# My Life Timeline

*"Want a place to tell the full story behind each event? Start with Mum’s Life Story Journal!"*

**Instructions:**

• Reflect on the key moments of your life.  
• Use the spaces below to record memories, milestones, and meaningful events at each stage.  
• Feel free to draw, decorate, and personalize your timeline!

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| **Age** | **Major Life Events & Memories** |
| Birth |  |
| 0–9 Years (Childhood Adventures) |  |
| 10–19 Years (School, Dreams, Firsts) |  |
| 20–29 Years (Independence, Careers, Love) |  |
| 30–39 Years (Family, Building, Growth) |  |
| 40–49 Years (Achievements, Reflections) |  |
| 50–59 Years (Transitions, New Beginnings) |  |
| 60–69 Years (Grand Adventures, Wisdom) |  |
| 70–79 Years (Legacy, Sharing Stories) |  |
| 80–89 Years (Golden Years, Reflections) |  |
| 90+ Years (Treasured Memories) |  |

## Final Reflections

Use this space to write about your hopes, dreams, and advice for future generations: