

Brand collaborations

**Pleasurelit®**

# Patricia

## Founder of Pleasurelit®

Tantra Somatic Pleasure Embodiment Educator

Author · Speaker · Podcast Host · Reviewer · Consult · Content Creator

Top 5% Podcast Worldwide

Bestselling Author

Award-Winning Educator



### ABOUT

Patricia is the founder of Pleasurelit® and the creator of Pleasurelit Alchemy, a tantra somatic embodiment framework supporting high-functioning women to move from disconnection and override into aliveness, regulation, and pleasure.

She is a former nurse, award-winning educator, tantra somatic practitioner, and the author of the bestselling book *The Pleasurelit Way*. Her podcast, *Pleasurelit with Patricia*, ranks in the global top 5% on Spotify.

Patricia has reviewed hundreds of pleasure products, collaborated with leading pleasure brands, and spent years exploring the full landscape of conscious pleasure, from somatic practices and breathwork to tantra, kink, and sensation play. She brings that depth to every collaboration.

She only partners with brands and products she genuinely believes serve women's pleasure, embodiment, and aliveness. Her audience trusts her because she has never compromised that.

**AUDIENCE & REACH**  
**111,000+**

Total Spotify Plays

**Top 5% Spotify awards**

Worldwide 2025

**670+**

Subscribers

### PODCAST AUDIENCE DEMOGRAPHICS

US 48%

Europe 18%

Australia 15%

Ages 25–34 15%

Ages 35–44 28%

Age 45–59 24%

Women 36%

Men 51%

Not specified 13%

Audience gender is actively shifting toward women as Patricia aligns platforms with her high-functioning women niche. Patricia is also active across Instagram, YouTube, Facebook, TikTok, and Substack.

Work with Patricia: [pleasurelitmail@gmail.com](mailto:pleasurelitmail@gmail.com)  
[pleasurelit.com](http://pleasurelit.com)

## What Patricia offers

Patricia partners with pleasure brands, wellness companies, and businesses whose products and services genuinely support women to live a more pleasurable, regulated, and embodied life. She only accepts products she has not previously reviewed, that are unique, and that she would personally recommend to the women she works with.

**\$350 USD**

### Podcast Recommendation

Your product or service featured within a Pleasurelit with Patricia podcast episode. Up to 60 seconds, delivered in Patricia's natural voice and style. Reaches a global audience of conscious pleasure seekers.

**\$150 / \$100 USD**

### Social Media Reel or Post

A short video reel or static post created for Instagram, TikTok, YouTube, or Substack Notes. Authentic, embodied content that reflects Patricia's brand and audience.

**\$400 USD**

### Embodied Review Blog

A written review published on my website with Email Newsletter and Social Media promotion. Detailed, honest, and written from lived experience.

**\$1,000 USD**

### Premium Review Package

Full coverage: video review, written blog post, Email Newsletter, and Social Media content across platforms. The most comprehensive collaboration option.

**CUSTOM**

### Freelance Content

Written blog posts, masterclasses, educational content, and other creative content for your brand. Pricing varies based on scope and format.

**\$300 USD**

### Brand Consultation

A 60-minute strategic session for pleasure brands, companies, and businesses wanting expert insight into women's pleasure experiences. Product development, service design, campaign direction, audience understanding. Patricia brings years of immersion in the pleasure space, clinical background, and lived expertise to every consultation.

#### WHAT PATRICIA ACCEPTS

Pleasure products · Conscious kink & BDSM · Wellness & embodiment tools · Lifestyle products for women · Services supporting pleasurable living

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#### WHAT BRANDS SAY

## Trusted by leading brands

#### LELO

"Great review. Very proactive and enthusiastic and knows the industry well. It felt honest and authentic. Patricia is absolutely professional, approachable and knowledgeable."

#### Viva Desire

"Patricia's attention to detail and depth of knowledge is both thorough and captivating. Working with Patricia has been an absolute pleasure. She is highly professional, incredibly detailed, and brings a personal touch to every review."

#### "Loli's Nook

"It is an absolute delight to collaborate with Patricia. She shared her comprehensive review plan with clear timelines. True to her word, Patricia not only met but exceeded expectations. Patricia can give the audience a clear understanding of the features and highlights of the product."

#### Jason, aka Mother

"Patricia has a talent for achieving the perfect balance between what we need and what is organic for her. She is reliable, professional, and friendly. Finding people that are professional, friendly and reliable is a huge thing for me."

#### BeDaring

"Patricia is an honest and real reviewer. She is genuine in her review on what she likes or dislikes about a product. Professional, approachable, and knowledgeable. We are very grateful for the consistent support over the years."

#### Arosum

"Patricia is very knowledgeable, approachable and professional. She is passionate about her work, heartfelt, productive, reliable, and always delivers on time. It was such a pleasure working with her."