



ALL IN ONE CNS KIT

RESPIRATORY SYSTEM

Name	
Age	
Sex	
Occupation	
Educational qualification	
Address	
Socio - economic status	

Chief complaints

Cough / Expectoration / Hemoptysis / Breathlessness / Chest Pain / Wheeze / Fever / Loss Of Weight / Loss Of Appetite



H/O Presenting illness

Cough:

Onset / Duration / Progression / Episodes / Aggravating And Relieving Factors.

Expectoration:

Onset / Duration / Progression / Episodes / Quantity Colour / Consistency / Smell / Blood Stained Or Not / Aggravating And Relieving Factors / Variation – Diurnal / Seasonal / Postural.

Hemoptysis:

Onset/ Duration / Progression / Episodes / Fresh Blood Or Altered Amount / Aggravating And Relieving Factors



www.easyreflex.in



[easyreflex_cnskit](https://www.instagram.com/easyreflex_cnskit)



[9025414332](https://wa.me/9025414332)



Breathlessness:

Onset / Duration / Progression / Episodes / Duration of Each Episode / Orthopnoea / PND / Aggravating And Relieving Factors / Variation – Diurnal / Seasonal / Associated With Wheeze Or Not

Chest Pain:

Onset / Duration / Site / Character / Radiation / Progression / Duration of Each Episode / Aggravating And Relieving Factors

Wheeze:

Onset / Duration / Progression / Duration of Each Episode / Aggravating And Relieving Factors Variation - Diurnal, Seasonal Associated With Skin Rash Or Not / H/O Allergy To Food Or Drug Or Dust.

Fever:

Onset / Duration / Progression / Grade Associated With - Chills And Rigors Or Night Sweats / Aggravating And Relieving Factors / Variation-Diurnal, Seasonal / Associated With any Skin Rash.

Loss Of Weight:

Onset / Duration / Progression

Loss Of Appetite :

Onset / Duration / Progression

Past History

History Of - T.B / Bronchial Asthma / Allergies / Recurrent Respiratory Tract Infections / Whooping Cough / Measles & Other Exanthematous Fevers / Hypertension / Diabetes Mellitus / TIA / Stroke / Seizures / STDs/ Major Surgeries / Major Injuries / Blood Transfusions

Other Relevant History

Any History of Community Acquired Pneumonia / Recent Hospitalization / ICU Admission / Mechanical Ventilation



Personal History

Bladder And Bowel Habits / Loss Of Weight & Appetite / Sleep Disturbances

Diet

Smoking – What? / Pack Yrs = No.Of Packets/Day X No.Of Years ,

Smoking Index = No.Of Cigars Or Beedi's/Day X No.Of Years

Alcoholism- Brand / Alcohol / Quantity (In Ml / Day)

Any Other Habits / Addictions

H/O Any Exposure To

Any STD's

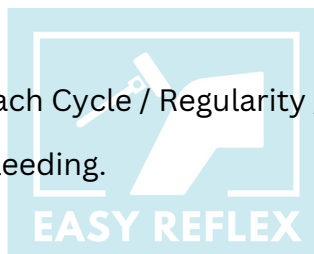
Family History

H/O Similar Complaint In Any Of The Family Member / Tuberculosis / Bronchial Asthma /

Allergic Disorder / Malignancy / Other Significant History

Menstrual History

Age Of Menarche / Duration Of Each Cycle / Regularity / Volume Of Blood Loss / Age Of Menopause / Post Menopausal Bleeding.



Occupational History

H/O Working In Mines / Factories / Animal Husbandry / Farming.

Drug History

H/O Taking Penicillin Injections / ATT / Anticancer Drugs / ART Any Drug Allergies

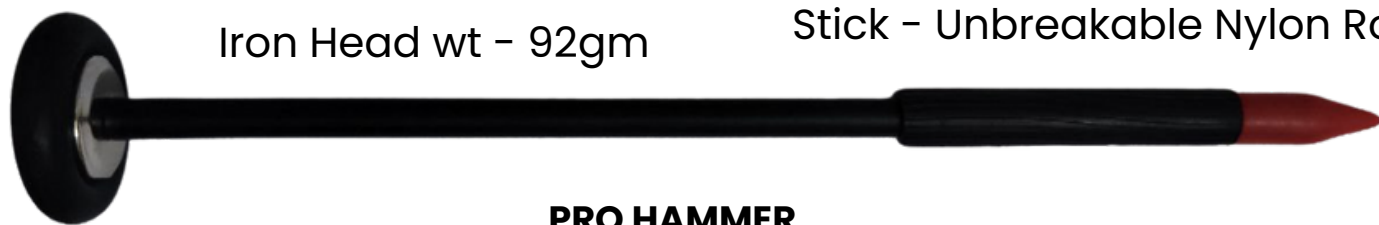
Duration Of Treatment



Rubber
O'ring

Iron Head wt - 92gm

Stick - Unbreakable Nylon Rod



PRO HAMMER

Easy reflex offers best in class 130 gm reflex hammers at affordable cost. Don't fall prey for fake low head-weight reflex hammers.



