



Patricia

FOUNDER OF PLEASURELIT

ABOUT ME

Patricia is the founder of Pleasurelit® and a Tantric Embodied Pleasure Guide. Her work supports people of all genders and relationship dynamics to reconnect with their body, expand their capacity for pleasure, and live with greater presence and aliveness, wherever they are starting from.

Pleasurelit® is an embodied way of living. A state of being that arises when the body feels safe enough to soften, feel, and receive. Patricia's work meets people who feel blocked, disconnected, numb, overgiving, or simply curious to deepen and widen their pleasure potential. The focus is not on fixing or analysing the past, but on integration, capacity, and lived experience in the body.

Her approach is trauma-informed and grounded in somatic embodiment, nervous system awareness, breath, tantra, movement, sexuality, yoga, fitness and holistic health. These practices are woven into a practical, accessible way of living where pleasure and aliveness can be held.

Patricia is the bestselling author of The Pleasurelit Way, known for its grounded, body-led approach to awaken, deepen and widen their pleasure potential. Her work and podcast have been recognised with multiple industry and media awards for their contribution to embodied wellbeing and pleasure-based education.

Her signature program, Pleasurelit Alchemy, guides participants through an embodied alchemical process to pleasure, presence and the art of receiving. It supports the transformation of disconnection, and overfunctioning into lived pleasure, self-trust, and inner radiance.

Through her book, online programs, courses, community spaces, and podcast, Patricia is shaping a new conversation around pleasure, one that centres embodiment, integration, and living from sensation rather than protection. Her work invites people to stop managing their body and start living in it.

Audience



US 57%
Europe 15%
Australia 11%
Canada 4%



Men 50%
Women 37%
Not specified 13%

20-30 years 47%
30-60 years 45%

Patricia is on multiple social media platforms, and after years of reviews, promotions, marketing and brand deals, the following are the most effective in creating revenue. Why? Searchable, long term content, link use, engaging, directly into their email → better conversion.

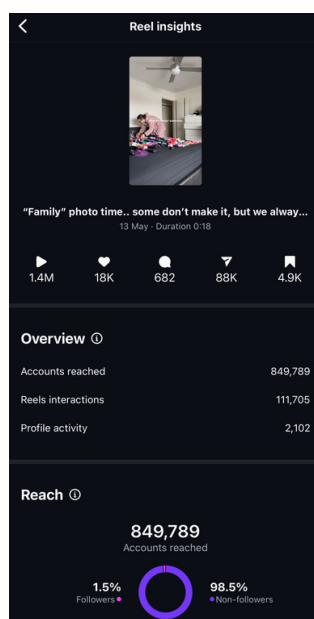
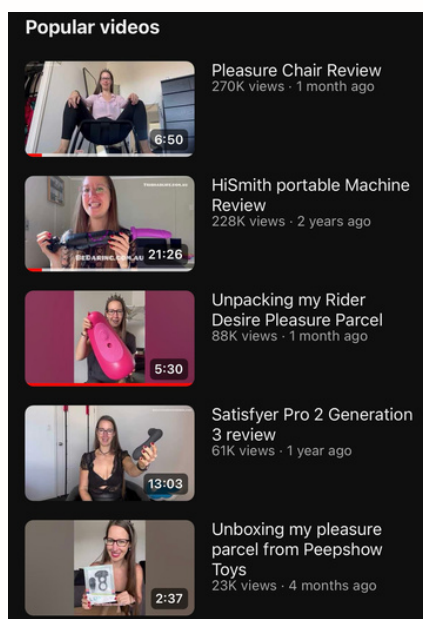
Pleasurelit with Patricia Podcast: Spotify Plays 101.8k with 75 episodes and 615 Subscribers
Spotify Award 2025, top 5% worldwide

Pleasurelit with Patricia Substack Blog with Email List: 2k Email subscribers with 24% opening rate & searchable Blog post

Pleasurelit with Patricia YouTube: 2.9k Subscribers

other supporting social medias, including FB, IG, YT, TT etc. and personal websites available

Mission: As an authentic, holistic wellness & conscious pleasure educator and advocate helping others to improve their lives, I am always on the search for products and services that suit my audience's needs to create pleasurelit experiences. I personally test the products and services and will only recommend and share what I personally use and love. My goal is to create meaningful long term collaborations that both help you and me.



