

Satrio Nindyo Istiko

Profile: I am a public health social scientist, working to address health inequalities linked to race, sexuality, and gender. In these complex intersections, my research portfolio focuses on decolonial approaches and methodologies to investigate four interconnected public health themes: 1) LGBTQ+ migration and sexual wellbeing; 2) Gendered mobilities and physical activity; 3) Representation of ethnic minoritised communities in the health system; and 4) Storytelling as a health promotion and knowledge mobilisation tool.

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Employment history

2024 – Present	Honorary Senior Research Fellow, Bristol Medical School, University of Bristol
2024 – Present	Senior Research Fellow (Qualitative), Bradford Institute for Health Research, Bradford Teaching Hospitals NHS Foundation Trust
2023 – 2024	Research assistant, Melbourne Sexual Health Clinic, Faculty of Medicine Nursing and Health Sciences, Monash University
2022 – 2023	Research assistant, School of Public Health and Social Work, Queensland University of Technology
2020 – 2023	Tutor and guest lecturer, University of Queensland and Queensland University of Technology
2017 – 2020	Team leader, HIV Peer Navigation program, Queensland Positive People
2016 – 2017	Project officer, HIV Peer Navigation program, Queensland Positive People

Educational qualifications

2024	PhD, School of Public Health, University of Queensland
2017	Master of Health Management (with Distinction), School of Public Health and Social Work, Queensland University of Technology.
2016	Doctor of Medicine (MD), Faculty of Medicine, Universitas Pembangunan Nasional Veteran Jakarta

Research experience

2024 – Present	Principal investigator, <i>A community-led exploration to improve access to green spaces for adolescents girls in Bradford</i> , Bradford Institute for Health Research, Bradford Teaching Hospitals NHS Foundation Trust
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2023 – Present	Research assistant, <i>Hot Peach Tea: improving PrEP literacy among newly arrived Asian-born men who have sex with men</i> , Melbourne Sexual Health Clinic, Faculty of Medicine Nursing and Health Sciences, Monash University
2022 – 2024	Principal investigator, <i>Identifying priority areas to improve mental health outcomes of queer asylum seekers and refugees: a refugee-led Delphi study</i> . This research project is a collaboration across University of Queensland, Queensland University of Technology, and Monash University Malaysia.
2022 – 2023	Research assistant, <i>Building HIV literacy in priority migrant populations</i> , School of Public Health and Social Work, Queensland University of Technology
2020 – 2023	Co-investigator, <i>Exploring the relationship between HIV literacy and networks of newly arrived Asian-born gay, bisexual, and men who have sex with men</i> , School of Public Health, University of Queensland
2019 – 2020	Health consumer, <i>Building genomics health literacy for people from culturally and linguistically diverse backgrounds</i> , Queensland Genomics
2018 – 2019	Co-investigator, <i>Co-constructing care for people with HIV: the role of peer navigation in improving linkage to care</i> , Queensland Positive People

Teaching experience

2024 – 2025	Supervisor for an undergraduate intern in Bradford Institute for Health Research (1 contact hour/week over a 10-month period).
2020 – 2023	Guest lecturer, Faculty of Medicine, The University of Queensland, and School of Public Health and Social Work, Queensland University of Technology. I have delivered guest lectures (total: 5 contact hours) for undergraduate and postgraduate students in public health and medicine programs. I have presented on the following topics: peer-based response to HIV prevention and treatment, culture as a determinant of health, impacts of stigma and discrimination on health, gender and sexuality across the life course, and a global health perspective on LGBTIQ health.
2021 – 2022	Tutor, School of Public Health and Social Work, Queensland University of Technology. Every first semester of the year, I delivered tutorial sessions on health systems and policy for undergraduate students (20 contact hours/semester) and provided assessment marking and feedback.
2020 – 2022	Tutor, School of Public Health, The University of Queensland. Every second semester of the year, I delivered tutorial sessions on health system for undergraduate students (40 contact hours/semester) and provided assessment marking and feedback.

