



ALL IN ONE CNS KIT

RESPIRATORY SYSTEM

Name	
Age	
Sex	
Occupation	
Educational qualification	
Address	
Socio - economic status	

Chief complaints

Cough / Expectoration / Hemoptysis / Breathlessness / Chest Pain / Wheeze / Fever / Loss Of Weight / Loss Of Appetite



H/O Presenting illness

Cough:

Onset / Duration / Progression / Episodes Aggravating And Relieving Factors.

Expectoration:

Onset / Duration / Progression / Episodes / Quantity Colour / Consistency / Smell / Blood Stained Or Not Aggravating And Relieving Factors Variation – Diurnal / Seasonal / Postural.

Hemoptysis:

Onset/ Duration / Progression / Episodes / Fresh Blood Or Altered Amount / Aggravating And Relieving Factors



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Breathlessness:

Onset / Duration / Progression / Episodes / Each Episode Lasting For How Much Duration / Orthopnoea / Pnd / Aggravating And Relieving Factors Variation – Diurnal / Seasonal

Associated With Wheeze Or Not

Chest Pain:

Onset / Duration / Site / Type / Radiation / Progression / Episodes Each Episode Lasting For How Much Duration Aggravating And Relieving Factors

Wheeze:

Onset / Duration / Progression / Episodes Each Episode Lasting For How Much Duration Aggravating And Relieving Factors Variation - Diurnal,Seasonal Associated With Skin Rash Or Not / H/O Allergy To Food Or Drug Or Dust.

Fever:

Onset / Duration / Progression / Grade Associated With - Chills And Rigors Or Night Sweats Aggravating And Relieving Factors Variation-Diurnal,Seasonal Associated With Skin Rash Or Not?

Loss Of Weight:

Onset / Duration / Progression

Loss Of Appetite :

Onset / Duration / Progression

Past History

History Of - T.B / Br.Asthma / Allergies / Reccurent Respiratory Tract Infections / Whooping Cough / Measles & Other Exanthematous Fevers / Hypertension /Diabetes Mellitus / TIA / Stroke / Seizures / Attainment Of Milestones & Mode Of Delivery / STDs/ Major Surgeries / Major Injuries

Other Relevant History

Community Acquired Pneumonia / Recent Hospitalization / ICU Admission / Mechanical Ventilation / Blood Transfusion



Personal History

Bladder And Bowel Habits / Loss Of Weight & Appetite / Sleep

Disturbances

Diet

Smoking

– What? / Pack Yrs = No.Of Packets/Day X No.Of Years , Smoking Index =

No.Of Cigars Or Beedi's/Day X No.Of Years

Alcoholism- Brand /

Alcohol / Quantity (In ML / Day)

Any Other Habits /

Addictions

H/O Any Exposure To

Any STD's

Family History

H/O Similar Complaint In Any Of The Family Member / T.B / Br.Asthma / Allergic Disorder

/ Malignancy / Other Significant History

Menstrual History

Age Of Menarche / Duration Of Each Cycle / Regularity Volume Of Blood Loss / Age Of Menopause / Post Menopausal Bleeding.



Occupational History

H/O Working In Mines / Factories / Animal Husbandry / Farming.

Drug History

H/O Taking Penicillin Injections / ATT / Anticancer Drugs / ART Any Drug Allergies

Duration Of Treatment



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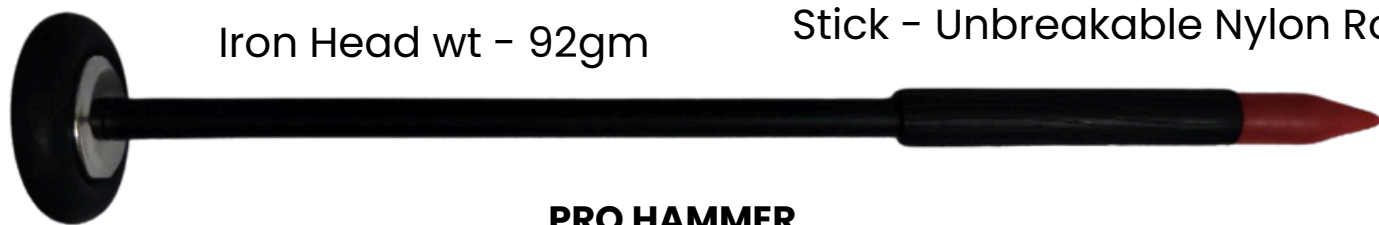
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Rubber
O'ring

Iron Head wt - 92gm

Stick - Unbreakable Nylon Rod



PRO HAMMER

Easy reflex offers best in class 130 gm reflex hammers at affordable cost. Don't fall prey for fake low head-weight reflex hammers.