Click conversation rate: 26.8%

Sales made for brands: \$21k, \$2.4k & more

Top 4 Podcast episodes:

- How to pleasure a pussy with guest speaker
- VVD Rider Desire Saddle Review
- How to squirt Beginner Tips
- My Ultimate Pleasure Toy Guide

Speakings

Patricia is available for interviews, panels, and speaking engagements on topics including:

- Embodied pleasure as a way of living
- Reconnecting with the body and nervous system
- Awakening, deepening, and widening pleasure potential
- Receiving, rest, and the capacity to feel
- Pleasure beyond performance, productivity, or self-improvement
- Embodiment, somatic intelligence, and lived presence
- Self-trust, boundaries, and embodied choice
- Conscious intimacy and relational presence
- Sacred sexuality, Tantra, and embodied consent
- Pleasure, magnetism, and embodied confidence
- Motherhood, identity, and living in a female body
- Conscious kink, power, and nervous-system-aware consent
- Integrating pleasure after shutdown, stress, or trauma

QUALIFICATIONS & EXPERIENCE

- Somatic Sex Coach
- 4+ years Pleasure Product Reviews
- Tantra Practitioner
- Trauma informed Coach
- Yoga Teacher (350hr)
- Breath work Facilitator
- Meditation Teacher
- Reiki Master
- Professional Female
Domination/BDSM
- Sensual Dance Teacher
- Trainer & Assessor
- Nutrition Coach
- Personal & Master Fitness Trainer
- Quality Manager
- Business management
- & many more

SERVICES

A podcast episode is published as a video format via Spotify, uploaded to YouTube and shared via a searchable Substack Blog post and within the Email. The episode is promoted via social media content on other platforms.

What sells? Products and services that enhance wellness, lifestyle & pleasure – that are unique, practical and healthy.

Best content style? How to, tips, personal experiences and stories

Fees listed in USD.

Packages and long term deals available.

PODCAST AD PLACE

\$350

Your ad placed within a podcast episode (up to 60 seconds).

SPONSORED PODCAST INTERVIEW

\$600

A dedicated podcast episode featuring you and your product or service.

DEDICATED EMAIL

\$500

An email dedicted to your product or service along as a Blog post on Substack

EMAIL MENTIONING

\$150

Your product or service will be mentioned in one of my emails and Substack Blog post under a dedicated space (up to 200 words plus link)

DEDICATED VIDEO/EPISODE

\$1000

A full length video designated featuring your product or service posted as a Podcast episode and Youtube along with Substack post and email.

REEL/SHORT VIDEO

\$150

Social media reel/short video that can be posted to Instagram, Tiktok, YouTube

SOCIAL MEDIA POST

\$100

Photo or written post for social media, such as Instagram, Substack notes

BRAND CONSULTATION

\$250

60 minute Zoom call to support your brand

FREELANCE CONTENT

custom

Written Blog posts, Masterclasses, and other creative content

Testimonials

"I found the service from "Pleasure Toy Queen" to be absolutely top-notch! The process was smooth and professional, and Patricia's approach made everything feel personal and engaging. I felt truly taken care of. What I liked most was Patricia's attention to detail and the incredible depth of knowledge she brought to her reviews. The way she highlights the unique features of each product is both thorough and captivating, making it clear that she puts a lot of care into her work. Honestly, there's nothing I didn't like. Everything was handled professionally, and Patricia's energy really shone through in every aspect of the service. Patricia is incredibly knowledgeable and professional, yet approachable and warm. She creates such a comfortable atmosphere that makes it easy to trust her expertise. Working with Pleasure Toy Queen has been an absolute pleasure! She is highly professional, incredibly detailed, and brings a personal touch to every review. Her content is always engaging and reflects her passion for what she does. I highly recommend Pleasure Toy Queen for anyone looking for a top-notch reviewer who truly cares about delivering quality."

Viva Desire

"Patricia is very reliable with her timing. Doesn't take the briefs too literally and has a talent for achieving the perfect balance between what we need and what is organic for her and her page. It is easy to work with Patricia and she is reliable. It's all fantastic."

Just want to say thank you for being so great. I work with so many influencers at one time and finding people that are professional, friendly and reliable is a huge thing for me. I love working with you so far and am enjoying every minute of it."

Jason, aka Mother

"We are very satisfied. She created lots of amazing contents and post them on various of social media platform. And she responded very fast and always keep updates. Would recommend her."

Funzze

"Working with Tricia was an absolute pleasure and she delivered fantastic content for us, especially the videos. We loved the candid and informative videos and felt they were very well made. Very much knowledgeable and professional. Would recommend. Thank you Tricia."

Sextowels.com

Patricia is an honest and real reviewer. She is genuine in her review on what she likes or dislikes about a product. Patricia has been a pleasure to work with. She is professional and approachable and in my opinion is knowledgeable on her reviews. We are very grateful for the consistent support over the years.

BeDaring

Great review! Very proactive and enthusiastic and knows the industry well. It felt honest and authentic, not just "this product is great, go buy it". We strive for organic feedback and reviews whether it is good or bad or indifferent, and that's what Patricia provided. Patricia is absolutely professional, approachable & knowledgeable. Trisha provides a lot of continuous content and seems to really love what she does."