Grants and prizes

Research grants

2024 – 2025	Lead applicant, <i>A community-led exploration to improve access to green spaces for adolescent girls in Bradford</i> . Funding source: National Institute for Health Research, Bristol Biomedical Research Centre. Total: £6,300
2023 - 2024	Co-applicant, <i>Hot Peach Tea: Improving PrEP literacy among newly arrived Asian-born men who have sex with men</i> . Funding source: Melbourne Sexual Health Centre. Total: AUD\$ 99,031.84
2020 – 2022	Co-applicant, <i>Exploring the relationship between HIV literacy and networks of newly arrived Asian-born gay, bisexual, and men who have sex with men</i> . Funding organisation: Queensland Health (administered by Australasian Society for HIV, Viral Hepatitis, and Sexual Health Medicine). Total: AUD\$ 81,705

Community development grants

2023	Co-applicant, <i>A feast for love and equality</i> . Auspice organisation: Queensland Program of Assistance for Survivors of Torture and Trauma (QPASTT). Funding organisation: Asylum Seeker Resource Centre. Total: AUD\$9,900
2023	Lead applicant, <i>Third Queer Culture's film screening</i> . Auspice organisation: QPASTT. Funding source: Asia Pacific Network of Refugees (APNOR). Total: AUD\$12,840
2021 – 2023	Co-applicant, <i>Peer-led support group for LGBTIQ+ refugees and people seeking asylum, Brisbane</i> . Auspice organisation: QPASTT. Funding organisation: PRIDE Foundation Australia. Total: AUD\$ 10,000

Travel grants

2022 – 2023	Lead applicant, University of Queensland Faculty of Medicine Researcher Development Award. Total: AUD\$ 4,000
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Training grants

2024	Lead applicant, Training and Development Fund, Bristol Biomedical Research Centre, University of Bristol. Total: £425
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Art grants

2024	Lead applicant, untitled artist development program, Theatre in The Mills, University of Bradford. Total: £1,000
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Prizes

2023	First Prize, <i>Let's Get PrEPared Designathon! Interventions to increase awareness and uptake of PrEP among Asian-born MSM in Australia</i> , Melbourne Sexual Health Centre
2021	Best Rapid Fire Presentation, University of Queensland School of Public Health Higher Degree Research Conference
2021	Best Presentation Prize, Monash Migration and Inclusion Centre Next Generation Network Symposium
2020 – 2023	The University of Queensland Research Training Program Scholarships

2016 – 2017 Indonesian Endowment Fund for Education Scholarships

Professional memberships

2024 Public Health Association of Australia (PHAA)

2021 – Present International Migration Research Network (IMISCOE). Member of Gender and Sexuality Standing Committee.

2020 – Present The Australian Sociological Association (TASA)

Academic services and contributions

Research and teaching cultures

2025 – Present Mentor for a lived experience researcher, BASNET – UK BME Anti-slavery Network, Afruca

2024 – Present Member of Bradford Centre for Qualitative Research, Bradford Institute for Health Research

2021 – 2023 Equity, Diversity, and Inclusion committee, School of Public Health, University of Queensland

2022 – 2023 Reflexivity in Teaching and Learning Community of Practice, School of Public Health, The University of Queensland

Peer reviewer

2025 AIDS and Behaviour (2 papers), Sexuality Research and Social Policy (1 paper), BMC Health Services (1 paper), Health Promotion International (1 paper), Frontiers in Communication (1 paper), Belonging (1 paper), *Whose Interpretations? Interpretive analysis in participatory public health symposium* (11 abstracts)

2024 Discover Public Health (1 paper), Comparative Migration Studies (1 paper), Global Public Health (1 paper), BMC Public Health (1 paper), Digital Health (1 paper), Health Education Research (1 paper), International Union against Sexually Transmitted Infections World Congress (11 abstracts), Australasian HIV/AIDS Conference (10 abstracts)

2023 Digital Health (1 paper), Australasian Sexual and Reproductive Health Conference (5 abstracts)

Grant reviewer

2022 PRIDE Foundation Australia's Sidney Myers Fund Community Grant Round 1 and 2

Strategic roles and leaderships

- 2024 – Present Trustee, Race Equality Network, United Kingdom
- 2023 – 2024 Board member, Australian GLBTIQ Multicultural Council