Knee Hammer



Tuning Forks



Ishihara Plates



Taste Pack

4 Synthetic Tastes

1. Sugar (tip of tongue)
2. Salt (side of tongue)
3. Sour (side of tongue behind salt)
4. Bitter (back of tongue)

* With tongue holding gauze.
* Buds for application.
* Tastes last for more than a year.



Snellen's
Chart



Swab Stick



Cotton
+ Toothpick



Glass Tubes
with
Closure



Smell Pack

3 Synthetic Smells

1. Coffee
 2. Lemon
 3. Orange & Sandal
- *Smells last more than 8 months



Torch Light + Battery



Divider



Inch Tape



Tongue
Depressor



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General Examination:

Conscious And Cooperative

Built And Nourishment

Height / Weight /BMI

Pallor / Icterus / Cyanosis / Clubbing

Lymphadenopathy /Edema

Congenital Malformations

Neck Veins – Congestion (Pulsatile Or Non Pulsatile) Dusky Cyanosis

Marks of Tuberculosis

Vital Signs:

Pulse – Rate / Rhythm /Volume / Character / Radio Radial Delay / Radio Femoral Delay / Peripheral Pulses / Vessel Wall Thickening

Blood Pressure - Take Both Supine And Standing Position Recordings Right Upper Limb /Left Upper Limb / Right Lower Limb

Left Lower Limb Respiratory Rate - Rate / Type Of Respiration / Accessory Muscles

Temperature -

Jugular Venous Pressure - In Centimeteres Above Sternal Angle At 45 Degree Inclination

Any Other General Physical Abnormality

Examination Of Respiratory Tract

Upper Respiratory Tract

Oral Hygiene

Tonsils

Sinus Tenderness

DNS

Flaring Of Alae Nasi

Post Nasal Drip

Pharynx

Lower Respiratory Tract

Inspection:

Shape Of Chest

Spine

Drooping Of Shoulder

Trachea

Use Of Accessory Respiratory Muscles

Apex Beat

Symmetry Of Chest

Subcostal Angle (Mention Only If Abnormal)

Visible Scars/Sinuses /Pulsations /Dilated Veins

Movements Of Chest – In Following Areas -

Supraclavicular

Infraclavicular

Mammary/Inframammary

Suprascapular

Infrascapular

Interscapular

Axillary

Infra Axillary



Crowding Of Ribs / Intercostal Spaces

Excessive Indrawing Of Intercostal Muscles



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Palpation:

Confirm All Inspectory Findings

Tracheal Position

Apex Beat

Movements Of Chest

Local Raise Of Temperature

Tactile Vocal Fremitus

Rib Crowding

Bony / Intercostal Tenderness

Palpable – Rub / Rhonchi / Crepitations

Measurements (cm) –

AP Diameter

Transverse Diameter

Chest Circumference

Chest Expansion-Inspiration and Expiration

Hemithorax - Inspiration and Expiration



Percussion:

Direct

Indirect

Resonant/Type of note in various lung areas

Upper Border Of Liver Dullness

Liver Span

Right Heart Border

Left Heart Border

Specific Tests -

Shifting Dullness

Tidal Percussion

Traube's Space

Kronig's Isthmus



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Auscultation:

Character Of Breath Sounds – Vesicular/Bronchial/Bronchovesicular

Intensity Of Breath Sounds – Normal/High/Diminished

Adventitious Sounds –

Crepitations(Fine/Coarse/Creeky/Posttussive)

Rhonchi

Pleural Rub

Wheeze

Vocal Resonance - Normal/High/Diminished Whispering

Pectoriloquy/ Bronchophony / Aegophony

Special Tests -

Coin Test

Succussion Splash

Post Tussive Crepts / Suction

Examination of Other System:

CVS - S1,S2 – Heard In All Areas Or Not,Especially P2

Murmurs +/- Especially RV S3 Gallop / PSM

CNS - Higher Mental Functions / Facial Symmetry / Reflexes

Any Focal Neurological Deficit.

GIT - Soft / Any Tenderness

Any Organomegaly Especially Hepatomegaly.



DIAGNOSIS:

Anatomical – Side & Lobe

Pathology

Etiology

Respiratory Failure - Present Or Not

Cor Pulmonale – Present Or Not



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