LELO

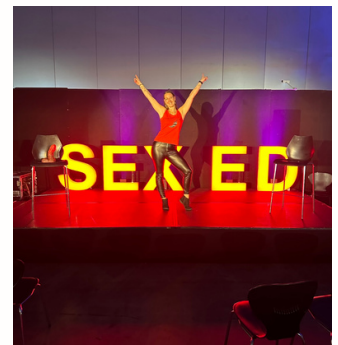
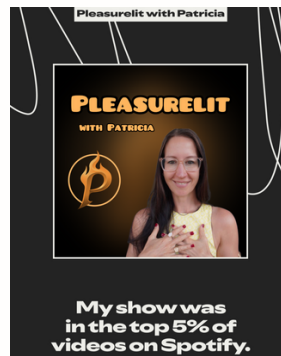
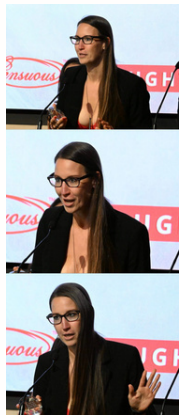
It's an absolute delight to collaborate with Patricia. Following our partnership, whenever a new product from our brand requires a review, Patricia will be our first choice now. The remarkable experience of our collaboration truly speaks for itself. From the outset, Patricia shared her comprehensive review plan, providing clear timelines that enabled us to organize our promotions seamlessly. True to her word, Patricia not only met but exceeded expectations by delivering her tasks punctually and exceptionally. Throughout our collaboration, her proactive follow-ups on the review process were truly invaluable, making the entire experience with her truly exceptional. Patricia can give the audience a clear understanding of the features and highlights of the product. Big thanks for your hard work! Your enthusiastic approach to reviewing our sex toys really gets us inspired."

Loli's Nook

"It was amazing. The details Trisha shared and her passion for reviewing new products! I liked every second of our collaboration. Would be better if the youtube video is linked in the instagram post caption. Patricia is very knowledgeable, approachable & professional. It was such a pleasure working with Trisha! She is passionate about her work, heartfelt, productive, reliable, and always delivers on time."

Arosum

Media & more

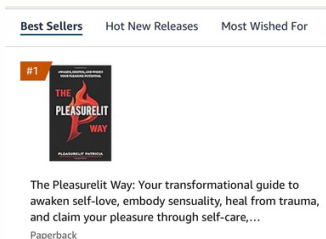
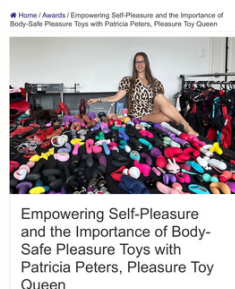


Meet Australia's 'sex toy queen': Single mum-of-two is a successful OnlyFans creator and professional pleasure toy tester - here's how she makes \$25,000 a month

By Shania Obrien For Daily Mail Australia
16:37 30 Jul 2023, updated 16:44 30 Jul 2023



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Dennis Brady

★★★★★ Verified Purchase

Pleasurelit Way.

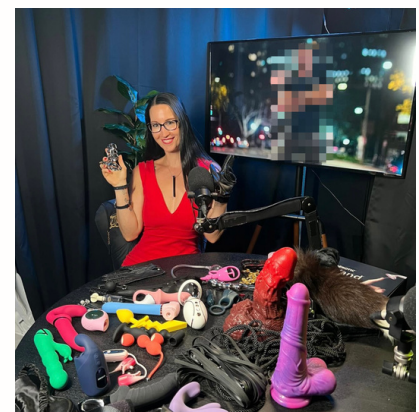
Reviewed in Australia on 7 September 2025

I was really amazed at Patricia's life experiences and what she has actually been through to get where she is today.

The book is based on real life experiences and her desire to live a better life. A life that brings her joy and happiness. The Pleasurelit Way. 😊

And throughout the book you are given tips and techniques on how to achieve your own Pleasurelit Life.

Do yourself a favour and grab a copy today.



Pleasure Toy Queen Scores Australian Adult Industry Award

Jun 19, 2024 3:49 PM PDT

LOS ANGELES — Pleasure Toy Queen Patricia Peters has nabbed the 2024 Australian Adult Industry Award for Best Journalist/Presenter/Blogger.

"No matter your relationship dynamic, gender or sexual orientation, you have the right to pleasure yourself, touch and play with yourself," said Peters. "Including pleasure toys and tools can widen and deepen your pleasure potential."

For a complete list of 2024 Australian Industry Awards Winners, click [here](#).

Follow [PleasureToyQueen](#) on X.com.

Danielle

★★★★★ Verified Purchase

Highly recommended read for any and every human!

Reviewed in Australia on September 1, 2025

Such a valuable read! I highly recommend. This book is full of wonderful reminders, and examples of, mindfulness, advice for slowing down smelling the roses and enjoying life more and how to cultivate more self love. The author Patricia shares valuably of her own life experiences and becoming more empowered - so inspiring.