Consulting experiences

- 2025 – 2028 Council of Europe, *Sexual Orientation, Gender Identity or Expression and Sex Characteristics (SOGIESC)*, theme: capacity building.
- 2025 Q3 Strategy, *Sonke Gender Justice 2025-2029 Strategic Plan*, client: Sonke Gender Justice, funding: Sonke Gender Justice.
- 2024 Q³ Strategy (literature review), *Research on Social Media Companies and Online Hate Speech Against Lesbians*, client: EuroCentralAsian Lesbian* Community (EL*C), funding: European Commission

Professional development

- 2024 Mentee, University of New South Wales Kaldor Centre Displaced Scholars Peer Mentoring Program
- 2023 Refugee Studies Centre's Pathways course (with Excellence in Community Engagement), University of Oxford
- 2023 Jean Monnet Summer School in Migration and Refugee Studies, Oxford Brookes University

Publications

Under review publications

1. Istiko, S.N., Mutch, A., Dean, J., & Fitzgerald, L. Post-migration HIV vulnerability and migrant networks: Insights from race-conscious conversations with newly arrived Asian-born gay men in Australia. *Sociology of Health and Illness*.
2. Istiko, S.N., Seims, A., Fargin, M., Barber, S., Walker, S., Crowther, J., Rafiq, A., & Sheard, L. Adolescent girls as local active citizens: Findings from focus groups on physical activity in the local parks in Bradford, United Kingdom. *Health: An Interdisciplinary Journal for the Social Study of Health, Illness, and Medicine*.

Published peer-reviewed publications

1. Tieosapjaroen, W., Phillips, T. R., Chow, E. P. F., Fairley, C. K., **Istiko, S.N.**, Wu, J., Tapa, J., Mao, L., Zhang, L., Wang, D., Sudarto, B., & Ong, J. J. (2025). Using online media to increase the awareness and uptake of preexposure prophylaxis for HIV among Asian-born men who have sex with men living in Australia: An open-label randomized controlled trial. *Open Forum Infectious Diseases*, 12(7): ofaf321. <https://doi.org/10.1093/ofid/ofaf321>

