman of Squad Medicine and Research (SMR); Founding President of Rangaraya Student Research Society (RSRS)
- **Publications:** 50+ publications in reputed journals, 3 published book chapters; multiple presentations in national & international conferences.

Professional statisticians will be available to assist with the statistical analysis component of meta-analyses.



Our Mentor Team

Dr. Gautham Maddineni, M.B.B.S, MD, Incoming GI Fellow at Creighton University, Nebraska, possesses extensive experience in the design, execution, and statistical analysis of large database cohort studies.



- **Previous Role:** Dr. Maddineni was the chief research resident for his Internal Medicine residency class at FSU.
- Prior research experience at the Mayo Clinic has been impactful, with over 100 citations to date.



Dr. Shanmukh Sai Pavan Lingamsetty, M.B.B.S, has notable expertise in Meta-Analysis projects and a strong track record of leading multiple successful projects, culminating in securing a research position at Harvard University.

- Publications: 7 PubMed-indexed manuscripts, 10 Manuscripts under review in Q1 journals.
- Conference Presentations: 35 abstracts presented at AHA, ACC, ESC, TCT & NY Valves.



Dr. Meghana Kakarla , MD
PGY-2 Internal Medicine
Infirmiry Health, Alabama

Graduate of Harvard Medical School's GCSRT program. My research focuses on gastrointestinal and hepatobiliary outcomes using national datasets, with specific interests in translational hepatology, EOCRC, and Microbiome-linked GI disorders

Dr. Vamshi Kota , MBBS
Clinical Research Fellow
University of Kentucky



Currently working on clinical trials involving Novel Therapies for Inflammatory Bowel Disease.

Professional statisticians will be available to assist with the statistical analysis component of meta-analyses.

Why StepsEasy Research Rx?



RESEARCH

→ Why Partner With Us for Your Research Journey?

We're dedicated to making research accessible and achievable for everyone, from beginners to advanced learners. Here's what sets us apart:

Affordable Excellence:

- We offer our mentors' time and expertise at a fair, transparent price — ensuring high-quality research support that's within reach.

Introductory Research Course:

- We offer our personally crafted BootCamp video course, which explains all the nuances of research and will equip you with skills before you sign up for our research project.

Supporting Everyone:

- From beginners to advanced learners, we welcome all skill levels and Make research feel approachable, not intimidating.

Your Publication, Your Way:

- Choose from various journal options tailored to your needs — sorted by APCs, timelines, and more.

No Experience Needed:

- All you need is motivation and time!
- We'll guide you step-by-step — no prior research experience required.

www.thestepseasy.com

→ What's in It for You?

Collaborate with Like-Minded Peers

Join a dynamic platform to connect with others who share your research interests.

01



Always Connected

Get constant support through a dedicated WhatsApp group for communication.

Strong Start

Begin with a power-packed introductory session covering research basics and a clear project roadmap.

02



Stay on Track

Follow a structured weekly timetable with focused 45-minute sessions to keep you moving forward.

Tailored Journal Recommendations

Receive personalized journal suggestions based on your topic, budget, and deadlines.

03



From Idea to Publication

Get expert help navigating every step of the publication process — stress-free and guided.

→ Plans A & B

Plan A

Feature

Topic Selection

Team Formation

Weekly sessions by Mentors

Authorship

Publication

Student-Driven Topics

- Students propose topics; the most relevant/innovative are selected
- Students are grouped according to their subject interests, APC budgets, and project timelines.
- Introduction to the assigned topic; task allocation for paper writing. Guidance on research question development, literature review, abstract generation, paper writing, journal suggestions, and publication. Weekly targets and meetings.
- Authorship will be determined by contribution, with mentors holding final authorship.
- Publication charges are not part of the plan, and communication with the journal, as well as article processing, will be the responsibilities of the first and second authors. Mentors will provide comprehensive guidance throughout this process and help with selecting the journals according to the student's budget.

Plan B

Mentor-Driven Topics

- Mentors provide the topics for the students.
- Students are assigned to teams based on their interest in mentor-provided topics.
- Introduction to the assigned topic; task allocation for paper writing. Guidance on research question development, literature review, abstract generation, paper writing, journal suggestions, and publication. Weekly targets and meetings.
- Mentors will be listed as first authors, with participant authorship determined by their contribution to the work
- Publication charges are not part of the plan, but the Mentors will be responsible for all communication with the journal and the article processing and publication. Top journals will be targeted, preferably.

→ What We Offer?

Case Report (3–4 weeks)

- Tentative **4-Week** Timeline for Case Report Publication
- **Week 1:** Case identification, data collection, and literature review
- **Week 2:** Drafting the case report
- **Week 3:** Internal review and detailed feedback
- **Week 4:** Final revisions, formatting, and submission

Plan – A – 75\$ (Launch offer price – 60\$)

Plan – B – 100\$ (Launch offer price – 80\$)

Systematic Review; Meta-Analysis:

(8–12 weeks)

Tentative **12-Week** Timeline for Systematic Reviews & Meta-Analyses

- **Week 1:** Topic selection and initial literature search
- **Week 2:** Develop a structured research protocol
- **Week 3:** Conduct a comprehensive literature search
- **Week 4:** Screen titles and abstracts
- **Week 5:** Full-text review of selected studies
- **Week 6:** Data extraction from finalised sources
- **Weeks 7–8:** Data synthesis & analysis
(may extend for complex reviews)
- **Weeks 9–10:** Drafting the article
- **Week 11:** Revisions and detailed editing
- **Week 12:** Finalisation and submission

Plan – A – 150\$ (Launch offer price – 120\$)

Plan – B – 180\$ (Launch offer price – 150\$)



What We Offer?