Knee Hammer



Tuning Forks



Ishihara Plates



Taste Pack

4 Synthetic Tastes

1. Sugar (tip of tongue)
2. Salt (side of tongue)
3. Sour (side of tongue behind salt)
4. Bitter (back of tongue)

* With tongue holding gauze.
* Buds for application.
* Tastes last for more than a year.



Snellen's
Chart



Swab Stick



Cotton
+ Toothpick



Glass Tubes
with
Closure



Smell Pack

3 Synthetic Smells

1. Coffee
 2. Lemon
 3. Orange & Sandal
- *Smells last more than 8 months



Torch Light + Battery



Divider



Inch Tape



Tongue
Depressor



Carry your kit in a stylish,
transparent & exam
friendly box



9025414332



www.easyreflex.in



[easyreflex_cnskit](https://www.instagram.com/easyreflex_cnskit)

General Examination:

Conscious And Cooperative

Built And Nourishment

Height / Weight / BMI

Pallor / Icterus / Cyanosis / Clubbing

Lymphadenopathy / Pedal Edema

Congenital Malformations

Neck Veins – Congestion (Pulsatile Or Non Pulsatile)

Marks of TB - Matted lymph nodes.

Erythema nodosum.

Phlyctenular conjunctivitis.

Choroid tubercle.

Scrofuloderma.

Lupus vulgaris.

Beaded vas deference.

Positive Mantoux test.

Generalised tinea vesricolor.

Uveitis



Vital Signs:

Pulse – Rate / Rhythm / Volume / Character / Radio Radial Delay / Radio Femoral Delay / Peripheral Pulses / Vessel Wall Thickening / Pulse Deficit

Blood Pressure - Take Both Supine And Standing Position Recordings Right Upper Limb / Left Upper Limb / Right Lower Limb / Left Lower Limb

Left Lower Limb Respiratory Rate - Rate / Type Of Respiration / Accessory Muscles

Temperature -

Jugular Venous Pressure - In Centimeteres Above Sternal Angle At 45 Degree Inclination

Any Other General Physical Abnormality



Examination Of Respiratory Tract

Upper Respiratory Tract

Oral Hygiene

Tonsils

Sinus Tenderness

DNS

Flaring Of Alar Nasi

Post Nasal Drip

Pharynx

Lower Respiratory Tract

Inspection:

Tracheal Position

Apical Impulse

Shape Of Chest

Drooping Of Shoulder

Symmetry Of Chest

Spine

Subcostal Angle (Mention Only If Abnormal)

Visible Scars/Sinuses /Pulsations /Dilated Veins

Use Of Accessory Respiratory Muscles

Movements Of Chest – In Following Areas -

Supraclavicular

Infraclavicular

Mammary

Suprascapular

Infrascapular

Interscapular

Axillary

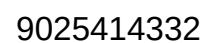
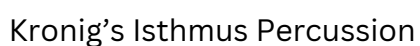
Infra Axillary



Excessive Indrawing Of Intercostal Muscles

Measurements (cm) –

Hemithorax - Inspiration and Expiration



Ausculation:

Character Of Breath Sounds – Vesicular/Bronchial/Bronchovesicular

Intensity Of Breath Sounds – Normal/High/Diminished

Adventitious Sounds –

Rales / Crepitations(Fine / Coarse / Creeky / Post Tussive Suction)

Rhonchi / Wheeze

Pleural Rub

Vocal Resonance - Normal/High/Diminished

Whispering Pectoriloquy/ Bronchophony / Aegophony

Special Tests -

Coin Test

Succussion Splash

Post Tussive Crepts / Suction

Examination of Other System:

CVS - S1,S2 – Heard In All Areas Or Not,Especially P2

Murmurs +/- Especially RV S3 Gallop / PSM

CNS - Higher Mental Functions / Facial Symmetry / Reflexes

Any Focal Neurological Deficit.

GIT - Soft / Any Tenderness

Any Organomegaly Especially Hepatomegaly.



DIAGNOSIS:

Anatomical – Side & Lobe

Pathology

Etiology

Respiratory Failure - Present Or Not

Cor Pulmonale – Present Or Not



“

Whats app To Buy CNS Kit
[Click here](#) - 9025414332

”

For more educational materials like this - please click the following link

<https://easyreflex.in/education-cns-kit>



www.easyreflex.in



[easyreflex_cnskit](#)



[9025414332](#)