2. Istiko, S.N. (2025). Race-conscious conversations: A decolonial interviewing style. *Qualitative Research*, (pre print). <https://doi.org/10.1177/14687941251359085>
3. Istiko, S.N., & Sudarto, B. (2025). Elite actors: Understanding representation of culturally and linguistically diverse communities in the Australian health system through an intersectional lens. *Stolen Tools*, 3(1): 1-13. <https://doi.org/10.59745/vg2xja26>
4. Norman, T., Power, J., Chen, J.Y.-H., Ferguson, N., Canita, E., **Istiko, S.N.**, Xiao, B.J., Rule, J., Murphy, D. and Bourne, A. (2025), The intersection of HIV and migration: Conceptualising quality of life among Asian-born men who have sex with men living with HIV in Australia. *Australian Journal of Social Issues*, (pre print). <https://doi.org/10.1002/ajs4.70023>
5. Istiko, S.N. (2024). A bad migrant: An autoethnographic case study of racism in Australian HIV care. *Health: An Interdisciplinary Journal for the Social Study of Health, Illness, and Medicine*, 29(5): 676-692. <https://doi.org/10.1177/13634593241306578>
6. Istiko, S.N., Liem, A., Surijah, E.A., & Correa-Velez, I. (2024). Understanding key priority areas of mental health among queer asylum seekers and refugees in Australia through the lens of structural violence: A modified Delphi method study. *Journal of Refugee Studies*, 37(3): 750-767. <https://doi.org/10.1093/jrs/feae067>
7. Santoalaya, C., Malhotra, J., Fowler, J. A., Warzywoda, S., Debattista, J., Mills, D. J., Lau, C., Furuya-Kanamori, L., Durham, J., Mullens, A. B., **Istiko, S. N.**, & Dean, J. A. (2024). Sexual and reproductive health integration into pre-travel consultations. *Journal of Travel Medicine*, 31(4): taee024. <https://doi.org/10.1093/jtm/taee024>
8. Warzywoda, S., Fowler, J. A., Debattista, J., Mills, D. J., Furuya-Kanamori, L., Durham, J., Lau, C. L., Mullens, A. B., **Istiko, S. N.**, Santaolaya, C., Malhotra, J., & Dean, J. A. (2024). The provision of sexual and reproductive health information and services to travellers: An exploratory survey of Australian travel medicine clinicians. *Sexual health*, 21(1): SH23098. <https://doi.org/10.1071/SH23098>
9. Istiko, S.N. (2024). Why do you make it about race? Epistemic disobedience of a public health doctoral trainee. *Pedagogy in Health Promotion*, 0(0): 1-3. <https://doi.org/10.1177/237337992412288>
10. Istiko, S.N., Remata S., Ndayizeye, A., Moreno, M.E.V., Kirunda, V., Hollingdrake, O., Osborne, R., Hou, J.Z., Abell, B., Mullens, A.B., Gu, Z., Debattista, J., Vujcich, D., Lobo, R., Parma, G., Howard, C., Durham, J. (2023). Developing critical HIV health literacy: Insights from interviews with priority migrant communities in Queensland, Australia. *Cultural, Health, & Sexuality*, 10:1-16. <https://doi.org/10.1080/13691058.2023.2265960>
11. Vidgen, M. E., Cutler K., Bean J., Bunker, D., Fowles, L.F., Healy, L., Hondow G., **Istiko, S.N.**, McInerney-Leo, A.M., Pratt G., Robins D., Waddell N., Evans E. (2022). Community input in a genomic health implementation program: Perspectives of a community advisory group. *Frontiers in Genetics*, 13, 2475. <https://doi.org/10.3389/fgene.2022.89>
12. Istiko, S. N., Durham, J., & Elliott, L. (2022). (Not that) essential: A scoping review of migrant workers' access to health services and social protection during the COVID-19 pandemic in Australia, Canada, and New Zealand. *International Journal of Environmental Research and Public Health*, 19(5), 2981. <http://dx.doi.org/10.3390/ijerph19052981>
13. Vidgen, M. E., Fowles, L. F., **Istiko, S. N.**, Evans, E., Cutler, K., Sullivan, K., Bean, J., Healy, L., Hondow, G., McInerney-Leo, A. M., Pratt, G., Robins, D., Best, S., Finlay, K., Ramarao-Milne, P., & Waddell, N. (2022). Evaluation of a genetics education program for health interpreters: A pilot study. *Frontiers in Genetics*, 12, 771892. <https://doi.org/10.3389/fgene.2021.771892>

14. Khalpey, Z., Fitzgerald, L., Howard, C., **Istiko, S.N.**, Dean, J., & Mutch, A. (2021). Peer navigators' role in supporting people living with human immunodeficiency virus in Australia: Qualitative exploration of general practitioners' perspectives. *Health and Social Care in the Community*, 00: 1 – 10. <https://doi.org/10.1111/hsc.13465>
15. Wallingford, C.K., Cutler, K., **Istiko, S.N.**, Fowles, L., Lamb, R., Bean, J., Healy, L., Hondow, G., Pratt, G., Vidgen, M.E., Waddell, N., Evans, E., Bunker, D., & McInerney-Leo, A.M. (2020). Queensland consumers' awareness and understanding of clinical genetics services. *Frontiers in Genetics*, 11:537743. <https://doi.org/10.3389/fgene.2020.537743>