Non-clinical original research
Cohort Study/Cross-sectional Study -
Questionnaire-based/Google-form based:

(8-12 weeks)

- Tentative **12-Week** Timeline for Non-Clinical Original Research
- **Weeks 1-2:** Define the research question, objectives & study design
- **Weeks 3-4:** Develop the questionnaire or form and conduct pilot testing
- **Weeks 5-8:** Collect data from participants
- **Weeks 9-10:** Analyse and interpret the collected data
- **Week 11:** Draft the research report or manuscript
- **Week 12:** Final revisions and submission

Plan - A - 100\$ (Launch offer Price- 80\$)

Plan - B - 125\$ (Launch offer Price- 100\$)

Abstract editing & guidance for
conference submissions:

(2-5 weeks)

- **Week 1:** Understand the conference theme, submission guidelines & deadlines
- **Week 2:** Draft the initial version of your abstract
- **Week 3:** Internal review and constructive feedback
- **Week 3:** Conduct a comprehensive literature search
- **Week 4:** Finalise and submit the abstract to the conference
- **Week 5:** Full-text review of selected studies

Plan - A - 60\$ (Launch offer Price- 40\$)

Plan - B - 75\$ (Launch offer Price- 60\$)



Combo Plans

Plan Alpha – 1 Case Report + 1 Systematic Review

250\$
(Launch offer price – 200\$)

Plan Beta – 1 Case Report + 1 Systematic Review +
2 Abstracts

300\$
(Launch offer price – 250\$)

Plan Gamma – 2 Case Reports + 1 Systematic
Review + 2 Abstracts

350\$
(Launch offer price – 300\$)

Plan Delta – 1 Case Report + 1 Systematic review +
1 Cross-sectional Study + 2 Abstracts

400\$
(Launch offer – 350\$)

MATCH PACKAGE – 1 Case Report + 1 Systematic
review + 1 Cross-sectional Study + 2 Abstracts
**FAST TRACK PUBLICATION TO BE READY FOR
MATCH SEASON**

500\$
(Launch offer – 400\$)

Note:

- This is a demanding schedule, and students are expected to stay organised, proactive, and disciplined to meet deadlines and ensure successful project completion.
- Timelines may vary slightly based on project complexity and team coordination

→ **How the Selection Process Works**

Application:

- Complete the Google Form released in our community group (<https://chat.whatsapp.com/FmQ7nahdKr7Iax64u9iprg>)
- Provide the following information:
 1. College
 2. Year of study
 3. USMLE Exam stage
 4. Previous research experience



Research preferences:

- Preferred topic or existing topic
- Interest in the PLAN-A or PLAN-B
- Specific research areas
- Time constraints
- Preferred research role (case report, systematic review/meta-analysis, abstracts)
- Budget for APC.

Review & Onboarding Process:

Step 1: Application Review

- Our team carefully reviews your application to understand your goals and tailor a personalised research plan.

Step 2: Secure Payment

- Once your plan is finalised, you'll receive a payment link to confirm your spot.

Step 3: Group Onboarding

- After payment, you'll get exclusive access to your assigned **WhatsApp group**, where guidance, collaboration, and updates begin!
- Simple. Streamlined. Student-Centered.

➔ Frequently Asked Questions

● How is this useful for beginners?

Our introductory session is designed especially for beginners! You'll learn:

- How to frame a strong research question using the PICO method
- How to conduct literature reviews with PubMed
- How to organise references effortlessly using Zotero
- The complete publication process, step-by-step

Plus, for those interested in meta-analysis, we'll guide you in using REVMAN for statistical analysis!

● What does the price include?

When you enrol, you get:

- A power-packed class on research fundamentals
- An e-book with step-by-step article writing guidelines
- Ongoing support through a dedicated WhatsApp group
- Weekly mentor-led sessions to keep you on track



Note: Article Processing Charges (APC) are not included in the price.

● What is the approximate cost of publication (APC)?

- Understanding Journal Fees (APCS)
- While a few journals are free, they're limited in number and scope. We focus on all ranges - from Free journals, low-cost to high-quality, reputable journals with transparent Article Processing Charges (APCS) ranging from \$0 to \$2000, depending on the journal type (Open Access or Traditional Subscription).
- To make it affordable, the cost is shared among participants — typically \$50–\$200 per student, based on group size and the selected journal.
- Transparent, Flexible, Quality-first.



➔ Frequently Asked Questions

● Can we enroll in multiple projects simultaneously?

- Yes, you're welcome to be part of multiple research projects — from case reports to systematic reviews and meta-analyses!
- Our Tip for Beginners: Start with a case report to build strong research fundamentals.
- Your project choices will be guided by your interests, timeline, and academic priorities, including USMLE or another exam prep.
- We help you choose a plan that fits you best!

● What is the difference between an abstract and a research work?

- An abstract is just the highlight reel — a summary that gives readers a glimpse into your research.
- But the full research article is the real deal — a complete, peer-reviewed narrative that validates your work in the scientific community.
- Only when your full article is published does your research gain true recognition and credibility in the literature.





Start Your Journey to Residency in the USA with the Right Steps

StepsEasy

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Contact us!**



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