Conference presentations

1. Istiko, S.N. (2024). Moving beyond racism as discriminatory acts: Using race-conscious conversations as a qualitative interviewing method. Interdisciplinary Partnership on Health Inequalities and Race (University of Derby). Derby December 4, 2024.
2. Istiko, S.N. (2024). What can refugee services do for mental health of queer asylum seekers and refugees? An Australian consensus. Queer(y)ing Asylum Symposium. London November 9, 2024.
3. Istiko, S.N (chair). (2024). Challenging the dominant narratives: Re-constructing migrants' stories of health and illness through the acts of epistemic justice. IMISCOE Annual Conference. Lisbon July 2 – 5, 2024.
4. Schröder, R., & **Istiko, S.N** (co-chair). (2024). Being queer (migrants), doing queer migration research: unpacking the relationships between epistemic location and everyday practice of producing knowledge. IMISCOE Annual Conference. Lisbon July 2 – 5, 2024.
5. Surijah, E.A., Liem, A., Correa-Velez, I., & **Istiko, S.N.** (2023). Key priority areas to improve mental health of queer asylum seekers and refugees. 3rd Australia and New Zealand Refugee Trauma Recovery in Resettlement Conference. Adelaide October 9-11, 2023.
6. Istiko, S.N. (2023). Aspiration and capital in the intersections of migration and sexual health: a qualitative study of migrant networks among Asian gay migrants in Australia. IMISCOE Annual Conference. Warsaw July 3 – 6, 2023.
7. Istiko, S.N., & Remata, S. (2023). HIV health literacy among diverse migrant populations in Queensland: beyond individualised and deficit-based approaches. A Culture of Care Symposium. Brisbane May 25-26, 2023
8. Istiko, S.N. (2023). Why do you make it about race? Epistemic disobedience in public health doctoral training. Listening to all voices? The politics of 'lived experience': concerns, contradictions, challenges – Postgraduate research conference. Durham March 28 – 29, 2023.
9. Istiko, S.N. (2023). How do queer migrants decide to become refugee? A case study of Indonesian gay men in Queensland. Queer Displacements Conference. Sydney Feb 22 – 23, 2023.
10. Istiko, S. N. (2022). Yellow skin, white mask, and the habitus of low self-esteem: when Bourdieu meets Fanon in the sexual environment of newly arrived Asian gay men in Australia. Migration, Refugees and Statelessness Interdisciplinary Conference. Melbourne Nov 18, 2022.
11. Istiko, S.N., Mutch, A., Dean, J., Gu, Z., Howard, C., Muscolino, R., Hannan, K., Fitzgerald, L. (2022). Exploring sexual health literacy as social practices within sexual, social, and virtual networks of newly arrived Asian-born gay, bisexual, and men who have sex with men: a qualitative protocol. IMISCOE Annual Conference. Oslo June 29 – July 1, 2022.

12. Istiko, S.N., Fitzgerald, L., Mutch A., & Dean, J. (2021). Exploring sexual health literacy as social practices embedded within migrant networks of newly arrived Asian-born gay, bisexual, and men who have sex with men. University of Queensland School of Public Health Higher Degree Research Conference. Brisbane Nov 29, 2021.
13. Istiko, S.N., Fitzgerald, L., Mutch, A., & Dean, J. (2021). Exploring sexual health literacy as social practices within migrant networks of newly arrived Asian-born GBM in Queensland: a temporally informed approach. Monash Migration and Inclusion Centre Next Generation Network Symposium. Virtual July 23, 2021.
14. Istiko, S.N. (2019). Empowering multicultural PLHIV through adaptable and flexible community-led HIV service. Australasian HIV/AIDS Conference. Perth Sept 16-20, 2019.
15. Istiko, S.N. (2018). From LGBTIQ International students to asylum seekers: the impact of peer navigation for people living with HIV and ineligible for Medicare in Queensland. Australian GLBTIQ Multicultural Council National Conference. Melbourne Sept 21 – 23, 2018.
16. Istiko, S.N. (2017). Comparison of treatment outcomes of adult HIV-positive migrants in Australia and Canada: a systematic synthesis. Australasian HIV/AIDS Conference. Canberra Nov 6-8, 2017.
17. Howard, C., & **Istiko, S.N.** (2017). Life+ Peer Navigation for people newly diagnosed with HIV. Health Consumers Queensland Annual Forum. Townsville May 17-18, 2017.

Poster presentations

1. Bednall, E, & **Istiko, S.N.** (2025). A tale of two parks or how we can leverage local parks to improve physical activity among adolescent girls in Bradford. Born in Bradford's Interns' Poster Exhibition. Bradford July 11, 2025.
2. Remata, S., **Istiko, S.N.**, Ndayizeye, A.N., Moreno, M.E.V., Kirunda, V., Hollingdrake, O., Osborne, R., Hou, J., Abell, B., Mullens, A., Gu, Z., Debattista, J., Vujcich, D., Lobo, R., & Durham, J. (2023). More than deficit approach: how to develop animated video resources to enhance HIV health literacy of diverse migrant populations in Australia. International AIDS Conference. Brisbane July 23 – 26, 2023.

Lecture, seminar, training, and invited speaking engagements

1. Istiko, S.N. (2025). Can we decolonise interviews? Sort of ... It's called race-conscious conversations. Innovative Qualitative Methods in Migration Research (Middlesex University). London May 22, 2025.
2. Istiko, S.N. (2025). Digital storytelling for ethnic minoritised communities. Born in Bradford, Bradford Institute for Health Research, August 6, 2025.
3. Istiko, S.N. (2025). Gender and sexuality in Southeast Asia. Foreign, Commonwealth, and Development Office, April 3, 2025.
4. Istiko, S.N., Kerasvica, R., & Lightfoot, K. (2025). Equity, diversity, and inclusion in qualitative research. Bradford Centre for Qualitative Research, Feb 6, 2025.
5. Istiko, S.N. (2025). Race-conscious conversations: A decolonial interviewing style and its potentials to investigate racial health inequalities. Healthcare Equity Research Network, Bradford Institute for Health Research, March 14, 2025.
6. Istiko, S.N. (2025). Post migration HIV vulnerability and migrant networks: The case of Asian-born gay men in Queensland, Australia. Brighton and Sussex Medical School, April 9, 2025.
7. Fayyaz, S., & **Istiko, S.N.** (2024). Gender-sensitive greenspace development: A co-designed approach with adolescent girls in Bradford. Association Public Service

- Excellence (Southern Region) Parks & Open Spaces Seminar. Oxford November 13, 2024.
8. Istiko, S.N. (2024). What are the key priority areas for refugee services to improve the mental health of queer asylum seekers and refugees in Australia? Displaced Scholars Research Forum, Refugee-led Research Hub, University of Oxford. Oxford July 25, 2024.
 9. Istiko, S.N. (2023). The intersection of sexual health literacy in HIV, migration and public health. HIV Education Queensland Meeting. Brisbane Jan 21, 2023.
 10. Istiko, S.N. (2022). The role of time in exploring sexual health literacy as social practices embedded within migrant networks: a critical reflection. University of Exeter. Exeter July 14, 2022.

Creative outputs

1. Istiko, S.N. (2025, August). *Statutory of Declaration*. Other Terrain Journal. <https://www.otherterrainjournal.com.au/issue-fifteen-nonfiction/statutory-of-declaration/>
2. Istiko, S.N. (2025, August). *Chicken Bones*. Other Terrain Journal. <https://www.otherterrainjournal.com.au/issue-fifteen-fiction/chicken-bones/>
3. Istiko, S.N. (2025, June). *Why Australia?* The Bournemouth Journal. <https://thebournemouthjournal.com/issue-1/>
4. Istiko, S.N. (2024, October). *Having Sex with Racist*. The Sociological Review Magazine. <https://doi.org/10.51428/tsr.mcsp3765>
5. Istiko, S.N. (2024, September). *Boom*. The Magpie.
6. Istiko, S.N. (Producer & co-scriptwriter). (2023, June). Have Fun Butt Play Safe [animated video]. In *True Relationships and Reproductive Health*. <https://www.youtube.com/watch?v=s8q30mZpMxs&list=PL4K2gTTJ7YgK9oPrC3aAg8y9KWxHjdk-g>
7. Istiko, S.N. (Creator & host). (2021, Sept). Mental health among asylum seekers in Australia from the lens of health inequities [podcast]. In *Health Without Borders*. <https://open.spotify.com/show/7FIPffolpT7l6W0XKzCu27>